

VESTACSC 2024



WELCOMING BOOKLET

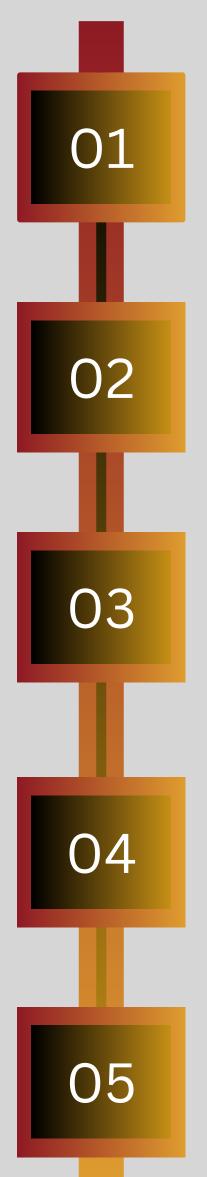
A WELCOMING NOTE

We're so excited to welcome you, prospective newcomer, to Vesta CSC (Commuter Student Community), your new student community at Stellenbosch University! As you step into this new chapter of your life, we want you to know that you're joining a space full of energy, opportunities, and amazing people who are just as eager as you are to make new and unforgettable memories. Starting university can be extremely stressful, and it can feel like a daunting whirlwind of emotions, but you're not in this alone. You're about to meet people who will become lifelong friends, share experiences you'll be laughing about for years, and find a place that feels like a safe space. So, take a deep breath and get ready to embrace everything that's ahead. Dive in and make the most of every moment with us, knowing that Vesta is here to welcome you with open arms.

Our goal at Vesta CSC is simple: to create a place where you can shine—academically, socially, and personally. We want you to feel supported every step of the way, whether you're tackling a big exam, discovering a new passion, or just enjoying a sunset on campus with friends. University life is about growth, but it's also about finding joy in the little things and celebrating every win, big or small. We hope you'll feel inspired and safe here, ready to explore all the possibilities that lie ahead. You deserve a community that cheers you on, picks you up when things get tough, and shares in your excitement for what's next.

Here at Vesta CSC, our core values of CHIVALRY, LOYALTY, and RESPECT, are what make our community the strongest it can be. They are more than just words; these are the values that work together with our own personal values in order to shape our experience here and how we treat one another. As you start this journey, let these values guide you to embrace the chance to grow into a critical thinker, an engaged citizen, and a well-rounded individual. We will be right here beside you, cheering you on, celebrating your successes, and helping you feel secure every step of the way. Welcome to Vesta, where you are about to create something special, and we cannot wait to be part of your story!

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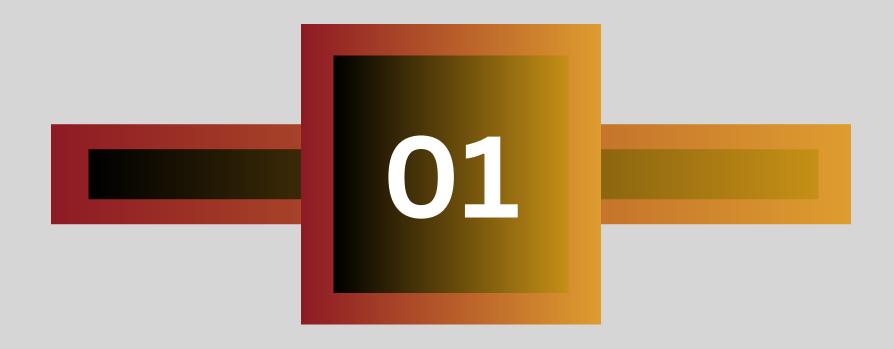
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INTRODUCTION

Introduction to Vesta CSC and letters from the Primarius, Vice-Primarius, and Head Mentor

ABOUT VESTA CSC

Vesta is a **commuter student community (CSC)** that was established in 2008

CSC's provide a **community** to all students who do not make use of the university accommodation. In other words, since you will not be living in a university residence, you have thus been assigned to Vesta CSC

Vesta CSC will be your community that connects you to the greater Stellenbosch University experience. We provide platforms for every member of Vesta to make new friends and develop social networks whilst developing yourself as an individual

Whether your needs lie in sports, cultural activities, social events, leadership, academics, community outreaches, etc., Vesta will serve as your first port of call. Here in Vesta, all newcomers are given access to trained mentors who will assist you through your journey of transitioning into life at Stellenbosch University.

What do you have to do to utilse this to your advantage?

Literally just show up to our **Welcoming Program!**

We as a leadership team cannot wait for you to experience everything university life has to offer, and more importantly, to welcome you into our community!



VESTA

Vesta Newcomers 2025

WhatsApp group

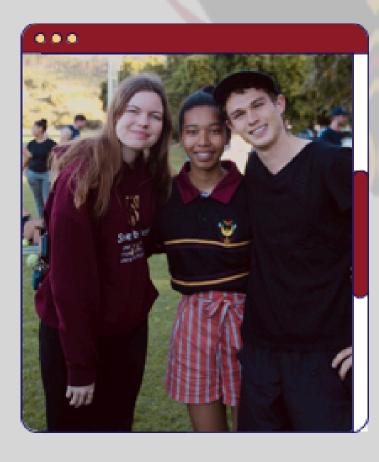


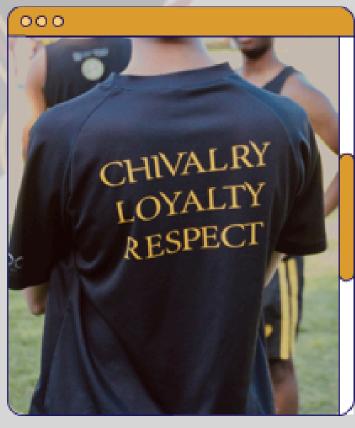
Please join our WhatsApp group for all of our communication

https://chat.whatsapp.com/FzaFqzYm6gO88lxRyDd3S8

WHAT ARE THE VESTA VALUES?

Like any family, in order to thrive, we make use of a value-driven system. This means that the decisions made in the house are guided by our values. We also look at these values as to what is considered acceptable in the house. We encourage each Vestonian to apply the values of the house to every activity in which they partake, as this will ensure a healthy and successful time at Stellenbosch university







Chivalry was developed as a **code of honour** that emphasised **bravery**, **loyalty**, and **generosity** for **knights** at war in the 11th and 12th centuries. it is known as **selflessness** governed by the principle of putting any human's **needs** above one's own.

LOYALTY



Loyalty is known as a reciprocal relationship between members where the house offers a sense of belonging and the members in turn offer their voluntary willingness to always actively uplift and contribute to the house

RESPECT

The final value, Respect, is known to be a due regard for any other's **humanity**, the **environment**, or **social context**, sealed with a bond to not **violate** it under any circumstance, be it great or small.

PRIMARIUS

Dear prospective Vesta

Firstly, would like to congratulate you on your provisional acceptance in Stellenbosch University. That is a huge accomplishment and you are apart of a select few that have achieved this and I wish you nothing but the best for the journey ahead.

I am Kamogelo Magoro, a third year BCom Financial Accounting student and Primarius of Vesta CSC, your new community at Stellenbosch University. Vesta is not just a community, it is place where your individuality can shine, where you can meet new people and become the best version of yourself.

As you walk into this new chapter in your life, and step into being an independent adult, we encourage you to cherish every moment of your university life, forging life long connections and becoming more than just a graduate when it's all said and done. But by being well rounded individual who is always ready to learn. Leaving the university with more than just a degree in hand, but a story to tell.

I can't wait to see you during our welcoming period, where your get introduced into being a Matie, a Wimblewinner and a Vestonian.

Kindest regards

Kamogelo Magoro

LETTER FROM THE VICE-PRIMARIUS

Dear Prospective Vestonian,

I would like to firstly congratulate you on embarking on this new journey, and secondly, to offer you a warm welcome into the Vesta community. It is with great respect and honour that I commend you all on stepping onto this new path in your lives. Daunting as it may seem, this journey is bound to be one filled with new people, great memories and lots of fun, that is not to say that it will be without any challenges, as these serve to grow and mould you into a person that you can be even more proud of than you are at this moment. We, here at Vesta CSC look forward to embarking on this newfound journey into Stellenbosch University.

I am Tauf Christian, a 3rd year BA Humanities student and the Vice-Primarius of the Vesta community. I look forward to meeting you during our welcoming, in which you will be officially welcomed into the Vesta family.

Being a student, mentor, and house committee (HC) member, I would like to encourage all our prospective newcomers to make use of every opportunity that presents itself. Here in Vesta, our main goal is to provide you with these opportunities, one such being the welcoming period, in which you will be shown the ways of Stellenbosch University and the communities within it. Through the collaboration and support of our HC team, mentor team, as well as the rest of the Vesta community, we would like to afford you this amazing experience that is Stellenbosch University.

I am so excited to see you all at our welcoming programme in 2025, and to have you join us for what will be an amazing university experience

And as we like to say here at Vesta, Put the Phoenix in the Rise

Yours truly Tauf Christian

LETTER FROM THE HEAD MENTOR

Dear Prospective Vestonian,

First and foremost, I'd like to congratulate you on beginning this exciting new chapter, it takes a lot of courage to take a step into such a new and strange environment. Secondly, I would like to extend a warm welcome to the Vesta community.

I am Griffin Ludick, a 3rd year BSc Molecular Biology and Biotechnology student and the Head Mentor for Vesta CSC for the 2024/2025 term. I look forward to meeting you all during our Welcoming program, where you will officially join the Vesta community, and watching you all adapt and grow into the Stellenbosch University student life.

Having experienced Vesta's First Years Committee, being a Mentor, and now being a House Committee member, I would like to encourage you to chase any opportunity that presents itself to you, whether that be within Vesta or in the wider University community. Here at Vesta, one of our main purposes is to provide Vestonians with opportunities to grow and develop, one such opportunity would be our Welcoming period where we wish to provide you with all necessary information, support and guidance you would need to have a smooth transition into Stellenbosch University.

With the combined effort and support of our HC team, Mentors, and greater Vesta community, we are thrilled to offer you this special experience that is Stellenbosch University.

Being placed in Vesta, you will be placed under the guidance of our amazing team of Mentors, with one of the Mentors eventually becoming your assigned Mentor. Fortunately for you, through their personal experiences at this University, these Mentors will serve as your personal guides to life at Stellenbosch University. On top of that, the Mentors will ensure that your Welcoming with Vesta is one of the most memorable and special times in your university experience.

I am truly excited to be a part of welcoming you to our special community.

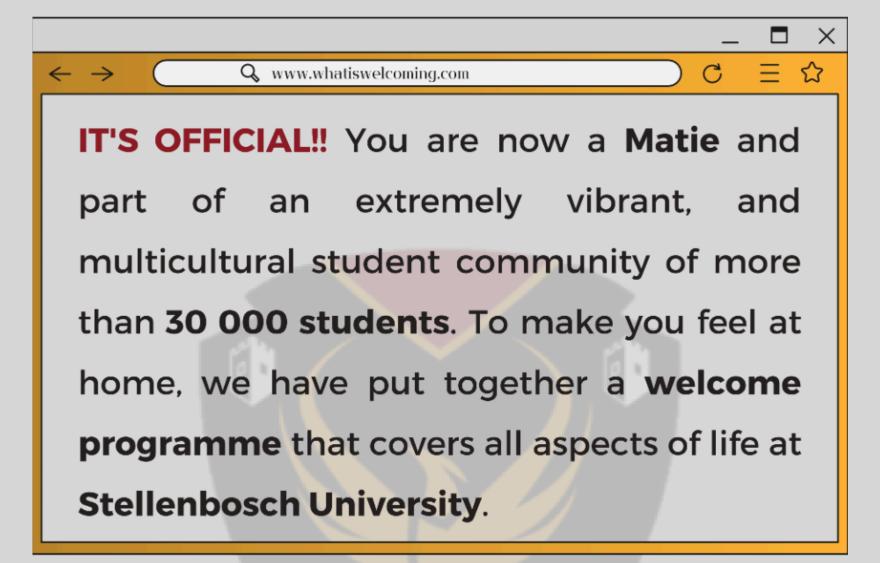
Warm Regards, Griffin Ludick

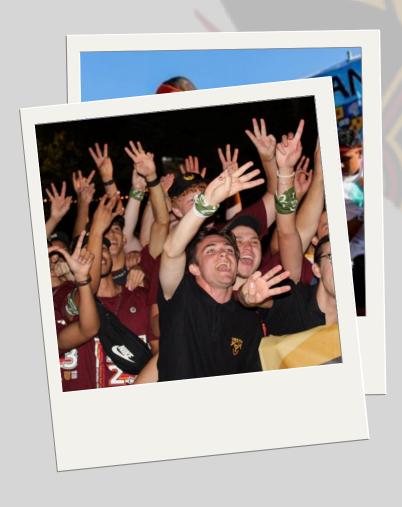


WELCOMING

Introduction to welcoming, important dates for welcoming, some tips, and health and safety regulations

WHAT IS WELCOMING?





Newcomers are welcomed on campus 2 weeks before other students to help with the acclimatisation to the community. Part of Vesta's responsibility is to make the adaptation process easier and to give newcomers and idea of what life is like at SU. This is done through campus tours, information sessions, and interactions with different communities.

WELCOMING HIGHLIGHTS

VENSTERS

This is the ultimate event within the program in which all newcomers take part in a musical which helps them



get to know each other and those we are partnered with. For this year, Vesta is partnered up with Sonop and Nerina Residences, and an extremely exciting Vensters is planned for the coming year.

NETWORKING OPPORTUNITIES

These Social Interactions with other residences or CSCs that occur with fun activities to help newcomers get to know their fellow Maties. One of the best feelings you will have will be greeting a new friend

LET'S TALK

These activities are about learning how to treat people on campus and opening a world of different ideas that you probably had not known about. Critical engagements aim to open up a platform for conversations around difficult topics and/or issues that are relevant to the student community in Stellenbosch. Newcomers are given a platform to share and expand their understanding and view on these issues.

CLUSTER DAY

See the later section on Cluster for a better idea of Wimbledon Cluster. Cluster Day introduces new Vestonians to the other communities within our cluster. Each community welcomes the others into their own space to bond with each other and participate in fun activities. We get to know the other communities in our cluster and make new friends and acquaintances for life.

WELCOMING: WOW MOMENTS

Apart from these activities, Vesta has a whole exciting programme lined up for your welcoming experience. Some of these include:

- Dream Walk
- Phoenix Night
- Social Impact Morning
- Hiking
- Society Fair

We are excited to see you there to join us for these activities

WELCOMING HIGHLIGHTS

28 JANUARY 2025

09:00-10:30 Registration @ Wimbledon Hub

12:00 Lunch

14:45 Amazing Race

17:00 Dinner

29 JANUARY 2025

14:00 Design Your Merch

30 JANUARY 2025

17:30 Official Welcoming by the Rector @ Danie Craven 20:00 DREAM WALK & DREAM FAIR

31 JANUARY 2025

15:00 Welcoming Fair @ Danie Craven

17:00 Choose Your Mentors

1 February 2025

09:00 Cluster Day!!!!

19:00 Phoenix Night @ Wimbledon Hub

*THESE ARE JUST HIGHLIGHTS AND DO NOT EVEN COME CLOSE TO EVERYTHING WE WILL BE DOING!!

THE REST OF THE PROGRAMME WILL BE COMMUNICATED CLOSER TO THE TIME

TIPS FOR WELCOMING



Bring sunscreen, a water bottle (with water) and a cap EVERYDAY



if possible, have your accommodation and living necessities finalised before the programme starts. This will allow you to enjoy this important welcoming period to the fullest.



We will assist with acquiring your student cards, you need not worry about that.



Have your **questions** ready since our **mentors** and **house committee** will be there to answer them



Know that everyone around you will be in a new space, therefore, you do not need to feel intimidated ... Everyone is in the same boat

HEALTH AND SAFETY

Parents/students are kindly asked to inform our health and safety officer, Tauf Christian, if the student has any **serious allergies**, suffers from a **sickness**, or has any other **diseases** and/or **disabilities**.

may be provided to students by Vesta's medication management. Every student is kindly urged to bring along basic medical stock, for example, pills, plasters, ointment for insect bites and wounds, and especially chronic medication. The Stellenbosch University Campus Health Service (CHS) offers an integrated and accessible health service for students within walking distance of Vesta (standard medical fees apply). These services are provided in 6 focus areas (family medicine, health promotion, preventative medicine, sports and exercise medicine, occupational medicine, and physiotherapy) by experienced and appropriately qualified medical practitioners. CHS is also licensed to dispense medicine and has an equipped pharmacy for this service. Free nursing services are available. These health facilities will be shown to all new Vestonians during the welcoming program. A first aid kit will be carried to every event during the welcoming period in case of an emergency

Campus security makes an important contribution to campus safety through patrolling and offers an effective reaction capability, thereby creating a system of staff and students taking primary responsibility for their own safety. Be sure to save the campus security number to your phone. Every Vestonian should take responsibility for their own safety. Students who exhibit high-risk behaviour make themselves vulnerable and contribute to an unsafe campus. Their behaviour creates opportunities for crimes and attacks by criminals on campus. Our best security system is all Vestonians giving their full co-operation.

HIGH-RISK BEHAVIOUR

High-risk behavior includes the following:

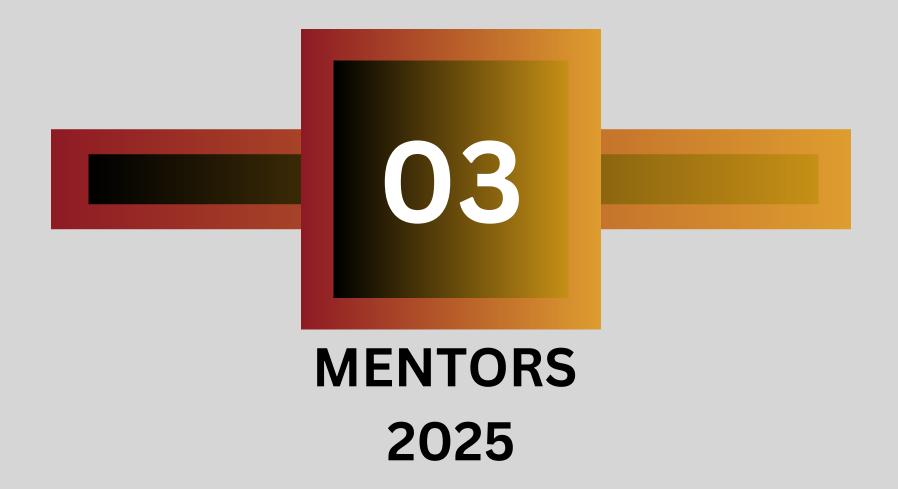
- Walking alone at night/walking or parking in poorly lit areas or areas with very little surveillance
- Being on the streets late at night and/or early in the morning hours (even when in small groups)
- Being in the streets, particularly at night, under the influence of alcohol or other harmful substances
- Leaving doors and windows open or unlocked
- Using expensive and sought-after sports bikes, especially having poor bicycle locks on them
- Walking on campus displaying valuable items when carrying them (laptops, cell phones, tablets etc.)

IMPORTANT CONTACT NUMBERS

For after-hour hospital care and/or emergency cases, contact the nearest hospitals:

Stellenbosch Medi-clinic: 021 861 2000 Stellenbosch Hospital: 021 808 6100 Casualties: 021 808 6147/84

You can also contact Campus Security at 021 808 2333



Meet Your Mentors for 2025

YOUR 2025 MENTORS



DANIEL VAN HUYSSTEEN BAcc



DEWALD SMIT

BCom Management Sciences



NICHOLAS JOHN ROSS
BSc Biodiversity & Ecology



BEN COLYN MOUTONBSc Applied Earth Science



DIEGO LOTTERINGBEd Foundation Phase Teaching



ZIMI NGINASEBA Humaities



SIMON VAN DEN BERG
BSc Molecular Biology and
Biotechnology



EGAN JOHN GROBLER
BSc Human Life Sciences:
Biology with Psychology



JOSH FITT
BA Drama & Theatre Studies



JENSEN SMITH
BCom International Business



KEARIN WILSNACH
BEd Intermediate Phase
Teaching



PIETER JANSE VAN RENSBERG BEng Mechanical



JOSH JANSENBCom Management Sciences

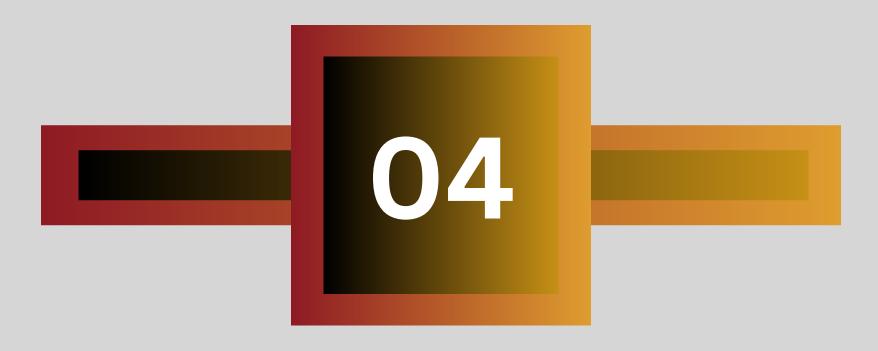


MICHAEL FIELDING
BSC Computer Science



RUDY KIANDA BA Humanities





CLUSTER

Introduction to Wimbledon Cluster, and information regarding food bookings, and other information on cluster

Wimbledon Cluster

Dear prospective Matie

Congratulations on embarking on this incredible journey at
our university! I want to extend a warm welcome, not only to Stellenbosch
and your respective student communities, but your greater Wimbledon Cluster!

University is a place of growth, discovery, and transformation. It's a time to embrace change, and challenge yourself. As you navigate through the streets of Stellenbosch, remember that it's okay to feel a mix of excitement and nervousness. You are not alone—everyone around you is on a similar journey.

Embrace the change that comes with university life. This is a unique opportunity to expand your horizons, both academically and personally. Step out of your comfort zone, join committees, attend events, and meet new people. The diversity of experiences and perspectives on campus is vast, and it's in these interactions that you'll discover new passions and forge lasting connections.

Now, you may be trying to digest all of this new information being thrown your direction. Let me break down what our Cluster is...Wimbledon is our "village" consisting of 6 student communities, namely: Aristea CSC, Vesta CSC, Sonop, Irene, Eendrag, and Helshoogte. Wimbledon offers you a host of sports, personal and professional development opportunities and social networking events to ensure you are exposed to students from different communities. Wimbledon Cluster also offers you the Wimbledon Hub, a designated building conveniently located at the epicenter of our 6 communities - it is a place to study, meet up with friends, grab food, and relax.

Cluster will be introduced to you during welcoming, and we are so excited to call you a WimbleWinner!

We can't wait to witness the incredible impact you'll make. Best wishes for a fantastic journey ahead.

My best, **Julia Meyer**

Co-Cluster Convenor



· EENDRAG

WIMBLEDO

CLUSTER

A LENDIBANO

LETER . VESY

LSHOOGYE

Bur Cluster

WHAT IS CLUSTER?

Being a part of your student community also entails forming part of a bigger community on campus, called the Wimbledon Cluster. A cluster is a larger student community that comprises of various residences and CSC's.

The concept of cluster was introduced in 2007 to scale academic success across campus and establish an integtrated learning community, with the activities and facilities available to students part of university residences and CSC's to, and engage in each others activities. The six other clusters on campus in addition to the Wimbledon Cluster include Validus, Rubix, amaMaties, VicMeyer, Victoria and Tygerberg.

Welcome to Wimbledon Cluster!

Wimbledon Cluster consists of six communities that are all in the area surrounding the Wimbledon Hub. These include Aristea CSC, Vesta CSC, Eendrag Residence, Helshoogte Residence, Irene Residence, and Sonop Residence. During Welcoming you will have the opportunity to meet fellow students in the cluster and make $m{\omega}$ friends outside of your community (residence or CSC). Cluster Interaction and Cluster Day during Welcoming is your files opportunity to engage and interact with the communities on Wimbledon, and meet your faculty peers. It really is something to look forward to! In addition to being part of such a vibrant and spirited cluster, you have the added option of being able to bank affordable subsidised meals at the residences that form part of the Wimbledon Cluster. You are also invited to book and enjoy our monthly "First Wednesday" lunch. The Wimbledon Hub's Chalkboard deli also sells food, and the 2nd and 3rd floors have a quiet space for studying.





During Welcoming you will meet the Cluster Convenors, Julia and Zikisani, who are for creating responsible for platform engagement and connection. The cluster experience provides you with the opportunity to network and form academic and connections. The cluster has events during the year, where you can look forward opportunities for personal growth and meeting new people.

Our 2025 Wimbledon Cluster Convenors: Julia & Ziki

: last year Ziki & Julia where prims of Irene and Aristea - 2 Wimbledon communities!

The Wimbledon Hub

78 MERRIMAN AVE, STELLENBOSCH CENTRAL

The Cluster has benefited immensely from the addition of the Hub space. The Wimbledon Hub, being the building of the Cluster offers you a space to interact with our members on an everyday basis. Cluster also offers sport opportunities that are free of cost and it will all be communicated during welcoming!

The Wimbledon Hub is our "village" centre providing study areas, chill couches and a Chalk Board Deli with some of the most delicious food. For Welcoming, most of our Cluster Activities will be within reach of the Hub!

This is what our Hub looks like!

Fun fact:

Whilst all CSC students live in own private off-campus accommodation, the House Committee members of Vesta and Aristea live on the 2nd and 3rd floor!





WIMBLEDON HUB





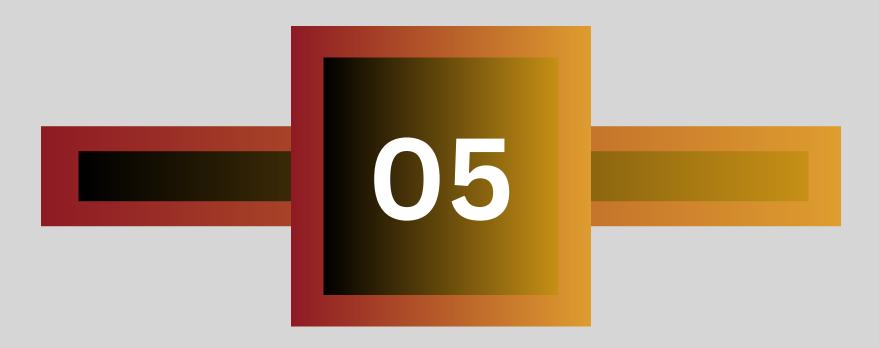
@wimbledoncluster





@wimbledoncluster ig(igtiz) wimbledoncluster@sun.ac.za

Follow us on social media!



MISCELLANEOUS

Extra information for you regarding the Stellenbosch University graduate attributes, a message from the CSC unit, as well as a link to the Stellenbosch University's interactive campus map

LETTER FROM THE CSC UNIT

Dear Vesta Newcomer.

Congratulations with your provisional acceptance at Stellenbosch University and a warm welcome to Vesta. Studying at Stellenbosch University is a great honour and we wish you all the best as you enter this challenging yet exciting phase of your life. As a prospective first year you stand at the beginning of an exciting period in your life.

As the Commuter Student Communities Unit at Stellenbosch University, we are responsible for managing the Vesta Community, along with its House Committee and the Mentors. We are your support network that will assist with your academic and social integration at SU. Please, if you have any questions, do not hesitate to ask. Vesta believes in a value driven system. We consider these values in all we do.

Your community with allow you to forge new paths, build new relationships and innovate in ways you never have imagined. The CSCs ensure that students, even when physically separated from one another, still remain connected to each other as well as campus life through our virtual community offerings.

We encourage you to make the most of this experience and to take a hold of each and every opportunity that comes your way. In today's world, a degree can only get you so far. Your experience at Vesta is what will allow you to go further and to leave Stellenbosch University as a well-rounded graduate. Vesta is your portal to an exciting out-of-class and co-curricular experience which will go a long way to giving you an upper hand one day when you graduate. We look forward to meeting you and we can assure you that you will be welcomed into our community with open arms.

Regards,
Commuter Student Communities Unit cscu@sun.ac.za

http://www.sun.ac.za/english/learningteaching/studentaffairs/student-leadership/private-studentorganisations-(psos)



SU GRADUATE ATTRIBUTES

As a creator of hope in Africa, Stellenbosch University aspires to create the kinds of conditions that will enable each student to acquire the attributes outlined below:

AN ENQUIRING MIND



- Lifelong Learner
- Critical and creative thinker
- Exercises responsibility for learning and using knowledge

AN ENGAGED CITIZEN

- Leader and collaborator
- Social Entrepreneur
- Effective in diverse environments



A DYNAMIC PROFESSIONAL



- Problem solver
- Uses sustainable and effective technology
- Innovative

A DYNAMIC PROFESSIONAL

- Exposed to cultural, intellectual, and sporting life
- Takes responsibility for own development
- Makes informed and considered decisions



WHAT IS A MATIES BIKE?

Stellenbosch is the first South African university to set the bicycle wheels rolling for sustainability. Since 15 March 2012 staff and students can rent Matie Bikes. Safe bicycle sheds are also being erected while the establishment of cycling lanes is being undertaken together with the Municipality

The first Matie Bikes were imported from the Netherlands by BEN (Bike Empowerment Network). These bicycles were blue and identified by a special sticker as a Matie Bike.

New maroon Matie Bikes were purchased at the end 2016. Like the old blue bicycles, these bicycles do not have gears, and have hand brakes instead of back-pedal brakes.

CAMPUS MAP

Please feel free to use the link below to go to the university's interactive map of the whole campus and surrounding areas. If you need any help getting around campus, you can use this map, or contact your mentor who will always be available to help you find your way around the Stellenbosch University campus. We will also have a campus tour where you will get a basic idea of the facilities around campus, and how to navigate between them. Just paste the link below into your web browser to access the interactive map

https://campusmap.sun.ac.za

VESTA SOCIAL MEDIA

FOLLOW US ON:

INSTAGRAM

https://www.instagram.com/vesta_csc/profilecar
d/?igsh=MXJsMDRtcnR6ZmJwOA==



Please pay close attention to our instagram page as this is where we will be doing all our raffles, competitions, and random giveaways during the welocming and pre-arrival period.

TIKTOK

https://www.tiktok.com/@vestapso? _t=8rndJyPXLZY&_r=1



WE ARE SUPER EXCITED TO MEET YOUALL

AND WE, HERE AT VESTA, LOOK FORWARD TO SEEING YOU AT OUR WELCOMING IN 2025

PHOENIX RISE!!