



**SIYAKHULA
WORKSHOP
PROGRAMME
2023**
IN PARTNERSHIP WITH
**Human Resources and
the Transformation Office**



**PERSONAL AND COLLECTIVE
WELLBEING AS (RE)STITUTION**

The SU Restitution statement highlights the need for deep transformative work. This workshop explores self and community care practices as transformative practice.

Date: Thursday 25 May 2023
Time: 10h00-12h30
Venue: SU Museum, Ryneveld Street, Stellenbosch.
Facilitator(s): Ayanda Nyoka and Dr Wilhelm Verwoerd, SU Researchers at AVReQ



**DECOLONIALITY DIALOGUES
WITH PROF KOPANO RATELE**

Participants join Prof Ratele in dialogue about decolonial practice. This dialogue is an opportunity for staff to reflect and ask of themselves and each other: How does decolonial practice influence how we engage one another, how we work, teach, supervise, mentor, write, and research?

Date: Thursday 22 June 2023
Time: 10h00-12h30
Venue: SU Museum, Ryneveld Street, Stellenbosch.
Facilitator: Prof Kopano Ratele



**ECARE: VALUES FOR A DIVERSE
WORKPLACE AND CULTURE**

Participants join Katlego Letlonkane in conversation about how our SU Values empower the creation of diverse workplace and culture.

Date: Thursday 20 July 2023
Time: 10h30-12h30
Venue: MSTeams.
Facilitator: Katlego Letlonkane, SU Diversity Capacity Development Manager



**STRUCTURAL VIOLENCE: UNPACKING
THE ISMS OF SOCIAL INJUSTICE**

Participants explore the dynamics of structural violence and the deeply unjust and violent ways it shows up in our institutions and everyday relations with one another.

Date: Thursday 24 August
Time: 10h30-12h30
Venue: Equality Unit : Simon Nkoli House, 39 Victoria Street, Stellenbosch.
Facilitator(s): Dr Jill Ryan, Equality Unit SU and Dr Nana Adom-Aboagye, Centre for Sport Leadership, Maties Sport



**STAFF WELLBEING AND DISABILITY:
OPTIMISING OUR WELLBEING**

Facilitators share insights on practical ways to optimise our wellbeing at work, as well as the value of service dogs for the promotion of wellbeing.

Date: Tuesday 26 September 2023
Time: 10h30-13h00
Venue: Disability Unit: Simon Nkoli House, 39 Victoria Street, Stellenbosch.
Facilitator(s): SU Disability Unit, Employee Wellbeing, Paws4life and Dorita Verloren van Themaat