

# Opportunity, meaning, and choice: Proposing a pedagogy of occupational justice

Prof Nicola Plastow DLTE TLA Seminar 3 - 15 August 2024

# **Learning Outcomes**



By the end of this presentation, participations should be able to:

- 1. Define occupational justice
- 2. Analyse the intersection between occupational justice, other social justice pedagogies, and service learning
- 3. Recognise the application of an occupational justice pedagogy in one service learning placement at Stellenbosch University
- 4. Evaluate the concept of an occupational justice pedagogy

Name one activity that has meaning and purpose in a students' everyday life

Do they have a right to do that activity?

Would it be an injustice if someone or something stopped them doing it?



Occupational Justice = the right to participate in a diverse range of meaningful occupations to meet your needs and achieve your potential (Durocher et al., 2014)

Occupational Rights (WFOT, 2019)

#### Choice

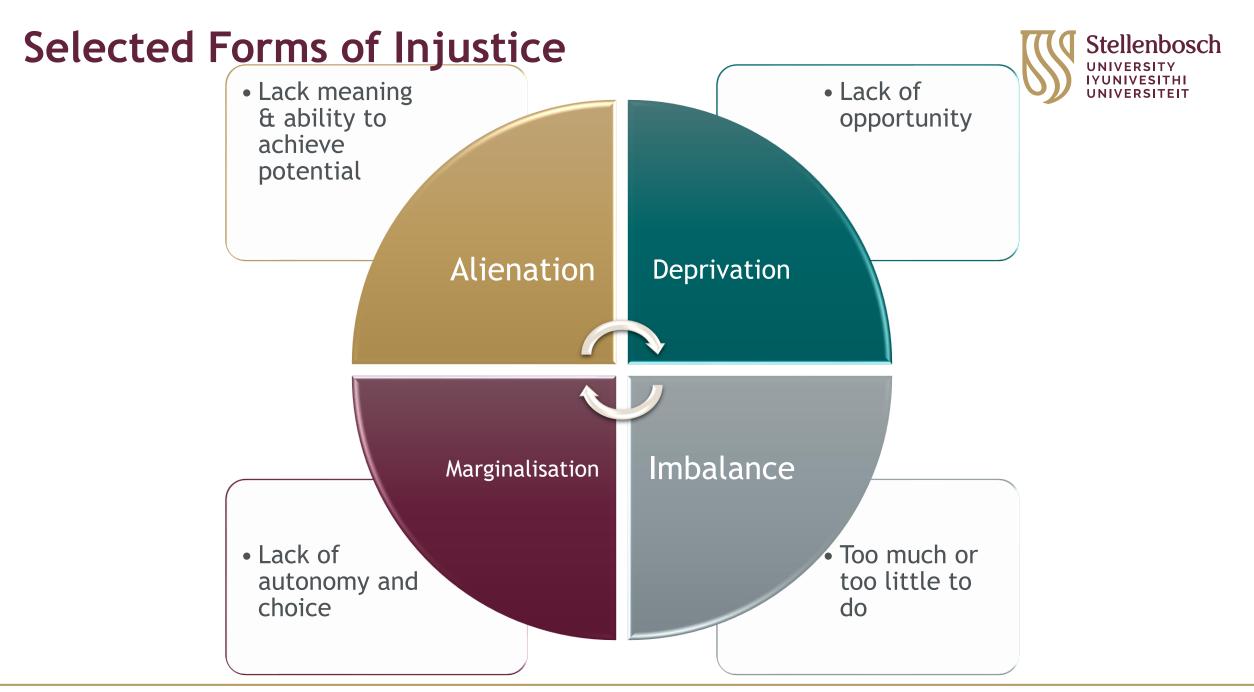
No pressure, force, coercion, threat

# Equitable Opportunity

Individual needs, wishes and habits

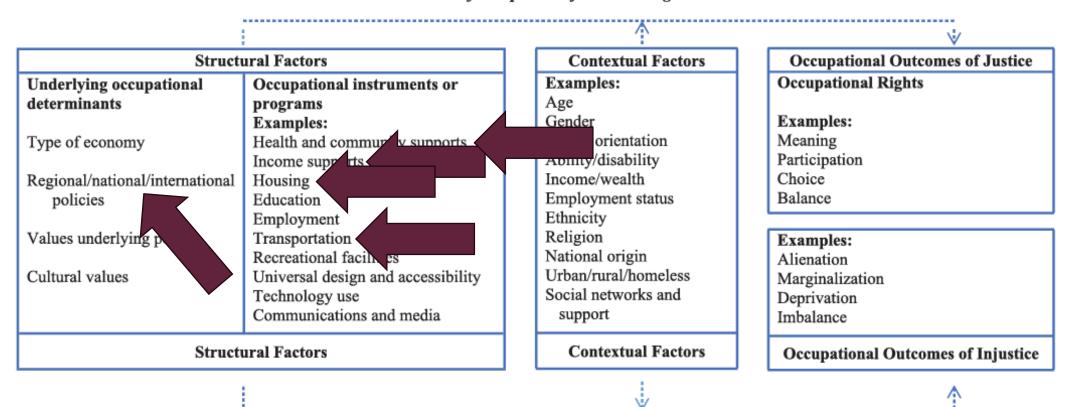
Balance Variety, time Meaningful Participation

Safety, dignity, equity



What might prevent students from doing their chosen occupations?

#### Conditions of occupational justice leading to





# An Occupational Justice Pedagogy



Part 2: Promoting Social Participation and Occupational Justice for Older People in Bishop Lavis

# Need for Innovation in Teaching and Learning

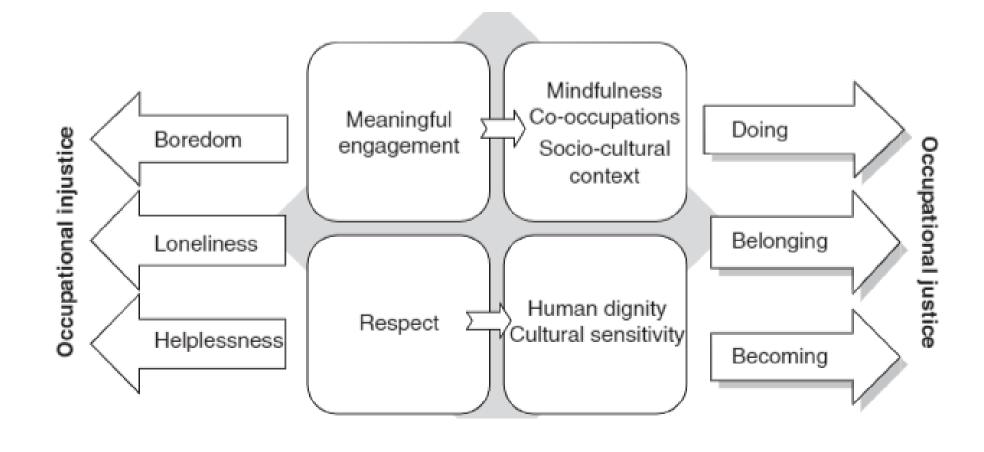


- Historical service delivery to older people with middle to high incomes
- Lack of critical pedagogical perspectives in Community Interaction
- Poor connection between occupational justice theory (B OT I and II) and practice (B OT III and IV)
- Lack published outcomes of SU Community Interaction Blocks



# Huis Alleyne Yeld





Why focus on social participation and occupational justice?

Du Toit, S. H. J., Böning, W., & Van Der Merwe, T. R. (2013). Dignity and respect: facilitating meaningful occupation for SeSotho elders. Scandinavian Journal of Occupational Therapy, 21(2), 125-135.

https://doi.org/10.3109/11038128.2013.861015





#### **OVERVIEW OF PROJECT**

- PHASE 1: Situational Analysis
- PHASE 2: Planning
- PHASE 3: Implementation
- PHASE 4: Evaluation
- SUPERVISOR: Professor Nicola Plastow

#### Year 1 - 2023



#### Prioritised Needs

Health Management

Conflict between tenants

Opportunities for physical exercise

Opportunities for social participation

## Planning and Preparation

Planned Wellness Wednesday

Planned Social Calendar

Social Engagement Committee

**Gathered Resources** 

## Implementation

- 3 Health Talks
- 9 Physical Exercise sessions
- 8 Social Activities (40 to 75% attendance)

#### Evaluation

60% Implemented lifestyle changes

Companionship and intimacy improved (WHOQOL-OLD)

Disability maintained (WHODAS 2.0)

Life space increased (LSA)





## **Prioritised Needs**

Exercise opportunities
Safety and security
Social participation
Health management

# Planning and Preparation

Recruited volunteer fitness instructor from BLRC

Planned & facilitated weekly social activities

Screening & referral to rehabilitation services

Advocacy to landlord

OT CAPE TIMES

# Hammer blow for old age home residents

Western Cape Division • Cape Town • Auctions

16 May 2024 OKUHLE HLATI okhule.hlati@inl.co.za

COMMUNICARE has forged ahead with its plans to auction a number of its properties, including the Huis Alleyne Retirement Home, citing financial sustainability.

This is despite some residents in Ruyterwacht and Bishop Lavis objecting to the decision and voicing their opposition through pickets.

"The auction went ahead as

planned. Communicare will now review the bids.

"We are aware of a picket that was held outside our offices today," said Makhosi Kubheka, Communicare rental property management general manager.

According to the auctioneers' website, Aucor Property, the auction was on Tuesday at the Houghton Golf Club, Johannes-

burg.

Huis Alleyne Retirement Home was advertised as having 69 units with shared bathrooms, erf size 2 991m<sup>2</sup> and zoning that allows for place of assembly, worship, hospital or clinic.

Kubheka has emphasised that the tenants had nothing to worry about in terms of evictions and assured that they will engage with the new owners to take over lease agreements and all of tions Communicare has with ants.

"Communicare reviewed it portfolio and identified prothat no longer align with it mandate of providing affor housing. It plans to renew modernise its portfolio of a able housing. As a result, so properties are being consid

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Communicare dispels interdict claims on Huis Alleyne Ye nouses

PUBLISHED ON 28 MAY 2024 BY CAITLIN MALEDO









20 LENTON DRIVE, BISHOP LAVIS

# RETIREMENT HOME – BISHOP LAVIS, CAPE TOWN





### **Prioritised Needs**

Exercise opportunities Safety and security Social participation Health management

# Planning and Preparation

Recruited volunteer fitness instructor from BLRC

Planned & facilitated weekly social activities

Screening & referral to rehabilitation services Advocacy to landlord

# Implementation

Wellness Wednesday: Weekly fitness and talks

Social Calendar: Weekly tablegames, Bingo, Theme Day, Ball & Athletics, Braai day

Rehabilitation @ Home

Safety and Security

## Evaluation

Number of Wellness Wednesday sessions

Number of Social Calendar sessions

Number of rehab sessions

Disability & Participation (WHODAS 2.0)

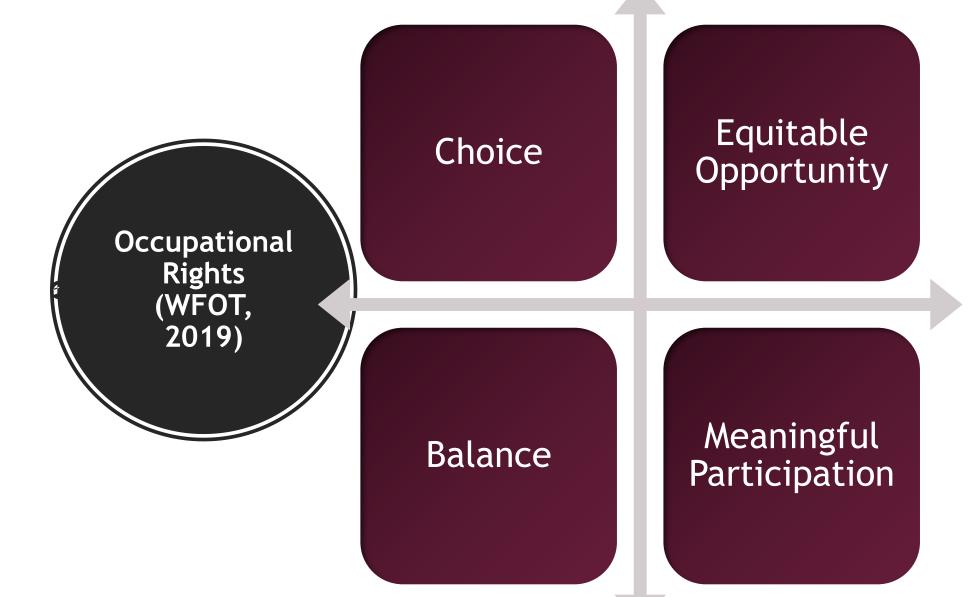
Life Space Assessment

Creative Participation Assessment



# Evaluating an Occupational Justice Pedagogy





# Principles for Occupational Justice Pedagogy



- 1. Work with a group of people who are at risk of occupational injustice
- 2. Enable equitable opportunities for participation
- 3. Facilitate meaningful participation that enables people to achieve their potential
- 4. Enable opportunities for autonomy and choice

