

## IMPORTANT: WEAR A PROPER FACE MASK, KEEP 1.5M SOCIAL DISTANCE

### Protocol for Reporting a Covid Positive Case, Steps to follow, Isolation, Quarantine

This protocol *applies to*:

- *all students attending face-to-face learning events on campus.*
  - *all lecturers that engage with students in face-to-face events on campus, including one-on-one meetings.*
  - *all other staff, including student assistants who engage with students in face-to-face events on campus.*
1. Always do a HealthCheck before leaving for campus from your place of residence: [www.healthcheck.higherhealth.ac.za](http://www.healthcheck.higherhealth.ac.za). Only come to campus when you receive a Green Clearance.
  2. When a student or staff member experiences Covid like symptoms or receives notification that he/she had been in close contact with someone who has a confirmed Covid-19 positive result or suspected to have (person under investigation) (See descriptions below), he/she should immediately isolate at their place of residence. A student in one of the University's residences should immediately inform their Resident Head.
  3. The student or staff member should immediately report the case to Campus Health Service (Tel no during office hours 08h00 – 17h00: 021 808 3494/3494 or After hours: 076 431 0305) for a telephonic consultation to determine if they need to submit to a Covid-19 test at an approved testing facility.
  4. While they are waiting for the outcome of the test they should ***self-isolate***.
  5. ***If the result is positive then the student or staff member should immediately:***
    - a. Inform Campus Health Service ***AND***
    - b. In the case of a staff member inform their line manager.
    - c. All students should inform the Chair of the academic department responsible for the academic programme they are enrolled in.
    - d. All students in a University residence should also inform their Residence Head.
  6. ***Campus Health Service will initiate a contact tracing operation***
  7. Students and staff who are identified to have been in ***close contact*** should ***self-isolate and contact CHS for advice and further management (tests, & classes)***.
  8. Students and staff awaiting results may only de-isolate after a negative test result, and if asymptomatic (no symptoms).

#### Descriptions

<b>Isolation</b>	A period during which someone <b>who is suspected or confirmed</b> to have COVID-19 is separated from people who are healthy. The period stops if they test negative or, if they test positive, they remain in isolation until they are well. The isolation period is usually 10 days, starting from the first day of symptoms. In the case of an asymptomatic individual, this 10 day period starts from the day that the Covid-19 test is done. You are only allowed to de-isolate if you are clinically well. Isolation can be involuntary if demanded by the State.
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<b>Quarantine (Self-isolation)</b>	<p>A period during which someone who <b>has been exposed to someone who is confirmed to have COVID-19</b> (<i>or deemed infected</i>) is separated from healthy people and observed for development of symptoms of COVID-19. This is usually for a period of 10 days in the case of COVID-19, and can be involuntary if demanded by the State</p>
<b>Person Under Investigation</b>	<ul style="list-style-type: none"> <li>• A hospitalized patient with severe acute respiratory illness (fever, and at least ONE symptom of respiratory disease)</li> <li>• A person with acute respiratory illness and the sudden onset of at least ONE of the following symptoms: cough, sore throat, shortness of breath, fever)</li> </ul>
<b>Close Contact</b>	<ul style="list-style-type: none"> <li>• Face-to-face contact within 1 metre</li> <li>• In a closed space for more than 15 minutes with a person with Covid-19</li> <li>• Provided direct care for a person with COVID-19 in a healthcare setting without using the proper personal protective equipment</li> <li>• Sat within two seats (1 metre) in any direction of a person with COVID-19 case in any kind of vehicle including buses, minibus taxis, aircraft, etc.</li> </ul>