



# ANNUAL REPORT 2017



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# MESSAGE FROM THE CHAIRPERSON OF THE BOARD

It is very gratifying to report that the most important achievements of Matie Community Service (MGD) in the past year were its contribution to the enhancement of the quality of life of people and communities in the environments in which the campuses of the University are situated.

One of the outstanding achievements of MGD this year was providing support and training as well as a productive learning environment for student leaders and volunteers on the campuses of the University. This directly contributed to a high quality of social impact initiatives offered by the students working in clusters as well as students belonging to student organisations. Similarly, the improvement of the quality of life of adult learners through adult education, training and skills development programmes is another significant achievement. Moreover, MGD courageously made excellent progress in reshaping its role and function and aligning itself with social impact as a strategic priority of the University.

To sum up, MGD can look back on a satisfying and successful year during which staff and students utilised their expert knowledge, skills and experience in a creative and responsible manner to design, attain and maintain high-quality, appropriate social impact initiatives.



Finally, at the end of my second term of office, my sincere thanks go to my fellow board members; the senior director, director and deputy director of the Division for Social Impact; the head and staff of MGD; and students for their support and commitment to ensure that MGD remains the same dynamic organisation that it has become over the past years.

It has been a privilege to be part of this outstanding, exceptionally successful organisation. In my view, MGD can look forward with justified confidence to a prestigious future. My best wishes accompany the head, staff and management board of MGD.

*Prof Sulina Green*

# MESSAGE FROM THE DIRECTOR: DIVISION FOR SOCIAL IMPACT

MGD fulfils a dual role of being a registered non-profit organisation (NPO) and a vehicle for strengthening the footprint of Stellenbosch University (SU) in the communities surrounding the Stellenbosch and Tygerberg campuses. As part of the Division for Social Impact, MGD aligns with the Institutional Strategy and Intent of SU and the Social Impact Strategic Plan. This gives the organisation the edge of both serving the NPO mission in its geographical area of service and giving students and staff opportunities to avail themselves to impact on and address society's most pressing challenges through innovative initiatives and programmes profiled in this annual report.

The ethos of MGD is to leave no person behind who is struggling on life's journey, and it is doing so by supporting both youth and adults with educational opportunities, nurturing young children and mothers, pampering the aged and supporting other NPOs in the environments where they work.

Enabling people to self-help through training courses is also a growing part of the service of this organisation. Students, staff and community leaders are offered training courses to enable and capacitate them to identify their own talents and leadership to assist their or other communities to take ownership of their own growth and development. Students are also enabled to earn credit hours for their social impact work, which serves as an incentive for both future employment and developing graduate attributes that will enable them to become critical thought leaders who have compassion for people who are less privileged.

This stresses the importance of reciprocal engagement and benefit when interacting with communities who allow volunteers into their domain. By doing so, they create opportunities for staff and student volunteers to learn and grow, while the activities of community members

and organisational representatives are strengthened by the knowledge and skills that volunteers bring into the relationship.

This annual report is the last one that I will be serving this organisation as an ex officio member of the management board and advisor to the USKOR Trust through my line function. I joined MGD in 1997 when I was approached to establish the office at the Military Academy in the West Coast, where I served until I was appointed as the first incumbent of the newly established Community Service position of SU in 2000. Since 2015, I am closely involved with the management and the governing structures of the organisation as the director of the Division for Social Impact. My journey with MGD is one of learning and growing together with the many people who have impacted on this organisation for more than half a century. My wish for the current head, the board and the USKOR Trust is blessing, progress and prosperity on their way forward and that MGD will keep on going from strength to strength to serve and be served by the communities, staff and students who depend on them.



***Dr Antoinette Smith-Tolken***

# MESSAGE FROM THE HEAD OF MGD AND DEPUTY DIRECTOR: DIVISION FOR SOCIAL IMPACT

Our work seeks to inspire students to be conscious actors in the world. It is about starting a new thought movement, fuelling new ways of responding to where we are as a nation and as a continent and re-igniting our imagination of what South Africa could be.

It is important to have a clear understanding of the critical issues currently facing South Africa and the conversations young people are engaged in at University and on social media and to look at how MGD needs to be positioned to invite intentional conversations about these issues.

MGD believes that in order to develop an ethos in which ordinary people develop the requisite understandings, approaches and skills to bring about transformation of the various sectors of society, they themselves have to undertake the learning and educate themselves. They need to know how oppression functioned in the history of the country, how ordinary people participated, and continue to participate, in perpetuating oppressive structures, how individuals can make a contribution towards greater social justice within their sphere of influence.

Fanon encourages us to go beyond merely understanding the world, but to impact and change the world. We cannot simply believe that if we highlight concerns regarding values and respect for humanity, the world will change automatically just by us questioning it. He clearly and intentionally calls us to act, to create a different reality and a different world.

The worst realities of our age are manufactured realities. It is therefore our task as creative participants in this universe to re-dream our world. Possessing imagination means that everything can be re-dreamed. Each reality can have its own alternative possibilities. In his book, *A way of being free*, Ben Okri says that human beings are blessed with the necessity of transformation.

Over the past year, MGD has been on a journey of re-dreaming, re-imagining and repositioning itself within both the NGO environment and higher education as a university-housed NGO. As the head of MGD, I am excited about the possibilities of being relevant to the critical issues and challenges facing South African societies and communities.

## We have started to embark on this new journey through the following four priorities:

**Priority 1:** Reimagine MGD as a university-housed NGO within the broader Stellenbosch community and beyond

**Priority 2:** Enhance the visibility of social impact initiatives to increase collective learning and collaboration

**Priority 3:** Broker collaborative relationships between internal and external stakeholders

**Priority 4:** Create intentional spaces for critical engagement and social innovation regarding societal challenges and opportunities.



MGD enables spaces where SU students' contributions are formally recognised within a reciprocal relationship within the communities we serve as we honour our vision to *Increase the SU footprint within the surrounding communities.*

*Ms René Hector-Kannemeyer*

# MATRIC PROGRAMME

The Matric Programme was initiated by MGD in 2011. The purpose of the programme is to provide adults with the means to improve their academic qualifications and to empower themselves with better work opportunities and in doing so, benefit the respective communities in which they live and serve.

The Amended Senior Certificate course resorts under the Stellenbosch Community Learning Centre, but is also a project of MGD that provides funding for learners who need financial assistance.

The number of enrolments for this specific course has increased drastically every year since 2011. The number of subjects taught has also increased from seven to nine. The medium of instruction is both English and Afrikaans. Prospective learners enrol in August, classes commence in September, registration for examination takes place in November and the examinations take place in May the following year. This year, 203 learners enrolled for classes, of which 174 learners were registered for examination.

In the light of the above statistics, it is clear that this programme is in demand and that it fulfils the need and purpose that were originally envisaged.





# ONE-STOP SERVICE STUDENT VOLUNTEER PROGRAMME

The One-stop Service Student Volunteer Programme is a hub for all student-driven social impact initiatives. It provides support and enhancement to student volunteer initiatives to ensure that they are sustainable and adhere to best practice principles. The programme provides social impact initiative leaders with formal training to enable them to deliver excellent support within communities as well as training on student leadership development. This formal training does not only ensure the quality of interventions, but also provides a productive learning environment for student leaders and student volunteers.

University student groups are encouraged and supported to partner with existing community projects in order to increase the capacity and impact of the interventions. The services aim to be sustainable, focusing on achieving long-term results in the lives of the beneficiaries.



## AREAS

Cloetesville | Franschhoek | Hout Bay | Idas Valley | Kalkfontein | Kayamandi | Klapmuts  
Kraaifontein | Kylemore | Lynedoch | Milnerton | Parow | Ravensmead | Stellenbosch  
Tygerberg | Vlottenburg



# TRAINING PROGRAMMES

MGD's training programmes facilitate a capacity-building training opportunity to equip community members, student leaders and volunteers with a strong sense of social responsibility, justice and sustainable impact.



## Training of E'Bosch community

Fifteen members from communities around Stellenbosch received training from May to August 2017. Participants presented their work on the themes of community development, project management and leadership to a panel.



## Training of student volunteers

Thirty-nine student volunteers completed the short course for volunteers on Understanding development, Impact of volunteerism & exploring leadership, and Innovative project planning on 16 September 2017.



## Training for social impact student leaders

This training prepares student leaders to plan, submit and implement initiative proposals and for their role as social impact student leaders. MGD trained 30 students over three weeks in August 2017. The training focused on the introduction to community principles, the writing of a programme proposal and budget, and engaged citizenship and ethical leadership.



## Engineering introductory lecture

MGD offered an introductory lecture in the first and second semesters to 200 students within the Faculty of Engineering. Students were introduced to the concept of 'community' and were given an outline of community principles and the rules of engagement. They were required to present an initiative as an assignment at the end of each semester.



## Social Work student training

MGD assists the Department of Social Work with placements of their first-year students at agencies in and around Stellenbosch. A hundred students were placed at Pebbles. MGD is also part of the orientation process of these students at the start of their experience.



# VOLUNTEER PROGRAMME

Student volunteers are committed to making an impact in the lives of young people. The activities in which they are engaged create a learning opportunity for them to develop graduate attributes that will equip them for their careers and society at large. The reciprocal nature of the volunteer work enables and benefits both students and communities. The MGD brand in terms of relationships with communities has for many years contributed to the success of the programme within the various communities.



## COMMUNITY MORNING

This forms an annual tradition of exposing new students to a well-rounded student life and kicks off during Stellenbosch University's welcoming week. Student residences spend a morning off campus to support various initiatives in local communities. These activities form part of ongoing engagements with community partners. Activities included starting a mentoring and tutoring relationship with the children of the workers of the residences that form part of the Wimbledon Cluster, painting classrooms and buildings at the St Idas Primary School and at the Legacy Community Project in Kayamandi, making sandwiches for various community projects and schools, collecting and donating stationery to various crèches, picking up litter along the Eerste River and helping out at the Wonder Plant spekboom nursery at Kayamandi High School.

Another highlight of the day was the UNASA (United Nations Association of South Africa) student organisation partnering with MGD and CANSA to organise a welcoming shavathon. During the shavathon, held in front of the Simonsberg men's residence, Maties supported CANSA by shaving their hair or having it spray-painted in bright colours in exchange for a small donation.



## MANDELA DAY, 18 JULY 2017

In honour of Mandela Day, the Stellenbosch University chapter of the Golden Key International Honour Society hosted the Annual Toasties for Tummies drive in partnership with MGD. Toasties for Tummies was held on 18 July 2017 at two different venues, namely at the Neelsie, Stellenbosch campus and in the Tygerberg Student Centre on the Tygerberg campus. In addition, Moore Stephens Chartered Accountants – one of the sponsors of the Toasties for Tummies project – ran the same initiative at their office.

The Stellenbosch campus, Tygerberg campus and Moore Stephens Chartered Accountants made **8 500, 1 500 and 1 000 SANDWICHES** respectively.



Our thanks go to the **350 VOLUNTEERS** who participated in this initiative.

**“I am exhilarated to have been part of changing the lives of those who have little or close to nothing. The project did not only help me in helping others, but also instilled values in me. The project reminded me to be appreciative of my advantages.” – Thembaletu Seyisi (student)**

Student initiatives for social impact fall into seven themes:

## EDUCATION FOR ALL

Residence/PSO/Society	Community partner
Dempers Meyer Mentoring Programme	Lückhoff High School
Nerina, Metanoia, Heemstede, Pieke PSO, Venustia PSO	Hanna Charity and Empowerment Foundation
Nerina, Majuba	Hanna Charity and Empowerment Foundation
Huis Marais	Youth Outreach Centre
Lydia, Eendrag	Rietenbosch Primary School
Dagbreek, Erica	The Ark Christian School
Pieke PSO, Nemesia	Franco
Silene, Oude Molen, Monica, Wilgenhof, Harmonie	Kayamandi Primary School
Goldfields, Lydia	NJRD Arts Building
Goldfields	Legacy Centre
UNASA (Kayamandi Legacy)	Kayamandi Legacy Centre
UNASA (Swimming)	Kayamandi Primary School
UNASA (Kayamandi Reading)	Kayamandi Legacy Centre
Monica	Kayamandi High School
Huis Visser	Kayamandi High School
Lydia, Simonsberg	St Vincent's Primary School
Simonsberg, Minerva, Huis Visser	St Vincent's Primary School
BMF	Hector Peterson High School
Pieke PSO	Sustainability Institute
Huis Kerkenberg	Isidima
Huis Kerkenberg (Paarl)	ElsCare
Hippocrates	Northway Primary School
Tygerberg Outreach Society	Webner Street Primary
Aristea PSO, Vesta PSO	ACVV (Aftercare)
Olympus PSO	AF Louw Primary School
UNASA (Vlottenburg)	Vlottenburg

## EMPLOYMENT AND INCLUSIVE ECONOMIC DEVELOPMENT

Residence/PSO/Society	Community partner
Huis Ten Bosch	Sisterhood Box Project
Huis Visser	Huis Visser men's residence

## ENVIRONMENT AND SUSTAINABILITY

Residence/PSO/Society	Community partner
Libertas	Stellenbosch Animal Welfare Centre
Huis Francie van Zijl	Kalkfontein Primary School
Metanoia	Khayamandi Legacy Centre
UNASA (Sustainability)	Wildlands

## FOOD SECURITY AND HEALTH

Residence/PSO/Society	Community partner
MSA	Dorothea Special School
Hippokrates	Clinic at Imazamayetu
Meerhof	MGD Primary Health Care Clinics
Metanoia, Venustia	Various organisations
Aristea PSO, Sonop, Vesta PSO, Irene, Helshoogte	Klapmuts Primary School
Meerhoff	Child-headed homes (via social workers, sponsors and teachers)
Metanoia, Venustia PSO	Various organisations

## RESOURCES AND INFRASTRUCTURE

Residence/PSO/Society	Community partner
Aurora PSO	Various organisations

# SOCIAL AND GENDER JUSTICE

Residence/PSO/Society	Community partner
Helshoogte, Sonop, Eendrag, Aristeia PSO, Vesta PSO, cluster convener	Residence employees
Dagbreek, Minerva, Lydia, Majuba, Huis Ten Bosch, Aurora	Dagbreek men’s residence
Osler (Made with Love)	Tygerberg Children’s Hospital

## PRIMARY HEALTHCARE PROGRAMME

The Primary Healthcare Programme embodies collaboration and communication as core values that underpin our work. Health outcomes, learning outcomes and social impact outcomes are all inter-dependent. Without strong community efforts to ensure that residents attend to their health needs by visiting MGD clinics, we would not be able to offer the students experiential learning opportunities or deliver primary healthcare to those in need. This ecosystem of health is an important concept for us as we continue to build our programme and its impacts.

Our focus is prevention and promotion of health, as opposed to offering curative and rehabilitative services. Hence, health promotion sessions at these clinics form an integral part of the programme. One of our key objectives it to take healthcare to our people who have limited access to healthcare and to provide opportunities for them to become involved with and take responsibility for their own health.





## COMMUNITY (KALKFONTEIN)



**774** CLIENTS RECEIVED  
MEDICAL TREATMENT



**217** PEOPLE ATTEND HEALTH PROMOTION  
DAYS INCLUDING CV WORKSHOPS



**245** STUDENT VOLUNTEERS

The programme provides fully operational, free after-hours student-run primary healthcare facilities to the Kalkfontein community in the Western Cape for one evening a month, starting at 18:00 until 23:00. The students consult 60 to 80 clients in an evening. The most prominent cases being attended to include diarrhoea, flu, pulmonary heart disease, sexually transmitted infections, TB and HIV. The service is supported by seven alumni, comprising of doctors, physiotherapists and occupational therapists, and up to 30 students from the Faculty of Medicine and Health Sciences.

Patients are screened and assessed by MB,ChB students from Stellenbosch University and cases are discussed with qualified healthcare professionals (doctors and nurses) who also issue prescriptions for patients if required. This creates a platform for mentoring and support in the professional development of students.

The primary outcomes for the students include the following:

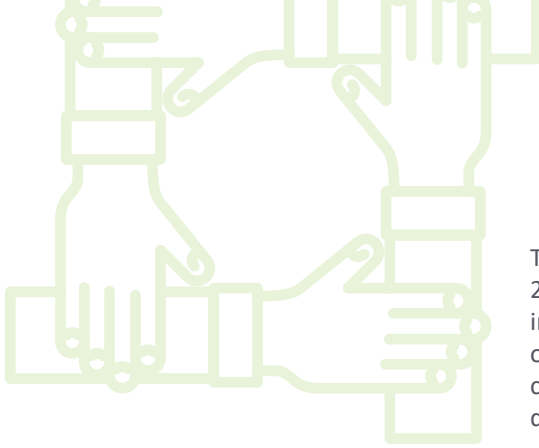
Students must:

- be able to do basic screening, e.g. testing blood pressure, blood sugar and urine;
- know the signs and symptoms of basic conditions at primary care level;
- be able to recognise urgent referrals and report such cases immediately;
- be able to differentiate between acute and chronic cases;
- be able to do basic history taking;
- be able to interact with the clients/patients in a way in which they will understand them; and
- understand and respect the dignity of clients/patients from different walks of life.

Through the programme, MGD engages with communities on important public health issues such as TB, HIV/AIDS, drug abuse, teenage pregnancy and infant mortality. Apart from facilitating discussions to promote health education, the programme's clinics offer advice and assistance on an interpersonal level by identifying individuals who are in need of one-on-one counselling. The programme is also structured in a way that aims to involve professionals from the allied health sciences, for example physiotherapy, occupational therapy and dietetics, as well as undergraduate students. As a result, a holistic healthcare approach is modelled in this programme.

The success of each clinic depends on collaboration and communication between a wide range of stakeholders, including community volunteers, students, medical and health professionals, senior university staff, MGD board members, the Department of Health and residents of the communities in which we serve.





## COMMUNITY MORNING

This annual event took place on 26 January 2017. The objective behind this University initiative is to bring awareness to especially our first-year students of the importance of community engagement. Activities on the day included the following:

- Cleaning of the bridge opposite the Tygerberg campus in collaboration with the City of Cape Town, which has become a 'haven' for homeless people and a safety concern to students as well as people and staff visiting Tygerberg Hospital
- Collection of over 100 bags of dirt, also in collaboration with the City of Cape Town, and mowing the lawn and cleaning up the river
- Cleaning of the canal next to the campus
- Visits to projects such as the Leadership for Legends project at Kalkfontein Primary School by various residences.

## MANDELA DAY

Mandela Day held on 18 July 2017 is an annual event involving staff and students.

At the Tygerberg campus, 1 500 sandwiches were prepared and handed to outpatients at Tygerberg Hospital. Donations were received from Golden Key, Fedics Tygerberg and the Human Resources Department at Tygerberg. The Hippo ladies and SU's men's a capella group sang to the patients while the sandwiches were handed out. This was well received by both patients and staff.

Staff members collected and knitted scarfs, which they handed out to patients at the hospital. They also handed out comfort packs to patients in the maternity ward.



# PRIMARY HEALTHCARE INITIATIVES

- Monthly visit to Sarepta Old Age Home
- CV workshops at the Kalkfontein clinic
- Reading and playing games with children coming to the clinic with their mothers
- Individual sessions with teenagers and young adults with regard to contraception, sexual behaviour and risks of having multiple partners
- Health promotion days

**“In 2013, as a second-year medical student at Stellenbosch University, I decided to work as a volunteer at the MGD Primary Healthcare Programme. This decision was probably one of the best I made in my five years as a medical student. It not just enriched me academically, but also made me emotionally and psychologically stronger as a doctor in training. I have gained so much practical experience and have learnt so much about patient care, which nobody would ever have taught me in our curriculum.”**

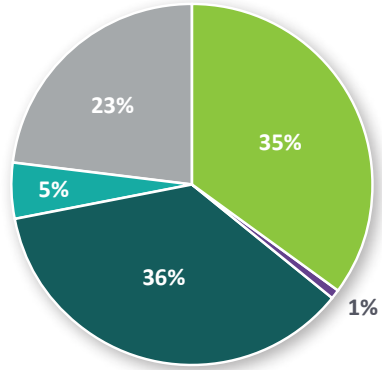
*– Liza van Zyl (student)*



# FINANCIAL OVERVIEW

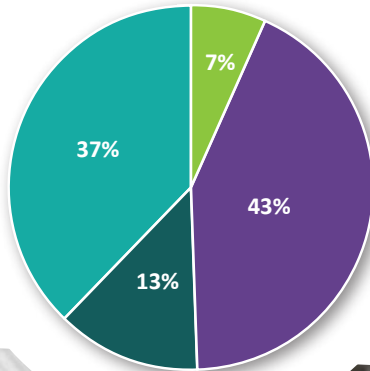
- Overhead Cost
- Skills Development
- One Stop Student Volunteer Programme
- Adult Education and Training
- Primary Health Care

PROGRAMME EXPENSES 2017



- Project Income
- Uskor Trust
- Stellenbosch University
- Corporate Donors and Trust

INCOME 2017





## DONORS

Golden Key

EJ Lombardi Trust

Stellenbosch University

Connect

Het Jan Marais Nationale Fonds

USKOR Trust

# CONTACT US

## STELLENBOSCH

MGD Stellenbosch

Private Bag X1 | Matieland 7602  
Room 2008 | Lückhoff School Building  
Banhoek Road | Stellenbosch  
Tel: 021 808 3638

## TYGERBERG

MGD Tygerberg

P.O. Box 241 | Cape Town 8001  
Room 2012 | Student Centre  
Tygerberg Campus  
Tel: 021 938 9310



<https://www.sun.ac.za/si/en-za/Pages/MGD.aspx>

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