Day-to-day benefits

**Insured day-to-day benefits**

GP and specialist consultations, physiotherapy, clinical psychology, psychiatric nursing and supplementary health services

- **Member** = R2 750 per year
- **Member +1** = R4 700 per year
- **Member +2** = R5 800 per year
- **Member +3+** = R7 050 per year

**Optometry**

PPN network applies

- Spectacles or contact lenses per beneficiary per 24-month cycle:
  - R1 000 for a frame/lens enhancements
  - R1 635 for contact lenses

**Dentistry**

DRC network applies

- Conservative services (including routine check-ups, fillings, X-rays and oral hygiene)
- Specialised services (including crowns, bridges and orthodontic treatment)

**Pathology**

R2 750 per family per year

**Radiology**

R2 750 per family per year

**Medicine**

**Acute medicine**

- **Member** = R4 250 per year
- **Member +1** = R7 200 per year
- **Member +2** = R8 850 per year
- **Member +3+** = R9 450 per year

**Chronic medicine (non-PMB)**

- **Member** = R4 500 per year
- **Member +1** = R6 850 per year
- **Member +2** = R9 150 per year
- **Member +3+** = R9 800 per year

**PMB chronic medicine**

100% of the MHRP

**External prostheses and medical appliances**

In and out of hospital

- Benefit per beneficiary per 3-year cycle:
  - Artificial eyes – R7 900
  - Speech and hearing aids – R7 900
  - Wheelchairs – R6 300
  - Artificial limbs – R6 300
  - CPAP apparatus – R9 700 per beneficiary per 24-month cycle
  - Medical appliances and hyperbaric oxygen treatment – R1 500 per beneficiary per year

**Pooled benefits**

- 270 PMB conditions
- Diagnosis, treatment & care
- 26 chronic illnesses (CDL)

**Specialised radiology**

EMS | Post-hospital | Trauma cover

**Hospital benefits (no AOL)**

at any hospital

**Core benefits added**

- GPs, specialists & supplementary services
- Acute medicine benefits
- Chronic medicine benefits
- Dental benefits | Optometry benefits
- Pathology benefits
- Standard radiology benefits
- Pregnancy & baby benefits
- Women’s & men’s health tests
- Screenings & immunisations

**Monthly contributions**

- Principal member: R5 304
- Dependant: R4 956
- Child dependant <26 years: R1 440

The monthly contribution does not take any employer subsidy into account
Added insured benefits

Women’s health
- A mammogram for women 40 years and older (per 2-year cycle)
- A pap smear (per 3-year cycle)

Enhanced maternity benefits
- Pregnancy and baby programme
- 12 ante- & postnatal consultations
- Two 2D ultrasound scans per family

Core benefits

Men’s health
- A prostate test (PSA level) for men 40 years and older

Routine screening and immunisation
- A combo test (blood glucose, cholesterol, BMI & blood pressure measurement/individual blood glucose or cholesterol test
- HIV testing
- A tetanus vaccine
- A flu vaccination
- Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years

Supporting wellness
- One dietician consultation per registered HealthPrint member if a BMI test result indicates a BMI higher than 30
- Back treatment at a Document Based Care facility
- Chronic Care programme

Women’s health
- A mammogram for women 40 years and older (per 2-year cycle)
- A pap smear (per 3-year cycle)

Routine screening and immunisation
- A combo test (blood glucose, cholesterol, BMI & blood pressure measurement/individual blood glucose or cholesterol test
- HIV testing
- A tetanus vaccine
- A flu vaccination
- Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years

Supporting wellness
- One dietician consultation per registered HealthPrint member if a BMI test result indicates a BMI higher than 30
- Back treatment at a Document Based Care facility
- Chronic Care programme

Core benefits

Chronic illness/PMB
100% of the cost for 270 PMB and 26 chronic conditions (DSPs, specialist network, protocols and pre-authorisation apply)

Emergency transport
Netcare 911
In country of residence
RSA, Lesotho, Swaziland, Mozambique, Namibia & Botswana – unlimited
Outside country of residence
Transport by road R2 050 and by air R13 700 per case

Hospitalisation
100% of the MT

Post-hospital care
R1 800 per member and R2 500 per family per year for speech therapy, occupational therapy and physiotherapy for up to 30 days after discharge

Specialised radiology
In and out of hospital
- MRI and CT imaging – 100% of the MT
- Angiography – 100% of the MT

Oncology
In and out of hospital
- PMB – 100% of the MT
- Non-PMB – R400 000 per family per year

Confinement (childbirth)
- In hospital – 100% of the MT
- Home delivery – R13 000 per event

Prostheses benefits
- Health-essential functional prosthesis: R61 900
- Hip, knee and shoulder replacements (non-PMB):
  - Acute injuries where replacement is the only treatment option –
    Hospitalisation: 100% of the MT
    Prosthesis: Health-essential functional prosthesis benefit applies
  - Wear and tear: Subject to DSP if patient qualifies in terms of clinical criteria (only hip and knee replacements). If not, a R19 600 benefit applies for the hospital account and prosthesis components (combined) per admission
- Intra-ocular lenses – R4 150 per lens, 2 lenses per beneficiary per year, health essential functional prosthesis benefit applies
- EVARS prosthesis – R130 600
- Vascular/cardiac prosthesis – R55 900
- Prosthesis with reconstructive or restorative surgery and external breast prostheses (in and out of hospital) – R9 600 per family per year
- Implantable hearing devices (including device and components) – R105 100 per beneficiary per year

Psychiatric treatment
R35 400 per beneficiary per year (maximum R49 100 per family per year)

Organ transplants
100% of the cost
Cornea implants – R28 800 per implant

Other core benefits
Renal dialysis, oxygen, prostatectomy, hospice, sub-acute care and private nursing services as an alternative to hospitalisation

Medihelp is an authorised financial services provider (FSP No 15738)

www.medihelp.co.za | 086 0100 678