

Financial Wellness @Work



Your company cares about you - they know you work hard in order to earn the income that hits your bank account on pay day! But how much time do you spend managing your money? Do you have the skills you need in order to make your money work for you while you are hard at work earning it? Your company has made available a FREE and CONFIDENTIAL financial coaching service to assist you no matter where you are in your financial life!

What is financial coaching?

Financial Coaching is a process where an individual meet with a financial coach/generalist to discuss their personal financial "now" and is assisted with reaching their financial target and goals

- It is a confidential process
- Telephonic, Electronic and Virtual
- Sessions are usually 30 minutes long
- Support and Mentorship – Check in's
- Financial coaches do not "sell" financial products and services
- Range of financial solutions
- Employees can be referred by their managers or self-referred to the program

Book your appointment
Scan Code below or
click [here](#)



"My financial coach helped me..."



"My financial coach was able to **renegotiate my Bond Interest Rate** and I was able to save R400 per month on my home loan"



"My Financial coach helped me **to create a budget** and with regular check in's I was able to stick to my budget monthly- I feel so much more in control of my finances"



"My financial coach guided me on the different options, and I have peace of mind- knowing that **I have a Will in place**"



"I experienced couples coaching – as my finances was affecting my relationships, **we worked on a debt solution together** and we have a plan that allowed us to reduce our debt instalment and manage to pay all the bills. It was a great experience"



"Financial Coaching was an awesome experience, I reviewed my budget and was able to save in a number of areas including insurance, and was given valuable tips and pointers - thank you"

Yours in financial health,
Financial Wellness Team,
Email: coach@interfaceinc.co.za

