Dr. Herbst was appointed as consultant cardiologist at Tygerberg Hospital and Stellenbosch University in 2008. He completed 5 years of cardiology training in the United Kingdom before qualifying in Internal medicine and cardiology at Tygerberg Hospital and Stellenbosch University. He currently practices as a general cardiologist at Tygerberg hospital with a specific interest in cardiovascular imaging, particularly echocardiography. He is course director for SUNecho, an annual echocardiography teaching course held by the unit and he has a passion for teaching echocardiography to all-comers. His interests in cardiology spans diseases as diverse as grown up congenital heart disease (GUCH), cardiomyopathies and valvular heart disease. He initiated the GUCH service at Tygerberg Hospital and his current area of research relates to rheumatic heart disease and specifically screening strategies for subclinical disease.