

PUBLICATIONS

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Book chapters:

1. Zouhal H, Salhi A, Laher I, Essop MF and Abderrahman AB. Health benefits of exercise and fasting. In: Laher I (ed). *Handbook of healthcare in the Arab World*. Springer, Cham, 2021.
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3. Essop MF and Adendorff H. Invited chapter: Understanding active teaching methods in undergraduate science classes using Autonomy. In: Blackie, Adendorff & Mouton (eds). *Tools to enhance Science Education – Exploring the knowledge practices* (Series: *Legitimation Code Theory: Knowledge-Building in Research and Practice*) (Routledge Publications) – in press.

Teaching and learning:

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