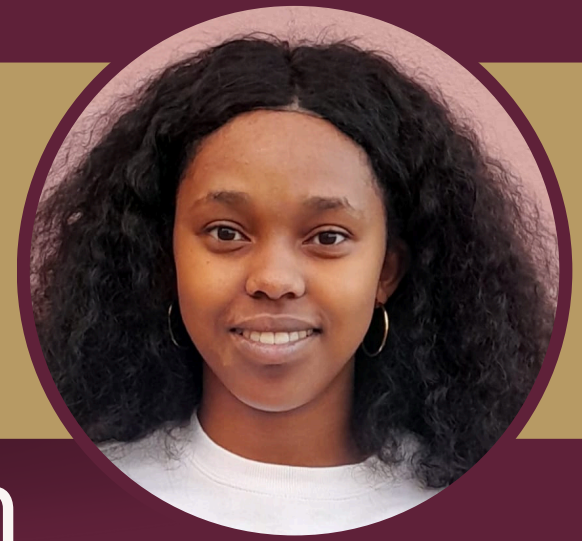


TSRC Candidate 2024/2025

Ada Esther Enechukwu



CANDIDATE MANIFESTO

The Tygerberg Student Representative Council (TSRC) needs to be more accessible to the average Tygermaties student so all have clear understanding of what the TSRC is for, does, and how they can interact with the TSRC. The TSRC could have a more active hand at supporting students' mental health and first-years' transition into university. I have created communication systems and consulted marketing strategies for Zara Hair Vault as well as spearheaded a project proposal to the City of Cape Town's Solid Waste Management Department with Mrs Malgas. During my term as a prefect in my high school, I also took up unofficial roles of a counsellor and student-management liaison. I also mentor unofficially some first-years and provide emotional support to them. I unofficially eased a few first-years into the University and their programme, offering academic, emotional, and NSFAS support. I propose the creation of a WhatsApp channel where the TSRC can clearly explain their purpose, where students can be clearly directed of the numerous avenues they can speak to the TSRC, and updates of current solutions and upcoming projects and events – all from the comfort of a person's phone. To support vulnerable students, the TSRC could institute regular mental health events (scream sessions, group venting sessions) to promote healthy coping mechanisms in the student population. A programme called Call-A-Comforter could be set where a student can apply for a stranger to whom they can vent to or seek comfort from one-on-one. During the first-year's orientation, a TSRC-headed programme could focus on helping first-years with academic strategies, extra NSFAS support, financial management skills, and knowledge of all the support programmes the University offers students.