

# BScHons in Sport Science (Performance Sport)

## *Specific Admission Requirements*

- A bachelor's degree with Sport Science as one of the majors that Senate has approved for this purpose.
- You must apply in writing in order to be admitted to the programme by Senate, or the Executive Committee that acts on behalf of Senate.
- An average final mark of at least 60% in Sport Science subjects (theory and practicals) during your undergraduate years.

## *Closing Date for Applications*

Apply in writing to the departmental chair or Registrar by 31 July of the previous year. Only a limited number of students are admitted to the specialisation in Performance Sport.

## *Duration of Programme*

The duration of the programme is one year.

## *Programme Content*

The compulsory submodules are offered in the table below. Apart from the compulsory submodules, you can choose additional elective modules. See the table directly following the compulsory submodules for the additional modules.

### *Anchor Module*

Performance Sport	778(120)
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### *Compulsory Submodules*

Professional practice in sport science	773(30)
Research Project	771(30)
Current Topics in Sport and Exercise Science	721(12), 751(12)
Biomechanics	712(12)
Exercise Physiology	743(12)
Sport Psychology	712(12)
Applied Exercise Physiology	714(12)

### *Additional Modules*

Exercise Psychology	713(12)
History of Sport	745(12)
Kinanthropometry	715(12)
Motor Control	711(12)
Motor Learning	741(12)
Sport for Persons with Disabilities	772(12)
Statistics for Sport Science and Exercise Science	772(12)

### ***Assessment and Examination***

This programme is assessed continuously and includes theoretical and practical assignments, as well as informal class tests and formal tests. All assessments contribute to the final mark of each year subject.

You must obtain a class mark of 40% per subject for admission to the written examination. In order to pass Professional Practice in Sport Science 773, you must do 300 hours practical work during the course of the year and obtain at least 50% in the two oral examinations, namely in the middle and at the end of the year. The final mark for each submodule consists of 50% of the examination mark and 50% of the class mark.

### ***Enquiries***

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Website for more detailed information:

<http://www.sun.ac.za/english/faculty/healthsciences/sportscience>