







PERSONAL AND COLLECTIVE WELLBEING AS (REST)ITUTION

The SU Restitution statement highlights the need for deep transformative work. This workshop explores self and community care practices as transformative practice.

Date: Thursday 25 May 2023

Time: 10h00-12h30

Venue: SU Museum, Ryneveld

Street, Stellenbosch.

Facilitator(s): Ayanda Nyoka and

Dr Wilhelm Verwoerd, SU Researchers at AVReQ



DECOLONIALITY DIALOGUES WITH PROF KOPANO RATELE

Participants join Prof Ratele in dialogue about decolonial practice. This dialogue is an opportunity for staff to reflect and ask of themselves and each other:

How does decolonial practice influence how we engage one another, how we work, teach, supervise, mentor, write, and research?

Date: Thursday 22 June 2023

Time: 10h00-12h30

Venue: SU Museum, Ryneveld

Street, Stellenbosch.

Facilitator: Prof Kopano Ratele



ECARE: VALUES FOR A DIVERSE WORKPLACE AND CULTURE

Participants join Katlego Letlonkane in conversation about how our SU Values empower the creation of diverse workplace and culture.

Date: Thursday 20 July 2023

Time: 10h30-12h30 Venue: MSTeams.

Facilitator: Katlego Letlonkane,

SU Diversity Capacity Development Manager



STRUCTURAL VIOLENCE: UNPACKING THE ISMS OF SOCIAL INJUSTICE

Participants explore the dynamics of structural violence and the deeply unjust and violent ways it shows up in our institutions and everyday relations with one another.

Date: Thursday 24 August

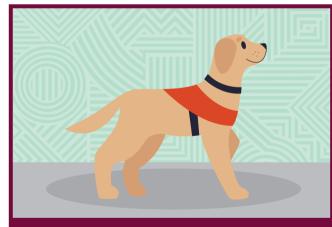
Time: 10h30-12h30

Venue: Equality Unit : Simon Nkoli

House, 39 Victoria Street, Stellenbosch.

Facilitator(s): Dr Jill Ryan, Equality Unit

SU and Dr Nana Adom-Aboagye, Centre for Sport Leadership, Maties Sport



STAFF WELLBEING AND DISABILITY: OPTIMISING OUR WELLBEING

Facilitators share insights on practical ways to optimise our wellbeing at work, as well as the value of service dogs for the promotion of wellbeing.

Date: Tuesday 26 September 2023

Time: 10h30-13h00

Venue: Disability Unit: Simon Nkoli

House, 39 Victoria Street,

Stellenbosch.

Facilitator(s): SU Disability Unit,

Employee Wellbeing, Paws4life and Dorita Verloren van Themaat

To RSVP and book your place simply email Grizelda Adams of the Transformation Office on grizeldaa@sun.ac.za Please also advise of any accessibility needs you require