

# ARISTEA

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WOMEN OF MIND AND HEART

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**2025**

*welcoming guide*

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# Welcome

Aristea is one of the eleven Commuter Student Communities (CSC) at Stellenbosch University. A CSC is a supportive community for students who do not live in a Stellenbosch University residence, but rather in private accommodation in and around Stellenbosch. Aristea was established in 1973, which makes us the oldest womxn-only CSC at Stellenbosch University.



We are a value-driven community committed to making you feel comfortable and included from day one! To help with this, Stellenbosch University has developed a 12-day orientation program covering all aspects of university life. Our welcoming program is designed for you, with the aim of helping you navigate essential locations, build genuine connections with fellow newcomers, and celebrate the unique diversity each of you bring to our community.

We understand that starting university can be a bit overwhelming, so we're here to make your transition as smooth as possible. Our dedicated leadership team is approachable and always ready to listen, ensuring you can connect with us easily. Don't hesitate to reach out, share your thoughts, and get involved in our activities. Together, we'll create unforgettable experiences that will make your time at Stellenbosch truly special. We can't wait to meet you and welcome you to Aristea!



# Offerings

## CULTURE

- Molassesêr
- Acapella
- Culture Evenings
- Spirit Committee
- Book Club
- Dance Club

## SPORT

- Hockey
- Netball
- Table Tennis
- Touch Rugby
- Frisbee

## ACADEMICS

- Mentor Faculty Groups
- Academic All Nighters
- Academic Sharepoint



## LEADERSHIP DEVELOPMENT

- House Committee
- Mentors
- Newcomers Committee
- Aristeia Committee
- FVZS Leadership Short Courses
- YouMatter Movement

## AND MORE...

- Podcast
- Online Gaming Club
- Social Impact Committee



# Social Impact

At Aristeia, we believe that our purpose extends far beyond being just a community. In 2025, our main goal is to make a meaningful impact in the lives of the people in our community and surrounding communities at large.

This year we would really like to focus on the people in our community who need our help the most. This will include homeless people, vulnerable and impoverished children and any other organisations who need our help. It is really important for us to give back and through social impact we can develop our community and ourselves! Being in university and especially one like Stellenbosch University, we are confronted each day with people from different walks of life and people who may not be as well off as others and it is with this spirit and notion in mind that we will launch our Social Impact Committee to new heights!

I will be forming a committee of Arries who are keen to lead sustainable lifestyles which promote the well-being of the environment and its people. This committee will function to arrange and partake in all and any Social Impact events and activities. We hope to be a team of passionate people wanting to make a difference and eager to lend a helping hand to those in need.



On the 7 February 2025, we will have our annual Social Impact morning and this year we will be collaborating with Aurora CSC! We are super excited to join forces and make a difference in our community. We hope that what we have in store for you will pique your interest for helping those around you and that you'll have fun making an impact for the better!

We will be working with a foundation based in Jamestown called USIKO, where we will be packing sandwiches for children, toiletries for women and stationary packs for children. We would really appreciate it if you could bring a can of non-perishable food to start up our Arrie food pantry!



# Sports

At Aristeia, we believe that sports are an integral part of a well-rounded education. Not only does playing sport promote physical health and wellness, but it also fosters teamwork, discipline, and camaraderie. Over the years, we have proudly offered a range of sports that have helped our students grow into confident, skilled, and passionate athletes.

Our **traditional sports** have included:

- **Netball:** Fast-paced and action-packed, our netball teams have consistently shown spirit and determination.
- **Hockey:** With its unique blend of skill, strategy, and physicality, hockey has been a staple of our sports program.
- **Table Tennis:** A game of focus, agility, and quick reflexes, table tennis has provided our students with a fun and challenging way to stay active.

This year, we're thrilled to introduce **two new sports** to the collection:

- **Touch Rugby:** A dynamic and inclusive sport that emphasizes speed, agility, and teamwork.
- **Frisbee:** A fun and fast-paced game that's perfect for students of all skill levels.

Whether you're a seasoned athlete or just looking for a new way to stay active, we encourage you to join one of our sports teams. Not only will you improve your physical health and develop new skills, but you'll also make lifelong friends and create unforgettable memories.





# Culture

At Aristeia, culture is at the heart of everything we do—it defines who we are and how we connect as a sisterhood. We deeply value diversity, inclusivity, and the unique stories that each member brings. Our culture is one of celebration, mutual respect, and collective growth, where we honour individuality while fostering a sense of belonging.

A key aspect of our community is our vibrant performance culture, where creativity and expression take centre stage. From drama and dance to music and poetry, we embrace the arts as a powerful medium to share stories, explore emotions, and build connections. Aristeia provides a platform for members to showcase their talents, step out of their comfort zones, and work together to bring imaginative ideas to life. We strive to incorporate more cultural offerings in our upcoming term!

We are proud to offer opportunities for members to engage in workshops, talent showcases, and performances that highlight the richness of our diverse community. These activities not only nurture artistic expression but also strengthen teamwork, build confidence, and create unforgettable memories.

Through these cultural experiences—whether it's celebrating heritage, exploring creative passions, or engaging in meaningful discussions—we aim to create a space where every member feels inspired to take up space, express themselves, and thrive.





# Letter from your Primaria

## Dear Aristeia Member (Arrie)

Welcome to the start of your next great adventure—Stellenbosch University! First off, congratulations! You've done the hard part (surviving high school), and now it's time for the fun part—finding yourself, making lifelong memories, and learning that coffee can, in fact, be a meal.

I'm Renicha Manuel, your Primaria for 2025, and I cannot even begin to tell you how excited we are to meet you! We've been counting down the days, prepping like crazy, and now, the wait is almost over. Aristeia is ready for YOU—the laughter, the chaos, the dance parties, and, of course, the unforgettable memories we're going to create together.

Let me tell you a little secret about Stellenbosch: it's not just a university—it's a whole vibe. Between the breath-taking mountains, quirky little cafés, and endless student energy, this place has a way of working its magic on you. But the real magic? That's in the people you'll meet and the moments you'll share.

My advice? Show up. Dive in. Say yes to new experiences, even if they seem a little out of your comfort zone. Your future best friend, study buddy, or karaoke partner could be waiting for you at the next event. And don't be shy—we've all been newcomers once, and we've got your back every step of the way.

Aristeia is all about relationships and memories that'll last a lifetime. We're here to laugh with you, cry with you (preferably over snacks), and celebrate every little win along the way. My job—and the job of every welcoming face you'll see—is to make sure you know you belong here.

If you ever feel overwhelmed, confused, or just need a good laugh, we have a group of people always ready to support you. My phone's always on (probably too much, let's be real), and I'm just an email away: [✉aristeaprim@sun.ac.za](mailto:aristeaprim@sun.ac.za)

Let's make 2025 unforgettable. Here's to a year of laughter, late-night chats, unexpected friendships, and all the incredible things we'll experience together. Get ready, because Aristeia—and Stellenbosch—are about to blow your mind.

I can not wait to see all you beautiful Arries!

Renicha Manuel  
Primaria of Aristeia 2025

*Renicha*



**Position:** Primaria

**Portfolios:**

External Relations, Leadership  
Development, Maintenance

**Projects:**

YouMatter Movement



# House Committee

Every community in Stellenbosch has a House Committee, students often refer to it as the “HC”. The House Committee is elected by the members of Aristeia in July or August every year. Everyone in the committee is responsible for a specific set of portfolios and you will spend a lot of time with them during Welcoming and throughout the year.

*You have already met your Primaria, Renicha. The rest of our committee exists of our Vice- Primaria, Head Mentor, Strategic Financial Manager, and General HC members. If there is ever an emergency, you can approach any of our 10 members and we will be happy to assist.*

**Let's meet the team!**





# House Committee

## VICE - PRIMARIA

### Thoriso Mahura

Hi everyone, my name is Thoriso Mahura and I am the Vice-Primaria of Aristeia. I would first and foremost like to extended a warm greeting and seasonal wishes to everyone celebrating.

We're thrilled to have you join us. We are eager to build new bonds and friendships and to meet each and every one of you. As we embark on this new leadership term, our goal is to foster a supportive and inclusive environment where everyone can thrive. Our goal is for everyone to feel comfortable in who they are and take up as much space as they want because the world is everyone's oyster and there is no limit to anyone's capabilities. We aim to enhance our collaborative efforts, drive innovative projects, and achieve new milestones together. Let's make this term a memorable and impactful one!



#### Portfolios:

Internal Relations, Cluster, Food and Safety

#### Projects:

Alumni, YouMatter Movement

## HEAD MENTOR

### Carbel Nkanda

Hey Aristeia family,

as you step into this new season in your life, I want you to know that my heart is set on making this a space where every single one of you feels genuinely seen, heard, and cared for with the help of my amazing mentor team. Aristeia is more than just a community—it's a home, and together, we're going to build a place where everyone belongs.

We'll celebrate the beauty of our differences, lift each other up in every way we can, and create friendships that truly feel like family. I and my team are here for you, and we can't wait to walk this journey with all of you. Let's make your first year something truly special.



#### Portfolios:

Academics, Critical Engagement

#### Projects:

Aristeia Week 2, Newcomers Social



# House Committee

## SECRETARY Elretha Vaax

Dearest Gentle Reader,

Firstly, congratulations! A new journey awaits for you, waiting to be explored, and what an honour that I can be your tour guide. I am so excited to meet you and welcome you as a fellow student and Arrie! It's truly an honour to embark on this journey with you and to extend a helping hand as you transition into University life. It may seem foreign, scary at times but know you were chosen to be here and I believe you can make it! I will to the best of my abilities make welcoming an unforgettable experience filled with love, laughter, joy and a whole of lot of smiles. I'm exhilarated to see you flourish in this new chapter of life!

## ARISTEA COMMITTEE MANAGER Kirsten Nel

I am beyond excited to welcome each and every one of you to the incredible Aristeia community! My hope for each of you is that Aristeia becomes a space where you can truly be yourself, explore your passions, and grow in ways you never imagined. This is a place to create unforgettable memories, form lifelong friendships, and make the most of your university experience.

For me, Aristeia has been a home away from home—a safe haven where I've been able to try new things, take risks, and discover my own potential. I can't wait for you to experience all the special moments that lie ahead and to share this amazing journey with you. Get ready to embark on an adventure filled with laughter, learning, and connections that will last a lifetime.

Welcome to the start of something truly extraordinary!



### Portfolios:

Critical Engagement, Policies & Constitution,  
Academics, Welcoming Admin

### Projects:

Derby



### Portfolios:

Sponsors, Welcoming Planner,  
Welcoming Leader

### Projects:

Aristea Week 1



# House Committee

## SPORTS ADMINISTRATOR

### Ayanda Msebi

Dear Aristeia Community,  
I'm Ayanda, and I'm thrilled to welcome you to our vibrant community! As we begin this new leadership term, I want you to know that I'm committed to creating a safe, supportive, and inclusive space for each and every one of you. My heart is filled with excitement and joy as I think about the incredible journeys we'll share, the challenges we'll overcome, and the memories we'll create together.

My goals for this term are to foster meaningful connections and friendships, encourage creativity, innovation, and growth, build a culture of empathy, kindness, and understanding as well as a sense of belonging and impact and support each other.



#### Portfolios:

Social Impact, Welcoming Leader

#### Projects:

Derby, Spirit Committee

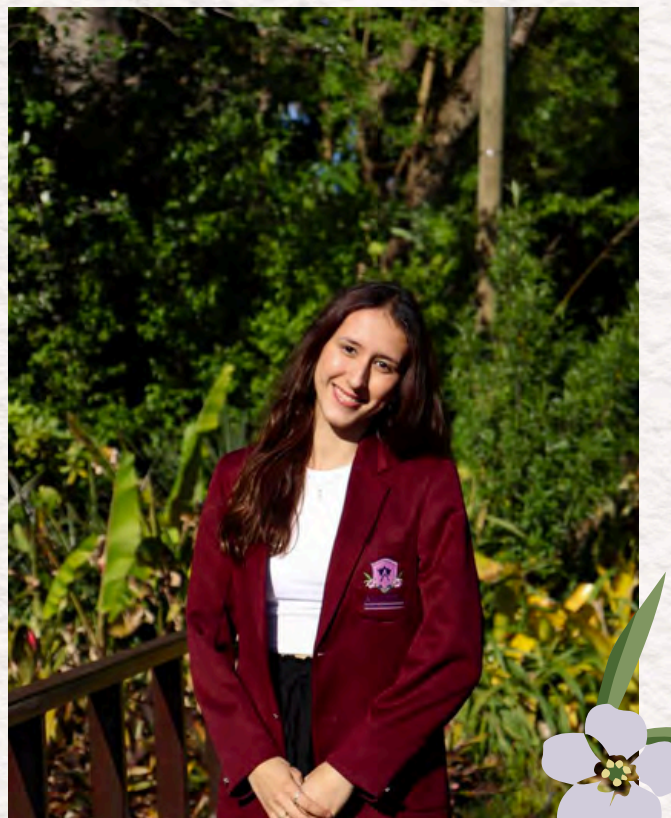
## NEWCOMERS COMMITTEE MANAGER

### Emma Pieterse

Hi everyone! I'm Emma, and I want to start by giving you a huge congratulations on being accepted into Stellenbosch University! This is such an incredible accomplishment, and you should be proud of yourself.

Welcome to our vibrant purple community, Aristeia! We're here to make sure you feel at home, meet new people, and dive into new experiences that help you grow. For me, Aristeia has been a place of comfort and connection, especially because I started my own university journey far from home. I hope it can be that—and even more—for each of you.

Here's to a year full of fun, friendship, and unforgettable memories! I can't wait to meet all of you!



#### Portfolios:

Virtual Engagement

#### Projects:

Aristeia Week 1, Connect & Vensters



# House Committee

## SOCIAL MEDIA MANAGER

### Yusra Arendse

A warm welcome to Aristeia, your home away from home and the start of an exciting journey filled with growth, connection, and discovery. You are stepping into a community that is more than just a student organisation; it's a sisterhood that values diversity, empowerment, and unwavering support. Each of you brings something unique to Aristeia, and together, we will create a space where everyone feels seen, heard, and celebrated.

Get involved, build connections, and don't be afraid to share your ideas or ask for help. This is a safe space where we strive to make every voice matter, and every member is a valued part of our story.

I am beyond excited to meet each and every single one of you and to see the uniqueness and passion you will bring to Aristeia and the university at large!



#### Portfolios:

Merchandise, Culture & Societies

#### Projects:

Aristeia Week 2, House Dance



## SUSTAINABILITY ADMINISTRATOR

### Charlize Trieloff

Hi everyone, my name is Charlize.

Welcome to your new community and even better this one is purple! This is such an exciting journey that you are about to embark on and I am thrilled to be a part of it.

Be proud of what you have achieved to this point and get excited for what is to come. The possibilities are endless and adventures can be waiting around every corner.

If I can give you a little tip from what I have learned and what Aristeia has taught me it is that: Growth doesn't come from comfortability. For any seed to be able to grow, it needs to be planted!

I hope you are looking forward to this new journey, I feel blessed to be a part of it.



#### Portfolios:

Socials, Spirit Committee, Sport, Social Impact

#### Projects:

Connect & Vensters, Huisfonds 2, Earth Week





# House Committee

## FINANCIAL MANAGER **Mmabatho Chikane**

I'm so excited about the journey that lies ahead for us. My goal for this leadership term is to build a community full of positive energy, support, and connection. I want everyone to grow from the experiences that await and walk away stronger and more inspired. Together, let's be women of heart and mind, caring for one another, uplifting each other, and having fun along the way. This is our chance to create something truly meaningful, and I'm thrilled to share it with all of you.



**Portfolios:** Wellness





## Dear Prospective Arrie,

Congratulations with your provisional acceptance at Stellenbosch University and a warm welcome to Aristeia. Studying at Stellenbosch University is a great honour and we wish you all the best as you enter this challenging yet exciting phase of your life. As a prospective first year you stand at the beginning of an exciting period in your life.

As the Commuter Student Communities Unit at Stellenbosch University, we are responsible for managing the Aristeia Community, along with its House Committee and the Mentors. We are your support network that will assist with your academic and social integration at SU. Please, if you have any questions, do not hesitate to ask. Aristeia believes in a value driven system. We consider these values in all we do.

Your community will allow you to forge new paths, build new relationships and innovate in ways you never have imagined. The CSCs ensure that students, even when physically separated from one another, still remain connected to each other as well as campus life through our virtual community offerings.

We encourage you to make the most of this experience and to take a hold of each and every opportunity that comes your way. In today's world, a degree can only get you so far. Your experience at Aristeia is what will allow you to go further and to leave Stellenbosch University as a well-rounded graduate. Aristeia is your portal to an exciting out-of-class and co-curricular experience which will go a long way to giving you an upper hand one day when you graduate.

We look forward to meeting you and we can assure you that you will be welcomed into our community with open arms.

Regards,  
Commuter Student Communities Unit

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[cscu@sun.ac.za](mailto:cscu@sun.ac.za)  
[www.sun.ac.za/psu](http://www.sun.ac.za/psu)





# Wimbledon Cluster



## Dear Prospective Matie

Congratulations on embarking on this incredible journey at our university! I want to extend a warm welcome, not only to Stellenbosch and your respective student communities, but your greater Wimbledon Cluster!

University is a place of growth, discovery, and transformation. It's a time to embrace change, and challenge yourself. As you navigate through the streets of Stellenbosch, remember that it's okay to feel a mix of excitement and nervousness. You are not alone—everyone around you is on a similar journey.

Embrace the change that comes with university life. This is a unique opportunity to expand your horizons, both academically and personally. Step out of your comfort zone, join committees, attend events, and meet new people. The diversity of experiences and perspectives on campus is vast, and it's in these interactions that you'll discover new passions and forge lasting connections.

Now, you may be trying to digest all of this new information being thrown your direction. Let me break down what our Cluster is...Wimbledon is our “village” consisting of 6 student communities, namely: Aristea CSC, Vesta CSC, Sonop, Irene, Eendrag, and Helshoogte. Wimbledon offers you a host of sports, personal and professional development opportunities and social networking events to ensure you are exposed to students from different communities. Wimbledon Cluster also offers you the Wimbledon Hub, a designated building conveniently located at the epicenter of our 6 communities - it is a place to study, meet up with friends, grab food, and relax.

Cluster will be introduced to you during welcoming, and we are so excited to call you a WimbleWinner!

We can't wait to witness the incredible impact you'll make.  
Best wishes for a fantastic journey ahead.

My best,  
**Julia Meyer**

**Co-Cluster Convenor**





# Our Cluster

## WHAT IS CLUSTER?

Being a part of your student community also entails forming part of a bigger community on campus, called the Wimbledon Cluster. A cluster is a larger student community that comprises of various residences and CSC's.

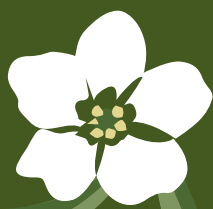
The concept of cluster was introduced in 2007 to scale academic success across campus and establish an integrated learning community, with the activities and facilities available to students part of university residences and CSC's to, and engage in each others activities. The six other clusters on campus in addition to the Wimbledon Cluster include Validus, Rubix, amaMaties, VicMeyer, Victoria and Tygerberg.

## Welcome to Wimbledon Cluster!

Wimbledon Cluster consists of six communities that are all in the area surrounding the Wimbledon Hub. These include Aristea CSC, Vesta CSC, Eendrag Residence, Helshoogte Residence, Irene Residence, and Sonop Residence.

During Welcoming you will have the opportunity to meet fellow students in the cluster and make friends outside of your community (residence or CSC). Cluster Interaction and Cluster Day during Welcoming is your first opportunity to engage and interact with the communities in Wimbledon, and meet your faculty peers. It really is something to look forward to!

In addition to being part of such a vibrant and spirited cluster, you have the added option of being able to book affordable subsidised meals at the residences that form part of the Wimbledon Cluster. You are also invited to book and enjoy our monthly "First Wednesday" lunch. The Wimbledon Hub's Chalkboard deli also sells food, and the 2nd and 3rd floors have a quiet space for studying.



During Welcoming you will meet the Cluster Convenors, Julia and Zikisani, who are responsible for creating a platform for engagement and connection. The cluster experience provides you with the opportunity to network and form academic and social connections. The cluster has events during the year, where you can look forward to opportunities for personal growth and meeting new people.

**Our 2025 Wimbledon Cluster Convenors: Julia & Ziki**

**15 fun fact:** last year Ziki & Julia were prims of Irene and Aristea - 2 Wimbledon communities!



# The Wimbledon Hub

78 MERRIMAN AVE, STELLENBOSCH CENTRAL

The Cluster has benefited immensely from the addition of the Hub space. The Wimbledon Hub, being the building of the Cluster offers you a space to interact with our members on an everyday basis. Cluster also offers sport opportunities that are free of cost and it will all be communicated during welcoming!

The Wimbledon Hub is our “village” centre providing study areas, chill couches and a Chalk Board Deli with some of the most delicious food. For Welcoming, most of our Cluster Activities will be within reach of the Hub!

*This is what our Hub looks like!*

## Fun fact:

Whilst all CSC students live in own private off-campus accommodation, the House Committee members of Vesta and Aristeia live on the 2nd and 3rd floor!



Huis Russel Botman Hall



The Chalkboard Deli



Study Venue



*Follow us on social media!*



# Our Mentors

Starting university is a big step, and we know it can be both exciting and overwhelming. That's why we're here! At Stellenbosch University, our network of trained Mentors and Head Mentor are ready to guide you through your first year and help you navigate the ups and downs of this new chapter.

Their main mission? To make your transition into university life as smooth and enjoyable as possible. Whether you need advice, someone to talk to, or a nudge in the right direction, your Mentors will be there for you.



## Mentors of 2025



17

René-Mari Kotzé



Jessica Fourie



Pholani Mtati



## Mentors of 2025



**Lynne-Leigh Brown**



**Ornela Meri**



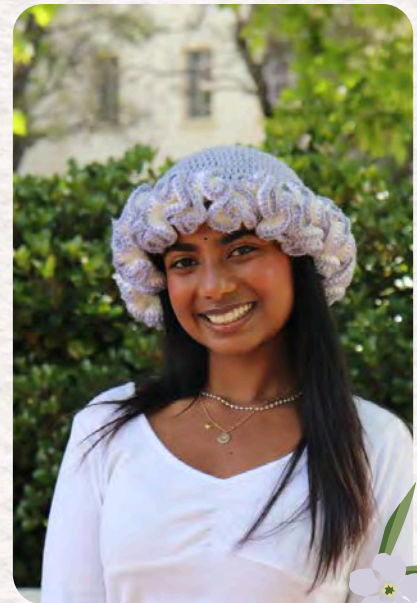
**Emmah Sutton**



**Kimberly Nyagondore**



**Erin Ring**



**Mahika Naidoo**



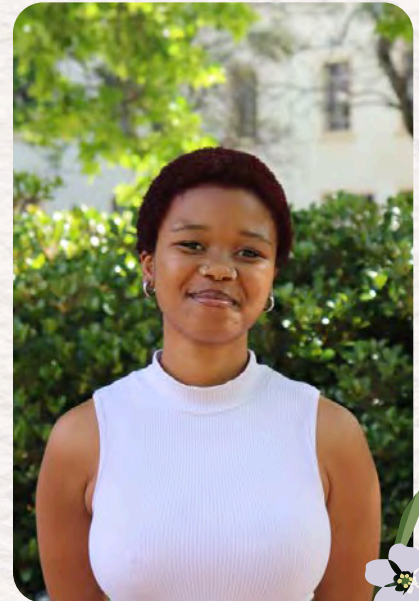
## Mentors of 2025



**Charlotte Smuts**



**Sarah Leigh Parish**



**Mpho Ramotshela**



**Kirsten-Mari  
Swanevelder**

**Not Pictured:  
Georgie Watermeyer  
Unathi-Candice Mthombeni  
Sinamile Alwar**

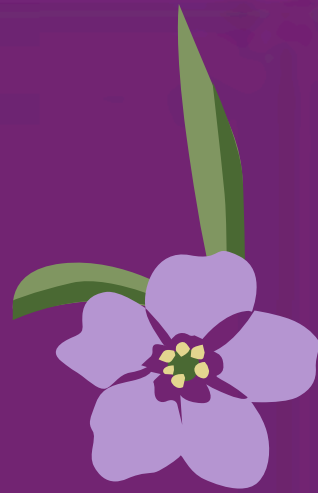


# Aristea Committee

The Aristea Committee is a committee filled with driven and dedicated individuals who are looking to get more involved with the Aristea community.

During welcoming, they are there to help foster environments that forge bonds and make sure every offering runs smoothly and without a hitch, and to offer a helping hand. The Aristea Committee makes your journey with Aristea not just welcoming, but truly unforgettable.

Throughout the rest of the year, the Aristea Comm plans fun offerings specifically addressing the needs of Aristea's senior members, ensuring that they continue to feel valued and connected as an integral part of the Aristea community.



## Aristea Committee of 2025



*We can't wait to meet you!*



# What is Welcoming?

We offer diverse activities that will hopefully spark your curiosity to all that Stellenbosch has to offer. These activities include sport, culture, academic assistance, as well as personal and leadership development. See Welcoming as the trailer to the rest of your time as an Arrie and a Matie.

Here at Aristeia, we pride ourselves on individuality. As we walk this path with you, we want you to make memories, meet new people, and most importantly, have the time of your life all the while discovering who you are and where you fit into the greater university structure.

We are extremely excited to meet all of you. This is the start of the best time of your life, and we are honoured that we get to be a part of it. So, bring along your authentic self and an enthusiastic energy, we are ready for twelve days of non-stop fun, we hope you are too!





# Vensters 2025

Our Connect partner for 2025 is  
**Goldfields Residence.**

Our name for vensters will be **"GOLDSTEA"**

Together we are one and will be called GoldStea! We truly think by combining our names we embrace our communities and that we can embark on this connect journey as one.






"Vensters" will be our chance to show off what our combined communities has to offer when it comes to our cultural capabilities. It is a great way to get to know new people and start your new adventure at Stellenbosch University.

Our spectators can be excited to see what we will bring to the stage from singing to dancing and just having fun. We embrace the cultures at Stellenbosch University and indulge into a whole other perspective of how it is to be at university and discover more about yourself.

Our theme this year is "The Sound of Stellies" we can not wait to make some beautiful noise with you!





Symbol	Meaning
	This activity involves physical movement and require high energy levels
	This activity involves loud music, cheering, singing and other high intensity sound or noise
	This activity involves interacting in large groups between (50 and 500 people at a time)
	This activity involves small groups (less than 30), or personal time or engagements that allow for low intensity interactions and less structure
	This facility or venue is accessible to students and staff with disabilities or special needs

DAY 1

# REGISTRATION DAY:

## Tuesday 28 January

**Opposite the Ou Hoofgebou (Law Building)**

\*Please be aware that parking in Stellenbosch is very limited



**10:00-11:00**

Aristea Registration

@Krotoa Building TBC (52 Ryneveld St, Stellenbosch)



**11:00-12:00**

Parent & Student Information Session

@ Krotoa Building TBC (52 Ryneveld St, Stellenbosch)



**12:00-13:00**

Refreshments and Parent Goodbyes

@Wimbledon Hub



**13:00-14:00**

Mentor Session

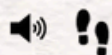
@Wimbledon Hub



**14:00-15:00**

House Song & Cheers

@Tennis Courts



**\*18:00-20:00**

Law Program

@Old Main Building / Ou Hoofgebou



**So you're easy to spot!**





## DAY 2

# Wednesday 29 January



**\*08:00**

Law Students meet mentors to walk to law program (optional)  
@Wimbledon Hub



**17:00-18:00**

Fun Workout Activity  
@Tennis Courts



**09:00-09:30**

Rundown of the Day  
@Wimbledon Hub



**09:30-09:45**

Language of the Day  
@Wimbledon Hub

### SHUTTLE BOOKING!



**09:45-12:00**

Amazing Race



**12:00-13:00**

Critical Engagement  
@Wimbledon Hub

**13:00-14:00**

Lunch  
@Dining Hall



**14:00-15:00**

Get to Know Leadership  
@Tennis Courts



**15:00-16:45**

Aristea Committee Takeover  
@Jan Marais Park



**\*08:30-16:00**

Law Program  
@Old Main Building / Ou Hoofgebou



Wear clothes you  
can move around  
comfortably in!



## DAY 3

# Thursday 30 January

Thursday is a packed day!

Please come prepared with a hat, sunblock, and lots of water!

Handed out on the day!



10:00-10:30

Rundown of the Day  
@Wimbledon Hub



10:30-10:45

Language of the Day  
@Wimbledon Hub

**SHUTTLE BOOKING!**



10:45-11:30

ARRII Values  
@Wimbledon Hub



11:30-12:00

#MakeYourMark  
@Wimbledon Hub



12:00-13:00

Paint the Passion  
@Tennis Courts

13:00-14:00

Lunch  
@Dining Hall



14:00-15:30

Mentor Session & Dream Cards  
@Wimbledon Hub

15:30-16:00

Change into Maties T-Shirt



16:00-17:00

Move to Danie Craven Stadium



17:00-18:00

Rector Welcoming  
@Danie Craven



18:15-19:00

Meet for the 2025 Photo  
@Danie Craven

19:00-20:00

Picnic Dinner  
@Danie Craven



20:16

Dreamwalk  
@Victoria Street



& 21:30-23:30

Dream Fair  
@Rooplein

21:00

Walking Groups

22:15

Shuttles

If you opted out of food packages, please bring your own dinner!



**\*07:30-09:00**

Students in the programmes **B of Occupational Therapy (OT)** and **B of Speech-Language and Hearing Therapy (SLHT)** follow the programme for the Tygerberg campus on the **morning of Thursday, 30 January 2025** and thereafter these students follow the programme of the **Faculty of Arts and Social Sciences** at the Stellenbosch campus.

**Buses will be provided for these OT and SLHT Newcomers from Stellenbosch to Tygerberg at the following times: TBC**

Depart Stellenbosch campus from Merriman Avenue (bus stop at JC Smuts bridge)

Arrive at Tygerberg campus. Parents and first-years report to the Tygerberg Student Centre (TSS)



**\*10:00-15:00**

Information session for students with **disabilities** and any other accessibility needs and their parents.

- **Room 357 (3rd floor), Arts and Social Sciences Building**, c/o Merriman Avenue and Ryneveld Street – for students with visual and learning impairments who needs alternative text formats and have assistive technology enquiries.
- **Den Bosch, Huis Simon Nkoli House, Centre for Student Counselling and Development**, 39 Victoria Street – for students with disabilities who have general disability- related enquiries.



## DAY 4

# Friday 31 January

Check SU Welcoming  
Booklet of 2025

**07:30**

Meet mentors to walk to  
academic programs (optional)  
@Wimbledon Hub



**16:45-17:00**

Walk back to the Hub

**MESSAGE MENTOR ABOUT  
SHUTTLE BOOKING BEFORE 12!**

**08:00-12:00**

Academic Program



**17:00-19:00**

Talent Show  
@Huis Russel

**12:00-13:00**

Living on Your Own 101:  
Budgeting, Cooking, Academics  
@Wimbledon Hub



**19:00-21:00**



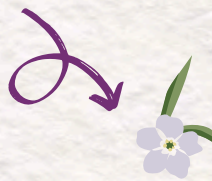
Cluster Interaction  
@Tennis Courts

**21:00**

Shuttles & Walking Groups

**13:00-14:00**

Lunch  
@Dining Hall



**12:45-13:15**

Jummah Prayer  
3rd Floor of Wimbledon Hub

**14:00-14:45**

Let's Get Loud!  
@Tennis Courts



**14:45-15:15**

Walk to Coetzenburg



**15:15-16:45**

Societies Welcoming Fair  
@Coetzenburg Fields



or just a purple  
shirt

Let's show cluster  
some purple!

**\*14:00-16:00**

- Registration of B Occupational Therapy and B Speech, Language, and Hearing Therapy Students on the STB campus (those who cannot self-register)
- Venue: Administration, Block A. (STB – Zenda Jansen)





## DAY 5

# Saturday 01 February



**08:00-08:15**

Rundown of the Day  
@Wimbledon Hub



**16:00-18:00**

Watersport w/ Capri



**08:15-08:30**

Language of the Day  
@Wimbledon Hub



**18:00-19:00**

Braai  
@Huis Russel



**08:30-08:50**

What is Cluster?  
@Wimbledon Cluster

**19:00**

Shuttles

### SHUTTLE BOOKING!



**09:00-13:30**

Cluster Day

**13:30-14:00**

Lunch  
@Dining Hall



**14:00-14:30**

Walk to Theatre  
@Kruiskerk

&

**14:30-16:00**



Theatre Production  
@Kruiskerk



#WimbleWinners



DAY 6

## Sunday 02 February



### All Day

Rest and Reset

@Home

This day is an unofficial day of Welcoming 2025. It has been set out to ensure our members have an entire day to themselves where they are able to fulfil personal obligations, and prepare for the University adjustment adequately.

We look forward to commencing on Monday!

See you soon Arries xx

*aff day*



**DAY 7**

**Monday 03 February**

**08:30**

Meet mentors to walk to  
academic programs  
(optional)  
@Wimbledon Hub

**MESSAGE MENTOR ABOUT  
SHUTTLE BOOKING BEFORE  
12!**



**09:00-12:30**

Academic Program

**12:30-13:30**

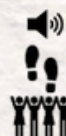


Lunch  
@Dining Hall Irene

**13:30-17:30**

Academic Program

*ONLY for Arries  
who don't have  
an academic  
program!*



**15:00-17:00**

Ballroom Dancing w/ Vesta  
@Tennis Courts

**17:00-18:00**

Dinner  
@Dining Hall

**18:30-21:00**



Goldfields Meet &  
First VENSTERS practice!  
@Goldfields

**21:00**

Shuttles & Walking Groups



SUBSIFY: Stellenbosch University Baseline Survey for Incoming First Years  
to be completed!

English: <https://fw4l.novisurvey.net/ns/n/subsify.aspx>

Afrikaans: <https://fw4l.novisurvey.net/ns/n/usbons.aspx>



DAY 8

## Tuesday 04 February

**09:00-12:30**

Academic Program

**MESSAGE MENTOR ABOUT  
SHUTTLE BOOKING BEFORE 12!**

**12:30-13:30**

Lunch w/ Mentors

@Rooiplein

**13:30-17:30**

Academic Program

*ONLY for Arries who  
don't have an  
academic program!*

**13:30-17:30**

Vensters Practice

@Tennis Courts

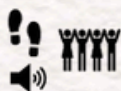


**17:30-19:30**

Purple Splash w/ Harmonie &

Silene

@Coetzenburg Fields



**21:00**

Shuttles



Be prepared to be  
splashed purple from  
your head to toes!



**\*B of Occupational Therapy** follow the Tygerberg programme on **4 February 2025** for the whole day and on **5 February 2025** students join online session on Interactive student support session for Newcomers.

**Buses will be provided for these OT and SLHT Newcomers from Stellenbosch to Tygerberg at the following times: TBC**

Depart Stellenbosch campus from Merriman Avenue (bus stop at JC Smuts bridge)

Arrive at Tygerberg campus. Parents and first-years report to the Tygerberg Student Centre (TSS)



DAY 9

## Wednesday 05 February

### MESSAGE MENTOR ABOUT SHUTTLE BOOKING BEFORE 12!

09:00-12:30

Academic Program

13:00-14:00

Lunch

@Dining Hall

14:00-15:00



Campus Security Safety &  
Self-Defence  
@Tennis Courts

15:00-16:30



Critical Engagement: GBV &  
Drinking Culture w/ Mentors  
@Wimbledon Hub

Please eat beforehand!



16:30-18:30

Get Ready

@Home or Wimbledon Hub



19:00-22:00

Night Out in Town OR  
Movie and Mocktails w/ Vesta

21:00

Shuttles

### No Walking Groups

Please note that getting back  
home safely is your own  
responsibility, so plan  
accordingly

Trigger Warning!



**\*B of Occupational Therapy** follow the Tygerberg programme on **4 February 2025** for the whole day and on **5 February 2025** students join online session on Interactive student support session for Newcomers.

**Buses will be provided for these OT and SLHT Newcomers from Stellenbosch to Tygerberg at the following times: TBC**

Depart Stellenbosch campus from Merriman Avenue (bus stop at JC Smuts bridge)

Arrive at Tygerberg campus. Parents and first-years report to the Tygerberg Student Centre (TSS)



**\*09:00-11:00**

Compulsory EDP session for students from the Faculty of Science, Engineering and AgriSciences (Excluding BAgri Agri-business Management EDP & BScAgri Agricultural Economics & Management EDP)



**DAY 10**

## Thursday 06 February



**08:00-08:30**

Rundown of the Day  
& Language of the Day  
@Wimbledon Hub

**SHUTTLE BOOKING!**



**09:00-11:30**

Vensters Practice  
@Goldfields



**11:30-12:30**

Venster T-Shirt Painting  
@Goldfields



**Please bring  
white shirt to be  
painted on!**

**13:00-14:00**

Lunch  
@Dining Hall



**14:15-17:30**

Vensters Practice  
@Tennis Courts



**16:30-17:30**

Walk to Coetzenburg



**17:30-21:00**

Newcomers Cluster Athletics  
Meeting  
@Maties Athletics Club,  
Coetzenburg



**19:00**

Shuttles

**21:00**

Shuttles & Walking Groups



**\*08:30-10:00**

Compulsory Faculty Benchmark Test for all Newcomers of Science and AgriScience



DAY 11

## Friday 07 February



**08:00-09:00**

Rundown of the Day & Language of the Day  
@Wimbledon Hub



**18:30-21:00**

InArrieignation!

**21:00**

Shuttles & Walking Groups

### SHUTTLE BOOKING!



**09:00-12:00**

Social Impact w/ Aurora  
@Tennis Courts

**13:00-14:00**

Lunch  
@Dining Hall



**12:45-13:15**

Jummah Prayer  
3rd Floor of Wimbledon Hub



**14:00-15:00**

Vensters Dress Rehearsal



**HEAT WARNING: IT'S GONNA BE HAWT!**

**16:00-16:30**

Change into Swimming Costumes  
@Wimbledon Hub



**16:30-17:45**

Slippy Slide & Childhood Games w/ Serruria



**17:45-18:30**

Get ready for InArrieignation  
@Home or Wimbledon Hub



**Pack in Cocktail / Semi-Formal Attire to change into**



Bring a Swimming Costume & Towel!



**Registration for all students ends**

New waiting list for Residences open online



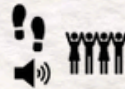
**DAY 12**

## Saturday 08 February



**08:30-09:00**

Rundown of the Day and  
Language of the Day  
@Wimbeldon Hub



**15:30-16:00**

Walk to Vensters Stage  
@Welgevallen Hockey  
Fields

### SHUTTLE BOOKING!



**09:30-12:00**

Vensters Prep  
@Goldfields



**12:30-13:00**

Mentor Session  
@Wimbeldon Hub

**13:00-14:00**

Lunch  
@Dining Hall



**14:00-15:30**

Vensters Prep  
@Wimbeldon Hub

**16:00-23:00**

**VENSTERS!!!**



**HEAT WARNING:**  
**IT'S GONNA BE HAWT!**

**TIME TBC**

Shuttles

### No Walking Groups

Please note that getting  
back home safely is your  
own responsibility, so  
plan accordingly



Handed out on  
the day!



SUBSIFY: Stellenbosch University Baseline Survey for Incoming First Years  
to be completed!

English: <https://fw4l.novisurvey.net/ns/n/subsify.aspx>

Afrikaans: <https://fw4l.novisurvey.net/ns/n/usbons.aspx>



# Frequently Asked Questions...

## How do shuttles and walking groups work?

### Shuttles

Shuttle services are available throughout the Welcoming period but will not operate beyond this timeframe. These shuttles are completely free of charge during Welcoming, provided bookings are made before the daily cut-off time of 11:30 PM. Operating on a pre-booking basis, the shuttles depart from campus to designated drop-off points at 7:00 PM and 9:00 PM. On special occasions such as Dream Walk and Vensters, shuttles will run later, as per the University's schedule. Drop-off points include police stations located 5-10 km outside Stellenbosch, ensuring safety and accessibility for all passengers.

### Walking Groups

If you're concerned about attending evening events due to safety worries, don't worry—we've got you covered! Navigating an unfamiliar town in the dark can feel unsafe, but we're here to help. In collaboration with Vesta, the male CSC in our cluster, we've organized walking groups to ensure everyone gets home safely at night. There are four designated walking routes that will remain consistent throughout the welcoming period. These groups will depart every day that the welcoming program ends at 21:00 providing a secure and reliable way to get home. Have a look at the walking routes on the next page!

## Will I have accommodation?

Aristea is **NOT** a residence and therefore **DOES NOT** offer accommodation. We urge you to find accommodation before coming to Stellenbosch University, even if you are still awaiting residence placement. Being placed in an SU residence is not guaranteed!

If you need help finding accommodation, have a look at this link:

<https://www.sun.ac.za/english/maties/accommodation>

## What can I prepare for in advance?

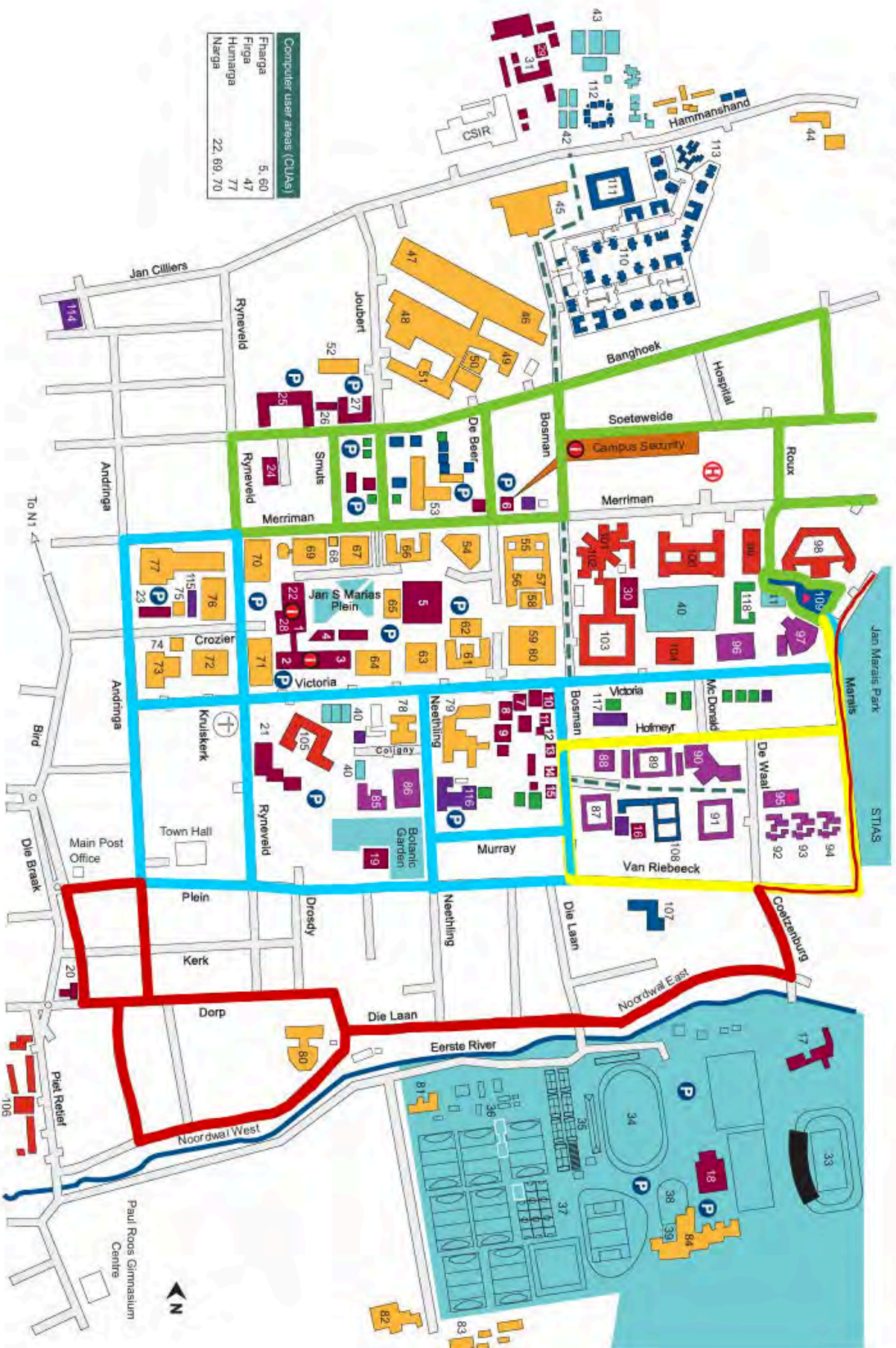
The weather in Stellenbosch is very hot during welcoming! We're talking 38°C! We have tried to work around the heat as much as possible, but there will be times where the sun is unavoidable. Please come prepared with lots of water, sunscreen, hats and anything that will help you keep cool!

## Wait, I still have more questions!

Don't worry! We will have a pre-welcoming program and a question poll where you are able to ask all the questions you may have! Look out for us on Instagram @aristeacsc!



# STELLENBOSCH CAMPUS MAP





December 2024 Dear Prospective Student CHARGING FIRST YEAR WELCOMING PACKAGES TO STUDENT

ACCOUNTS 2025 Welcome to your Commuter Student community at Stellenbosch University! You have been assigned to a CSC (Commuter student Community) as you have not chosen to stay in an SU residence in 2025. During the annual welcoming period in the beginning of the year, communities take responsibility for exposing first years to Stellenbosch University in a welcoming manner.

Because CSCs do not have a dining hall (although some CSCs will arrange meals for their students in dining halls during the welcoming period) where students can enjoy meals, CSC first years are provided with "welcoming packages". These packages usually consist of several meals, clothing, and other items unique to each community. During CSC registration on the first day of Welcoming (Tuesday 28th January 2025), you will have the option of purchasing one of these welcoming packages at a set price (which may vary from community to community). Each CSC will also offer different options (both clothing and meals, only meals, only clothing, etc.) that students can then select. Please see the bottom of this email for more information.

Stellenbosch University utilizes a cashless system to allow students to purchase these packages hassle free. You, or your parents or guardian, will have to sign an acknowledgment of debt on the day so that the clothing, food, etc. for the welcoming period can be made available to you. After registration the cost will be charged to your student account to be paid with all other student-related expenses. Please note that once the form is signed you will be liable for the costs of the package selected, regardless of you having all the meals or not, or not wanting the clothing after the first few days.

Acquiring the "welcoming packages" is not compulsory, but we do want to encourage you to take the opportunity to do so as it will make your welcoming period a much more enjoyable experience. Please find attached the form for your completion. You are welcome to print the form and bring it along.

If you have any questions, feel free to contact us at [cscu@sun.ac.za](mailto:cscu@sun.ac.za)



PERMISSION: CHARGING COST OF WELCOMING PACKAGE TO 2025 STUDENT ACCOUNT

DETAILS OF STUDENT

NAME AND SURNAME: .....

STUDENT NUMBER: .....

CSC: .....

CHOICE OF WELCOMING PACKAGE (MARK WITH AN X):

FULL PACKAGE (Clothing and Meal Package) COST: R	ONLY MEALS COST: R	ONLY CLOTHING Full PACKAGE COST: R
R950,00	R 500,00	R450,00

By signing this form, you commit in writing to the following:

I hereby grant permission that the cost of the welcoming package may be charged to my student account.

I understand that acquiring the welcoming package is not compulsory.

I understand that if I sign the form, I must pay the costs and I will not be able to be reimbursed<sup>1</sup>.

SIGNATURE OF STUDENT OR GUARDIAN:

DATE:

.....

.....

<sup>1</sup>Please take note that we usually do not reimburse students simply because they change their minds. However, if the goods are faulty or defective, have been described incorrectly, differ from the sample shown to you or do not function according to their purpose, you can choose between reimbursement, exchange, or repair of the goods.



Desember 2024

Beste Voornemende Matie Student,

### HEFFING VAN VERWELKOMINGSPAKKIE-KOSTES OP STUDENTEREKENING 2025

Welkom by jou Pendel Student Gemeenskap by Stellenbosch Universiteit! Aangesien jy nie in 'n US koshuis woonagtig is nie, is jy deel van 'n PSG (Pendel Studente Gemeenskap). Tydens die jaarlikse Verwelkomingsperiode neem gemeenskappe verantwoordelikheid om die eerstejaars op 'n verwelkomende wyse aan Stellenbosch Universiteit bloot te stel.

Aangesien die PSG's nie oor 'n eetsaal beskik waar studente maaltye kan geniet nie, (alhoewel daar reëlins getref word deur sommige PSG's om etes in die oop eetsale te geniet), word daar vir die eerstejaars "verwelkomingspakkies" saamgestel. Dit bestaan gewoonlik uit 'n sekere aantal maaltye, klerasie en soortgelyke items wat eie is aan die betrokke PSG. Tydens registrasie by die PSG op die eerste dag van Verwelkoming (Dinsdag 28ste Januarie 2025) het u die opsie om hierdie verwelkomingspakkies aan te skaf teen 'n vasgestelde bedrag (wat kan wissel van PSG tot PSG). Elke PSG bied ook verskillende opsies aan student (etes en klerasie / slegs etes / slegs klerasie).

Stellenbosch Universiteit maak gebruik van 'n kontantvrye sisteem wat studente in staat stel om die pakkies makliker te verkry. U, of u ouers of voog, gaan dus op die dag 'n erkenning van skuld moet teken sodat die klerasie, voedsel, ens vir die verwelkomingsperiode aan u betrokke PSG gestel kan word. Na registrasie sal die koste dan teen die studenterekening gehef word vir betaling saam met alle ander studentverwante uitgawes.

**Neem asseblief kennis dat sodra u die vorm onderteken het, u aanspreeklik sal wees vir die koste van die verkose pakkie, ongeag of u al u etes geneem het en ongeag of u die klerasie nie meer wil hê of dra na die eerste paar dae nie.**

Die verkryging van die "verwelkomingspakkies" is nie verpligtend nie, maar ons wil u tog aanmoedig om dit wel op te neem. Vind asseblief aangeheg die vorm vir u voltooiing. U is welkom om dit saam te bring volgende jaar.

Indien u enige vrae het, kontak ons gerus by [cscu@sun.ac.za](mailto:cscu@sun.ac.za)



TOESTEMMING: HEFFING VAN VERWELKOMINGPAKKIE OP STUDENTEREKENING 2025

BESONDERHEDE VAN STUDENT:

NAAM EN VAN: .....

STUDENTENOMMER: .....

PSG: .....

KEUSE VAN VERWELKOMINGPAKKIE (MERK MET 'N X):

Volle pakkie (Klere- en kospakkie) KOSTE: R	SLEGS KOSPAKKIE KOSTE: R	SLEGS KLEREPAKKIE KOSTE: R
R950,00	R500,00	R450,00

Deur die ondertekening van die vorm, verbind u uself skriftelik tot die volgende:

- Hiermee verleen ek toestemming dat die koste van die verwelkomingpakkie teen my studenterekening gehef mag word.
- Ek verstaan dat ek nie verplig is om die verwelkomingpakkie aan te skaf nie.
- Ek besef dat as ek die vorm teken, ek die kostes moet betaal en dat ek nie gelde terug sal kan ontvang nie<sup>1</sup>.

HANDTEKENING VAN STUDENT OF VOOG:

DATUM

.....

.....

<sup>1</sup> Neem asseblief kennis dat ons gewoonlik geen terugbetalings doen net omdat u van plan verander het nie. Indien die goedere foutief of gebrekkig is, verkeerdlik beskryf is, verskil van die monster wat aan u getoon was of nie funksioneer volgens die doel daarvan nie, kan u kies tussen 'n terugbetaling, omruil, of herstel van die goedere.



# Merchandise Packages

We have a range of 3 packages to choose from regarding merchandise!

Should you indicate you would like merch on the previous form, simple specify which package and we will assist you accordingly!

## PACKAGE 1:

Tshirt

Visor

Bottle

Phone card holder

*TOTAL = R436*



## PACKAGE 2:

Tshirt

Visor

Cotton Bag

*TOTAL = R357,77*



## PACKAGE 3:

Tshirt

Phone card holder

*TOTAL = R256,03*



# *In the meantime...*

We are so excited to meet you, Aristeia just couldn't wait! Join our Newcomer WhatsApp group now already for regular updates on the pre-Welcoming program (with the QR-code below)



@aristeacsc



Aristea CSC



@aristeacsc



@aristeacsc



# Important Numbers

## **EMERGENCY TELEPHONE NUMBERS USBD**

(all emergencies)

021-808 4666 / 021-808 2333

## **MAINTENANCE**

021-808 4666

## **NATWET BUILDING SAFETY OFFICER:**

Fawzia Gordon 083 611 0644

## **NATWET BUILDING A/H CONTACT:**

Jonathan Williams: 084 890 2255

## **AMBULANCE**

10 177 / 10 999

## **STELLENBOSCH HOSPITAL**

021-887 0310

## **MEDIC CLINIC (Private)**

021-861 2000 021-881 2094 (emergency 24h unit)

## **FIRE BRIGADE**

021-808 8888 or 021-887 4446

## **POLICE**

10 111/ 021-809 5000/3/4

## **CAMPUS HEALTH SERVICES**

021-808 3496/3494 7 Claassen Street (between Heemstede &  
Metonoia Residences)

## **In case of difficulties with an Emergency,**

Call 1022 (Only Ambulance/ Fire /Police)

## **SU 24-Hour Crisis Line Students:**

082 557 0880

## **Metro Rescue Control Room:**

021 937 0300 or 10177 (24hrs) (they will contact Wilderness Search & Rescue when needed)





**MATIES  
ATHLETICS**

**The Centre for Student Life and  
Learning and Maties Athletics  
present**

# **Cluster Newcomers Athletics meeting**

**06 Feb 2025  
17:30 - 20:30  
at Coetzenburg  
Athletics Stadium**

