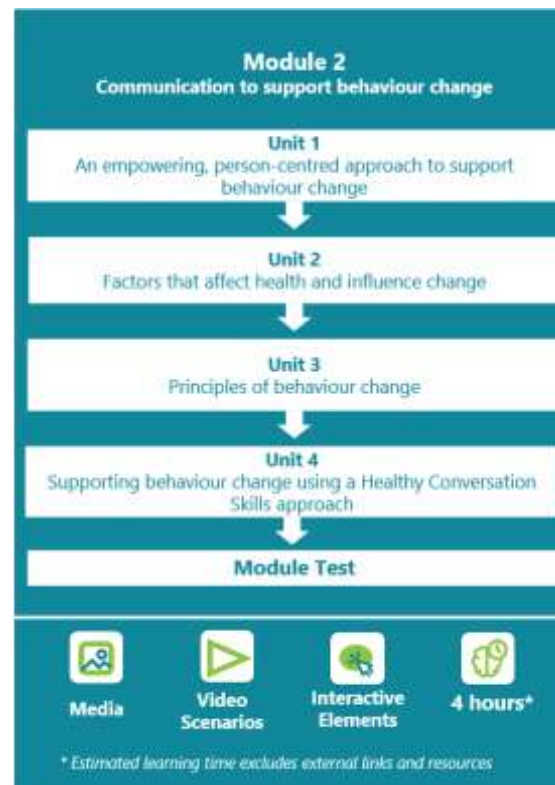
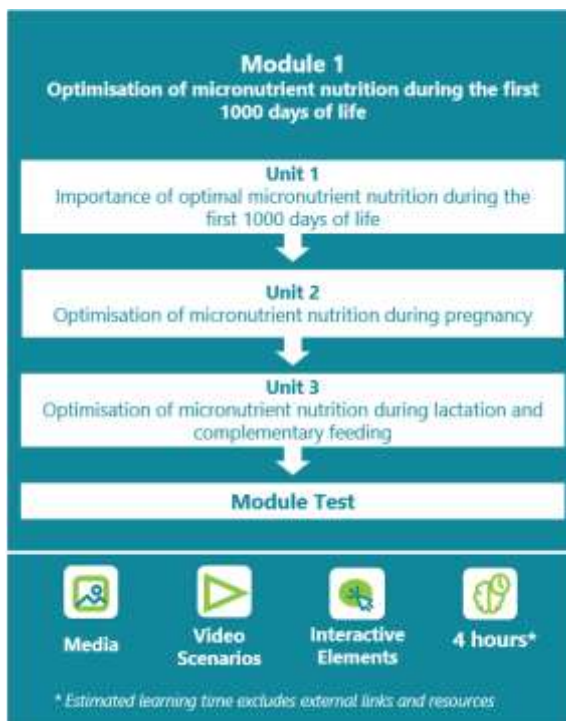


The **ImpENSA Training Programme** aims to improve knowledge of micronutrient nutrition and behaviour change in the first 1000 days of life. It was developed through the combined knowledge and skills of a consortium of European and South African experts from North-West University, Stellenbosch University, University of Cape Town, Ludwig-Maximilians-Universität Munich, University of Southampton, Medical University of Warsaw, Association for Dietetics in South Africa and the Nutrition Society of South Africa.

The training programme consists of **2 knowledge-based online modules and 1 skills-based module**:



For more information and to register for the programme, visit the e-learning platform <https://aanh.med.lmu.de/> or email info@impensa.co.za