Welcome To VESTA PSO

Vestonians of 2019

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Dear Vestonians,

Welcome and congratulations on joining the Vesta community.

Vesta is the social hub that connects you with others at the university through year-round activities. This community that we call Vesta is the family that keeps you well balanced in the fields of culture, sport and social. Here we make sure that you are fully engaging with your general wellness aspects, that is, your Physical, Emotional, Social, Spiritual, Occupational & Intellectual well-being. For the journey of University, we challenge you to fully engage with these six aspects of well being through an interactive involvement as a Vestonian. We are here as a family and community away from home, offering you boundless opportunities for growth.

Vesta House Committee 2019







The Vesta House Committee



The Primarius: Jacques Rossouw

Fellow Vestonians, congratulations on being accepted to Stellenbosch University and welcome to Vesta!

My name is Jacques Rossouw and am going into my third year of studying BCom (Mathematical Sciences). I grew up in Durbanville with a passion for people, fitness and improvement which drove me to the opportunity to continue the Vestonian legacy and improve it with determination.

My involvement in Vesta is to make sure that our HK is capable in making the Vestonian experience one to remember. I function as the voice and face of Vesta to the University of Stellenbosch, making sure that every student and community has an influence on campus. Most of all, I aim to maintain Vesta as a conducive and welcoming environment to your university experience.

I wish you all luck for the incredible journey you are about to embark on and assure you that we are here to aid you in the necessary aspects.

E-mail: vestaprim@sun.ac.za Cell:

Cell: 073 592 9555



Name: Jaco Scribante Field of Study: BA (Humanitie Portfolios: Head mentor, Soci Connect tour, Critical Engagement & Secretary

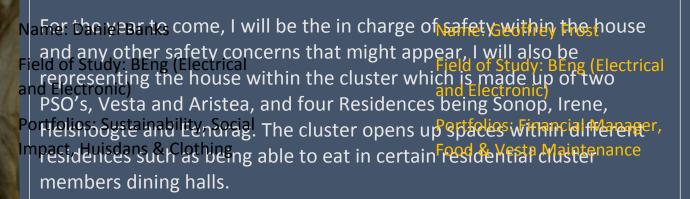
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Name: Xander Venter

Field of Study: BA (International Studies)

Portfolios: Welcoming, Culture & First Years

EMAIL: <u>21612390@sun.ac.za</u> CELL: 0723795324



Name: Cole Marshall

Field of Study: BEng (Civil)

Portfolios: Head of Senior's Committee, Sections, Huisfondsdans, Poker Evening, Alumni & VHS together

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EMAIL: <u>20721285@sun.ac.za</u> CELL: 0790963279



Name: James Thompson

Field of Study: BEng (Electrical and Electronic)

Portfolios: Sports, Connect/Vensters, Marketing and Media

The Vesta PSO Coordinator: Lisinda M. de Jager

Dear Vestonian,

Congratulations on your acceptance at Stellenbosch University and a warm welcome to Vesta. Being able to study at a tertiary institution is a wonderful opportunity and I wish you all the best as you enter this challenging, yet exciting, phase of your life. At Vesta we celebrate individuality and we look forward to meet you, get to know you and learn from your experience.

At Vesta, we strive to be approachable and we undertake to listen with compassion and respect and to answer any questions with honesty.

We promote innovation through future focused thought leadership. We want to encourage you to participate in as many ways as you possibly can, to build purposeful partnerships and inclusive networks, so that after your journey at Stellenbosch University and Vesta PSO, you will leave as a well-rounded citizen.

As PSO Coordinator, I am responsible for managing Vesta, along with the House Committee and the Mentors. We are your support network that will assist with your academic and social integration at University. Please, if you have any questions, do not hesitate to ask.

I hope that you will quickly become part of Vesta and that you will, above and beyond your course, also learn about humanity and life itself; that you will open yourself to new experiences and always be proud of every step you take towards reaching your goal.

Best wishes,

Lisinda M. de Jager LLB LLM (SU) PSO Coordinator 021 808 4854 / lisinda@sun.ac.za

Lisinda

Our House Values



Chivalry

General manners for those around you. It's not gender specific, but a social and moral code, on treating others well and being a good person. A Social code you live by with no boundaries, it is applicable on everyone around you and everyone you will meet in the future.

Loyalty

Loyalty to your friends, people who share your beliefs and yourself. Not blind loyalty, where you mindlessly follow. Instead a loyalty that comes from wanting to help people and ensure that you do what you can to help them succeed. Loyal to something greater than yourself.

Respect

The aim of Respect is to treat your fellow humans how you would want to be treated.



Vesta Mentors:





The Welcoming Week:

Dear Vestonians

The Welcoming week is the few days that will run from the 24th of Jan to the 1st of February the date of Vensters. We will be engaging you in daily activities to welcome you to Stellenbosch and set you up with the necessary networks you'll need throughout the year to get the best out of your degree. You will also meet the HK and Mentors to have some quality banter and generally enjoy activities with fellow communities. (i.e. other residences and PSO's)

We look forward to seeing you in welcoming and wish you a great holiday.

First Day of Welcoming (Meet at the Wimbledon Hub): Location: <u>https://maps.google.com/?cid=12426087384316082136</u>





The Wimbledon Hub:

Aristea's Floor/HK House (3rd Floor)



Vesta's Floor/HK House (2nd Floor)





The Wimbledon Cluster

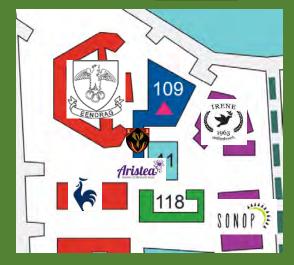
The Cluster Convenors



Thabani Mtsi (Left), Helia Witbooi (Right)







The Wimdledon Cluster:

Aristea Aristea



🖉 Vesta

Eendrag Manskoshuis



Irene Dameskoshuis



Sonop Dameskoshuis



Helshoogte Manskoshuis



What we have to offer:

<u>Sports</u>



Rugby Soccer Hockey Squash E-sports Table Tennis Cricket

There will be sign-up sheets during the welcoming period where you can sign up with your name for the sports you'd like to partake in. For any further information feel free to contact your Sports HK, James Thompson

<u>Culture</u>

Ser Molasse Ser Debating

For those talented singers, the ser and molasse ser offers the opportunity to show off your talents to the rest of the university and have fun. For any other enquiries about Culture events and activities you can contact and speak to your Culture HK, Xander Venter.



Events Throughout the Year Connect/Vensters Our 2019 connect partners, Equite'. Collectively known as VESTE'

Connect 2018:



Huisfondsdans Huisdans Other dances













Vesta Clothing Options



Package Options: Full Package 1 = R1355 -13 Meals -1x Vesta T-shirt -1x Polo Shirt -1x pair of Shorts -1x Cap -1x Connect Shirt

Full Package 2 = R1008 -1x Vesta T-shirt

-1x Polo Shirt -1x pair of Shorts - 1x Cap - 1x Connect Shirt

Food Package Only = R513 -13 Meals **Clothing option 1 = R495** -1x Vesta T-shirt -1x Cap -1x Connect Shirt

Clothing option 2 = R842 -1x Vesta T-shirt -1x Polo Shirt -1x pair of Shorts - 1x Cap

- 1x Connect Shirt





New clothing designs will be sent out to everyone soon, in the meantime, go check some of our Instagram posts to get a feel of previous designs



Stay Connected & Give Us A Follow:

Instagram: @vesta_pso (https://www.instagram.com/vesta_pso/?hl=en)

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 Facebook: Vesta PSO (https://www.facebook.com/VestaPSO/?ref=br_rs)

 Image: Website: www.sun.ac.za/pso

Cluster Instagram: <u>https://www.instagram.com/wimbledoncluster/?hl=en</u>

Wimbledon Hub Location:

https://maps.google.com/?cid=12426087384316082136

