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**STELLENBOSCH UNIVERSITY**

**BSc IN DIETETICS**

**FORMAL RECOMMENDATION TO ALL PROSPECTIVE DIETETICS STUDENTS**

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**VISIT TO A DIETETICS DEPARTMENT/DIVISION/PRACTICE**

You should base your final choice of career on as much first-hand information as possible. Therefore, all prospective dietetics students must provide proof that they visited at least one of the following options:

- A dietetics department affiliated with an academic institution as well as a visit to a food service unit.
- A dietitian working at a general hospital as well as a visit to a food service unit.
- A dietitian working at a community clinic or a health centre as well as a visit to a food service unit.
- A dietitian working at the Department of Health as well as a visit to a food service unit.
- A private practicing dietitian as well as a visit to a food service unit.

(food service unit = large scale hospital/old age home kitchen)

As soon as possible after your visit, please complete the enclosed form to report on your visit. Please return the completed form to this office before **31 July 2019**.

It is recommended that you study the questions on the form before going on your visit.



**PLEASE RETURN THE COMPLETED FORM BY FAX OR EMAIL BY 31 JULY 2019**

Faculty of Medicine and Health Sciences

Email: [tygselections@sun.ac.za](mailto:tygselections@sun.ac.za)

Tel: (021) 938 9580

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**REPORT ON VISIT TO DIETETICS DEPARTMENT/PRACTICE**

**NAME AND SURNAME OF PROSPECTIVE STUDENT:** .....

**STUDENT NUMBER:** .....

**ADDRESS:** .....  
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**DATE OF VISIT:** .....

**TIMES OF VISIT:** .....

**HOSPITAL / PRACTICE/ INSTITUTION:** .....

**DIETITIAN IN CHARGE:** .....

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**PLEASE ANSWER THE QUESTIONS BELOW, USING YOUR OWN WORDS:**

- 1. Where did you see the dietician(s) at work? In the wards? (Which type(s) of wards? In an out-patient department? In any special units (intensive care units, for instance)? Name some of the medical conditions which you saw during your visit, for each condition, also name the treatment given by the dietician. Please feel free to comment on any other aspects of your visit you consider important.**

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2. What is dietetics? To answer this question, try to define dietetics as a profession in your own words in the light of what you observed during your visit.

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3. What are your reasons for wanting to make a career in dietetics?

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4. Are there areas / features of dietetics that are of special interest to you? Please name these areas / features, indicate the reason why it is of special interest to you.

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5. Apart from the visit you describe above, have you been visiting any other places where professional dietetics is practised? (Examples could be, private practices, other hospitals, the Department of Health or the food industry.) Please be specific.

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6. Have you ever received any dietary therapy?

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**SIGNATURE:** .....

**DATE:** .....