# - Necesse Network

This comprehensive product provides quality cover through an extensive network of private hospitals and healthcare providers for medical expenses incurred in and out of hospital. With a special student rate, Necesse is also the ideal healthcare solution for full-time students.



#### Monthly contributions

Gross monthly income	Full-time students R0 - R600	R601 +
Principal member	A R597	R2 551
Dependant	A R597	R1 994
Child dependant <21 years	A R597	R1 108

The monthly contribution does not take any employer subsidy into account

# Day-to-day benefits

# GP services within the Necesse network

9 consultations per beneficiary per year

#### Specialist care

Subject to referral by a Necesse network GP, clinical protocols and pre-authorisation, which includes one follow-up consultation Member = R3 200 per year Member+ = R4 500 per year

#### A Medical appliances

- In and out of hospital 100% of the MT
- Wheelchairs R4 700 per family in a 3-year cycle
- CPAP apparatus R9 700 per beneficiary per 24-month cycle

#### Medicine

- Acute medicine and PMB chronic medicine Necesse GP network, pharmacy network and formularies apply
- Self-medication obtained from a network pharmacy – 100% of the MMAP (R100 per event or R290 per beneficiary per year)

#### Conservative dental benefits

Subject to DRC managed care protocols and services rendered by a DRC network dentist

## Optometry

PPN network and benefits per beneficiary per 24-month cycle apply

- 1 composite examination
- Spectacles or contact lenses
- Spectacles: R550 for a frame/lens enhancements and 1 pair of standard clear Aquity lenses
- R730 for contact lenses

#### Standard radiology and pathology 100% of the MT

- List of item codes and protocols apply
- DSP for pathology is Lancet or PathCare

# Physiotherapy and occupational therapy

On request of a Necesse network GP Member = R2 050 per year Member+ = R3 200 per year

#### Important:

This is only a summary of the available benefits. Please consult the registered Medihelp Rules for more information and details of services that are excluded from benefits. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes).

Benefits may be subject to pre-authorisation and protocols relating to specific item codes, age and gender. Benefits are paid at 100% of the MT. The Necesse network GP must be the starting point for all services and must refer Necesse patients for radiology, pathology and treatment by specialists.



# Added insured benefits

### Women's health

- A pap smear
- A mammogram for women 40 years and older
- Women over 50 years have access to one bone mineral density test

#### **Enhanced maternity** benefits

- Pregnancy and baby programme
- 2 consultations per beneficiary at a gynaecologist, if referred by a Necesse network GP and preauthorised
- Two 2D ultrasound scans per beneficiary

### Supporting wellness

- Back treatment at a Document Based Care facility
- Chronic Care programme

#### **HealthPrint**

Medihelp members get free access to this online health and wellness programme designed to add value based on their health profile through programmes such as a pregnancy and baby programme and discounts at selected partners.

# Men's health

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• A prostate test (PSA level) for men 40 years and older

#### Routine screening and immunisation benefits

- One blood glucose and one cholesterol test
- HIV testing, counselling and support by a Necesse network GP
- A tetanus vaccine
- A flu vaccination by a Necesse network GP or at a network pharmacy (payable from over-thecounter medicine benefit)

Core benefits

#### Chronic illness/PMB

100% of the cost for 270 PMB and 26 chronic conditions (DSPs, formularies, networks, protocols and pre-authorisation apply)

#### **Emergency transport**

Netcare 911 Transport by road or air within South Africa 100% of the MT – unlimited

#### Emergency unit services and nonnetwork consultations

80% of the MT

• Member = R1 100 | Member+ = R2 250

Outpatient emergency unit services, non- network doctors' visits, medicine and services rendered by a non-network medical doctor and radiology requested by a non-network medical doctor

• Pathology at Lancet and PathCare apply

### Hospitalisation

100% of the MT – unlimited 131 quality private network hospitals

## Confinement (childbirth)

PMB - 100% of the MT Non-PMB – R26 300 per confinement for an elective caesarean section Home delivery – R13 000 per event

#### **Physiotherapy and occupational** therapy

In hospital – R9 850 per family per year Physiotherapy on request of the attending medical doctor

### Specialised radiology

In and out of hospital Services requested by a specialist on referral by a network GP

• MRI and CT imaging (subject to pre-authorisation) and angiography

100% of the MT – R16 500 per family per year

#### Standard radiology, pathology and medical technologist services

In hospital – 100% of the MT R30 500 per family per year

#### Internally implanted prostheses benefits

- PMB only 100% of the cost R23 000 per beneficiary per year
- EVARS prosthesis
- Vascular/cardiac prosthesis
- · Health-essential functional prosthesis

#### Ð Oncology

PMB only - 100% of the MT

#### F Organ transplants

PMB 100% of the cost Cornea implants - R28 800 per implant per year

#### Sub-acute care and private nursing services

As an alternative to hospitalisation – R22 300 per family per year

#### Clinical technologist services **NH**U

In hospital – R22 300 per family per year

AOL-Overall annual limit | CDL-Chronic Diseases List | CPAP-Continuous positive airway pressure | CT-Computerised tomography | DRC-Dental Risk Company | DSP-Designated service provider | EMS-Emergency medical services | EVARS-Endovascular aortic replacement surgery | GP-General practitioner | MMAP-Maximum Medical Aid Price | MRI-Magnetic resonance imaging | MT-Medihelp tariff paid by Medihelp for benefits which can include a contracted tariff or the single exit price PMB-Prescribed minimum benefits | PPN-Preferred Provider Negotiators

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Medihelp is an authorised financial services provider (FSP No 15738)

# 100% of the MT