



UNIVERSITEIT
iYUNIVESITHI
STELLENBOSCH
UNIVERSITY

100
1918 · 2018

forward together · saam vorentoe · masiye pbambili

Sentrum vir Studentevoorligting en -ontwikkeling (SSVO)

Afdeling Studentesake

Universiteit Stellenbosch

“Vennote vir sukses”



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Centre for Student Counselling and Development (CSCD)

Division Student Affairs

Stellenbosch University

“Partners for success”

Visie

Ons streef na 'n toeganklike, inklusiewe en kliëntgesentreerde Sentrum, met ons waardes gebaseer op medemenslikheid; ons streef om burgerskap te bevorder deur die fasilitering van welwees, persoonlike verantwoordbaarheid en volhoubare gelykheid.

Missie

Om sielkundige, ontwikkelings- en ondersteuningsdienste aan die Universiteitsgemeenskap te lewer, met die klem op kritiese betrokkenheid, voorspraak, persoonlike groei en gegradeerdheid.

Kernwaardes

Empatie / Gedeelde aanspreeklikheid / Innovasie / Uitnemendheid / Leierskap in diens van ander

Vision

We strive for our Centre to be approachable, inclusive and client-centred, with our values based on shared humanity; we aim to promote citizenship by facilitating wellness, personal agency and sustainable equity.

Mission

To provide the University community with psychological, developmental and support services, with the focus on critical engagement, advocacy, personal growth and gradueness.

Core values

Empathy / Shared accountability / Innovation / Excellence / Leadership in the service of others



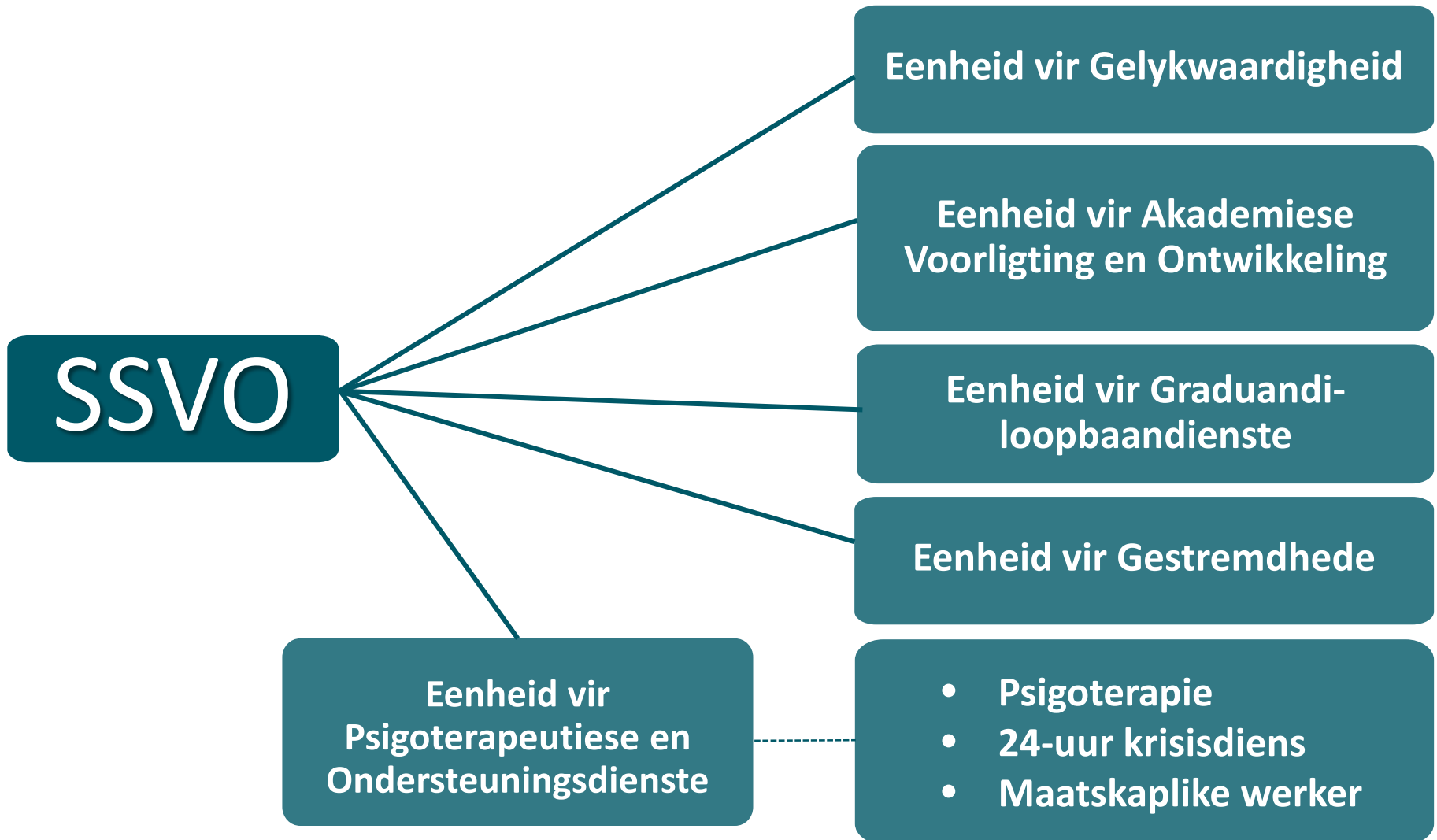
Ons Direkteur / Our Director:
Dr Munita Dunn-Coetzee

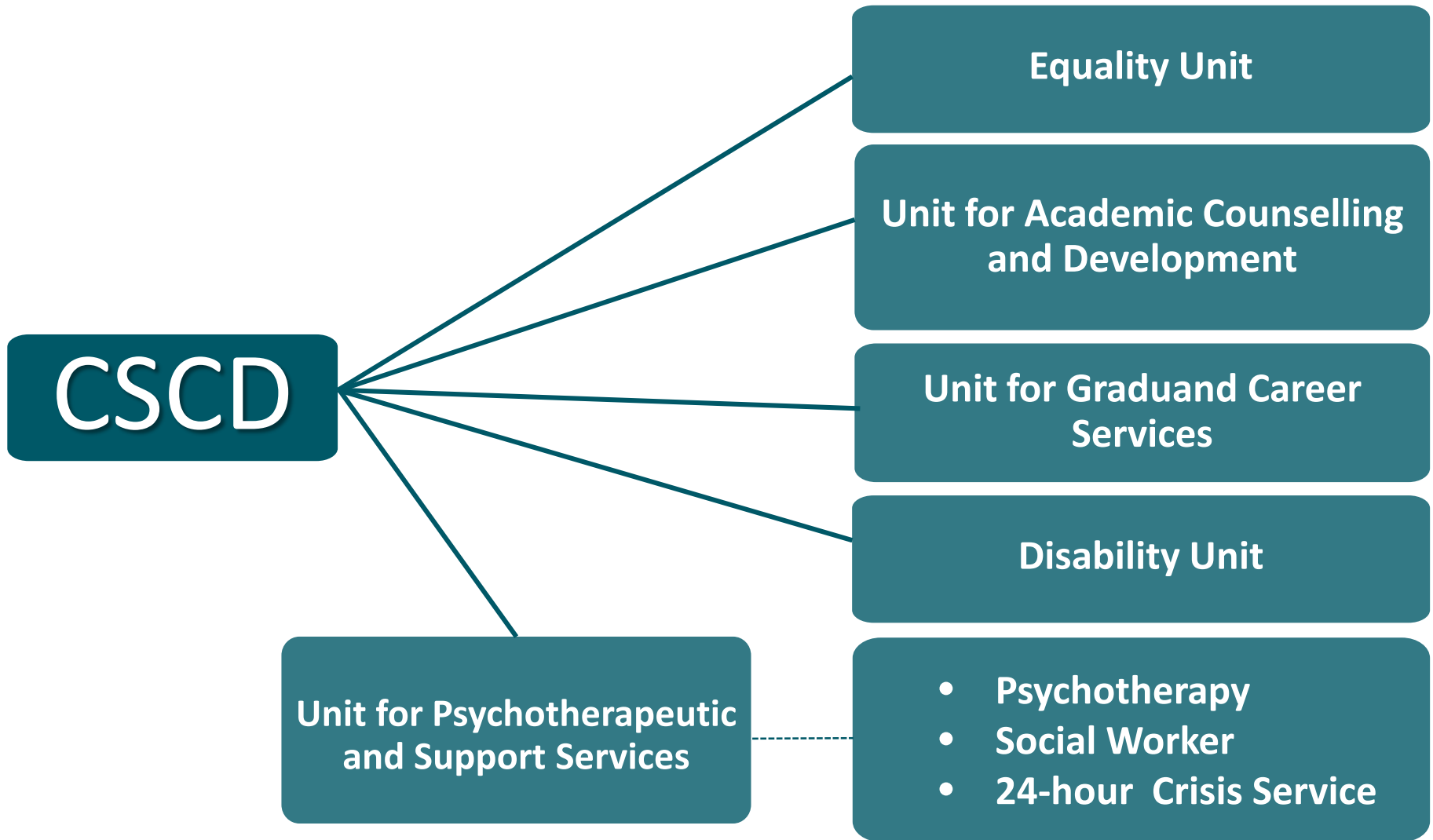


Direkteur se administratiewe ondersteuningspan /
Director's administrative support team



Bestuurskomitee / Management committee





SSVO: Eenheid vir Gelykwaardigheid

Die Eenheid vir Gelykwaardigheid het ten doel om die kollektiewe benadering teenoor sosiale regverdigheid en die diskoers oor sosiale ongelykwaardigheid by SU te bevorder.

Ons hoofdoel is:

- koördinerings, opleiding en bewusmaking re seksualiteit, gender, MIV/Vigs en anti-diskriminasie op kampus
- koördinerings en implementering van US se beleide oor Onbillike Diskriminasie, Seksuele Teistering en MIV/Vigs;
- bied 'n gesentraliseerde eenstopdiens vir die bestuur van insidente van onbillike diskriminasie en verskeie vorme van teistering; en
- voorsien omvattende MIV- en LGBTQI-dienste.



SSVO: Eenheid vir Gelykwaardigheid (vervolg)

Die Eenheid bied 'n instap aanmeldingsdiens by **Huis Simon Nkoli House (Victoriastraat 39)**, aanmeldings en navrae kan ook gerig word aan die volgende e-pos adresse:

- unfair@sun.ac.za vir die aanmelding van gevalle van diskriminasie, teistering, seksuele teistering en viktimisering of
- matiesurpass@sun.ac.za vir enige navrae of opleiding/bewusmakingsversoeke

Telefoon: 021 808 3136

Volg ons asb op
Facebook en Twitter
[@MatieSURpass](https://www.facebook.com/MatieSURpass)



CSCD: Equality Unit

The Equality Unit promotes collective action towards social justice and discourse regarding social asymmetries at SU.

Our main roles are to:

- coordinate, educate and raise awareness around sexualities, gender, HIV/Aids, and anti-discrimination
- oversee the implementation of SU's policies on Unfair Discrimination, Sexual Harassment and HIV/Aids;
- serve as the centralised one-stop service for students and staff managing complaints of unfair discrimination and various forms of harassment; and
- provide comprehensive HIV and LGBTQI services.



CSCD: Equality Unit (cont.)

The Unit offers a walk-in service at **Huis Simon Nkoli House (39 Victoria Street,)** alternatively we can be contacted through the following e-mail addresses:

- unfair@sun.ac.za for reporting cases of discrimination, harassment, sexual harassment and victimisation or
- matiesurpass@sun.ac.za for any general enquiries or training/awareness requests

Phone: 021 808 3136

Please follow us on
Facebook & Twitter
[@MatieSURpass](https://www.facebook.com/MatieSURpass).



- Ons bied ondersteuning aan studente vir studiemetodes, keuse van studierigting, toets- en eksamenstres, tydsbestuur en die bereiking van hul potensiaal deur:
 - Individuele konsultasies
 - Werksessies
 - Selfhelpmateriaal
- Besoek ons by Victoriastraat 37 of kontak ons by 021 808 4707, www.sun.ac.za/ssvo



CSCD: Unit for Academic Counselling and Development

- We provide students with support for study methods, choice of study, test and exam stress, time management and the achievement of their potential via:
 - Individual consultations
 - Work sessions
 - Self-help material
- Visit us at 37 Victoria Street, or contact us on 021 808 4707, www.sun.ac.za/cscd



SSVO: Eenheid vir Graduandi-loopbaandienste

- Organiseer jaarlikse Algemene, Rekeningkunde- en Ingenieurs- Loopbaan-uitstallings.
- Bied werksessies aan oor CV-skryf, Dekbrief en onderhoudvoering.
- publiseer die Werwingsprogram-boekie.



SSVO: Eenheid vir Graduandi-loopbaandienste (vervolg)

- Bestuur die loopbaanportaal Maties Careers (<http://jobs.mymaties.com>).
- Bied individuele gespreksessies oor jou loopbaan.
- Beskik oor 'n Bronnesentrum waar jy kan oplees oor maatskappye, loopbane, kursusse en werksoekmetodes.
- Besoek ons by Victoriastraat 43 of kontak ons by 021 808 3568, loopbanekantoor@sun.ac.za.



Loopbaanuitstallings 2017

CSCD: Unit for Graduan Career Services

- Organise annual General, Accounting and Engineering Careers Exhibitions.
- Offer work sessions regarding CV-writing, Cover Letter and interviewing.
- Responsible for publishing of the Recruitment program booklet.



CSCD: Unit for Graduated Career Services (cont.)

- Responsible for the management of the career portal *Maties Careers* (<http://jobs.mymaties.com>).
- Provide individual discussion sessions about your career.
- Has a Resource Centre where you can read about companies, careers, training and job search methods.
- Visit us at 43 Victoria Street, or contact us at 021 808 3568, loopbanekantoor@sun.ac.za.



Career Fairs 2017

- **Ons fokus op dit wat moontlik is.**
- Ons kan help met die volgende:
 - Teksomskakeling van leesmateriaal.
 - Akademiese konsessies soos ekstra skryftyd en die gebruik van 'n rekenaar tydens toetse en eksamens.
 - Skakel met die Sentrum vir Studentegemeenskappe oor koshuisplasing vir studente met gestremdhede.
 - Skakel met Fakulteite oor studente met gestremdhede se leerbehoefte.



SSVO: Eenheid vir Gestremdhede (vervolg)

- Kontakbesonderhede:
 - Sentrum vir Studentevoorligting en ontwikkeling (SSVO)
Telefoon: 021 808 4707
Faks: 021 808 4706
E-pos: cleophas@sun.ac.za, braille@sun.ac.za, disability@sun.ac.za,
www.sun.ac.za/ssvo



Loslitdag 2017

- **We focus on what is possible.**
- We can help with the following:
 - Text conversion of reading material.
 - Academic concessions like extra writing time and the use of a computer during tests and exams.
 - Liaise with the Centre for Student Communities regarding residence placement for students with disabilities
 - Liaise with Faculties of students with disabilities' learning needs.



CSCD: Disability Unit (cont.)

- Contact Details:
 - Centre for Student Counseling and Development (CSCD)
Phone: 021 808 4707
Fax: 021 808 4706
E-mail: cleophas@sun.ac.za, braille@sun.ac.za, disability@sun.ac.za ,
www.sun.ac.za/CSCD



Casual Day 2017

- Ons bied ondersteuning vir depressie, angs, middelmisbruik, eetsteurnisse, aanpassings en verhoudingsprobleme sowel as erge trauma deur:
 - Individuele terapie-sessies
 - Groepintervensies
- Maatskaplike dienste beskikbaar.
- Dienste is **gratis** en **vertroulik**.
- **Stellenbosch**-studente skakel ons tydens kantoorure by **021 808 4994** of meld aan by **Victoriastraat 49, Stellenbosch. E-pos: terapie@sun.ac.za**.
- **Tygerberg**-studente skakel ons tydens kantoorure by **021 938 9590** of meld aan by **Tygerberg Studentesentrum, 3de vloer, Kamer 3035**
www.sun.ac.za/ssvo.
- Ons is **24 uur beskikbaar** om ernstige krisisgevalle te hanteer.
- In geval van ernstige krisis skakel **24-uur-Krisisdiens 010 205 3032**.



MATIES

HULP NODIG?

ER24: 010 205 3032

(nou in samewerking met die SSVO & KGD)
OF KONTAK DIE SSVO SE 24 UUR KRISISDIENS:

082 557 0880

VICTORIASTRAAT 49, STELLENBOSCH



Student/pasiënt is verantwoordelik vir ambulans-rekening.
Indien ER24 nie kan reageer nie, word 'n diensverskaffer gestuur.
Telefoonkoste na die trauma- of noodlyn is vir student se rekening.
Voordele-opsomming ingevolge kontrak.



CSCD: Unit for Psychotherapeutic and Support Services

- We provide support for depression, anxiety, substance abuse, eating disorders, adjustment and relationship problems as well as severe trauma via:
 - Individual therapy sessions
 - Group interventions
- Social Work-services available.
- Services are **confidential** and **free of charge**.
- **Stellenbosch**-students can contact us during office hours at **021 808 4994** or report at **49 Victoria Street, Stellenbosch. E-mail: terapie@sun.ac.za.**
- **Tygerberg**-students can contact us during office hours at **021 938 9590** or report at **Tygerberg Student Centre, 3rd floor, Room 3035 www.sun.ac.za/ssvo.**
- We are available 24 hours to deal with serious crisis cases.
- In case of serious crisis or emergency, call 24-hour crisis line **010 205 3032**.



MATIES

NEED HELP?

ER24: 010 205 3032

(now in collaboration with CSCD & CHS)
OR CONTACT THE CSCD 24 HOUR CRISIS SERVICE:

082 557 0880

49 VICTORIA STREET, STELLENBOSCH



Student/Patient will be liable for ambulance bill.

Where ER24 cannot respond we will send a Service provider.

Cost of phone call to the trauma line/ emergency line is for the students own account.

Benefit summary as per the contract.



Sentrale Ontvangs / Central Reception: 021 808 4707



www.sun.ac.za/ssvo / www.sun.ac.za/cscd