

Research and Internationalisation Development
and Support presents:

INFORMATION SESSION | WEBINAR

How to time manage your postgraduate research degree



Photo credit: Unsplash

ELIGIBILITY AND TARGET AUDIENCE:

Faculty of Medicine and Health Sciences postgraduate students aiming to finish their research degrees in a set time, wanting to reflect on their own time management practices and learning about helpful time management tools.

*This event is **free of charge** but only open to Stellenbosch University staff, joint staff, postdoctoral fellows and postgraduate students.*

CONTENT:

How do you manage your time? | Identify your time thieves | Multi-tasking: Myth or reality? | Prioritisation & procrastination | Some Project Management tools for time management

FORMAT: Webinar with an opportunity for participants to ask questions

FACILITATOR: Dr Tania Brodovcky
Head: Research Capacity Development and Funding Opportunities
Research Development and Support Division

When, where and how?



19 February 2025
13:00 – 14:00



MS Teams
A link will be emailed to
registered participants

Where to register?



www.sun.ac.za/RDStraining
by 13 Feb 2025



Enquiries:
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