# ଢ<sup>ୁ</sup> Med**Elite**

This all-inclusive plan is ideal for families and individuals with extensive healthcare needs.

### From **R7 368** per month

## **Reasons to choose Medihelp**

#### Experienced

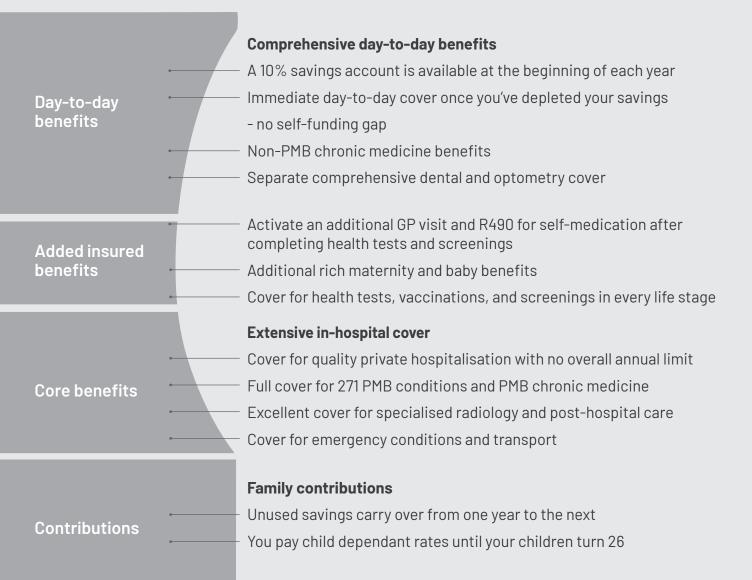
We've stood the test of time for over a century.

#### Involved

As a self-administered scheme, we are personally involved and manage your membership with great care.

#### Trusted

Just like more than 210 000 South Africans are entrusting their healthcare cover to us, so can you.





#### Monthly contributions

Main member	$\stackrel{O}{\frown}$	R7 368 (R738 savings contribution included per month and R8 856 per year)
Dependant	$\bigcirc$	R6 900 (R690 savings contribution included per month and R8 280 per year)
Child dependant <26 years	$\sim$	R1 998 (R198 savings contribution included per month and R2 376 per year)

Children pay child dependant rates until they turn 26

#### Day-to-day benefits

Savings account	10% savings available at the beginning of the year (see monthly contributions): Example of available savings: Member = R8 856 per year Member +dependant = R17 136 per year Member + depandant + child = R19 512 per year Unused savings are carried over to the next year and accumulate interest. Once your savings are depleted, insured day-to-day benefits become available.				
Insured day-to-day benefits (available after depletion of your savings)					
Overall annual day-to-day benefit	Member = R13 900 Member +1 = R16 100 Member +2 = R18 400 Member +3+ = R20 700				
GP and specialist visits, virtual consultations, physiotherapy, clinical psychology, psychiatric nursing, and supplementary health services	$\begin{array}{l} \mbox{Member} = R3\ 550\\ \mbox{Member} + 1 = R4\ 600\\ \mbox{Member} + 2 = R5\ 750\\ \mbox{Member} + 34 = R6\ 900\\ \mbox{Subject to annual day-to-day benefit} \end{array}$				
Medicine					
Acute medicine	Member = R4 600 Member +1 = R5 750 Member +2 = R6 900 Member +3+ = R8 050 Subject to annual day-to-day benefit				
Non-PMB chronic medicine	Member = R5 450 Member +1 = R8 150 Member +2 = R10 900 Member +3+ = R11 700				
Other day-to-day benefits					
External prostheses and medical	Per person per three-year cycle • Artificial eyes - R9 300 • Speech and hearing aids - R9 300 • Wheelchairs - R7 400 • Artificial limbs - R7 400				
appliances	CPAP apparatus - R11 400 per person per two-year cycle				
	Medical appliances and hyperbaric oxygen treatment – R1 750 per person				
Optometry (PPN network)	Per person per 24-month cycle • Eye test • R1 080 for a frame/lens enhancements • R1 780 for contact lenses				
Conservative dentistry (DRC network)	Routine check-ups, fillings, X-rays, and oral hygiene				
Specialised dentistry (DRC network)	Crowns, bridges, and orthodontic treatment				
Standard radiology	R3 300 per family Subject to annual day-to-day benefit				
Pathology (Ampath, Lancet, and PathCare Vermaak)	R3 300 per family Subject to annual day-to-day benefit				
Care extender benefit					
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits				
R490 for self-medication dispensed at a network pharmacy	Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits				

Important This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and your plan's brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

Added ins	ured be	nefits
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Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	Ten antenatal and postnatal consultations at a midwife/GP/ gynaecologist     Two antenatal and postnatal consultations at a dietician/ lactation specialist/antenatal classes     Two 2D ultrasound scans     Nine months' antenatal iron supplements     Nine months' antenatal folic acid supplements
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist
Child immunisation	Standard immunisation up to seven years
Health screening tests	<ul> <li>One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)**         or         an individual test (blood glucose or cholesterol)</li> <li>HIV testing, counselling, and support</li> </ul>
Preventive care benefits	<ul> <li>A tetanus vaccine</li> <li>A flu vaccine</li> <li>A mammogram* every two years</li> <li>A Pap smear* every three years</li> <li>A prostate test*</li> <li>A Pneumovax vaccine</li> <li>An FOBT test*</li> <li>A bone mineral density test* every two years</li> <li>Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years</li> </ul>
Contraceptives	<ul> <li>Oral/injectable/implantable contraceptives - R178 per month, up to R2 300 per year</li> <li>Intra-uterine device - R2 700 every 60 months</li> </ul>
Supporting wellness	<ul> <li>Back treatment at a Documentation Based Care facility (a prerequisite for spinal column surgery)</li> <li>One dietician consultation if BMI is &gt;30</li> </ul>

### **Core benefits**

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	No overall annual limit Any private hospital, and day procedure facilities apply for certain day procedures	
Refractive surgery	R22 800 per family (beneficiaries 18-50 years)	
Trauma that necessitates hospitalisation	Unlimited	
Childbirth	<ul> <li>In hospital - unlimited</li> <li>Home delivery - R15 600 per event</li> </ul>	
Specialised radiology	Angiography, MRI, and CT imaging – unlimited	
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 200 per member and R3 150 per family	
Emergency transport (Netcare 911)	<ul> <li>In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana)</li> <li>Outside country of residence R2 400 for road transport and R16 100 for air transport</li> </ul>	
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions	
PMB medicine	Unlimited	
Cancer treatment	PMB – unlimited     Non-PMB – R476 700 per family	
Mental health (psychiatric treatment)	R42 100 per person to a maximum of R58 400 per family	
Health-essential functional prostheses	<ul> <li>R73 800 per person</li> <li>Intra-ocular lenses - R4 900 per lens, two lenses per person</li> <li>Hip, knee, and shoulder replacement - non-PMB cases are limited to replacements caused by an acute injury</li> <li>Hip, knee, and shoulder replacements due to wear and tear - a R23 400 benefit applies to the hospital account and prosthesis components (combined) per admission. Hip and knee replacements are subject a DSP if the patient qualifies in terms of cinical criteria.</li> </ul>	
Other prostheses	EVARS prosthesis – R155 600 per person     Vascular/cardiac prosthesis – R66 500 per person     Prosthesis with reconstructive or restorative surgery and external     breast prostheses – R11 300 per family     Implantable hearing devices (including device and components) –     R309 700 per person	
Organ transplants	PMB - unlimited Cornea implants - R34 200 per implant	
Palliative care	R29 900 per family	
Other core benefits	Including renal dialysis, prostatectomy, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation	

### 086 0100 678 www.medihelp.co.za



Medihelp is an authorised financial services provider (FSP No 15738)