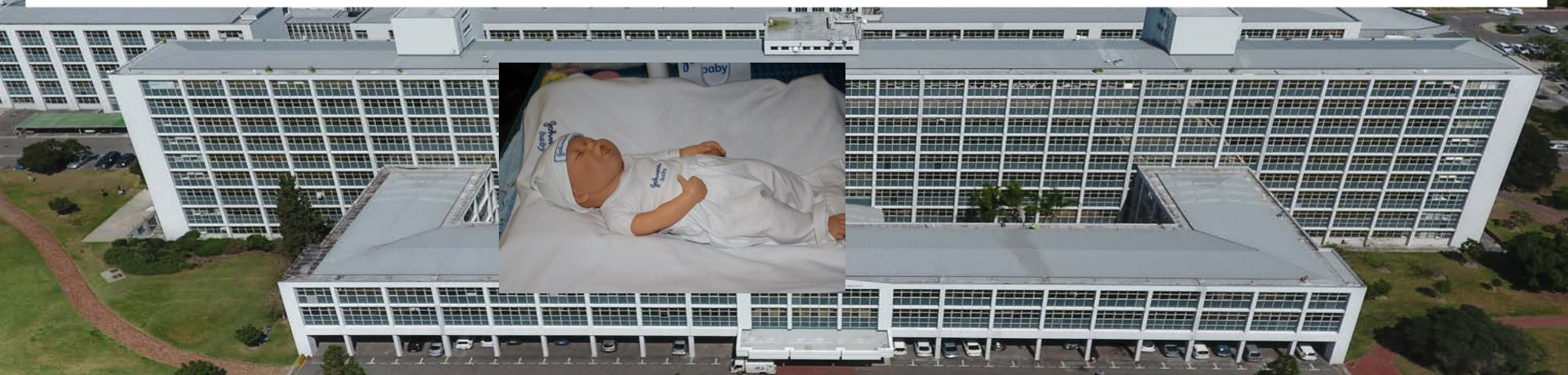


Responsive Service learning for Sexual, Reproductive, Maternal and Child health issues: FMHS case study

SALT, SU, DOH

Social Impact Symposium
12-09-2018

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Achieve gender equality and empower all women and girls

- End all forms of discrimination against all women and girls everywhere
- Ensure universal access to sexual and reproductive health and reproductive rights
 - Enhance the use of enabling technology, in particular information and communications technology, to promote the empowerment of women
 - Adopt and strengthen sound policies and enforceable legislation for the promotion of gender equality and the empowerment of all women and girls at all levels



SALT

RESCUE. LOVE. RESTORE.

Who is SALT?

- NPO for social justice
 - Bridging the gap
- Passion for women's health
- Equal rights and dignity for all

WHAT WE DID

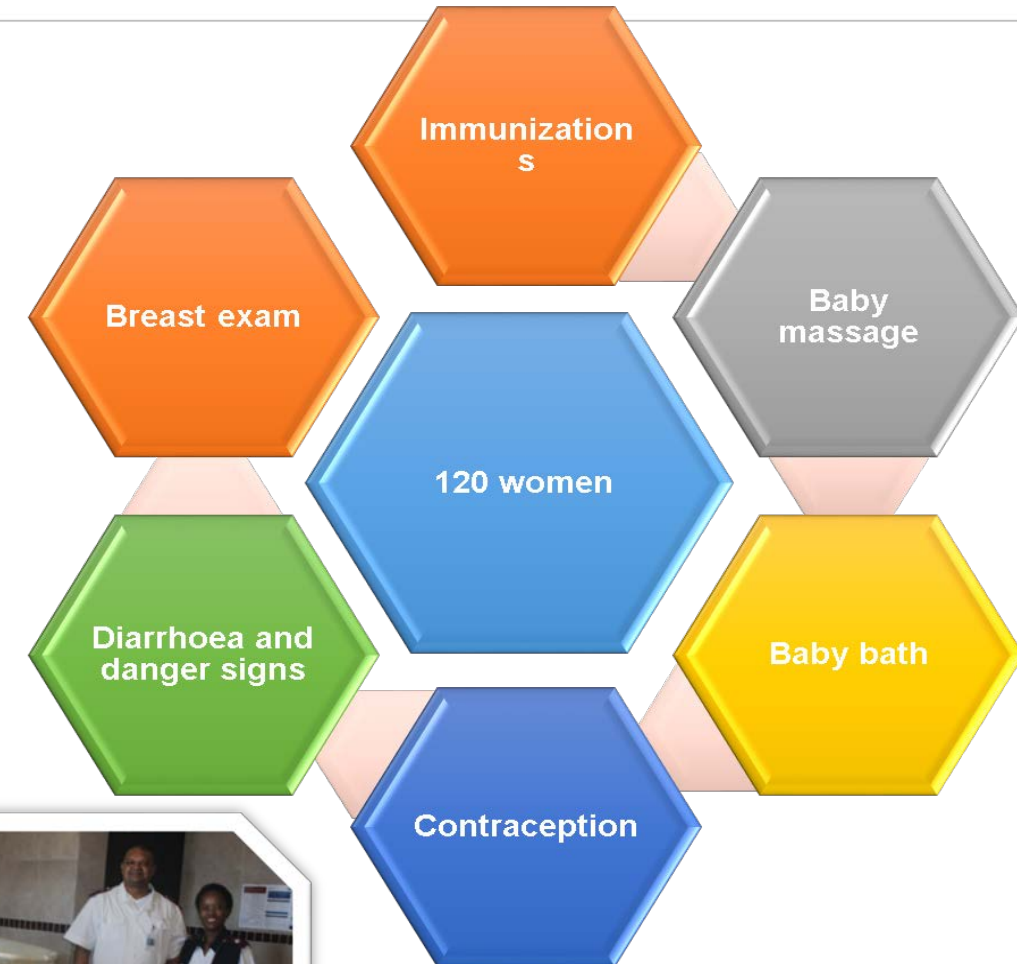
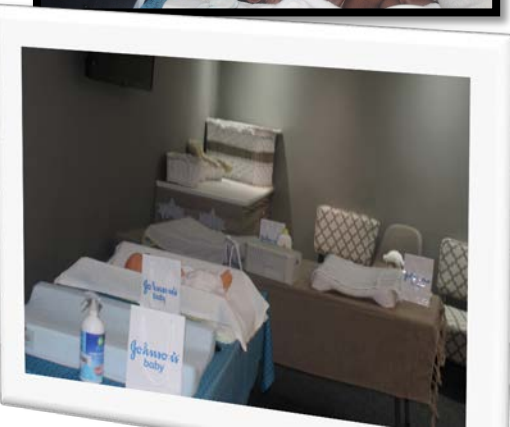
Johnson's[®]
baby



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UNIVERSITY

100
1918 · 2018

forward together · saam vorentoe · masiye phambili



WHAT WE LEARNT

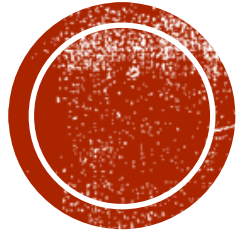
- Importance of **developing personal skills**.
- Strengthening **of community action**.
- Reorientation of health services from treatment to **preventative approaches**.
- Creating a supportive environment for health.
- Significance of the involvement from relevant companies and individuals.

Educate

Engage

Empower





ADVANCED MIDWIFERY



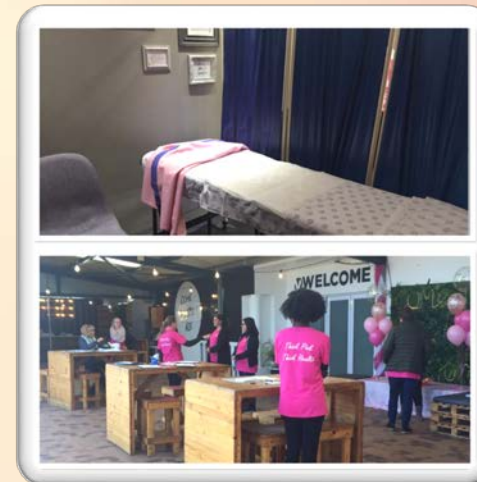
WHAT WE DID



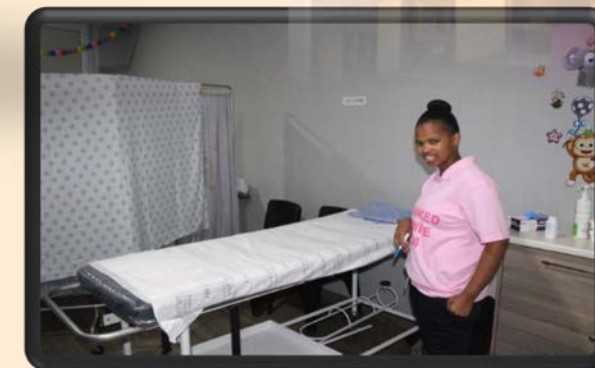




Mammo Drive



MAMMO DRIVE!



LEARNING EXPERIENCE

- On the day of the mammo drive, it was raining profusely which was a deterrent for many women to do the screening especially the women who do not have their own transport
- Although our focus was screening for breast cancer, numerous social, emotional and mental health problems were raised by the women
- Lack of knowledge and inadequate access to basic preventative health care measures was seen as the biggest problems for this community
- There is a great need in the community regarding health education to empower women to care for themselves as well as their families
- It is important to reach out and create programs that are sustainable to assist and empower women





A Guide to Breast Cancer

“Early Detection will help prolong a life”

PinkDrive

Main activities:

Program's priorities

- Promote earlier presentation of breast cancer
- Address issues around awareness, education, stigma and screening for breast cancer amongst all women including the community
- To drive sustainability of service through public and private sector

PinkDrive (NPC, a section 21
Company, PBO Number
930025386)



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SALT

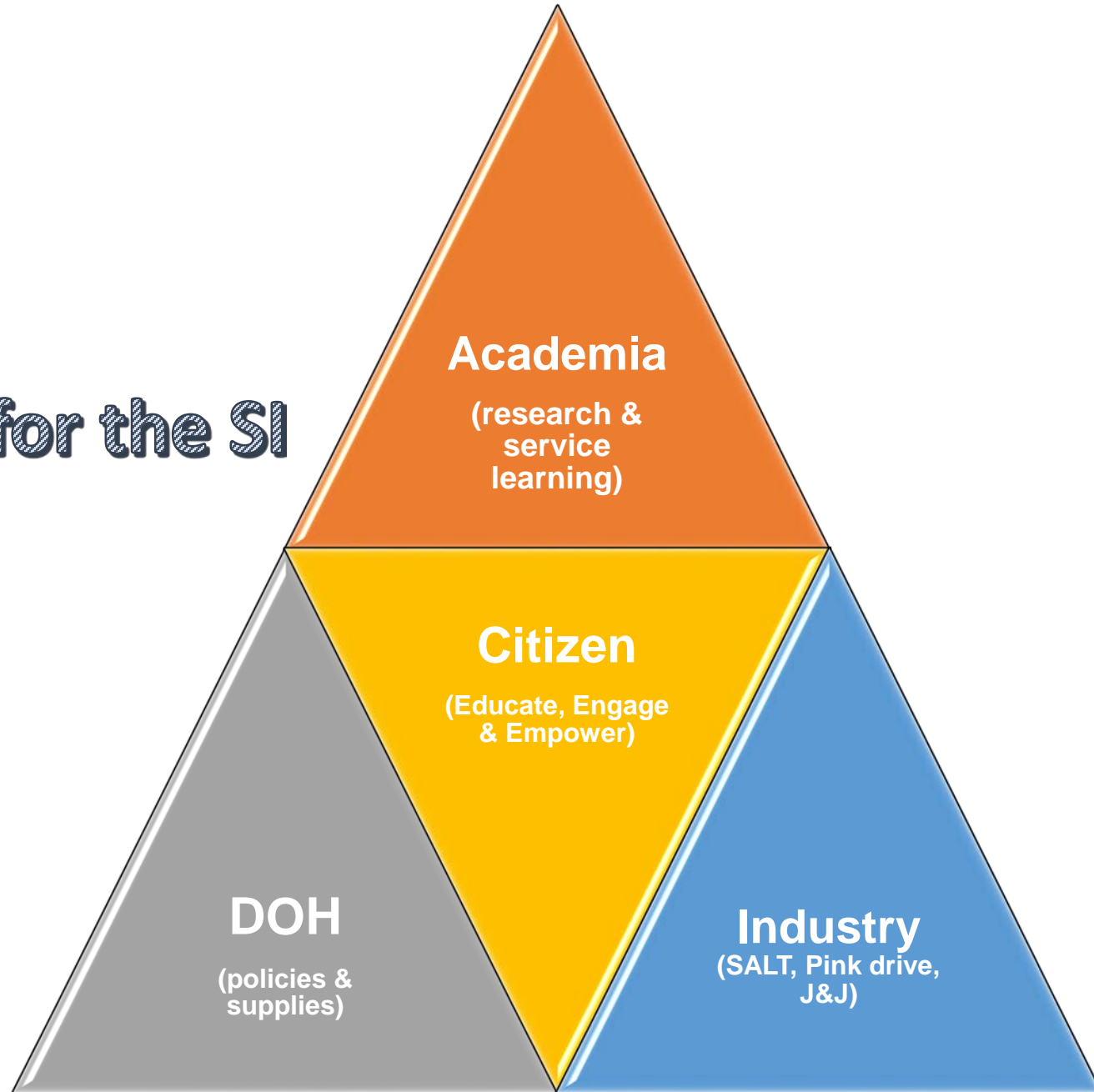
RESCUE. LOVE. RESTORE.

THE WAY FORWARD

WHAT WE HAVE LEARNT:

- Education is key
- Prevention better than cure
- More platforms for men
 - Mental health
 - Better Together

Way forward for the SI



QUADRUPLE / TRIPLE HELIX

Stellenbosch University - Clinical Breast Examination Project

NO	Age	CBE Result	Notes
1	68	Right breast: subcentrimetre mass with axillary lymph r	Highly suspicious for malignancy
2	34	Right breast: 6x3cm mass, accessory breast tissue in	Cyclical pain
3	35	Right+Left breast: multiple masses, Right collarbone re	Benign mass removed aged 14, multiple investigations since then
4	64	Right scapula: 2x masses ?lipomas	Has referral to GSH for FNA
5	39	Right breast: 3o'clock subcentrimetre mass, painful, fir	Hysterectomy f/u, referred to GSH for investigation, has referral form
6	40	Left breast: ?cyst, firm, mobile, round, cyclical pain	N/A
7	53	NAD: burning pains in breasts, large breasts	Going through menopause, yogo teacher very active, previous fibroadenoma aged 19
8	65	NAD: dense breasts	On HRT
9	58	NAD: slight indentation near nipples	Having full medical with GP, will request mammogram + ultrasound
10	67	NAD	Multiple paternal + maternal aunts with breast cancer
11	55	Left breast: multiple open sores	Very large breasts. Had similar problem in 2006, treated at GSH with antibiotic and res
12	39	Midwife examined: right breast mass	Did not want to wait for Sr Lieske to examine
13	66	Left breast mass: benign feeling 2x1cm	Mass never biopsied, last imaging 10 years ago
14	45	Left breast mass: 3 o'clock, painful, nodular, firm 2x1cr	Never had imaging, on ARV's
15	56	NAD	Sister diagnosed in 30's, treated and now well in her 50's, BRCA status unknown
16	46	Left breast mass: mobile, soft, smooth edges, not pain	N/A



THANK YOU

