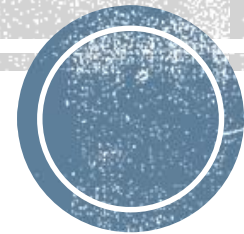


# Our Division's “EU project” 2-years completed, what's next?

Journal Club Discussion - 2 March 2016

Zelra Malan & Klaus von Pressentin



Strengthening primary health care through  
primary care doctors and family physicians



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# Structuring our reflection

1 March 2014

2 March 2016

31 August 2016  
and beyond



# Project objectives

- To strengthen primary health care through capacity building of primary care doctors and family physicians:
  - I. To build the capacity of primary care doctors and family physicians to function in support of community-based primary care teams and to improve the quality of PHC services
  - II. To build the capacity of family physicians to offer effective leadership and clinical governance to PHC facilities
  - III. To evaluate the contribution of family physicians to strengthening district health services



Primary  
care  
doctors



Family  
physicians



Research  
on FP  
impact



Strengthening primary health care through  
primary care doctors and family physicians



# Stage of development and outcomes

	Objective	Activity	
1	Capacity Building : Primary Care Doctors	Postgraduate Diploma in Family Medicine	Primary care doctors
2	Capacity Building : Family Physicians	<ul style="list-style-type: none"> <li>• Leadership and Governance Module</li> <li>• Trainer of Clinical Trainers</li> <li>• Examiners</li> </ul>	Family physicians
3	Research	Impact of Family Physicians	Research on FP impact
4	Visibility activities		
5	Articles		



# 1. Diploma

Implemented in 2016

Primary  
care  
doctors

Institution	Candidates
Stellenbosch University	19
University of Cape Town	5
University of KwaZulu-Natal	8
University of Pretoria	-
Foundation for Professional Development	-



Strengthening primary health care through  
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## 2. Activities aimed at:

Family  
physicians

- a. Training of clinical trainers (FPs training registrars)
- b. Training of examiners (FPs involved with assessment: national exit exam)
- c. Implementing a new module on clinical leadership & governance in all MMed programmes



# Clinical trainers

Numbers of clinical trainers trained during 2014 and 2015 (THET/SAAFP: 2016 )

Family  
physicians

Institution	Attendees
SU	10
UFS	6
UKZN	6
UP	6
Wits	6
WSU	6
UCT	5
ULimpopo	4
SMU	3
TOTAL	52

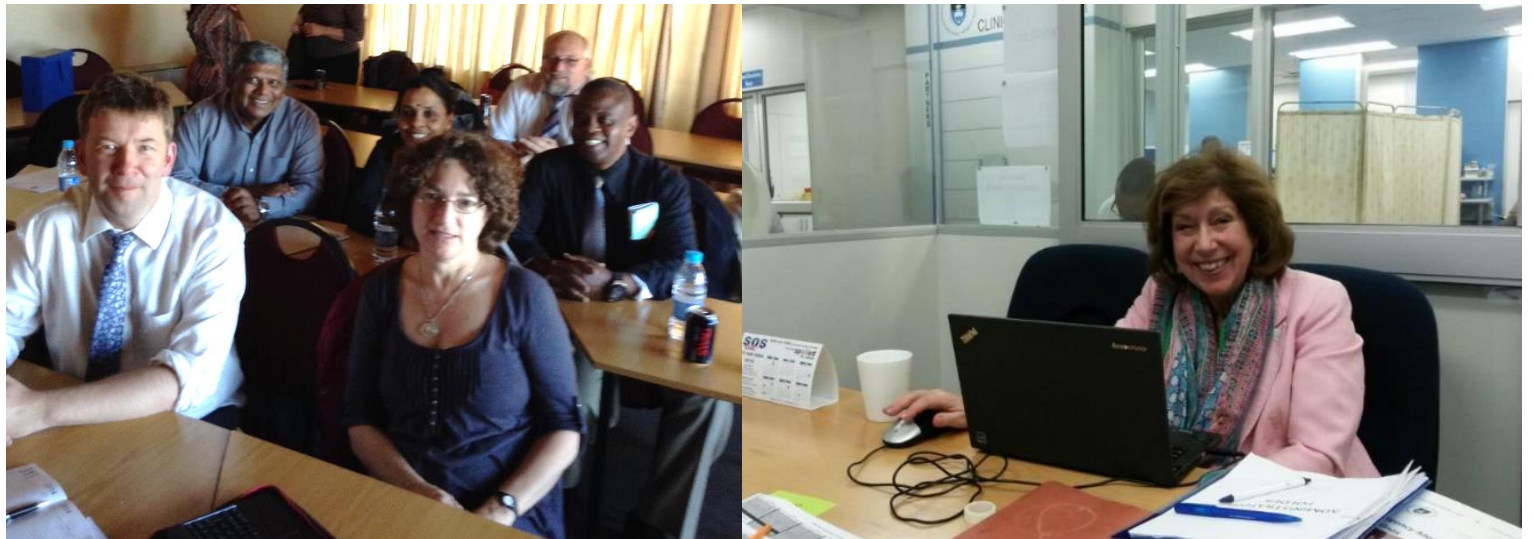


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# Examiners

- Three 1-day courses at FCFP(SA) examinations:
  - 2014: OSCE station writing, MCQ item writing
  - 2015: Exam standard setting, and mini CEX
- Presented by RCGP assessment experts.

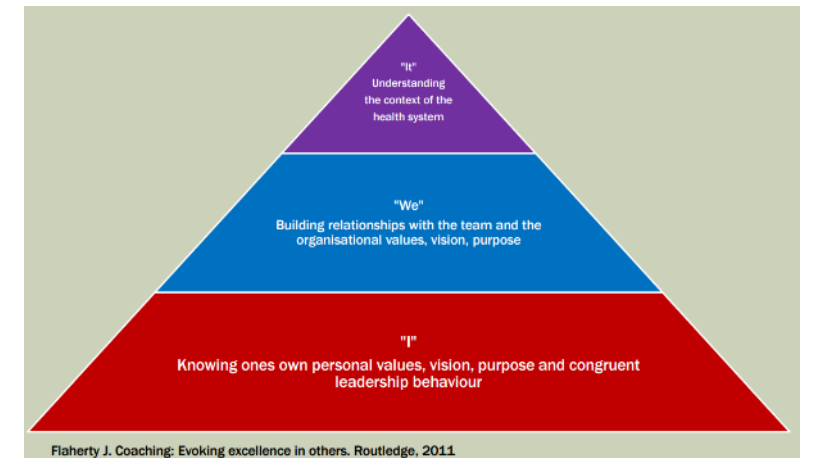




# Leadership & Governance

Family  
physicians

- A national process was held to reach consensus on what training is required for family physicians in L&G.
- Two-day national workshop held in April 2015 to reach consensus on new learning outcomes.
  - 28 participants from Universities, CFP(SA), WCGH
- Outcome:
  - A new set of learning outcomes for the training of family physicians
  - Revised L&G module



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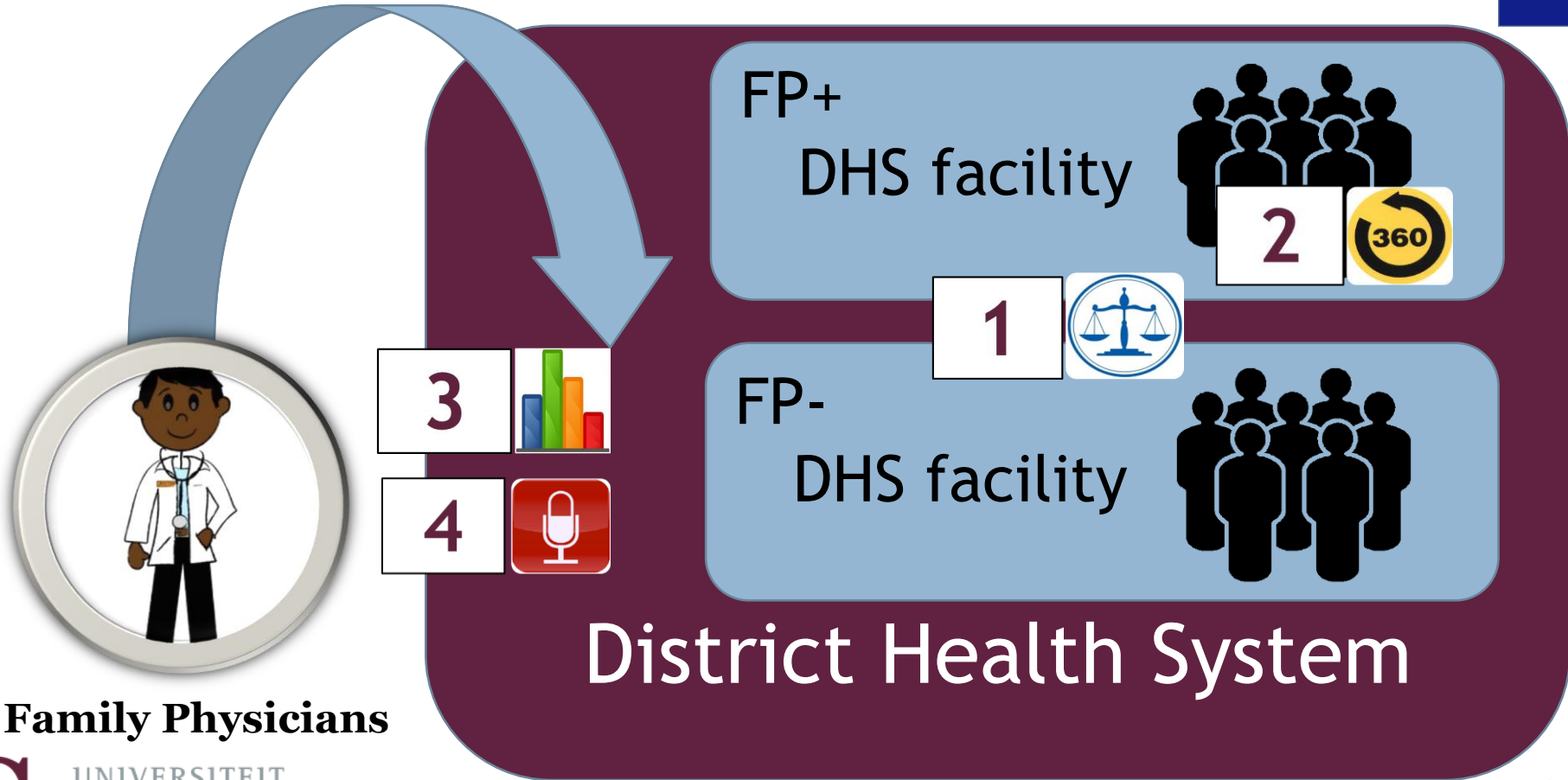
# 3. Research: 4 lenses



Research on FP impact

Evaluating the impact of family physicians within the district health system of South Africa

7 provinces



Family Physicians



Strengthening primary health care through primary care doctors and family physicians



# Updated Timeframe: Gantt chart



	2014									2015												2016							
	April	May	June	July	August	September	October	November	December	January	February	March	April	May	June	July	August	September	October	November	December	January	February	March	April	May	June	July	August
<b>1: Quasi-experimental study</b>	Preparation									Collection									Analysis & Reporting										
<b>2: Family physician impact tool</b>	Preparation						Collection												Analysis & Reporting										
<b>3: DHIS analysis</b>	Preparation															Collection	Analysis & Reporting												
<b>4: District manager interviews</b>	Preparation									Collection									Analysis & Reporting										

# Approvals

HREC / IRB

SU

KZN

UFS

Wits

SMU

UP

PHRC province

WC

KZN

FS

NC

GP

NW

MP

Johannesburg DRC

Tshwane RC

## Data collected to date

1: Facilities

60

2: FPs

Around 60/100

3: DHB data

2 data sets

4: District managers

Around 26/31

## Fieldwork teams trained

Research Assistants

Researcher/  
Academic FP

SU

5

1

UP

2

1

Wits

2

1

SMU

2

1

UKZN

2

1

UFS

2

1



# Fieldwork teams

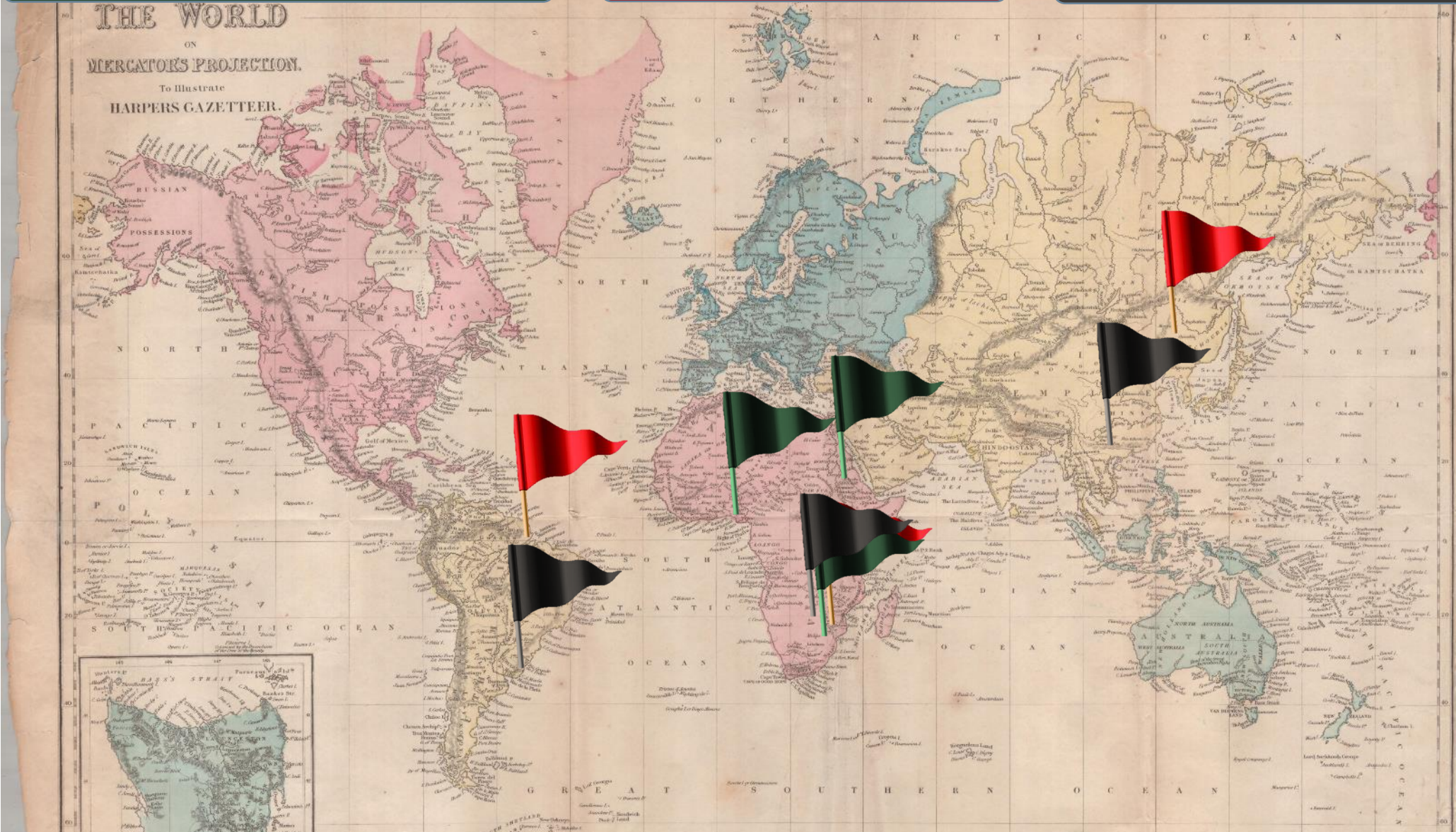


# 4. Visibility activities

Primafamed conferences

TUFH conferences

Other conferences



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# 5. Articles

- i. Malan Z, Cooke R, Mash R. The self-reported learning needs of primary care doctors in South Africa: a descriptive survey. *South African Family Practice*. 2015 Jan 2;57(1):35-43.
- ii. Mash R, Malan Z, von Pressentin K, Blitz J. Strengthening primary health care through primary care doctors: the design of a new national Postgraduate Diploma in Family Medicine. *South African Family Practice*. 2015 Sep 10:1-5.
- iii. Mash R, Blitz J, Malan Z, Von Pressentin K. Leadership and governance: learning outcomes and competencies required of the family physician in the district health system. *South African Family Practice*. 2016. Available online at: <http://www.tandfonline.com/doi/full/10.1080/20786190.2016.1148338>
- iv. Mash R, Almeida M, Wong WC, Kumar R, von Pressentin KB. The roles and training of primary care doctors: China, India, Brazil and South Africa. *Human resources for health*. 2015 Dec 1;13(1):1-9.
- v. Research articles: 2016  
Strengthening primary health care through primary care doctors and family physicians





# Longer term societal outcomes

Activity	Expected outcome
Postgraduate Diploma in Family Medicine	<ul style="list-style-type: none"><li>• Family Medicine Medical Officers (public sector), GPs (NHI)</li><li>• Implementation at UFS, WITS</li><li>• Implementation in India</li></ul>
Leadership and Governance Module	<ul style="list-style-type: none"><li>• Implementation at all institutions that offer family medicine training</li></ul>
Trainer of Clinical Trainers	<ul style="list-style-type: none"><li>• Training organised under the banner of the SAAFP</li><li>• Ongoing reinforcement and accreditation of ability in clinical training will enable learning to be sustained and improved on in the workplace.(THET Project)</li></ul>
Examiners and exams	<ul style="list-style-type: none"><li>• The training workshops for examiners will improve their ability to write questions, organise the exam and deliver the examination at an international standard.</li><li>• College of Family Physicians Council will take note or and implement the recommendations of the RCGP in order to improve the standard of the examination.</li></ul>
Research on impact of family physicians within DHS in SA	<ul style="list-style-type: none"><li>• Provide basis for the ongoing discourse around training and deployment of family physicians in South Africa (4 articles, dissemination &amp; communication of findings)</li></ul>



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Strengthening primary health care through primary care doctors and family physicians

# Our Division's “EU project” Q&A

Primary  
care  
doctors

Family  
physicians

Research  
on FP  
impact

- How will we know if there are long-term influences?
- What must be done or put in place to ensure maximum benefit?
- Division vs. Faculty/SU vs. FM community at national/regional/international levels



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New Registrar section in  
SAFPJ: a SAAFP initiative



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# Thank you!



19th National Family Practitioners Congress:  
Cape Town, 12 - 14 August 2016  
Website: <http://saafp.org/conferences/index.php/ANFPC/SAAFP19>  
Twitter conference hashtag: #SANFPC16



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