# Campus health service: **COVID-19**

**Protocols may change according to the current situation in South Africa**

## When do I self-isolate?

### If you have:

**travelled to a high risk country within the last 2 weeks (NICD List of Countries)**

**made contact with a confirmed COVID-19 patient**

**made contact with an individual who is being tested for COVID-19**

## Current NICD Testing Protocol

**NO SYMPTOMS**

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**NO TESTING**

**Fever, cough, sore throat or difficulty breathing**
**AND**
**travel history or contact with a person who has tested positive**

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**Test required**

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**Self-isolate until test results are known.**

**Contact your health care provider for testing locations.**

Testing not done on request - a healthcare provider will determine if you meet criteria

## What must I do if I have tested positive for COVID-19?

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**Continue self-isolation**

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**Your healthcare practitioner will contact you to advise on further management**

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**An NICD Health Official will contact you regarding further management**

## Contact numbers

**Campus health service:**

Stellenbosch: **021 808 3494/6**

Tygerberg: **021 938 9590**

Emergency Number (After Hours): **076 431 0305**

NICD whatsapp Hotline: **0600 123 456 and say HI**

Provincial Hotline: **021 928 4102**

Mediclinic Hotline: **0860 240 024**

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