## **MONEY MESSAGES**

## "Shifting the way you think, feel and behave with money"

MONEY MESSAGES is a financial education and wellness provider available to you and your family. We bring you online courses, webinars and coaching circles to help you on your financial wellness journey. Our approach considers both the technical skills (IQ) required to make smart money decisions, helps you understand your emotional relationship (EQ) with money and uses tools to improve your spiritual connection to money (SQ0). All three play a role in improving financial wellness and attracting financial success.

## **ONLINE COURSES AVAILABLE**



Identify your own personal money goals, make sense of your employee benefits, manage your expenses and learn about the world of investing.



Avoid future money-related problems before you tie the knot. With our toolkit, you and your spouse can now get clarity on joint money decisions before your big day.



Equipping young adults, who are entering the workforce for the very first time, with the skills required to manage their money well and plan for their future goals.



Introducing teens to essential money rules required for adulthood. Help them create healthy money habits in our five-module course.



Guiding parents to have meaningful and empowering money conversations with their children.



Begin the journey of teaching your young child about the importance of earning and valuing money.



A quick solution empowering those facing retrenchment to get their financial house in order.



Help your domestic staff improve their financial outcomes with this easy-to-follow four-step process.



Discover if you have a wealth mindset. Learn the habits of the wealthy with our fun and practical exercises.

