

STAFF SURVEY REPORT

Overview of 2019 and 2021 statistics



Report developed by

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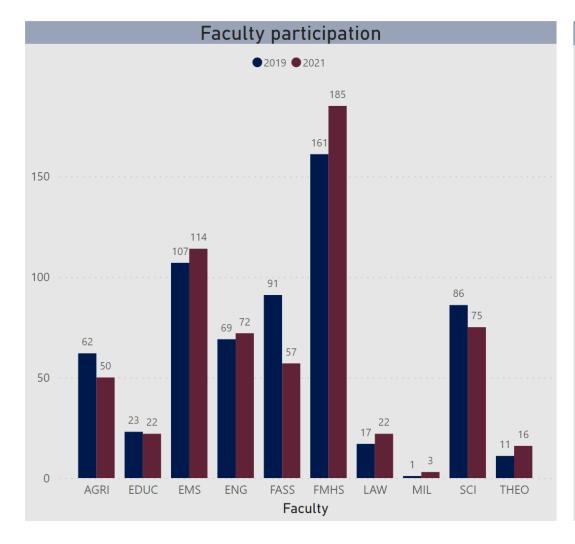
STAFF SURVEY REPORT Introduction

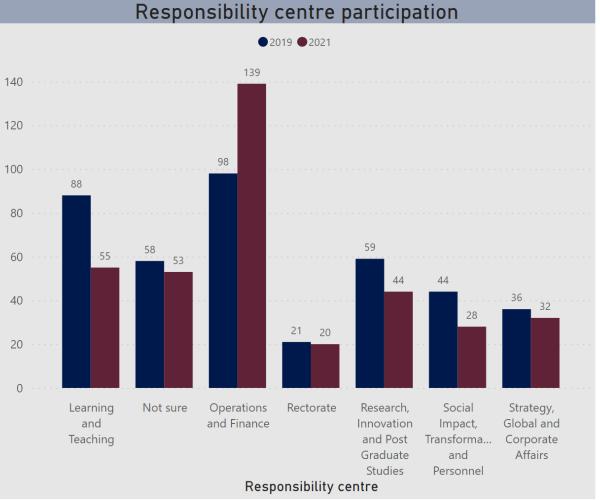
- · 1091 complete submissions in 2021, almost the same as the 1095 of 2019.
- · Afrikaans, English and isiXhosa versions were available
- The survey consisted of 7 sections:
- •The PERMAH at Work Profiler (23 items measuring your well-being at work);
- Evidence-based Contributing Factors to a Happy and/or Unhappy Working Environment (33 quick judgements);
- •Culture and Climate at SU (a minimum of 58 and a maximum of 74 statement evaluations); ¡Awareness of employee wellness initiatives at SU (one question polling participants about their awareness of and participation in wellness offerings);
- •Open-ended Questions COVID-19 & Work From Home (9 optional questions to give your opinion);
- ·Open questions General Issues (optional) where you can give your opinion about the culture and climate at work (12 questions
- you can decide if you want to give your opinion on any of these); and
- · Biographical information (provided without identifying yourself).



Participation by faculty and responsibility centre

Agri = AgriSciences; FASS = Arts and Social Sciences; EMS = Economic and Management Sciences; Edu = Education; Eng = Engineering; FMHS = Medicine and Health Sciences; Mil=Military Sciences; Theo=Theology

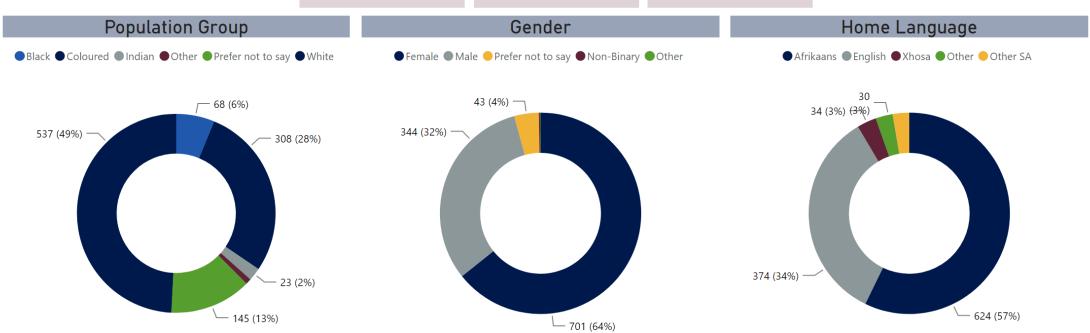


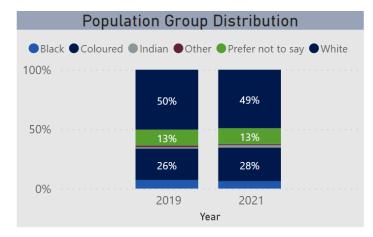




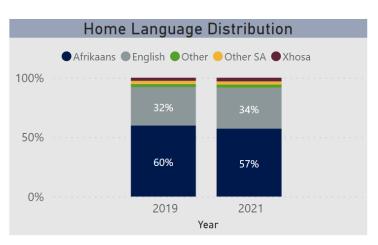
Demographic breakdown per faculty and responsibility centre







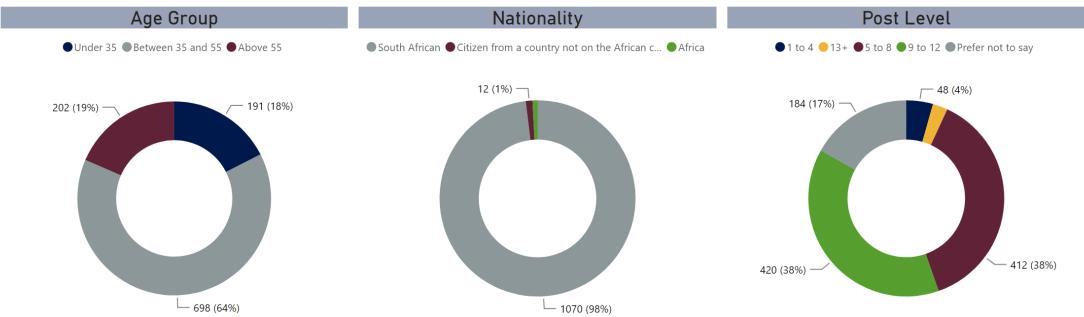


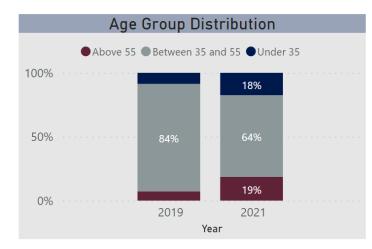


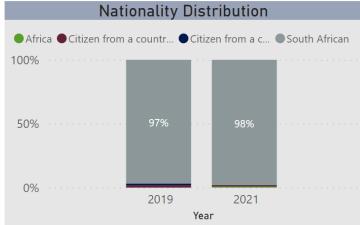


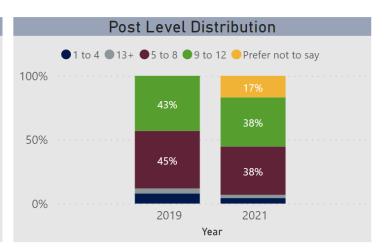
Demographic breakdown per faculty and responsibility centre











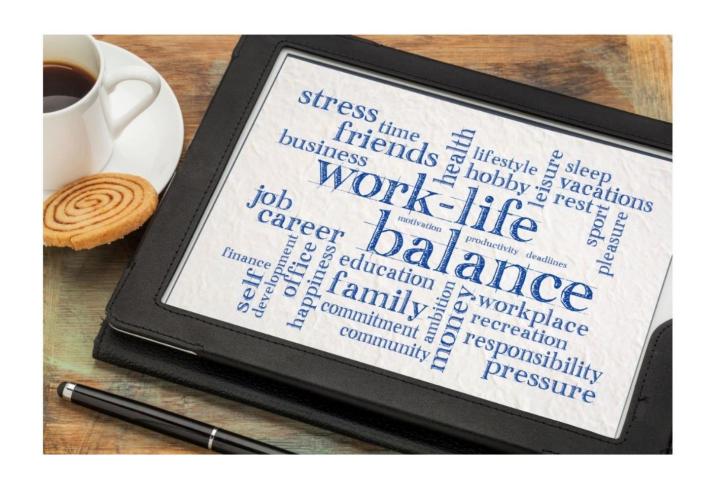


SECTION 1: The PERMAH at Work Profiler

Evaluate the following 23 questions regarding your overall wellbeing at work as you experience it at the moment (as an employee).

Please evaluate each on the corresponding o to 10 scale. There are no right or wrong answers. Your honest response will help to determine the most accurate profile for you.

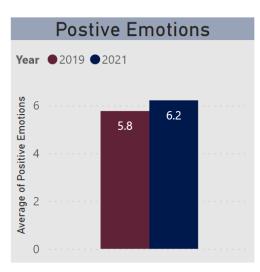
Remember, your participation is 100% anonymous.

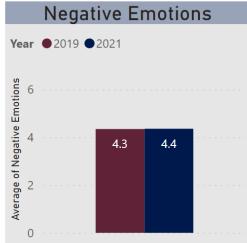


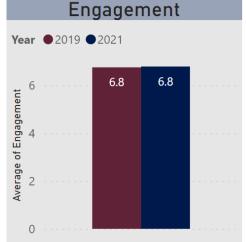


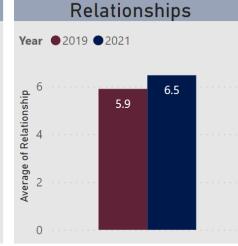
PERMAH model: Overall



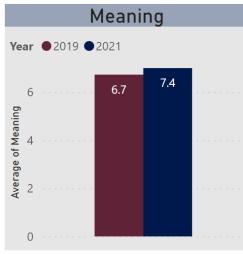


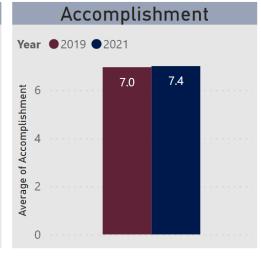


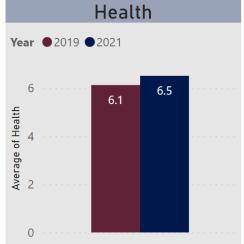


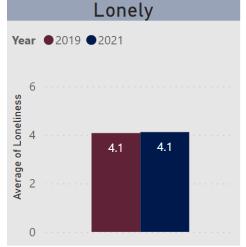


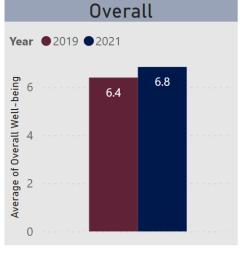












PERMAH model: Positive emotions



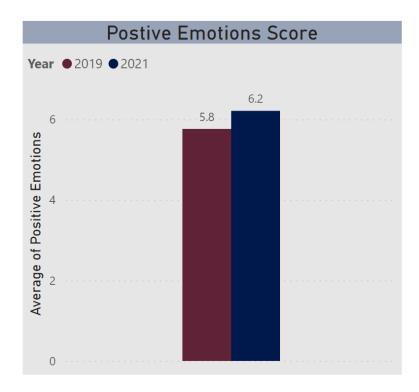




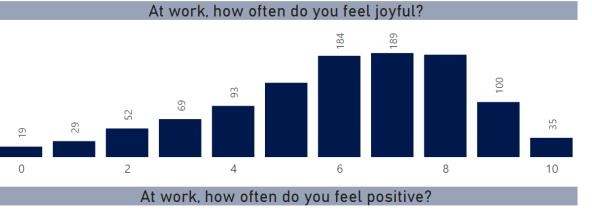


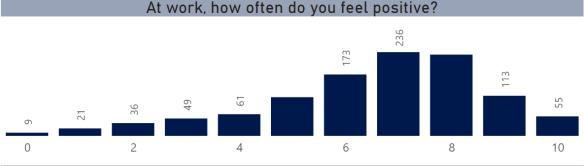
Emotions are an important part of our well-being. Emotions can range from very negative to very positive, and range from high arousal (e.g., excitement, explosive) to low arousal (e.g., calm, relaxed, sad). For Positive emotion, the PERMAH Profiler measures general tendencies toward feeling

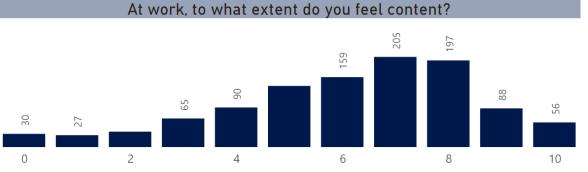
contentment and joy.

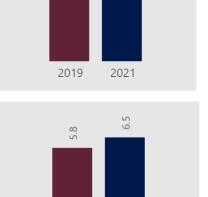


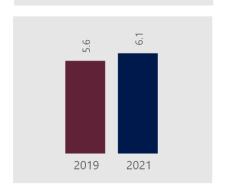
*Statistical significant difference between 2019 and 2021 SU averages











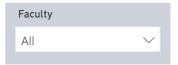
2019

2021

PERMAH model: Negative emotions



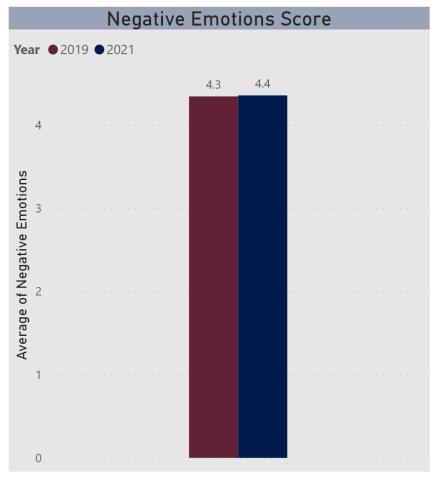


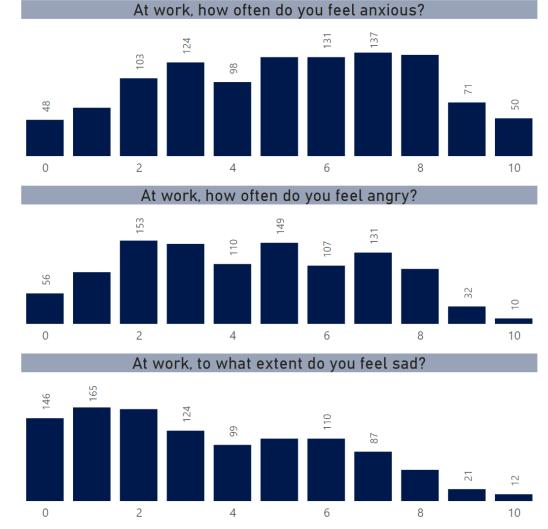




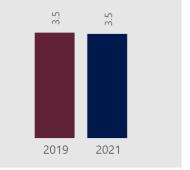
Emotions are an important part of our well-being. Emotions can range from very negative to very positive, and range from high arousal (e.g., excitement, explosive) to low arousal (e.g., calm, relaxed, sad). For Negative emotion, the Profiler measures tendencies toward feeling, sad, anxious,

and angry.









PERMAH model: Engagement

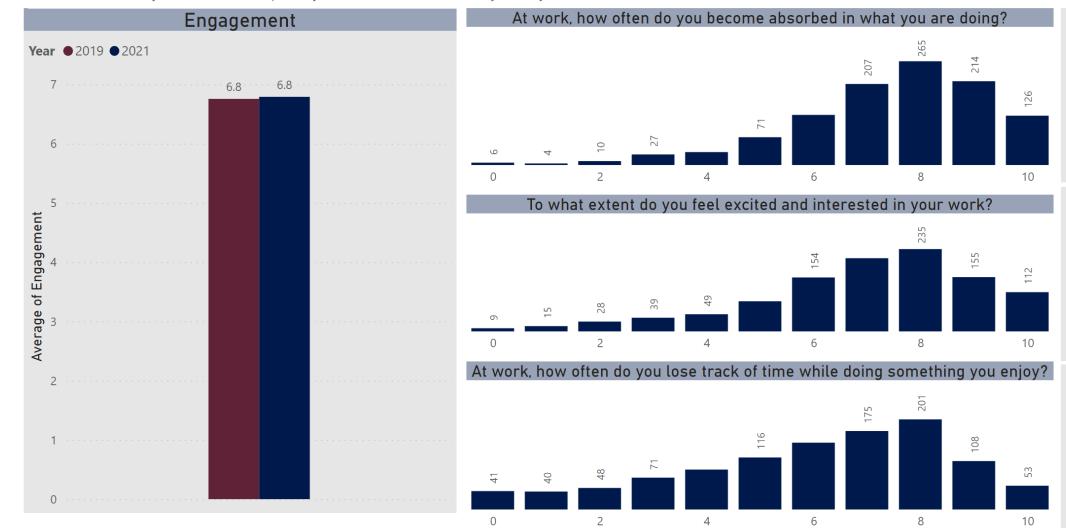


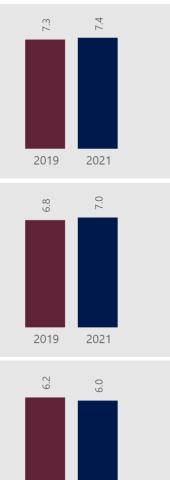
Responsibility Centre	
All	~





Engagement refers to being absorbed, interested, and involved in an activity or the world itself. Very high levels of engagement are known as a state called "flow", in which you are so completely absorbed in an activity that you lose all sense of time.





2019

2021



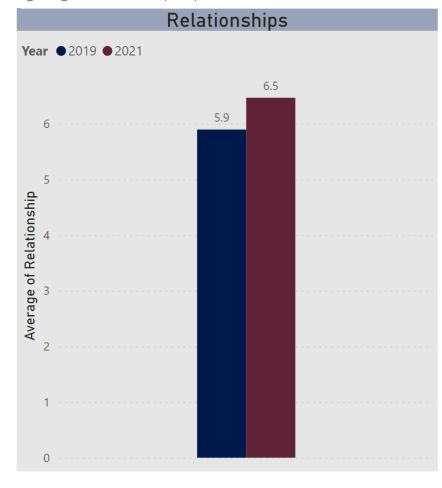
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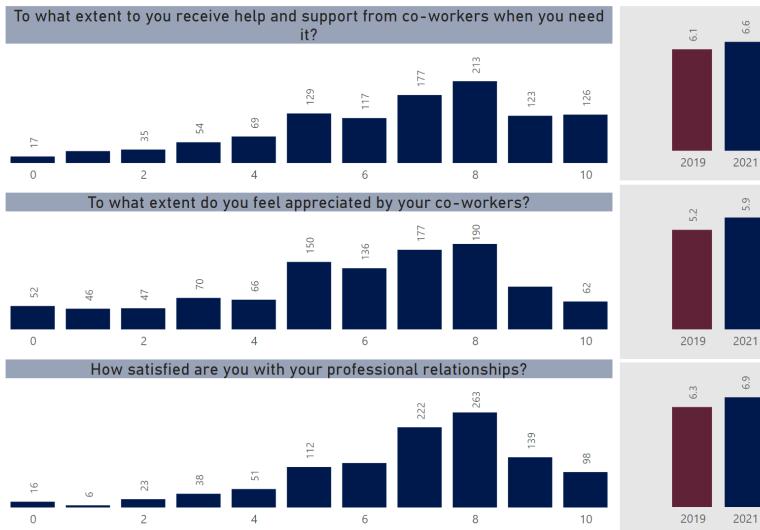




Relationships refer to feeling loved, supported, and valued by others. Having positive relationships with others is an important part of life feeling good and going well. Other people matter!



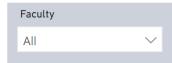
*Statistical significant difference between 2019 and 2021 SU averages



PERMAH model: Meaning

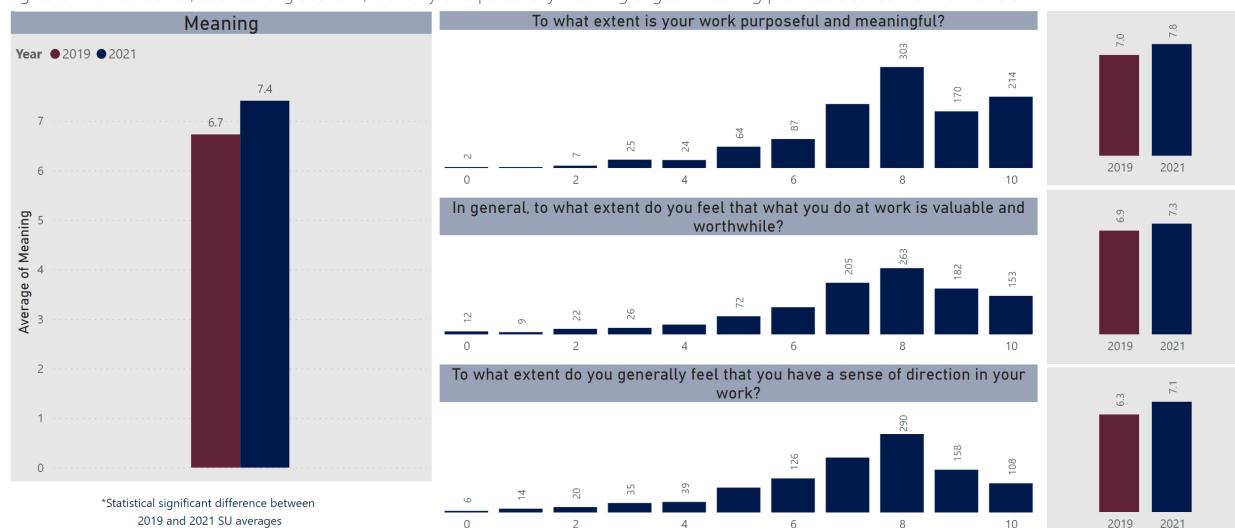


Responsibility Centre	
All	~





Meaning refers to having a sense of purpose in life, a direction where life is going, feeling that life is valuable and worth living, or connecting to something greater than ourselves, such as religious faith, a charity or a personally meaningful goal. Meaning provides a sense that life matters.

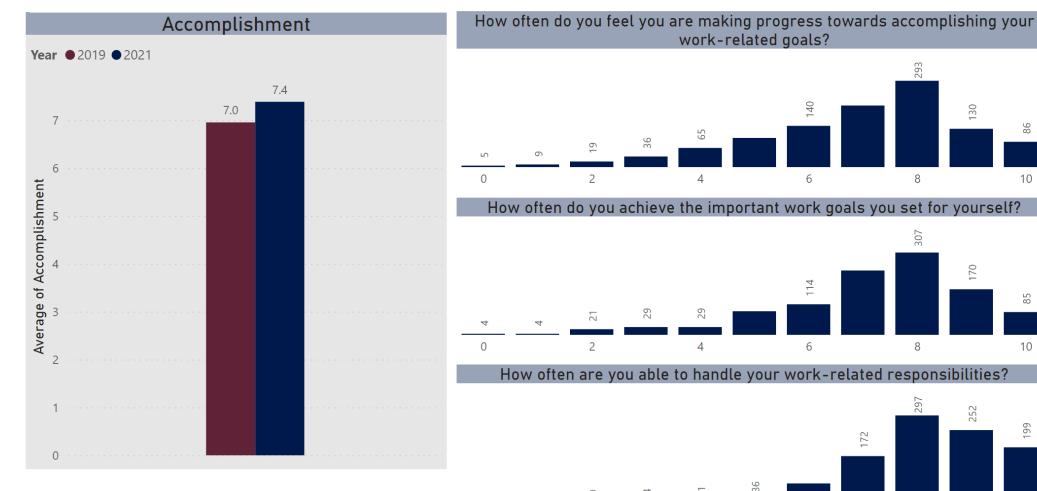


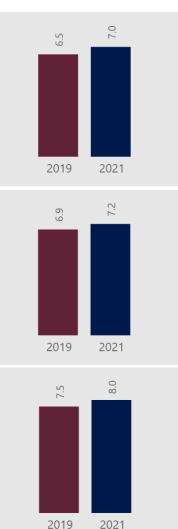
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PERMAH model: Accomplishment

Responsibility Centre		Faculty		Year	
All	~	All	~	2021	~

Accomplishment can be objective, marked by honors and awards received, but feelings of mastery and achievement is also important. The Profiler measures subjective feelings of accomplishment and staying on top of daily responsibilities. It involves working toward and reaching goals, and feeling able to complete tasks and daily responsibilities.





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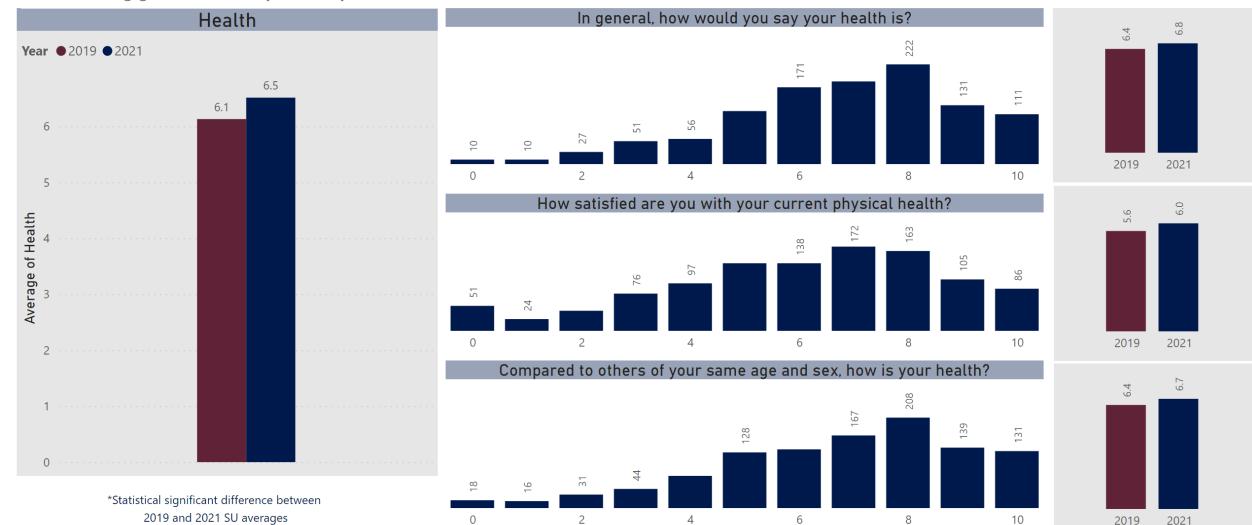
*Statistical significant difference between 2019 and 2021 SU averages

PERMAH model: Health



Responsibility Centre	Faculty		Year
All	All	~	2021

Although not part of the PERMA model itself, physical health and vitality is another important part of well-being. The Profiler measures a subjective sense of health, feeling good and healthy each day.

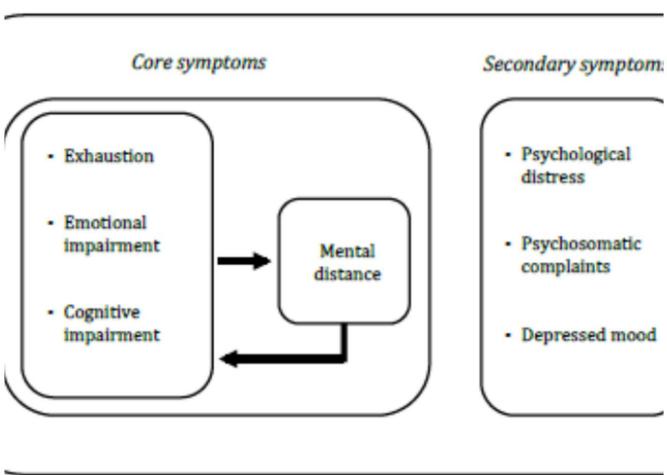




SECTION 2:

Evidence-based Contributing Factors to a Happy and/or Unhappy Working Environment







HAPPY FACTORS

Responsibility Centre Fa	aculty	Year*
All × A		2021 ~

This question allows you to indicate the degree to which you agree/disagree that specific, evidence-based contributing factors to a HAPPY working environment are applicable to you within your situation. Evaluate each of the 10 factors below separately and indicate to which degree you agree/disagree that a specific factor is valid for you. Where, Strongly agree = 7 and Strongly disagree = 1





UNHAPPY FACTORS

Responsibility Centre	Faculty		Year*	
All	All	~	2021	~

This question allows you to indicate the degree to which you agree/disagree that specific, evidence-based contributing factors to a UNHAPPY working environment are applicable to you within your situation. Evaluate each of the 10 factors below separately and indicate to which degree you agree/disagree that a specific factor is valid for you. Where, Strongly agree = 7 and Strongly disagree = 1Where, Strongly agree = 7 and Strongly disagree = 1





SECTION 3: Culture and Climate at SU

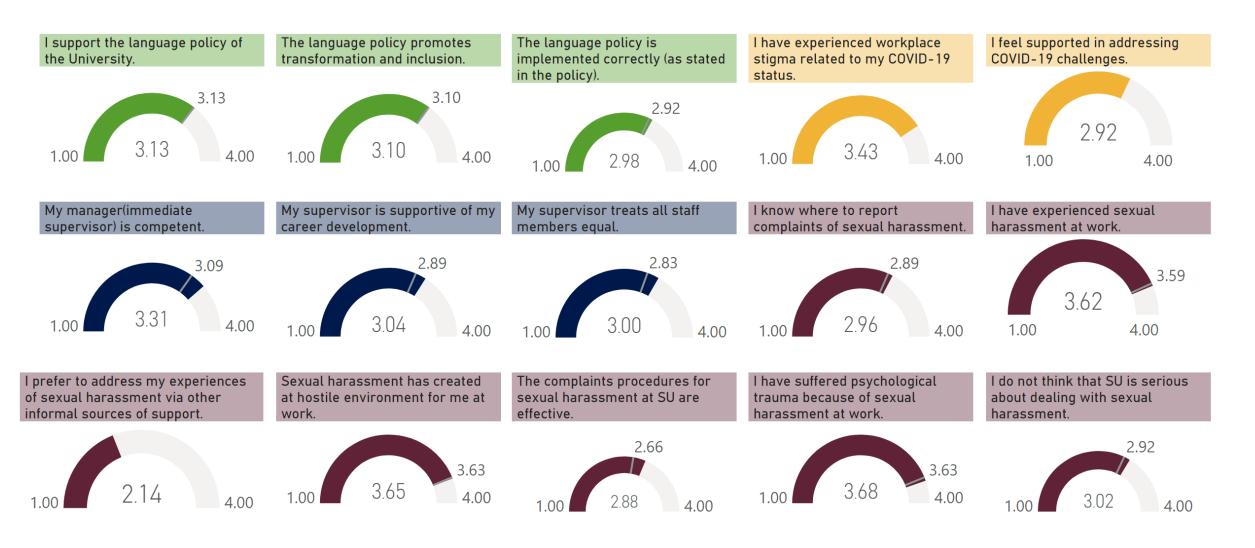






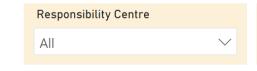




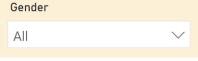




Year 2021 Race ΑII









Only selected individual benefit

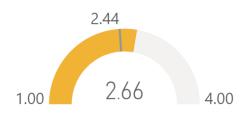
from opportunities at the

University.





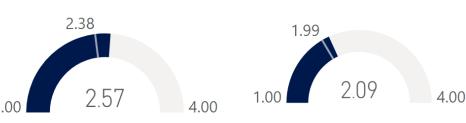
I know where to report workplace bullying.



People in senior positions gets away with workplace bullying at SU.

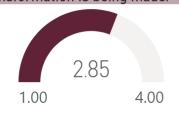


The promise of value, including benefits and opportunities, that the university offers its employees is c...



4.00

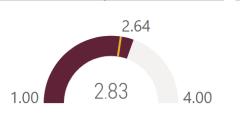
I experience that progress with transformation is being made.



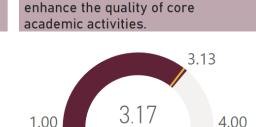
I experience transformation in practice at SU.



Leadership shows through their actions that transformation and inclusion are important.



Effective transformation will ensure long term sustainability for SU.

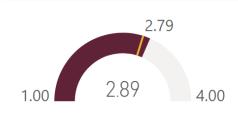


Transformation and inclusion can

The University is committed to transformation and inclusion.



Transformation and inclusion are The University has a clear plan on promoted in the work environment. transformation.



The stance of the University on managing transformation is clear.

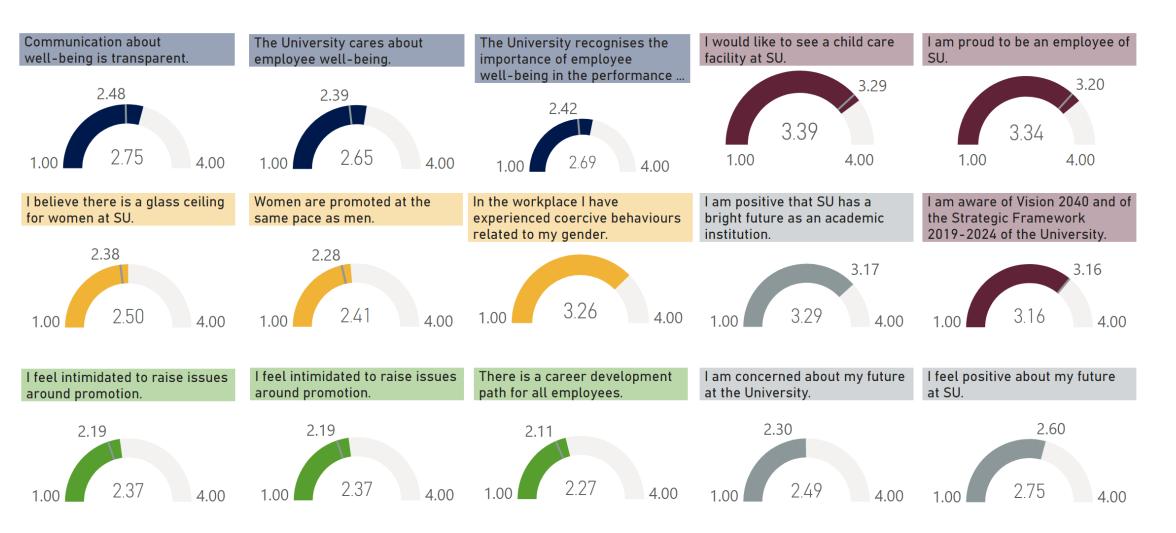


I support transformation at SU.



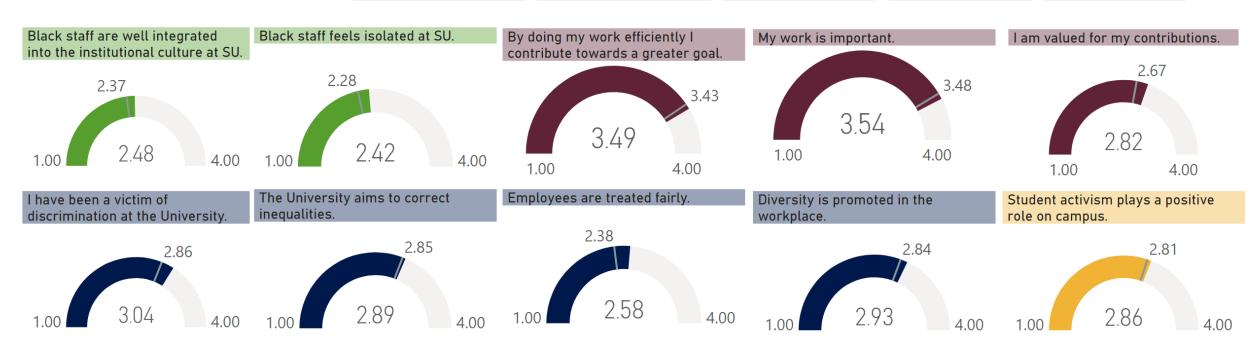










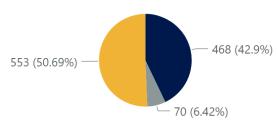




SECTION 4:

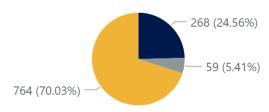
Awareness of Employee Wellness Initiatives at SU

Wellness coaching service by Wellness coaching service



●I am not aware of this service/activity. ●I know about it and have used it. ●I know about it, but have not used it.

Trauma/debriefing counselling by Trauma/debriefing counselling



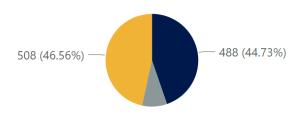
●I am not aware of this service/activity. ●I know about it and have used it. ●I know about it, but have not used it.

Nutrition and healthy living counselling / training by Nutrition and healthy living counselling / training



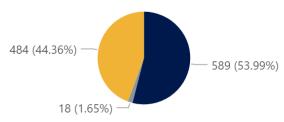
●I am not aware of this service/activity. ●I know about it and have used it. ●I know about it, but have not used it.

Virtual Fun run and walk by Virtual Fun run and walk



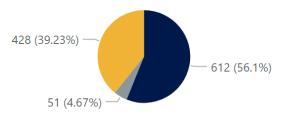
● I am not aware of this service/activity. ● I know about it and have used it. ● I know about it, but have not used it.

Professional telephonic legal support by Professional telephonic legal support



● I am not aware of this service/activity. ● I know about it and have used it. ● I know about it, but have not used it.

Hybrid/ virtual fitness challenges by Hybrid/ virtual fitness challenges



● I am not aware of this service/activity. ● I know about it and have used it. ● I know about it, but have not used it.

MAKING THE NUMBERS COUNT: WHAT NEEDS WORK (NOT A COMPLETE LIST) – THINK OF THE RESULTS THIS WAY...

- I. Almost I in 4 feels anxious a lot (an 8, 9 or 10 on a 0 to 10 scale where 0 = never and 10 = always; 205 or 23.4%).
- 2. Approximately I in 4 seldom or never feels appreciated (a 0, 1, 2, 3 or 4 on a 0 to 10 scale where 0 = never and 10 = always; 281 or 25.8%).
- 3. Approximately I in 4 is dissatisfied with their current physical health (a 0, 1, 2, 3, or 4 on a 0 to 10 scale where 0 = not at all and 10 = completely; 289 or 26.3%).
- 4. Almost 3 in 10 feel quite lonely at work (a 7, 8, 9 or 10 on a 0 to 10 scale where 0 = not at all and 10 = completely; 305 or 28%).
- 5. Approximately I in 5 feels burned out from their job (usually or always; 207 or 19%).
- 6. More than 2 in 5 felt that people in senior positions get away with workplace bullying (483 or 44.3%).
- 7. More than I in 2 felt that only selected individuals benefit from opportunities at the University (604 or 55.4%).
- 8. More than I in 2 felt that promotion opportunities are NOT available to all employees (586 or 53.7%).
- 9. Approximately I in 4 felt that they have been a victim of discrimination (268 or 24.4%).
- 10. Approximately 3 in 5 are not aware of the nutrition and healthy living counselling /training service (662 or 60.7%).

^{*} Incomplete list of observations from current analysis. Read in combination with rest of results. Please contact data analytics team for more information.

MAKING THE NUMBERS COUNT: WHAT NEEDS CELEBRATING (NOT A COMPLETE LIST) – THINK OF THE RESULTS THIS WAY...

- 1. Overall, in comparison with 2019, 2021 participants experienced more positive emotions and better relationships at work, found more meaning and felt a higher sense of accomplishment in their work, and they also rated their health more positively.
- 2. 3 out of 5 are (quite) happy at work (a 7, 8, 9 or 10 on a 0 to 10 scale where 0 = not at all and 10 = completely; 650 or 59.6%).
- 3. 3 out of 4 are quite often absorbed in their work (a 7, 8, 9 or 10 on a 0 to 10 scale where 0 = never and 10 = always; 812 or 74.4%).
- 4. 4 out of 5 found their work purposeful and meaningful (a 7, 8, 9 or 10 on a 0 to 10 scale where 0 = not at all and 10 = completely; 879 or 80.6%).
- 5. Almost 3 out of 4 quite often achieve the important work goals they set for themselves (a 7, 8, 9 or 10 on a 0 to 10 scale where 0 = never and 10 = always; 802 or 73.5%).
- 6. Wellbeing (overall) levels were higher for 2021 participants than for the group that participated in 2019.
- 7. The majority of culture and climate ratings improved from 2019 to 2021, indicating a more positive climate at work (surprising no items declined, a few remained at basically the same level).
- 8. Almost 2 out 3 felt supported in addressing COVID-19 challenges (705 or 64.6%).
- 9. A large volume of qualitative feedback were provided on the WFH, COVID-19 and the other open questions hundreds of pages full of passion(!) and opinions. **Note:** Our machine learning (ML) clustering of themes did not do justice at all to these valuable contributions, and certainly does not tell even half the story. Better ways to present this feedback are sought...
- 10. Approximately 7 out of 10 expressed support for a longitudinal survey on wellbeing, culture and climate at work in the future (767 or 70.3%).

^{*} Incomplete list of observations from current analysis. Read in combination with rest of results. Please contact data analytics team for more information.