

TSRC Candidate 2024/2025

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CANDIDATE MANIFESTO

The Tygerberg Students' Representative Council (TSRC) is the highest policy making and representative body at Stellenbosch University's Faculty of Medicine and Health Sciences. The needs and challenges faced by students here at Tygerberg Campus are unique and different to those of our students at other faculties. Therefore, it is our role as a student council to advocate and represent members of the Tygerberg Student Union at faculty level and the university at large. As someone who has served in the TSRC for nearly two terms with one having been cut short due to mental health illness, my journey as member has been bittersweet and perhaps I have more to reflect on than most. One cannot talk about the joys of student leadership without mentioning how emotionally, physically and psychologically taxing the role of being a student leader is. It is a cause, both of servitude and of hope. Which is why the fundamental principle of my manifesto is based on the recognition of the profound impact that the mental well-being of an individual is in maintaining their daily functioning. The truth is, many of us are dying in silence and this is mainly because we live in a society where people with mental health issues are still stigmatised. And my aim is to aid in creating an environment where seeking help is seen as a sign of strength and not of weakness; most of which can be done through policy reform. By electing me, not only will I advocate for legislative changes but I will ensure that the mental well-being of our students is prioritised and that there is adequate support and access to resources. Let's transform our aspirations into action and create a campus environment where every student feels supported, inspired, and valued. Together we can make Tygerberg Campus a vibrant hub of learning, growth and opportunities.