CAPRI WELCOMING BOOKLET

Commuter student Community

2025



GAPRI

EKHAYA | HOME | TUIS

WADDLE THROUGH THIS BOOKLET:

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WELCOME FELLOW NEWCOMER!

Welcome to Capri, our wonderful Commuter Student Community!

First of all, let us just say—**Congratulations**! Getting into Stellenbosch

University is an amazing achievement, and we are so proud of you. We

understand that with this new chapter comes a whirlwind of excitement,

mixed with a little bit of uncertainty. You may have a lot of questions about

what to expect, where to go, and how to find your way, but don't worry—

we're here to help guide you through this transitional period and make it as

smooth as possible.

As a commuter student, your experience at Stellenbosch might look a little different from that of a residence student, but rest assured, it's just as important and just as valuable. Instead of living on campus, you'll be navigating your way back and forth from home, and yes, you will need to arrange your **own accommodation**. But the good news is, this also gives you the freedom to choose a living space that works best for you, whether it's nearby or further out. It's an exciting opportunity to craft your own university lifestyle!

One of the most special things about being a commuter student is that you get to be part of a unique and tight-knit community—**Capri**. This community is build on the shared experiences of commuters, offering a space to connect, share stories, and support one another. While you won't have the same kind of "on-campus" living experience as residence students, the value of your journey at Stellenbosch is just as significant.

You'll find that Capri is a place where you can build lifelong friendships, get advice, and find the kind of community that will help you thrive.

. Whether you're looking for study buddies, people to chat with between classes, or just a group to share the experience of university life with, you'll find them here. As a member of Capri, you'll also have the chance to help welcome newcomers, just like yourself, into this vibrant community, creating bonds that will last throughout your university career.

To help make your transition easier, we've put together a welcoming booklet for you. It's full of helpful information about getting around campus, tips on managing your commute, study spaces to check out, and practical advice on how to make the most of your time as a commuter student. We know starting university can sometimes feel overwhelming, but we want to help reduce that stress and confusion, so you can focus on what really matters—your studies and enjoying your time at Stellenbosch.

Throughout your journey here, the Capri community will be your guide. Whether you're feeling lost, need advice on managing your schedule, or just want someone to chat with, we've got your back. We're here to make sure that, no matter where you're coming from, you feel supported, included, and ready to succeed.

Once again, congratulations on joining the Stellenbosch family. We're so excited to have you as part of Capri, and we can't wait to see all the amazing things you'll accomplish here. Welcome aboard, Capriple—we're so delighted you're here!



VALUES:

We as Capri are truly dedicated in creating a memorable Welcoming therefor equipping you with this "Welcoming Booklet". This Booklet is more than just an introduction, it is a thoughtful companion that will assist students like you, through the essential information that is needed from campus resources to what Capri stands for, our Values and Welcoming statement.



I am because we are. Capri is a diverse CSC, filled with people of various backgrounds, personalities, orientations, religions and ethnicities, each with a unique perspective and bringing something different and valuable to the table.

We promote understanding and compassion to encourage togetherness.

INNOVATION

Creating new ideas to distinguish us from the rest of Campus. Capri takes pride in our ability to adjust our thinking and to merge that with the values of SU, being able to adjust to change. Keeping traditions that benefit the community and changing those that cause harm. We strive to change, not because of change, but being the change.

TROTS

At Capri, we encourage our members to take pride in the good. Having pride in themselves and in Capri. To always strive to be better. Creating those "Hoendervleis-oomblikke" for our members.

OUR WELCOMING STATEMENT

The Capri Commuter Student Community's Welcoming Program is dedicated to supporting newcomers as they transition to campus life. As leaders, our goal is to create a truly inclusive environment that fosters a sense of belonging and encourages meaningful connections from day one. We recognize that the shift to campus life can be challenging, especially for commuter students, and we are committed to helping ease that transition through a range of tailored resources and opportunities for engagement.

Our program is built on the values of diversity, integration, and mutual support.

We aim to foster an environment where all students—regardless of their backgrounds—can thrive. By offering mentor sessions, workshops, social events, and networking opportunities, we are creating spaces where students can not only connect with one another but also develop a deeper understanding of different cultures, experiences, and perspectives. We believe that collaboration and cultural exchange are key to strengthening our community ties and enriching the overall student experience.

Through this initiative, we want to ensure that every commuter student has the tools and support they need to navigate this transition period with confidence. Our leadership is committed to being there every step of the way, providing guidance, support, and the chance to build lasting relationships that extend beyond the classroom. Ultimately, our vision is to foster a community where every student feels empowered, integrated, and fully engaged in campus life, making the most of both their academic and personal growth opportunities.

This program is about more than just helping students settle in—it's about creating a vibrant, connected community where everyone can contribute, collaborate, and succeed together.





We are the **Capri House Committee for 2025**, the leadership team that makes sure everything runs smoothly and that your time at university is as awesome as it can be! Think of us as your go-to crew for all things Capri—we're here to make sure you have a well-rounded experience, from academics to social life, cultural activities to personal growth.

We plan and host fun events, workshops, and social hangouts to help you connect with others and build lasting memories. And if you ever need advice, guidance, or just someone to chat with, we've got your back.

Our mission? To help you grow into a confident, balanced individual who's ready to take on the world, while making sure your university journey is unforgettable. Let's make this year incredible together!

Come meet the team...

DANIELLA BOTHA





MESSAGE FROM DANI:

Hello and welcome to the newest members of the Capri family! We're absolutely thrilled to have you here with us.

If you're fresh out of high school, take a moment to give yourself a well-deserved high five for making it this far. And for those of you who took a different path to get here, a round of applause for your courage and resilience! No matter your journey, you're now part of something special.

I won't hide it — I'm biased, but I believe Capri CSC is the community to be a part of here at Stellenbosch. We're a group of fun, creative, and lekker people who truly support one another. Capri is a place where friendships are made, memories are created, and personal growth happens every day. Starting university can feel daunting — and trust me, feeling overwhelmed is totally normal. We've all been there. But take a deep breath: the next few years will be filled with excitement, discovery, and plenty of opportunities to challenge yourself. You'll meet lifelong friends, expand your horizons, and begin to shape the future you've always imagined.

Capri is here to help you navigate this wild and wonderful adventure. Think of us as your second family, a support system, and a community of individuals who are as unique as they are welcoming. My advice? Don't be afraid to make mistakes, take risks, and learn from every experience. This is your time to grow, so go ahead and embrace the journey — even when it gets a little messy!Before I sign off, here are two quick tips to help you thrive at Stellenbosch:

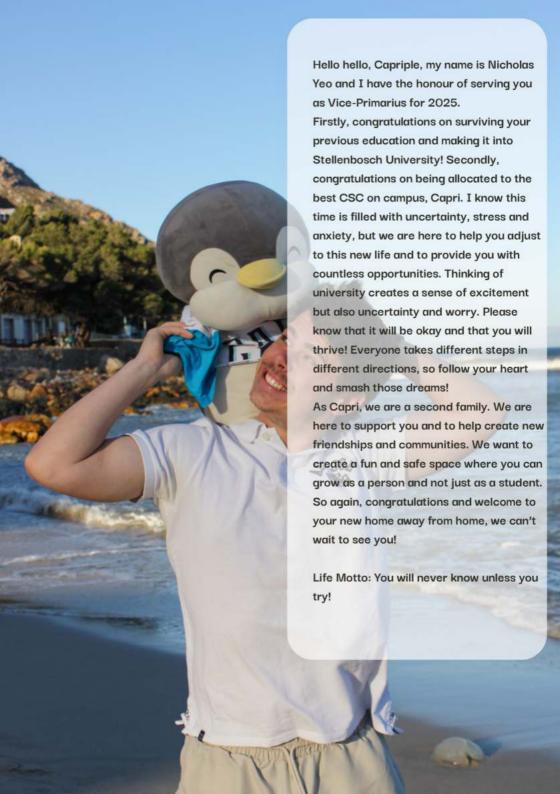
Tip 1: Don't wait for opportunities to come to you — chase them down with everything you've got.

Tip 2: Remember to live where your feet are and make the most of everyday!

I'm so excited for everything ahead of you, and I can't wait to see how you make the most of your time here. Welcome again – the adventure starts now!

NICHOLAS YEO





AIMÉE MARITZ



- WELCOMING LEADER
- SOCIAL MEDIA &MARKETING
 - Hey, I'm Aimée if I could be any character from Ice Age, I'd definitely be Sid the Sloth. I mean, who wouldn't want to rock that laid-back vibe and always find themselves in hilariously awkward situations?
 - "My life motto? Love deeply, laugh often, and never pass up a good slice of chocolate cake!"

SHAUN MATTHYSEN



- · WELCOMING LEADER
- SUSTAINABILITY
- Hey everyone, I'm Shaun Matthysen, cowelcoming leader for Capri and a third-year BA International Studies student. I'm so excited to see you grow this year remember, Capri is here to support you all the way, so good luck and enjoy your first year!
- Just like the lotus we too have the ability to rise from the mud, bloom out of the darkness and radiate into the world.

SIMONN KRUGER



HEAD MENTOR

- I'm from Pretoria, a proud Belgian Malanois owner, and passionate about art. Joining Capri was a life-changing experience for me, as I found not just a community, but a family. I'm excited for you to begin this journey, and I promise Capri will be here to support you every step of the way!
- The sun shines for all of us!

CLAUDIA GREYLING



FINANCIAL MANAGER

- Mom of Six cats!
- Life motto : Don't worry, be happy.

ISABELLE REYNHARDT

DIMPHO LEHOLI



SPORTS, WELLNESS & MERCHANDISE

- i study BSc but absolutely despise doing math!
- Be a first rate-version of yourself instead of a second-rate version of someone else.



CLUSTER

- Hi.. I'm Dimpho and I'm addicted to cheesecake.
- Tomorrow isn't promised. Live in the moment.

MELISSA HESS

SAVANNAH FARRIS



TRANSFORMATION OFFICER

- Creative, cringy and (attempting) cool.
- "Float like a butterfly, sting like a bee!"



SECRETARY

- My personality can be pretty much summed up with this Lorelai Gilmore quote: "Oh, I can't stop drinking the coffee. I stop drinking the coffee, I stop doing the standing, walking, and words putting into sentence doing." Sprinkle in some love for running and animals, and that's pretty much me.
- Dance first, think later, it's the natural order!

Mentors...

First off, huge congratulations on securing your provisional acceptance to Stellenbosch University—what an amazing achievement! Now, get ready for another big win: a warm and enthusiastic welcome to Capri!

As Capri leaders, our mission is to give you more than just a university experience—we're here to offer you a family, a solid support system, and a place where you can truly feel at home. One of the highlights of your first year at SU is that you'll be matched with a mentor who's there for you every step of the way. Your mentor is your go-to person for anything and everything—whether you're navigating your classes, figuring out the social scene, or just need a familiar face on campus.

Our CSC mentors are like your unofficial buddies who'll help you ease into university life. They'll be by your side during orientation week and beyond, keeping you in the loop about all things Capri—academic support, fun events, and everything in between. They're here to make your transition smoother, more enjoyable, and way less overwhelming.

University life can be a bit of a rollercoaster at first, but it's also the beginning of one of the most exciting and rewarding chapters of your life. We've got your back with activities, support, and everything you need to not just survive, but thrive. So, make sure you take full advantage of all the opportunities coming your way!

For now, enjoy the rest of your break, get ready for some unforgettable memories, and know that we can't wait to meet you next year!





DARIO CONSANI



HEINRICH BOTHA



DAPHNÉ NTENGU



KHANYA MABANDLA



PHILLIP LINGENFELDER



DESIRÉ SWART



LUTZIANO WIESIE



KAY-LEE PILKINGTON



EMMANNUEL MANHANGA



BENYAMIN STANDER



TEMWANI CHIRWA



CATHERINE LOCHRIE









CHERI SWART



LANA PRETOIUS



ANNA ROBERTSON



MIA THEUNISSEN



JANA VAN TONDER



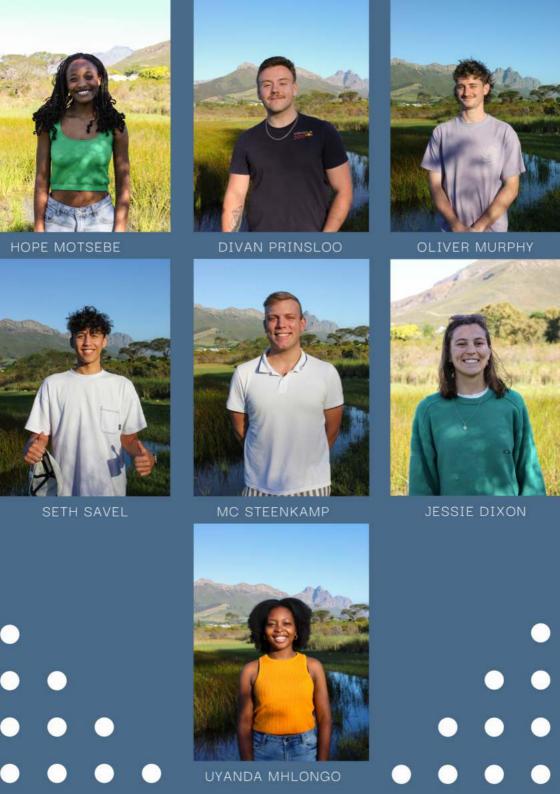
SENIORS COMMITTEE

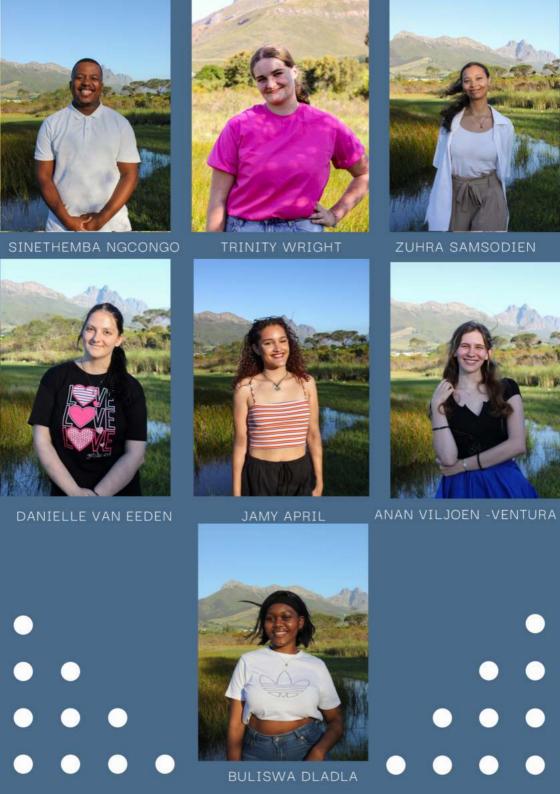
Hey there, future Capriple! Get ready to be swept up by the awesomeness of the Seniors Comm! We're not your typical committee—we're the masterminds behind some of the wildest and most unforgettable experiences you'll have once you level up to Capri senior (that's 2nd year and beyond).

As you dive into the welcoming whirlwind, keep an eye out for us—we'll be the ones rocking tie-dye and ready to answer all your burning questions about campus life. Think of us as your walking, talking campus encyclopaedias, here to guide you through it all.

The fun doesn't stop after orientation; we've got a whole year of exciting events lined up for our seasoned seniors. And here's the best part—at the end of your first year, you'll get to jump right into the madness too! Join our gees-powered team and get ready to make your own mark in the Capri community. Let the fun begin!







Dear Capri Newcomer.

Congratulations with your provisional acceptance at Stellenbosch University and a warm welcome to Capri. Studying at Stellenbosch University is a great honour and we wish you all the best as you enter this challenging yet exciting phase of your life. As a prospective first year you stand at the beginning of an exciting period in your life.

As the Commuter Student Communities Unit at Stellenbosch University, we are responsible for managing the Capri Community, along with its House Committee and the Mentors. We are your support network that will assist with your academic and social integration at SU. Please, if you have any questions, do not hesitate to ask. Capri believes in a value driven system. We consider these values in all we do.

Your community with allow you to forge new paths, build new relationships and innovate in ways you never have imagined. The CSCs ensure that students, even when physically separated from one another, still remain connected to each other as well as campus life through our virtual community offerings.

We encourage you to make the most of this experience and to take a hold of each and every opportunity that comes your way. In today's world, a degree can only get you so far. Your experience at Capri is what will allow you to go further and to leave Stellenbosch University as a well-rounded graduate. Capri is your portal to an exciting out-of-class and co-curricular experience which will go a long way to giving you an upper hand one day when you graduate.

We look forward to meeting you and we can assure you that you will be welcomed into our community with open arms.

Regards, Commuter Student Communities Unit cscu@sun.ac.za

http://www.sun.ac.za/english/learning-teaching/student-affairs/student-leadership/private-student-organisations-(psos)





WHAT IS A CLUSTER?

A cluster is a group of residences and commuter student communities (CSCs), who together form a broader community where students can interact and collaborate with one another

WHO ARE WE?

amaMaties is made up of five residences: Erica, Serruria, Nemesia, Helderberg, and Huis Neethling, and two CSCs; Capri and Equité. We are one of the most active clusters on campus and enjoy hosting joint events and making use of our shared spaces

OUR VALUES

Our cluster values are Ubuntu, Respect, Gees, Empowerment, and Individuality

amaMATIES Facilities

The amaMaties cluster HUB, is the physical base of our cluster and provides a gathering space and commons for the students of our cluster; ensuring a world class living and learning environment. This multifunctional space provides students with an area to meet, study, relax, and engage with each other between classes and other commitments.



The HUB facilities include:

- Study and relaxation area 24/7
- · Tinie Louw dining hall
- Plug points for laptops and cell phones
- Early morning or late dining at the deli
- Emergency backpacker rooms
- · Maties Wifi access
- Lockers

Dear New Matie.

Welcome to the amaMaties family! We are so excited to have you with us. As you step into this new chapter, you are joining a community that is more than just about academics – it is a place where you will make friends, share experiences, and create memories that will last a lifetime. Embrace the diversity around you and take the opportunity to learn from those with different perspectives and backgrounds. Your journey at Stellenbosch University is not limited to the classroom; every event, conversation, and challenge is an opportunity for growth. Dive into all the cluster has to offer and make the most of this exciting time.

These years will be filled with late-night study sessions at the amaMaties Hub, shared moments of laughter over lunch at the Tinie Louw Dining Hall, and lessons that will shape you into someone ready to face the world with confidence and empathy. Embrace this chapter with enthusiasm, curiosity, and an open heart - using it to unlock your full potential.

We are looking forward to seeing all that you will contribute to our community, and we are here to support you every step of the way!

Warm regards, The amaMaties Cluster Team

Matie eNtsha eBekekileyo,

Wamkelekile kusapho iweQela lamaMaties! Kuyasivuyisa ukuba ube nathi. Njengoko ungena kule hambo intsha, uzimanya noluntu olutsha olungekho kwezemfundo nje kuphela—le yindawo apho uya kwenza khona izihlobo, wabelane ngamava, ze udale linkumbulo eziya kuhlala ubomi ngokubanzi. Yamkele iyantlukwano ekungqongileyo ze uthabathe eli thuba ngenjongo yokufunda kubantu abaneengcamango neemvelaphi ezihlukeneyo.

Ihambo yakho kwiYunivesithi yaseStellenbosch iphangalele yadlulela kwigumbi lokufundela; wonke umsitho, incoko nomngeni lithuba lokukhula komntu bugu. Zibandakanye nayo yonke into elinikezela ngayo eli qela ze wenze unakhonakho ngeli xesha limnandi kangaka.

Le minyaka iza kuphuphumala ziindibano zokufunda ngeenzulu zobusuku eamaMaties Hub, apho kuhlekwa kunye khona ngelixa konwatyelwe izidlo kwiHolo leZidlo iTinie Louw, kunye namava aya kukubumba ube ngumntu oya kulungela ukumelana nehlabathi ngokuzithemba nangovelwano.
Samkele ngolangazelelo esi sahluko, ukundweba kunye nentliziyo" evulekileyo, usisebenzisela ukuphangalalisa zonke izakhono zakho.

Sinemincili yokubona zonke izinto oya kube ufaka igalelo ngazo kuluntu lwethu, yaye silapha ukuze sikuxhase kuwo onke amanyathelo ale hambo!

Ngemibuliso emihle, LiQela leQoqo lamaMaties

Beste nuwe Matie.

Welkom by die amaMaties-klusterfamilie! Ons is so bly jy is nou deel van ons. Met die begin van hierdie nuwe hoofstuk sluit jy aan by 'n gemeenskap waar dit oor veel meer as akademie gaan – dit is 'n plek waar jy nuwe vriende sal maak, ervarings sal deel en herinneringe sal maak wat jou 'n leeftyd sal bybly. Omarm die diversiteit wat jou omring en gryp die geleentheid aan om te leer by mense met ander perspektiewe en agtergronde. Jou reis aan die Universiteit Stellenbosch strek veel verder as die lesinglokaal: Elke geleentheid, gesprek en uitdaging is 'n kans vir persoonlike groei. Verdiep jouself in alles wat die kluster bied en maak die meeste van hierdie opwindende tyd.

Hierdie jare sal gevul wees met laatnag studie-sessies by die amaMaties Hub, gedeelde pret tydens etes by die Tinie Louw-eetsaal en ervarings wat jou sal vorm tot iemand wat gereed is om die wêreld met selfvertroue en empatie in die oë te kyk. Gryp hierdie hoofstuk aan met entoesiasme, nuuskierigheid en 'n oop hart, en gebruik dit om jou volle potensiaal te ontsluit.

Ons sien uit daarna om te sien wat jy alles sal bydra tot ons gemeenskap en ons is hier om jou elke tree van die pad te ondersteun!

Vriendelike groete Die amaMaties-klusterspan

Meet The Team

Benita van Zyl



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Sinethemba Ngcongo



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Cluster HC Serruria 27210030@sun.ac.za 082 318 6345

SECTION GROUPS!

At Capri, we're all about creating those epic section groups that'll make your University journey unforgettable! Whether you're Team Terra, Aria, or Aqua, get ready to dive into a year of fun and friendship. We've got WhatsApp groups to keep you in the loop with all the exciting events, but it's not just about staying updated—it's about becoming part of a family (with a little friendly rivalry thrown in, of course!).

Throughout the year, your section will take part in all sorts of exciting activities, team events, and adventures. The more you get involved, the more points your section rakes in. And hey, just showing up to events counts too, so don't miss out!

Here's the best part: the section with the most points at the end of the year gets a special reward. It's our way of saying, "You all did an amazing job, and you deserve to be celebrated!" So get ready to bring the fun, make memories, and join in the friendly competition!









What can you look forward to this year!

1. Vensters/Connect

Future Capriple!

Get ready for one of the most exciting traditions at Stellenbosch University-Vensters/Connect! This is where all the communities come together during Welcome Week to create an unforgettable mini-show packed with dances, dialogues, and a whole lot of creativity. This year's theme? The Greatest Show! Capri CSC is teaming up with the amazing Serruria Residence, and we can't wait to see what you bring to the stage. Don't worry if you're not a professional dancer-gees is what matters most! Whether you're busting a move or just showing up with your energy, you'll be shining bright in Connect. The entire Stellenbosch community will gather to watch, cheer

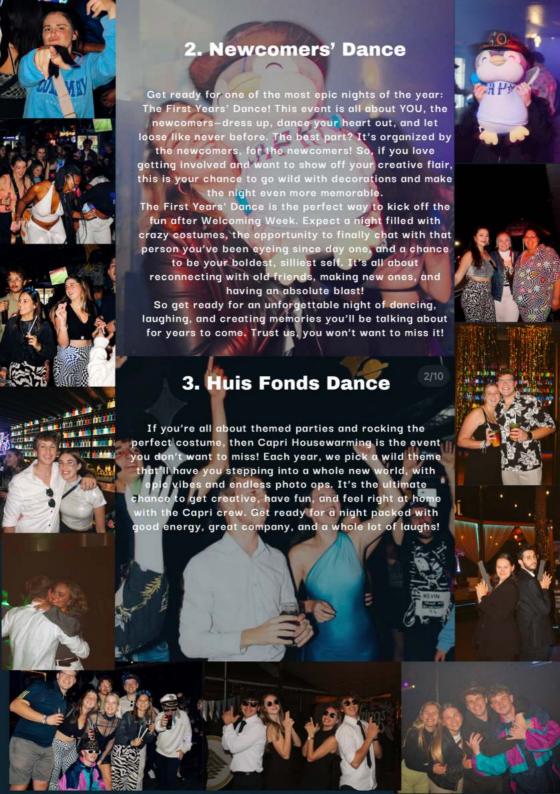
you on, and celebrate your creativity.

Everyone is invited to join in-whether you dream of being the next America's Got Talent sensation or

you're just here for the fun, we've got a spot for you!

If you're more into being behind the scenes than dancing, there are plenty of opportunities to help out with decorations or even acting! It's all about getting involved and having a blast.

We'll go over all the details once you arrive during Welcome Week, but trust us—you don't want to miss out on this experience! Get ready to bring the gees, get creative, and show us your moves—we can't wait to see you shine at Vensters/Connect!



4. House Gala

This is the highlight of our year, and trust us—you won't want to miss it!

Picture this: stunning gowns, sharp tuxedos, and a night filled with
elegance and glamour. With delicious food, amazing music, and an
atmosphere bursting with spirit, it's a night you'll remember forever!

This formal event typically happens in August, so get ready to dress to
impress and enjoy a night that's all about celebrating in style.











5. Capri Week!

Get ready to paint Stellenbosch turquoise—it's time for Capri Week! This is the week you've been waiting for, packed with Capri-themed events, activities, and socials. Break out those dancing shoes, warm up your vocal cords, and make sure your friends know you'll be busy—because Capri Week is an absolute MUST!

From Capri-GA to the House Gala, movie nights, the epic Amazing Race, House Committee elections, and so much more, we've got something for everyone. By the end of the week, Stellenbosch will know that Capri is taking over, and you'll have a blast doing it! Get ready for a week of non-stop fun and unforgettable memories!









•—•—• WHAT WE OFFER: Committees

NEWCOMERS COMMITTEE

The Newcomers Committee is all about bringing the fun-social events planned by the newcomers, for the newcomers! If you're someone who loves to organize, thrives in social settings, or just wants to get your admin skills into action, this is the team for you. It's your chance to dive into the Capri community, make new friends, and develop leadership skills as you begin your university journey.

As part of the Newcomers Committee, you'll get hands-on experience planning everything from dances and socials to events that bring the Capri spirit to life. It's the perfect way to get a feel for what Capri leadership is all about, and who knows? It might even inspire you to take on bigger roles as your university career progresses.

We'd love to be a part of your growth—both as a leader and as an individual—so join us and let's make your first year unforgettable!

SENIORS COMMITTEE

The Seniors' Committee is the heartbeat of Capri passion! While they don't get formal training, they dive into whatever needs to be done with all the energy and enthusiasm that make Capri so special. This incredible team of senior students brings an unmatched love for Capri, and their main job? Keeping the senior community engaged, reminding everyone that finding that perfect academic-social balance is key, and—of course—making sure newcomers feel right at home.

The Seniors' Committee is all about creating an atmosphere where no one feels nervous about socializing. We're not in high school anymore, and the old "senior vs. junior" hierarchy is long gone in Capri. It's about community, fun, and connection. They also plan some of the best events throughout the year-trust us, they've got some seriously fun surprises lined up for 2025! Get ready because if they're excited, you should be too!

•—• WHAT WE OFFER:

Culture

CAPRI CULTURE

Capri culture is all about belonging and support. Whether you're tackling exams or celebrating a win, we've got your back. Gees (spirit) fuels everything we do-it's the energy that gets us through the tough times and makes the good times even better. From late-night chats to unforgettable events, Capri is about collaboration and lifting each other up. We're not just a residence—we're a family. So get ready to dive in, make new friends, and experience the magic of being part of a community that truly supports you.

CULTURE COMM

Not into the spotlight? No problem! The Capri Culture Committee is the perfect place to get creative behind the scenes. If you love planning events, designing décor, or bringing fun ideas to life, this team is for you! We're all about making Capri's cultural events shine, and yes—drinking a lot of coffee while we're at it!

Bring your glitter, your paintbrush, and your imagination. It's a space to create, have fun, and make a real impact. Ready to get involved and help create unforgettable moments? Join us and let's make magic happen!

Molassesêr

Ready to have fun and make some awesome friends? Molassesêr is the perfect event for you! It's a massive competition where newcomers from different houses battle it out with their singing, dancing, and acting talents. You don't have to be a pro-just bring the energy and enthusiasm!

SU Acapella

If you've got a love for music and can make some serious noise with just your voice, then SU Acapella is where you belong! Houses across campus go head-to-head to claim the title of A Capella champs. If you love to sing, get ready to show the world what Capri-pella is made of-forget Pitch Perfect, we're the ones to beat!

Toneelfees

Are you a drama king or queen? Toneelfees is where all things theatre come alive—whether it's writing, acting, or just watching great performances. Bring that story you've been dreaming about and turn it into something unforgettable!

Sport 8 Wellness club

WHO ARE WE?

Looking to stay active, make new friends, and prioritize your well-being during university?

The Sport and Wellness Club is here for you!

Our club promotes a healthy lifestyle through a variety of physical activities, wellness programs, and social events. Whether you're an athlete, a fitness enthusiast, or just want to improve your well-being, we have something for everyone.

We believe a healthy body and mind are key to academic success and personal growth. Our mission is to create a supportive community where students can engage in physical activities, learn about wellness, and develop lifelong healthy habits. From sports and fitness classes to mindfulness workshops and nutritional seminars.

we offer diverse

opportunities to stay active, reduce stress, and connect with peers.

SPORT OFFERINGS?

WHAT IS WELLNESS?

- Mens and Ladies tennis
- Mens and Ladies hockey
- Ladies netball
- Mens rugby
- Mens and Ladies soccer
- Run club
- Hiking club

Wellness is the active pursuit of a healthy, balanced lifestyle that promotes physical, mental, and emotional well-being. For a university community, wellness encompasses a holistic approach to health, encouraging students to adopt habits that enhance their academic performance, personal growth, and overall happiness.

Wellness involves regular physical activity, nutritious eating, sufficient sleep, and effective stress management. It also includes fostering positive relationships, practicing mindfulness, and seeking support when needed. By prioritizing wellness, university students can improve their resilience, maintain a positive outlook, and achieve their full potential both academically and personally.

•—•—• WHAT WE OFFER: Other Cool stuff

SOCIAL IMPACT

They say you haven't truly lived until you've done something for someone who can never repay you. At Capri, we live by this philosophy, and that's exactly what our Social Impact Portfolio is all about.

Throughout the year, we organize various outreach projects—from sandwich drives and sandwich drives to beach clean-ups and animal shelter visits. It's all about giving back to those in need and making a positive impact. We encourage you to get involved, experience the joy of helping others, and be part of a community that's dedicated to making the world a better place.

CRITICAL ENGAGEMENT

At Capri, we believe in the power of meaningful conversations to help us grow as individuals and as a community. Critical Engagement is all about fostering these conversations to better understand the world and each other. In today's world, it's more important than ever to tackle challenging topics through open dialogue.

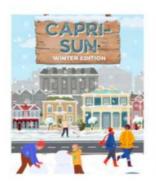
During Welcoming Week, we kick things off with Let's Talk Conversations also known as "How To Waddle through University", and these discussions will continue throughout the year. We encourage you to get involved—they're a great opportunity for personal growth and for learning from one another. Together, we can create a space where every voice is heard and where we can all develop and grow.

Other Cool stuff

CAPRI SUN

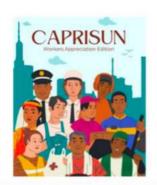
Do you love writing? Then Caprisun is calling your name! It's Capri's monthly newsletter, packed with fun articles, quizzes, and all the latest Capri news. Put together by our Capriple team, it's the go-to place for all things Capri—and a whole lot of fun!

Got an article idea or some creative flair? Join the team and help us bring it all to life. We'd love to have you on board!

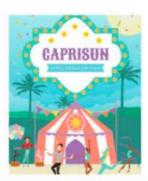








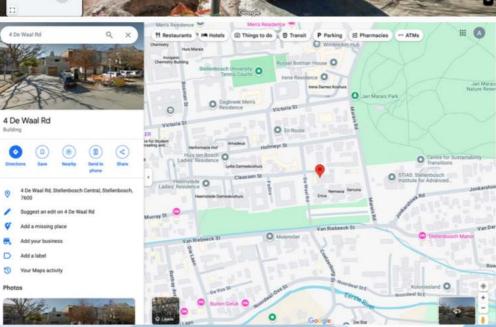




OUR LOCATION Capri HC House

4 DE WAAL ROAD, STELLENBOSCH







>>>> Campus Dictionary >>>>>>>



ADMIN A: This is the office where you can resolve all administrative issues, such as proof of reaistration and purchasing printing credits.

BIB: The Stellenbosch University Library.

CAMPUS HEALTH: A campus facility offering free nursing services for Stellenbosch University students.

CREDITS: These are funds loaded onto your student card, which you can use for printing.

CSC: The Commuter Student Community, a student group for those who commute to campus.

COB: (pronounced 'see-oh-bee') Refers to using your student card to purchase food at selected campus cafés. Be cautious, as this can lead to unexpected charges.

FHARGA: A computer center specifically for Economic Management Science students, located in the Neelsie.

G

GOLDEN WEEK: A week of nightlife and social events, typically held in Term 3. Be prepared for long nights out.

Н

HEMIS: The overall score that a student must maintain to stay enrolled at the university and in university residence. It is calculated differently by faculty.

HUMARGA: A computer center for BA and Education students, located in the Arts & Social Sciences building.

MOLASSESER: An annual, more lighthearted acapella competition between different campus communities (CCs) and residences.

NARGA: A computer center for BSc students, located near Admin A. NEELSIE: A central campus hub offering a variety of services, including dining, cinema, banking, and

even hair and nail salons. It can get very busy during lunch hours.

NEWCOMER: A first-year student at Stellenbosch University.

PREDICATE (PRED): The preliminary mark you receive for a module before exams. Certain modules require a specific predicate percentage to be eligible for exams.

ROOIPLEIN: The red-brick courtyard area outside the Neelsie. Be mindful of the intense summer heat in this area.

SECOND OPP (A3): A second chance to take an exam, either if you miss the first exam or fail the first attempt. This is faculty-specific.

SRC: The Student Representative Council, which represents the student body and addresses student concerns.

SUNLEARN: The university's online platform, where students can access course materials, check marks, and interact with their modules.

VENSTERS: A competition for new students, where you work with your assigned PSO or residence partner to create a mini-show involving dancing and acting, aimed at raising awareness for a social

•—•—• CONTACTING US? SOCIAL MEDIA

O CAPRI_CSC

CAPRI_CSC









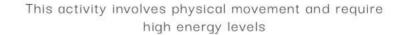
Commuter student Community

2025

SYMBOL

MEANING







This activity involves loud music, cheering, singing and other high intensity sound or noise



This activity involves interacting in large groups between (50 and 500 people at a time)



This activity involves small groups (less than 30), or personal time or engagements that allow for low intensity interactions and less structure



This facility or venue is accessible to students and staff with disabilities

Activities for the day:

Tuesday

Т	Ή	VI	Е

9:00-9:30

9:30-10:30

10:30-11:30

11:30-12:30

13:00-14:00

14:30-15:00

15:00-15:30

15:30-17:00

17:00

ACTIVITY

Welcoming of Newcomers and Parents

Tinie Louw Dining Hall

Registration

Tinie Louw Dining Hall

Leadership Introduction

Tinie Louw Dining Hall

Parents Q&A

Tinie Louw Dining Hall

Lunch

Tinie Louw Dining Hall

Mentor Allocation

Tents in front of Nerina grass

Section War Cries

Tents in front of Nerina grass

Section Games!

Tents in front of Nerina grass

Goodbye see you tomorrow!

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- Wear comfortable Clothes
- Water & Water bottles
- Hat
- Sunscreen
- Cellphone or contacting details

Activities for the day:

Wednesday

Т	ľ	V	1	Е

8:00-8:30

8:30-9:30

8:30-16:00

9:30-10:00

10:00-11:00

11:00-12:00

12:00-13:00

13:00-14:00

14:00

ACTIVITY

Arrival of Newcomers

AmaMaties Hub

Human Bingo

AmaMaties Hub

Law faculty Program

Musical Chairs

AmaMaties Hub

Campus Security Talk

AmaMaties Hub

Self-defence Class

Tents in front of Nerina grass

Mentor Check in

Tents in front of Nerina grass

Lunch

Tinie Louw Dining Hall

Goodbye see you tomorrow!

















- Wear comfortable Clothes
- Water & Water bottles
- Hat
- Sunscreen
- Cellphone or contacting details

Activities for the day:

Thursday

TIME	ACTIVITY	. mursa	dy

8:00-8:30 8:30-9:30	Arrival of Newcomers AmaMaties Hub Icebreaker games AmaMaties Hub		
7:30-9:00	B of Occupational Therapy Tygerberg Program	YYYY	
9:00-9:40	Hobbies meetup AmaMaties Hub	#11#1	I ()
9:40-10:00	Quick Breather Tents in front of Nerina grass	HHH	
10:00-11:00	Seniors Committee Introduction Tents in front of Nerina grass	11	
11:00-12:00	Capri posters paint Tents in front of Nerina grass	1(1))	
12:00-13:00	Lunch Tents in front of Nerina grass	1(1))	

Tents in front of Nerina grass

Mentor session

Bring with:

13:00-14:00

- Wear comfortable Clothes
- Water & Water bottles
- Hat
- Sunscreen
- Cellphone or contacting details

Activities for the day:

TIME

14:00-17:00

14:00-15:00

15:30-17:00

17:00-17:30

17:30-18:00

18:15-19:00

18:30-20:00

19:00-20:00

20:00-22:15

22:15

ACTIVITY

Introduction of parents to Faculties (STB Campus)

Maroon T-Shirts

Tents in front of Nerina Grass

Move to Danie Craven in Maroon T-Shirts

Informal program at Danie Craven

Formal program at Danie Craven

Meet for the 2025 Photo

Alumni Welcoming for Parents

Dinner

AmaMaties Hub

Dreamwalk in Victoria Road

ending at Rooiplein & Neelsie

Goodbye see you Tomorrow!



















- Wear comfortable Clothes
- Water & Water bottles
- Hat
- Sunscreen
- Cellphone or contacting details

Activities for the day:

Friday

TIME	ACTIVITY		
7:30-8:00	Arrive		
8:00-12:00	Mentors take students to Academic programs Academic Program		
8:30-8:45	Icebreaker Tents in front of Nerina Grass	HIH	
8:45-9:45	Line dancing with Nemesia and Equite Academic Program takes Preference!.		I ())
9:45-12:30	Scavenger hunt for students that finished Academic programs, Name that tune, Name that place	¥Y¥Y	
12:30-13:30	Lunch	i	
13:30-13:50	Walk to Kruiskerk	I())	
14:00-16:00	Registration of new first-year students for B of Occupational Theraphy and B of Speech- Language and Hearing program AmaMaties Hub	1(1)	
14:00-15:15	Theater Production Kruiskerk	11	I (1))

Meet with Pieke Walk back to Tents

Bring with:

- Wear comfortable Clothes
- Water & Water bottles

15;15-15:30

- Hat
- Sunscreen
- Cellphone or contacting details

Activities for the day:

П	\Box	гъ	/11	T	
- 1	ш	I١		H	٩.
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15:30-16:30

16:30-18:00

18:00-19:00

19:00-21:00

21:00

ACTIVITY

Social with Pieke

Tents in front of Nerina Grass

Welcoming fair

Coetzenburg B & C Rugby field.

Supper

Cluster Interaction

Goodbye see you tomorrow!

Friday

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- Wear comfortable Clothes
- Water & Water bottles
- Hat
- Sunscreen
- Cellphone or contacting details

Activities for the day:

Saterday

TIME	ACTIVITY	l
8:00-8:30	Breakfast	HINN
8:30-9:30	Walk the Top Up Route /Cluster Sport Introduction	****
8:30-14:00	Cluter Welcoming photo 2025	****
9:00-13:30	Cluster Day !	****
13:30	Walk back to Tinie Louw	TIT
14:00-15:00	Lunch Tinie Louw	• 2
15:00-15:30	Get Ready for Watersports	
15:30-17:00	Watersport event	(·))
17:00-18:00	Change and get ready to Braai	
18:00-21:00	HC Braai	-4% піпі

Goodbye see you tomorrow!

Bring with:

- Wear comfortable Clothes
- Water & Water bottles

21:00

- Hat
- Sunscreen
- Cellphone or contacting details

Activities for the day:

Sunday

TIME

ACTIVITY

Rest Day, No Activities for this Day ! Mental Health Day.

Activities for the day:

Monday

TIME	ACTIVITY	ıvionaay
7:45	Arrive	# #
8:00-9:00	Breakfast	HIH
9:00-16:30	Academic Programs	¥Y¥Y
12:30-13:30	Lunch AmaMaties Hub	**** (*))
13:30-17:30	Academic Program	THE T
16:00-18:00	Mentor talks Tents in front of Nerina Grass	• •
18:00-19:00	Supper	1,
19:00-21:00	Tinie Louw Dining Hal Karaoke with Venustia and Equite, Bonfire	(*)) ***
	Change and get ready to Braai HC Braai	(v) 1111
21:00	Goodbye see you tomorrow !	(1 1(1))

- Wear comfortable Clothes
- Water & Water bottles
- Hat
- Sunscreen
- Cellphone or contacting details

Activities for the day:

Tuesday

TIME	ACTIVITY	Tuesday
8:30	Arrive	
9:00-12:30	Academic Programs	###
12:30-13:30	Lunch	****
13:30-17:30	Academic Program	****** (*))
16:30-17:45	Capri Value discussion At Ertjieskloof dam	###
18:00-19:00	Supper	
19:00-21:00	Lets Talk Critical Discussion with Nerina and MyBrew Coffee	(4))
21:00	Goodbye see you tomorrow!	" "// #N#N
		(·))

- Wear comfortable Clothes
- Water & Water bottles
- Hat
- Sunscreen
- Cellphone or contacting details

Activities for the day:

Wednesday

TIME	ACTIVITY		,
8:00-9:00	Traditional Breakfast		
9:00-12:30	Academic Programs	TTTT	
9:00-11:00	Compulsory EDP session	HYHY	
9:00-10:00	Social with Pieke	#11#1	I (•))
10:00-11:00	Maties Dance Society, Traditional dances	HIH	•
11:00-12:00	Language Hour		
12:00-13:00	Lunch	12	
13:30-15:30	Academic Program	1(1))	
13:00-15:45	Vensters practice		
15:45-17:00	Mentor Session at Jan Marais Park	1(1))	
17:00-18:00	Lets Talk		4 >
18:00-19:00	Supper		I (v))
19:00-21:00	Seniors Committee Mocktail evening		

Goodbye see you tomorrow!

Bring with:

Wear comfortable Clothes

21:00

- Water & Water bottles
- Hat
- Sunscreen
- Cellphone or contacting details

Activities for the day:

Т	\prod	M	E

8:00-9:00

8:30-10:00

9:00-10:00

10:00-12:45

13:00-14:00

14:00-16:00

16:00-17:00 17:30-21:00

21:00

ACTIVITY

Breakfast

Compulsory BSc Benchmark test

Maties Dance learn to Sokkie!

Vensters Practise

Lunch

Boeresport event

Supper

Cluster Newcomers Athletics meeting

Goodbye see you tomorrow!

Thursday

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- Wear comfortable Clothes
- Water & Water bottles
- Hat
- Sunscreen
- Cellphone or contacting details.

Activities for the day:

Т	Τ	V	11	\exists
-	_			

8:00-8:30

8:00

8:30-9:00

9:00-12:00

12:30-13:00

13:00-14:00

14:00-16:00

17:00-18:00

18:00-20:00

20:00

ACTIVITY

Arrival

Registration for all students end

Drive with Busses to Strand Beach

Social Impact Morning, Beach Cleanup

Get dressed/ Vensters Practise

Lunch

Preparation for Connect (Vensters)

Supper

Equite Sustainability Fashion show

Goodbye see you tomorrow

Friday









- Wear comfortable Clothes
- Water & Water bottles
- Hat
- Sunscreen
- Cellphone or contacting details

Activities for the day:

	Г, П	N /	· I	
- 1		- IV	/ I	

9:30-10:00

10:00-10:30

10:30-12:00

12:00-13:00

13:00-14:00

14:00-15:30

15:30-16:00

16:00-23:00

ACTIVITY

Arrival

Mentor Talks

Vensters Practice

Lunch

Welcoming end ceremony

Last rehearsal for Vensters

Get ready for Vensters

Connect (Vensters)

Saterday

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- Wear comfortable Clothes
- Water & Water bottles
- Hat
- Sunscreen
- Cellphone or contacting details



DIVISION STUDENT AFFAIRS ICANDELO LEMIBA YABAFUNDI AFDELING STUDENTESAKE

December 2023

Dear Prospective Student

CHARGING FIRST YEAR WELCOMING PACKAGES TO STUDENT ACCOUNTS 2023

Welcome to your Commuter Student community at Stellenbosch University! You have been assigned to a CSC (Commuter student Community) as you have not chosen to stay in an SU residence in 2024. During the annual welcoming period in the beginning of the year, communities take responsibility for exposing first years to Stellenbosch University in a welcoming manner.

Because CSCs do not have a dining hall (although some CSCs will arrange meals for their students in dining halls during the welcoming period) where students can enjoy meals, CSC first years are provided with "welcoming packages". These packages usually consist of several meals, clothing, and other items unique to each community. During CSC registration on the first day of Welcoming (Tuesday 30th January 2024), you will have the option of purchasing one of these welcoming packages at a set price (which may vary from community to community). Each CSC will also offer different options (both clothing and meals, only meals, only clothing, etc.) that students can then select. Please see the bottom of this email for more information.

Stellenbosch University utilizes a cashless system to allow students to purchase these packages hassle free. You, or your parents or guardian, will have to sign an acknowledgment of debt on the day so that the clothing, food, etc. for the welcoming period can be made available to you. After registration the cost will be charged to your student account to be paid with all other student-related expenses. Please note that once the form is signed you will be liable for the costs of the package selected, regardless of you having all the meals or not, or not wanting the clothing after the first few days.

Acquiring the "welcoming packages" is not compulsory, but we do want to encourage you to take the opportunity to do so as it will make your welcoming period a much more enjoyable experience. Please find attached the form for your completion. You are welcome to print the form and bring it along.

If you have any questions, feel free to contact us at pso@sun.ac.za



DIVISION STUDENT AFFAIRS ICANDELO LENIBA YABAFUNDI AFDELING STUDENTESAKE

PERMISSION: CHARGING CO	OST OF WELCOMING PA	CKAGE TO 2024 STU	DDENT ACCOUNT
DETAILS OF STUDENT			
NAME AND SURNAME:			•••••
STUDENT NUMBER:			
CSC:			
CHOICE OF WELCOMING PA	CKAGE (MARK WITH AN	N X):	
FULL PACKAGE (Clothing and Meal Package) COST: R	ONLY MEALS COST: R	ONLY PACKAGE COST: R	CLOTHING
By signing this form, you commit			
I hereby grant permission that the I understand that acquiring the wel			student account.
I understand that if I sign the form	, I must pay the costs and I w	ill not be able to be reim	bursed1.
SIGNATURE OF STUDENT OR	GUARDIAN:	DATE:	

¹ Please take note that we usually do not reimburse students simply because they change their minds. However, if the goods are faulty or defective, have been described incorrectly, differ from the sample shown to you or do not function according to their purpose, you can choose between reimbursement, exchange, or repair of the goods.

Servent together anne Lips pharmilliteam vicentus



DIVISION STUDENT AFFAIRS ICANDELO LEMIBA YABAFUNDI AFDELING STUDENTESAKE

Desember 2023

Beste Voornemende Student,

HEFFING VAN VERWELKOMINGSPAKKIE-KOSTES OP STUDENTEREKENING 2024

Welkom by jou Pendel Student Gemeenskap by Stellenbosch Universiteit! Aangesien jy nie in 'n US koshuis woonagtig is nie, is jy del van 'n PSG (Pendel Studente Gemeenskap). Tydens die jaarlikse Verwelkomingsperiode neem gemeenskappe verantwoordelikheid om die eerstejaars op 'n verwelkomende wyse aan Stellenbosch Universiteit bloot te stel.

Aangesien die PSG's nie oor 'n eetsaal beskik waar studente maaltye kan geniet nie, (alhoewel daar reëlings getref word deur sommige PSG's om etes in die oop eetsale te geniet), word daar vir die eerstejaars "verwelkomingspakkies" saamgestel. Dit bestaan gewoonlik uit 'n sekere aantal maaltye, klerasie en soortgelyke items wat eie is aan die betrokke PSG. Tydens registrasie by die PSG op die eerste dag van Verwelkoming (Dinsdag 30ste Januarie 2024) het u die opsie om hierdie verwelkomingspakkies aan te skaf teen 'n vasgestelde bedrag (wat kan wissel van PSG tot PSG). Elke PSG bied ook verskillende opsies aan student (etes en klerasie / slegs etes / slegs klerasie).

Stellenbosch Universiteit maak gebruik van 'n kontantvrye sisteem wat studente in staat stel om die pakkies makliker te verkry. U, of u ouers of voog, gaan dus op die dag 'n erkenning van skuld moet teken sodat die klerasie, voedsel, ens vir die verwelkomingsperiode aan u beskikbaar gestel kan word. Na registrasie sal die koste dan teen die betrokke studenterekening gehef word vir betaling saam met alle ander studentverwante uitgawes. Neem asseblief kennis dat sodra u die vorm onderteken het, u aanspreeklik sal wees vir die koste van die verkose pakkie, ongeag of u al u etes geneem het en ongeag of u die klerasie nie meer wil hê of dra na die eerste paar dae nie.

Die verkryging van die "verwelkomingspakkies" is nie verpligtend nie, maar ons wil u tog aanmoedig om dit wel op te neem. Vind asseblief aangeheg die vorm vir u voltooiing. U is welkom om dit saam te bring volgende jaar.

Indien u enige vrae het, kontak ons gerus by pso@sun.ac.za



DIVISION STUDENT AFFAIRS ICANDELO LEMIBA YABAFUNDI AFDELING STUDENTESAKE

TOESTEMMING: HEFFING	VAN VERWELKOMINGPAK	IKIE OP STUDENTEREKENING 202
BESONDERHEDE VAN ST	UDENT:	
NAAM EN VAN:		
Volle pakkie (Klere- en kospakkie) KOSTE: R	SLEGS KOSPAKKIE KOSTE: R	SLEGS KLEREPAKKIE KOSTE: R
Deur die ondertekening van die Hiermee verleen ek to		tot die volgende: an die verwelkomingpakkie teen
 my studenterekening ge Ek verstaan dat ek nie ve 	hef mag word. rplig is om die verwelkomingpak	
kan ontvang nie ¹ . HANDTEKENING VAN STU		DATUM
IIAIDIERENINO VAN SIC	DENT OF YOOG.	DATON

Centre for Student Communities | IZiko lamaQumrhu aBafundi | Sentrum vir Studentegemeenskappe Centre for Subsert Communicos (Linko Jamasgamma abaruna) | Senurum vir Subsertegemeens Student Affairs | Wibba yaBafundi | Studentesake +27.21.808.9586 | psolesun.ac.za | www.sun.ac.za Private Bag XT | Privaat Sak XT | Matieland 7602 | South Africa | eMzantsi Afrika | Sulid-Afrika 11 Bornan Street | 11 eBornan Stalato | Bornanstraat 11

verkeerdelik beskryf is, verskil van die monster wat aan u getoon was of nie

1 Neem asseblief kennis dat ons gewoonlik geen terugbetalings doen net omdat u van plan verander het nie. Indien die goedere foutief of gebrekkig is,

funksioneer volgens die doel daarvan nie, kan u kies tussen 'n terugbetaling, omruil, of herstel van die goedere.