Dr Qulu is a Neuroscientist and a Senior lecturer in the Discipline of Human Physiology, under the Faculty of Medicine and Health Sciences at the University of Stellenbosch. Her research focuses on sexual violence in understanding the behavioural and neuronal changes of both victim and sexual offender and understanding other factors that affect sexual offence. Her prior research focused on febrile seizures and understanding the effects of early life stress and the impact it may have on later life of the offspring.

She is further a DRILL (Developing Research Innovation, Localisation and Leadership in `South Africa) fellow. This program is an NIH (USA) funded program and aims at grooming future academic leaders. Dr Qulu is also a SONA (Society of Neuroscience in Africa) representative for the `African Southern Hemisphere. She is also the deputy Chair of Southern African Neuroscience Society (SANS). Dr Qulu is passionate about social engagement outside her academic life, she works is a former board member of iThembaLethu HiV orphanage and a current board member of IkusasaElihle career guidance NGO. She has travelled parts of the world attending conferences and spent time in Canada at the John Hopkins institutions in Calgary where she conducted part of her PhD work and Germany where she came back with her sexual violence research.