

OCSACARE 2018 – GOLD option

Benefits	
GP visits	Unlimited at a network GP – authorization required after the 10th visit; No cover for out-of-network visits
GP in room procedures	Minor medical procedures performed as part of a network GP consult in rooms
Hello Doctor	Access to telephonic consultations with a registered GP and online/mobile health information
Specialist visits	2 visits per member/family per year at any specialist Covered at the Momentum Rate** R100 co-payment applicable Maximum of R900 per visit and up to R1 500 per member/family per year Subject to referral by a network GP and pre- authorization; Waiting periods may apply
Acute medication	Unlimited when provided in accordance with network prescribed formularies
Chronic medication	26 chronic conditions covered: Addison's disease, Asthma, Bipolar mood disorder, Bronchiectasis, Cardiac dysrhythmias, Cardiac failure, Cardiomyopathy, Chronic obstructive pulmonary disease, Chronic renal disease, Coronary artery disease, Crohn's disease, Diabetes insipidus, Diabetes mellitus type 1, Diabetes mellitus type 2, Epilepsy, Glaucoma, Haemophilia, Hyperlipidaemia, Hypertension, Hypothyroidism, Multiple sclerosis, Parkinson's disease, Rheumatoid arthritis, Schizophrenia, Systemic lupus erythematosus and Ulcerative colitis Unlimited when provided in accordance with network prescribed formularies Waiting periods may apply
Basic pathology	Unlimited when linked to a GP visit and referred by a network GP, according to protocols
Basic radiology	Unlimited cover for black and white x-rays, when linked to a GP visit and referred by a network GP, according to protocols
Basic and emergency dentistry	Covered at any dentist on the dental network Basic dentistry such as fillings, extractions, infection control, cleaning and polishing of teeth Provided in accordance with network protocols Waiting periods may apply
Basic optometry	Covered at any optometrist on the optical network – available every two years 1 eye test and 1 pair of clear standard single vision lenses or 1 pair of bifocal lenses, with a standard frame Waiting periods may apply
Maternity benefit	1 first trimester growth scan per pregnancy
Flu vaccination	1 flu vaccination per member per year at a Dis-Chem, Clicks, MediRite or Pick n Pay pharmacy clinic
Health assessment	1 health assessment (blood pressure test, cholesterol and blood sugar finger prick tests and body mass index screening) per member per year at a Dis-Chem, Clicks, MediRite or Pick n Pay pharmacy clinic
HIV benefit	HIV ELISA screening blood test Anti-retroviral medication and HIV treatment from a State facility with a network GP referral

** Momentum Rate: Every year Momentum negotiates with specialists to determine the amount we will pay per treatment. These amounts are called the Momentum Rate

Contributions

R286 per employee (incl VAT)