

AnT Consulting

Anthony Hawthorn

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EMPLOYMENT HISTORY & KEY RESPONSIBILITIES

Jan 2015 – Present

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- Consult with companies on setting up sustainable wellness structures to promote staff development (These include Fresher's Meat and the Food Lovers Group, Peckpak GDK and Bowler Plastics)
- Consult with companies in time of crises. This has included organizational restructures and work place incidences that have result in the loss of life.
- Develop and facilitate materials for professionals who are required to work with trauma weather in there clinical practice or in the work space.
- Mentor HR managers to understand and work with Trauma and crises management in the work place.
- Design and implement training to develop emotional capacity and competency within the Fresher's Meat group
- Collaborated with Care Ways to develop training materials for the training of wellness ambassadors at Anglo American.
- Therapeutic services to individuals and couples
- Supervision and Mentoring of social workers in the DSD Victim Empowerment Program
- Mentoring new managers who have recently made the shift from operator to manager.
- HWSETA accredited facilitator, assessor
- Moderator candidate (awaiting final verification and statement of results)
- Direct therapeutic work with individual, couples and families.
- Continue to consult with FAMSA on strategic issues.
- Worked in the field of Trauma since 2003. Began with exploring the relationship between trauma and gender based violence, then progressed to critical incident debriefing and then group debriefing in the work space. Following an intense study of the link between trauma and the body my focus has shifted to a somatic based understanding and practice of trauma work with a particular intrust in the physiology of trauma.

Jan 2012 – August 2019

EWP and Training Manager at FAMSA

- Developed curriculum (for the department of social development) for the training and upskilling of house mothers in women's shelters.
- Developed material and trained professionals in working with couples
- Develop material and trained lay and professional counsellors in the dynamics of trauma and trauma management
- Trained and develop lay Counselors

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- Worked with individual, couple and family client systems
- Conduct trauma debriefings for corporate clients
- Organize and coordinate conferences
- Facilitate all of FAMSA's trainings
- Trained and developed new facilitators
- Manage a training team
- Develop and review training material
- Established the FAMtrac training brand and exponentially grew the profitability of FAMSA's training department
- Clinical Supervision
- Developed material and trained on professional ethics
- Co-ordinate IT infrastructure

Jan 2011 – Dec 2011

EWP Manager at FAMSA

- Onsite Trauma debriefing
- Train and develop lay Counselors
- Work with individual, couple and family client systems
- Manage and develop relationships with corporate clients
- Consult with companies on setting up internal employee wellness counselling structures through the use of peer counsellors

Jan 2010 – Dec 2011

Sessional Counsellor with FAMSA

- Offer counselling services to both individuals, couples and family systems
- Work with Victims of Domestic Violence
- Assess perpetrators of Domestic Violence

Dec 2007 – Present

Own and Manage a Solid Wood Flooring company

- International buying in both Thailand and China
- Responsible for all HR matters
- Responsible for all marketing
- Responsible for Setting up Budgets and managing expenses
- Responsible for co-ordinating all trade shows
- Set up and managed a sales team
- Set up and managed an installation department

Feb 2006 – Nov 2007

Student Relations Manager at Varsity College

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- Co-ordinated all community outreach
- Basic Student Counselling
- Responsible for setting up a referral network for student needs
- Development and facilitation of life orientation workshops
- Development and facilitation of carrier development workshops
- Functioned as a resource for lecturers around both task and process needs with students wellness.
- Development and co-ordination of awareness programmes

June. 2006 – Present

Volunteer Ecclesiastical leader for a congregation of 230 members

- Spiritual mentoring
- Responsible for all the leadership structures with the Meadowridge unit
- Accountable for the units financial records
- Counselling with all age groups around financial, emotional and spiritual concerns.

June. 2004 – June 2006

Volunteer youth leader for the Church of Jesus Christ of Latter day Saints

- Running a boys youth program with seventeen boys from a range of socio economic backgrounds ages twelve to eighteen.
- Formed part of a parental support system to aid families and single mothers in raising their boys
- Development of youth leadership
- Weekly early morning hikes in the surrounding Cape Town area
- Youth camps at least twice a year
- Two day hikes in the Groot Winterhoek range
- Youth development in public speaking and life skills
- Spiritual mentoring

Feb. 2003 – Dec 2005

Educational group Facilitator/ Trainer/ Designer University of Cape Town

- Facilitation of educational groups consisting of twelve to fourteen 1st year health science students through experiential learning.
- Student mentoring
- Part of an assessment team that evaluate the performance of 1st year health science students in a Professional Development course that runs over four semesters of the year.
- Trained a facilitator team of between 22/30 doctors in managing the group dynamics in outcomes based student learning.
- Formed part of a team to implement curriculum changes in semesters four and five of the MBCHB program at UCT medical school
- Assisted in the design of parts of the third semester MBCHB curriculum
- Part of an ongoing design team that is continually redesigning curriculum material within the first year health science curriculum

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Feb. 2002-2005

Counsellor/ trainer and research assistant, Family and Marriage Society of South Africa

- Worked with and empowered a group of HIV positive mothers to develop a home industry through bead making. This has evolved into a source of income generation which directly impacted upon the lives of several mothers living with HIV aids.
- Counsellor with men, women and children around all issues that impact upon the family.
- Experienced in risk assessment of men who abuse their partners.
- Initiated research into the evaluation of the impact of a FAMSA men's stopping violence group.
- Trauma de-briefer
- Facilitated training in trauma debriefing
- Conducted research in men's resistance to counselling
- Facilitated divorce groups

Dec. 2002 – March. 2003

Assistant Project Designer

- Worked with a team of designers in creating a training manual for First National Bank.

Feb.1999- Dec. 1999

Utah Spur

- Waitron

Feb. 1997- Jan 1999

Missionary for the Church of Jesus Christ of Latter-day Saints

- Served the local people of Kwa-Zulu Natal for a period of 24 months with no monetary remuneration.
- Twelve months of experience in working with diverse cultures within the Townships of Kwa-Zulu Natal. Including, Umlazi, Kwa Marshu, Madadani and the Valley of a Thousand Hills.
- Conducted community service within hospitals and local community projects
- Headed up and trained a team of between 6-8 missionaries for 12 months

April. 1996- Jan 1997

Dimension Data

- Was responsible for the office management
- Took responsibility for stock control and distribution

Feb. 1996- April 1996

Specon

- Managed a construction job with 15-20 staff both semi-skilled and unskilled.

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EDUCATION

2019	Completed SETA accredited Moderator training (awaiting verification and statement of results)
2016	Currently completing a seta accreditation in designing and developing seta accredited trainings
2013	Completed seta accreditation as a facilitator and assessor
2011	Completed a Master's in Business Leadership
2003	Honours degree in clinical social work (first class)
2003	Trained in Trauma Debriefing at FAMSA
2003	Trained in Domestic Violence counselling at FAMSA
2002	Bachelor of social science (with distinctions)
1995	Matriculated (with exemption)

SKILLS

- Marketing Theory and Strategy
- Project Management
- Conference Planning and coordination
- Clinical Supervision
- Fatherhood group facilitation
- Computer literate –skills in MS Office programs (Word, Excel and power point)
- Internet and email proficient.
- Spiritual mentoring
- Driving licence with no endorsements (code 08)
- Trauma Debriefing
- Crises Management
- Individual and couple counselling
- Public Speaking
- Training and Facilitation
- Curriculum Design
- Curriculum Evaluation
- Educational Assessment
- Basic Research Methodology
- Team work and management
- Group facilitator both educational and therapeutic
- Youth Leadership
- Student and youth mentoring
- SETA Facilitator and Assessor

RESEARCH

2003: Men and Counselling

2005: Profile of Male Perpetrators of Domestic Violence

2011: Ethics in Small to Median Sized Enterprises

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PERSONAL DETAILS

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References:

On request

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