

































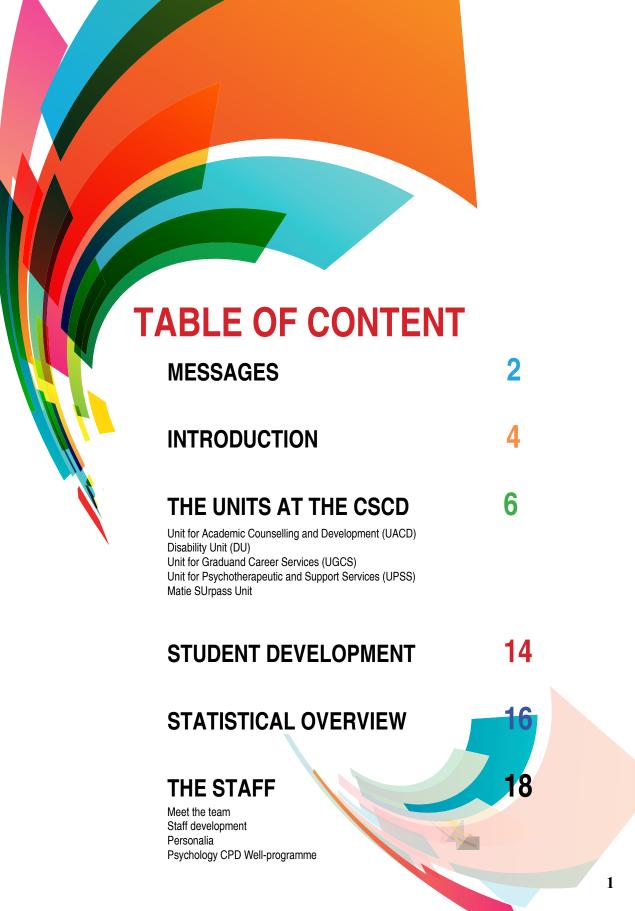
Centre for Student Counselling and Development Private BAg XI, Matieland 7602

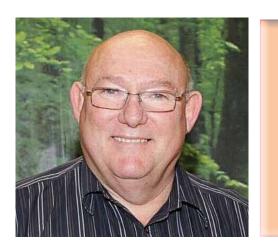
Tel: 021 808 4707 / 4994 Fax: 021 808 4706 / 3663 Website: www.sun.ac.za/cscd Text by : CSCD - Team Language: Danie Steyl

Photos: Henry Africa and SU Photographers

Printed by: SUNMeDIA

Design and Layout: Nicoleen Briers





Message of the Senior Director:

Student Affairs Dr Ludolph Botha

y work relationship with the CSCD extends over a period of 18 years – from 1997 when the Centre became part of the erstwhile Department of Academic Support Services. As the second oldest such centre in the country, this excellent service environment is still playing a continuous key role at our University. Over the years, the activities of the centre gradually expanded with functions other than counselling and therapy, for example, a sharper focus on development, career development and the establishment of a disability unit.

In 2015, we are sincerely proud of a very dynamic Centre that is still expanding in terms of functions, with a staff of almost 40 to meet the increasing needs of our growing student population. The most recent expansions were the inclusion of a social worker as part of the team and the HIV office that became part of the Centre.

The past year had many highlights, of which the particularly constructive contribution of the Centre during the protest actions and student activism deserve special mention. Apart from these extraordinary events, the Centre continued rendering indispensable and highly professional services, for example in the work of a task team for establishing and reviewing anti-discriminatory and sexual harassment policy (with the director, Dr Munita Dunn-Coetzee, as the convenor), a strong advisory role in the re-admission of students on academic risk, a very successful recruitment programme and career exhibitions, a more relevant and more visible service to and raising of awareness of the needs of physically disabled students, the 24-hour Crisis Service and many other continuous contributions that mostly take place behind the curtains and make a significant difference for many students.

My sincere thanks and congratulations to the director and all the staff of the CSCD who have once again made 2015 an extraordinarily successful year, of which this report is a glowing testimony. My best wishes accompany the CSCD on the road ahead. It has been a great privilege to work with the very special colleagues in this Centre for so many years. I am really going to miss you!





at tis indeed a privilege to conclude my first year as Director at the CSCD with such an annual report. During 2015, the Centre went from strength to strength by rendering professional psychological, support and development services to the student corps.

My focus for the year was to strengthen the relevance of the Centre and to develop the voice of the CSCD on the campus. The CSCD occupies five buildings in Victoria Street and is situated centrally on the campus, but the message carried out by each building must be developed further. The building at 37 Victoria Street, where the central reception of the CSCD is situated, was renovated this year and transformed into a more student-friendly building – please pay a visit to experience the change!

The CSCD is an integral role player in optimising student success, and we attach value to cooperative relationships with colleagues – at the US, nationally and internationally.

My sincere thanks to everybody who contributed to the success of the CSCD during the past year — especially to Dr Ludolph Botha, the Management Committee and each staff member at the CSCD, for your dedication, energy and positive attitude. With such a team, I am looking forward to 2016!

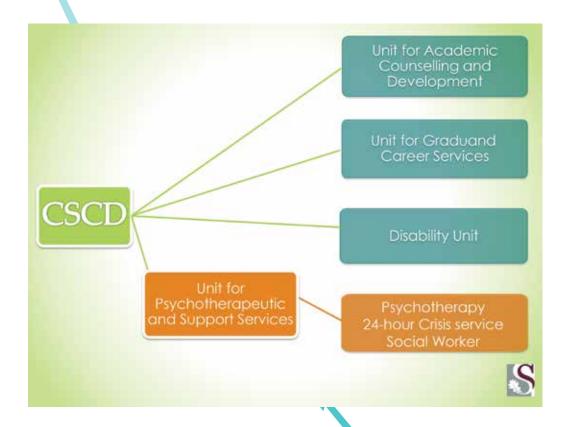
Munita



Introduction

This year, the Centre for Student Counselling and Development (CSCD), under the leadership of its new director, Dr Munita Dunn-Coetzee, looked with new eyes at service delivery and decided to put on a new jacket. In the past, the CSCD consisted of four offices; now it consists of four units of which the names are suitable to describe the spectrum of services that are rendered more strongly. It provides the opportunity for stronger development in each unit.

The HIV Office moved to the Centre for Student Counselling and Development on 1 December 2015 and will be intergrated as a fifth unit.





The Staff of the CSCD

Unit for Academic Counselling and Development (UACD)

This unit renders a development-directed service that focuses on the academic challenges students may experience. Individual consultations, workshops and selfhelp material assist students to do better, be better and feel better.

Disability Unit (DU)

Staff members in this unit, previously known as the Office for Students with Special Learning Needs, work either in the Braille Section or with the rest of the students with disabilities and other special needs. Their main task is to determine how students with special learning needs can be accommodated reasonably, given their disabilities.

Unit for Graduand Career Services (UGCS)

The Careers Office is now the Unit for Graduand Career Services (UGCS). Amongst others, the name change helped to remove confusion with the Centre for Student Recruitment and Career Advice, which primarily focuses on serving prospective students. Although the UGCS serves all Maties, its services are especially directed at preparing final-year students for the world of work.

HIV Office moves to CSCD: Matie SUrpass Unit

The new MatieSUrpass Unit at CSCD will promote collective action towards social justice and discourse regarding social asymmetries at SU. The Unit will coordinate, educate and raise awareness around sexualities, gender, HIV/Aids, and anti-discrimination through various interventions and programmes in partnership with relevant campus structures.

The MatieSUrpass Unit will oversee the implementation of SU's policies on Unfair Discrimination (in process), Sexual Harassment and HIV/Aids. It will also serve as the centralised one-stop service for students and staff managing accounts of unfair discrimination and various forms of harassment.

Find us on *Facebook and Twitter @MatieSUrpass* for news and happenigs!



The motivation part is something I liked because we tendforget to be motivated when we feel 'depressed' by all the work.

Unit for Psychotherapeutic and Support Services (UPSS)

The name of the Division for Therapy and Personal Development (DTPD) has changed to the Unit for Psychotherapeutic and Support Services (UPSS). The UPSS provides a 24-hour Crisis Service, individual therapy, group therapy, social services and workshops (personal development).

The Units

Unit for Academic Counselling and Development (UACD)

The UACD focuses on optimising students' academic potential to enhance their experience of success at Stellenbosch University.

This year, under the leadership of Elmien Strauss, two full-time educational psychologists, namely Christa Koch and Sindi Wahl, as well as three intern psychologists (educational), namely Thea Coetzee (first and second semester), Timara Wyngaard (second semester) and Winnie Gae (second semester), the Unit managed a total of 1634 clients* in individual sessions. A total of 2668 sessions* were managed in 2015. Claudia Saunderson, a registered psychometrist, managed 214 psychometric assessments all together this year.

The following consultant psychologists also assisted with managing the individual sessions: Anel Kieck, Amanda van der Vyver, Natalie Smith-Chandler and Louise Fischer. Consultations were held and group work/workshops were presented on the Stellenbosch and Tygerberg campuses.

Workshops:

Every term, Liezl de Kock presented workshops with the following themes for students on the Stellenbosch campus:

- Study skills
- Time management
- Cognitive skills
- Stress management during tests and examinations

In total, 187 students attended these workshops, and the participants evaluated the quality of the presentation of the content at 90.8%.

"Sindi Wahl presented the Master your Mind kursus.

Natalie Smith-Chandler presented the following workshops on the Tygerberg campus:

- Study methods and learning styles
- Memory techniques and exam preparation
- Time and stress management

In total, 127 students attended the workshops facilitated by Natalie Smith-Chandler. On the whole, the students evaluated the workshops at an average of 88%.

During 2015, the UACD was involved in the following interventions, which occurred in faculty context during scheduled periods:



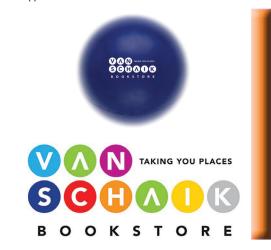


Faculty Natural Sciences	Intervention Learner Receptivity Profile (Neuro-Link)	Number of students 148 First-year Extended Degree Programme Students
Economic and Management Sciences	Learner Receptivity Profile (Neuro-Link)	163 First-year Extended Degree Programme Students
Medical and Health Sciences	Learner Receptivity Profile (Neuro-Link)	58 First-year Extended Degree Programme Students
Medical and Health Sciences	Follow-up session: Study Skills	58 First-year Extended Degree Programme Students
Medical and Health Sciences	Module: Personal and Professional Development Theme D	352 First-year students
Arts and Social Sciences	Study Skills	100 First-year Extended Degree Programme Students
Arts and Social Sciences	Time Management	100 First-year Extended Degree Programme Students

Other exciting projects and highlights during 2015

- Henry Africa joined the UACD as Co-ordinator: Projects.
- Christa Koch attended the annual conference of the International Association for Cognitive Education in Southern Africa and presented a poster titled The develop ment of a well-rounded postgraduate student with brainbased support strategies.
- Johan van Lill had a radio interview with Christa Koch for the program Groeipyne on RSG about brain-based support strategies.
- Elmien Strauss, Christa Koch and Sindi Wahl attended a workshop titled The understanding of and measurement of memory (presented by Dr Sharon Truter).
- Christa Koch attended a workshop titled Recordkeeping for psychologists: Ethical and practical considerations (presented by Dr Alfred Allen).
- Elmien Strauss attended a workshop titled Enriching your learning environment for cumulative gathering of knowledge by using multimedia (presented by Wim van Petegen).
- Elmien Strauss attended the annual conference of the Southern African Association for Counselling and Development in Higher Education, and she was the co-presenter of a session titled A developmental approach to student success. The other presenters were Dr Munita Dunn-Coetzee and Dr Alten du Plessis.
- *Elmien Strauss* presented a session titled *Learning:* What's inside? by Teaching@EMS
- Sindi Wahl successfully completed the second module for the Certificate in Mindfulness Interventions and also enrolled for the third module of this certificate programme.

The UACD received a delegation of Highereducation instances in Nigeria and, in co-operation with Neuro-Link, facilitated a discussion about academic support to students.



Stress balls have been designed in collaboration with Van Schaik bookstore and will be utilised in work sessions with students.





Disability Unit (DU)

The Disability Unit (DU), formerly known as the Office for Students with Special Learning Needs (Disabilities) consists of five staff members. Three staff members work in the Braille section of our DU and two staff members work with the rest of the students with disabilities and other special needs, and have their office at the CSCD.

Our main task is to consider reasonable accommodation of our students' learning needs, given their disabilities. This task is performed with the utmost professionalism, always considering each student who comes to us as an individual and not as "one of them" or "the disabled", as people often refer to students with disabilities. The basis of our work stems from a social model in which we consider the student in his or her context in the widest sense of the term, and how we can reasonably accommodate the student.

The DU experienced another year striving towards making inclusion of persons with disabilities a reality on campus. The staff members involved at the DU are Meagan Stevens, Pippa Louw, Melanie Willems and Marcia Lyner-Cleophas. One position at the Braille office is currently vacant and will be filled by Ms Ilse van Wyk in January 2016. A brief overview of the highlights of the year follows:



Proffessor Wim de Villiers (Rector) with Bongani Mapumulo (second year student)

Welcome session for first-year student with disabilities

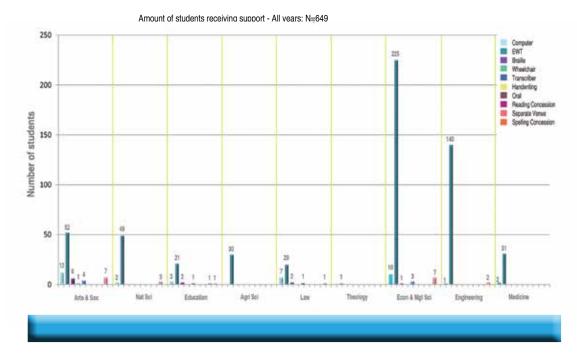
Our first walk-in session took place in January 2015. This gave more parents and students an opportunity to interact with us.



Staff from the Disibility Unit with a variety of role players assisting to increase awareness

Statistics

We facilitate a range of support to students with special needs. The Braille Office does innovative work by converting printed texts and figures for blind students and those with low vision:



Network Activities

Cape Town Society for the Blind (CTSB)

The Casual Day campaign for 2015 gave rise to a number of initiatives. An important initiative was the continued focus on the challenges experienced by blind graduates in securing work opportunities, as high unemployment rates exist. The CTSB is addressing these difficulties in collaboration with the DU and students.

Stellenbosch Disability Network (SDN)

The SDN meets around topical disability-related issues in the Stellenbosch region, including meeting with community-based organisations and non-governmental organisations. The DU is an active role-player.

Faculty support officers

We had productive meetings with faculty and CSCD staff members who serve on the committee that decides on test and exam concessions. These were fruitful and in some faculties, we intend to engage much closer.

Disability Awareness Campaign – Casual day campaign

This year, the DU and AfriNEAD ran a joint institutional disability campaign, which had a strong media, social, disability conversation and sport focus – view the articles at:

http://www.sun.ac.za/english/Lists/news/DispForm.aspx-?ID=2884)

http://www.news24.com/SouthAfrica/News/Blind-computer-scientist-makes-the-impossible-possible-20150917

http://theconversation.com/live-captioning-could-transform-deaf-students-university-experience-47878

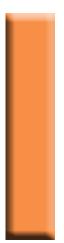
http://www.sun.ac.za/afrikaans/Kampusnuus/2015/KN_September2015.pdf



Unit for Graduand Career Services (UGCS)

Until recently, the Unit for Graduand Career Services (UGCS) was known as the Careers Office. The "Graduand" in our new name refers to students who are on the verge of graduating. Although the UGCS serves all Maties, our services are focused especially on preparing final-year students for the world of work. Thus, our core business remains the same: the optimal preparation of our students for the world of work.

The staff involved in the Unit are Marquard Timmey (Chief and Senior Counselling Psychologist), Wilna Naudé (Senior Administrative Official), Thobeka Msi (Co-ordinator: Virtual Career Information), Annette Joubert (5/8 Administrative Official) and Delisha van Neel (Receptionist).





Staff from the Unit for Graduand Career Services

This task is performed via various career services, amongst others the following:

- Work sessions about the writing of CVs and cover letters, and interviewing
- Annual Recruitment and Career Development Programme

Career exhibitions

Company presentations during the lunch hour Company assessments and interviews

Recruitment programme publication

Management of the career portal

- Individual career development discussion sessions

In 2015, we focused especially to

- finalise the web page of our centre and make it live; launch a face-to-face personal branding work session; deal effectively with the challenges accompanying our career exhibitions;
- take our work sessions out to more departments and hostels/PSOs: and
- advertise more temporary work opportunities for students on our career portal.

Interesting internal statistics:

6 companies participated in the three *career exhibitions* of the UGCS.

companies made lunch-hour *presentations*.

32 companies *advertised* in the 2015 Recruitment Programme booklet.

Companies *participated* in the Recruitment Programme.

Approximately **368** students were *invited* for interviews.

There were approximately 9512 *visits* during the three career exhibitions.

The Resource Centre of the UGCS had **656** walk-in enquiries from January 2015 until November 2015.

172 students participated in the *work sessions* of the UGCS on the writing of CVs and cover letters and interviewing.

Conferences and Forums

A. Joubert and M. Timmey attended the Quarterly Networking Opportunity of the SAGEA on 25 February 2015. Emeritus Professor Ian Scott of the University of Cape Town made a presentation titled *Directions and key choices in South African Higher Education – and their implications for our economy.*

M. Timmey, W. Naude and A. Joubert attended the biennial conference of the South African Graduate Employers Association (SAGEA) in Magaliesburg, Gauteng, on 5 and 6 November 2015. They also attended the Career Services Networking Forum on 4 November 2015.

Presentations and lectures

In addition to our internal work sessions, our unit was involved in the following presentations on the Stellenbosch and Tygerberg campuses:

Thobeka Msi presented the CV-writing and Interviewing work sessions to a variety of groups.

Thobeka Msi and **Marquard Timmey** presented the CV-writing and Interviewing work sessions as part of the Graduate Programme of the Frederick Van Zyl Slabbert Institute for Student Leadership Development.

Marquard Timmey invited **Dr Sue Bosch** to give a talk about "The Job Market for BSc students" for a group of students in BSc Honours (Microbiology).

Thobeka Msi presented the CV-writing work session to students in Sport Science Honours.

Marquard Timmey gave a lecture titled Career Counselling from a Student Counselling Perspective to students in Psychology Honours.

Thobeka Msi and **Marquard Timmey** presented the work sessions about the writing of CV's and cover letters to the third-year students in BSc Dietetics.



that assist at the Unit



Marquard Timmey and a group of exhibitors at the annual career exhibition

Unit for Psychotherapeutic and Support Services (UPSS)

The Unit aims to promote retention and throughput for students and also plays an advocacy role. Academic success is of paramount importance, but if students are affected by challenges in their personal lives, their academic performance may be affected. For students to function optimally, it is essential that services contribute to the development of students holistically. A key responsibility of the Unit is to provide continuous and professional services to students. The Unit strives to do this by offering a range of services on the Stellenbosch and Tygerberg campuses, namely individual psychotherapy, group interventions, a 24-hour Crisis Service and social work support.

Total clients (individual and small group interventions)	1558
Totale sessions (individual and small group interventions)	4902
Groups Tygerberg Campus	276





Staff of the Unit for Psychotherapeutic and Support Services

Individual psychotherapy

The Unit embarked on a couple of new interventions to make the service more accessible to the students. A daily screening process was initiated mid-year. Students are screened to establish the nature of their presenting problem and then are assigned an appointment according to the severity of the problem. This circumvents students being placed on a waiting list.

Group interventions

We continued with our Peer-to-peer and Fear Factor groups from the previous year. The Peer-to-peer offered continuous support throughout the year to students wishing to enhance their social skills/relationships or who were feeling isolated on campus. A short-term group dealing with anxiety, termed the Fear Factor group, was facilitated during the first semester.

Two new groups, Creating the me I want to be and Taking the pressure off, were initiated in 2015. Ad-hoc groups were also offered as the need arose throughout the year, for example support groups in the Visual Arts Departments as well as groups related to the student protests.

Three workshops on Managing your stress took place and were well attended. Mental Health Week-activities included a well-visited Information Desk in combination with movies at the Neelsie.

24-hour Crisis Service

During 2015, the 24-hour Crisis Service faced new challenges. The Van der Ster fire and the recent protest actions by students and staff dominated events. Anxiety, depression, and trauma following assault/robbery were other major problems presenting at the Crisis Service. This year, trauma counselling was offered to 354 individuals in addition to the 772 persons who received group trauma counselling. A trauma-training course was offered to 40 final-year Social Work students.



Students participating in the mental Health Awareness exhibition in the Student Centre

Social Work

The social worker's office provides assistance, guidance and individual counselling to students, regarding social issues and welfare needs. Which could affect their studies.

This office initiated a number of projects this past year. In the June examination period, it was noted that students were in dire need of food; therefore, the social worker initiated additional food vouchers to assist such students during examination periods. Many students are confronted by financial difficulties, but they do not meet the criteria of the financial aid means test. The Development and Alumni Relations office was approached for assistance with fundraising – case studies will be provided to support requests for sponsorship.

The Work Study Programme aspires to assist financially challenged students meaningfully by providing students with work opportunities on campus while they are studying.

UPSS Services on the Tygerberg Campus

The services of the two clinical psychologists at Tygerberg were well utilised in 2015. Over and above a high demand for individual therapy, several group interventions were facilitated. These interventions were aimed especially at proactively addressing stress management as well as difficulties students experienced when exposed to the various clinical environments. In addition, the psychologists also facilitated several talks and training sessions that were well received by students as well as staff.

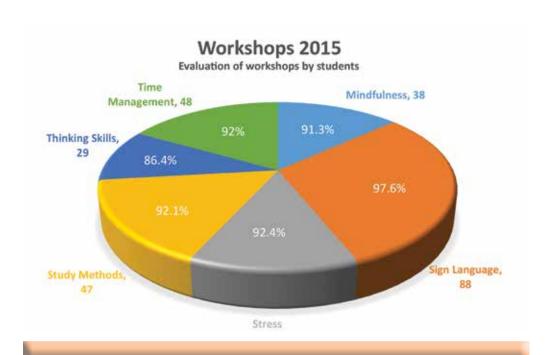
Student Development

Despite the fact that the CSCD has various divisions and offices attending to various aspects of the well-being of students, the CSCD also offers certain overarching programmes directed at student development.

In 2015, the CSCD presented a diverse workshop programme for students who wished to develop academic and personal skills. These workshops were repeated each term or semester and presented after formal lecturing hours to increase accessibility.

Workshops included the following:

- Academic workshops (presented by EAVO): Stress management during tests and examinations; Time management; Study methods; and Thinking skills.
- Personal development workshops (presented by the UPSS): Stress management;
 Manage your studies and personal life better.
 - Career development workshops (presented by the UGCS): Writing of a CV and Preparation for work interview.
 - Sign language workshops for students and personnel, presented by the DU.



Self-help material about a variety of subjects is available on the web page of the CSCD. A module titled *SU Study Success* is also available on SUNLearn, and this year, students registered enthusiatically for it.

The CSCD was involved in the training of mentor tutors on the Tygerberg campus (together with other role players) and the mentors on the Stellenbosch campus (together with the Centre for Student Structures and Communities), with a specific focus on the use of the BeWell programme. The programme empowers the mentors to have development-directed discussions with first-year students based on the wellness model. Each mentor received a set of wellness cards that is used to mediate discussions about the various dimensions of wellness. The BeWell website provides additional resources and also monitors the discussion sessions.

The CSCD staff also contributed to the formal teaching of students. E Strauss, C Koch, E Kruger and W Beukes presented the module with the theme *The successful Health Sciences student* to the first-year students of the Faculty of Medical and Health Sciences. The Head of the 24-hour Crisis Service, LA Vlok, presented Crisis Intervention as a module to the Social Work students.

General awareness of the CSCD was also promoted among students by the participation of the Centre in days like Casual Day and World Health Day. For example, in celebration of World Health Day (10 October), in co-operation with the Pulp Film Association (a student association on the campus), the CSCD showed popular films with a mental health theme at the Neelsie Cinema.









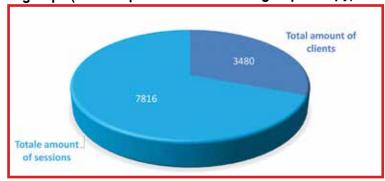
Developmental opportunities attended by students

The practical way of applying study skills to take in information and compact it into easy to understand language and format.

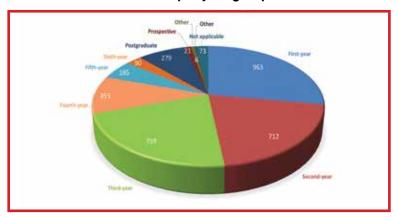
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Statistical Overview

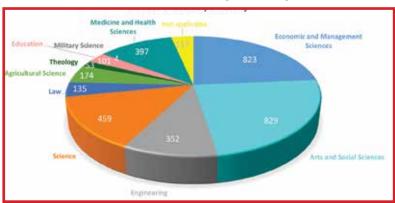
Clients and work sesions- individual cases and small groups (workshop/work sessions and group therapy)



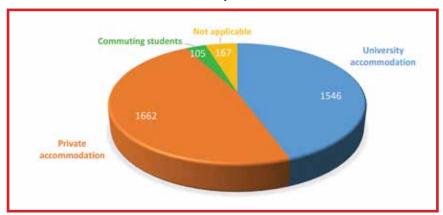
Clients per year group



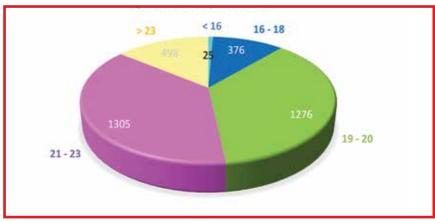
Number of clients per faculty



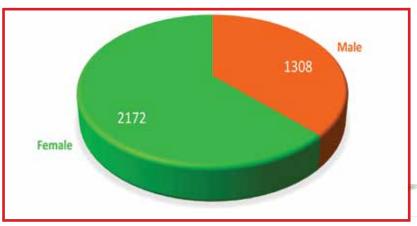
Accommodation profile of clients



Age of clients that report to the CSCD



Gender profile of clients



The Staff

Director First Secretary

Central Reception: Secretary Central Reception: Secretary

Assistant

Dr M Dunn-Coetzee Ms HZ Kotzé Ms A Welgemoed Ms MC Denyssen Ms MM Vlok

Unit for Psychotherapeutic and Support Services

Deputy Director Senior Secretary

Head: 24-hour Crisis Service Senior Counselling Psychologist

Clinical Psychologist Clinical Psychologist Clinical Psychologist Clinical Psychologist Clinical Psychologist Social Worker

Senior Clinical Psychologist (Tygerberg campus) Clinical Psychologist (Tygerberg campus)

Assistant

Consultant Psychiatrist

Consultant Clinical Psychologist Ms M Parker

Ms LV Milford-Smith

Mr LA Vlok
Ms E Kruger
Ms WJ Beukes
Ms AR McConney
Mr M Strydom
Mr F van der Linde
Dr A Grundlingh
Ms LG Witbooi
Ms A Nel

Ms A Nel
Ms L Joubert
Ms KE Williams
Dr C van den Berg
Mr JH Meyer
Ms K Huyssen
Ms M Botha
Ms M Loubser
Mr JP Theron

Unit for Academic Counselling and Development (UACD)

Head

Educational Psychologist Educational Psychologist

Psychometrist

Intern Educational Psychologist
Intern Educational Psychologist
Intern Educational Psychologist
Consultant Educational Psychologist

Workshop Co-ordinator

Ms E Strauss Ms S Wahl Ms C Koch

Ms CP Saunderson

Ms E Coetzee (Jan – Dec 2015, 3 days per week)
Ms T Wyngaard (Jul – Dec 2015, full-time)
Ms W Gae (Jul – Dec 2015, full-time)

Ms A Van der Vyver

Ms A Kieck Ms L Fischer

Ms N Smith-Chandler

Ms L de Kock



Unit for Graduate Career Services (UGCS)

Head Senior Administrative Official Administrative Official Virtual Career Information Coordinator Secretary

Disability Unit

Head Communications Officer Senior Braille Officer Braille Officer Braille Officer



The Staff of 37 Victoria Street, also known as central reception

Personalia

The stork visited the CSCD twice this year! A baby daughter, Nicola, was born to Christa en Louhan Koch on 12 August 2015. A baby son was born to Sindi and Nolan van Heerden on 3 October 2015. Then, unfortunately, it is also time to say goodbye to a colleague who retires at the end of the year – Henry Africa. Henry was employed at the University of Stellenbosch for 18 years.

Internship

The Centre is an accredited service provider of internship training. An internship of six months is offered by the Centre, and the three interns who are currently completing their training here, Thea Coetzee, Winnie Gae en Timara Wyngaard, shared their views about the Centre.

Mr M Timmey
Ms W Naude
Ms A Joubert
Ms ST Msi
Ms D van Neel

Ms MM Lyner-Cleophas
Ms M Willems
Mr JC Wileman
Ms PH Louw
Ms MM Stevens



The Management Committee

Our internship at CSCD has been an enriching experience on a professional and a personal level. The internship has offered learning opportunities in all domains pertaining to the profession, and through the exposure obtained, our knowledge base has expanded vastly. We were able to experience how balance, insight and understanding, as well as an internal awareness of true empathy and congruency, are integral to our engagement with clients. In its totality, our internship has been an enriching learning experience that brought into cognisance the multi-faceted role of an educational psychologist. We are grateful for the opportunity and support provided by our supervisors and colleagues at CSCD during our internship.



Staff of the Disability Unit with two of the interns

Staff Development

This year in particular, as part of the commitment of the Centre to well-being of staff, priority was given to continued development and training of staff. The optimising of potential of staff is a core aspect of the approach of the CSCD, and internal development opportunities are presented in the form of individual and group supervision to registered psychologists. There are also forums where discussions are held with relevant experts and service providers on the campus, as well as training by external service providers to staff in order to empower everyone.

The annual conference of the Southern African Association for Counselling and Development in Higher Education was hosted in September. The staff of CSCD contributed to the national discourse by delivering the following presentations:

Wilma Beukes: Exploring the need for creative approaches to group psychotherapy

Munita Dunn-Coetzee & Magda Fourie-Malherbe: Promoting social change amongst students in Higher Education

Angelique McConney: Taking group interventions beyond best to next

An- Maree Nel & Liani Joubert: Reflections on group interventions designed to address the needs of new generation medical students' at Tygerberg campus

Mumtaj Parker & Elmarie Kruger: What does the "next" look like when dealing with students' presenting problems and needs within a psychotherapeutic unit?

Elmien Strauss, Munita Dunn-Coetzee & Alten du Plessis: A developmental approach to student success.

The staff of the Disability Unit presented a poster presentation together entitled:

"Stellenbosch University Disability Inclusion: The Road travelled from disability forum to disability unit and beyond".

The staff involved were *Marcia Lyner-Cleophas*, *Pippa Louw*, *Meagan Stevens* and *Melanie Willems*.



Staff participated in the SU Sport Day wearing their CSCD - shirts

The Staff also focused on their physical wellness and participated with enthusiasm in the SU Sport Day.

Psychology CPD Well-programme

The Psychology CPD Well programme (continued professional development) was developed and accredited in 2003 to give psychologists the opportunity to earn continued professional development points, as required by the Professional Career Board for Psychology. Psychologists can enroll for three different options, namely:

- Option A: Attend lectures about various subjects presented by specialists.
- Option B: Download pre-recorded lectures (presented in Option A) from the internet and complete an online questionnaire.
- Option C: Read web-based articles and complete an online questionnaire.

This programme served as a training opportunity for our professional staff, but was also a third source of income for the CSCD, seeing that psychologists from outside the SU could also participate at a fee.



