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- **H Sadie-Van Gijsen**, L Kotze-Hörstmann 2023 Rat models of diet-induced obesity and metabolic dysregulation: Current trends, shortcomings and considerations for future research. Obes Res Clin Pract 17:449-457 doi: 10.1016/j.orcp.2023.09.010.

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- LM Kotzé-Hörstmann, A Cois, R Johnson, L Mabasa, S Shabalala, PJ van Jaarsveld, **H Sadie-Van Gijsen** 2022 Characterization and comparison of the divergent metabolic consequences of high-sugar and high-fat diets in male Wistar rats. Front Physiol 13:904366. doi: 10.3389/fphys.2022.904366.

- TA Nyawo, PV Dludla, SE Mazibuko-Mbeje, SXH Mthembu, TM Nyambuya, BB Nkambule, **H Sadie-Van Gijsen,** JG Strijdom, C Pheiffer 2022 A systematic review exploring the significance of measuring epicardial fat thickness in correlation to B-type natriuretic peptide levels as prognostic and diagnostic markers in patients with or at risk of heart failure. Heart Failure Reviews 27:665-675. doi: 10.1007/s10741-021-10160-3.

- TA Nyawo, C Pheiffer, SE Mazibuko-Mbeje, SXH Mthembu, TM Nyambuya, BB Nkambule, **H Sadie-Van Gijsen,** H Strijdom, L Tiano, PV Dludla 2021 Physical exercise potentially targets epicardial adipose tissue to reduce cardiovascular disease risk in patients with metabolic diseases: Oxidative stress and inflammation emerge as major therapeutic targets. Antioxidants (Basel) 10(11):1758. doi: 10.3390/antiox10111758.

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- WA Vieira, **H Sadie-Van Gijsen**, WF Ferris 2016 Free fatty acid G-protein coupled receptor signaling in M1 skewed white adipose tissue macrophages. Cell Mol Life Sci. 73: 3665 – 3676 - M Sanderson, **H Sadie-Van Gijsen**, FS Hough, WF Ferris 2015 The role of MKP-1 in the anti-proliferative effects of glucocorticoids in primary pre-osteoblasts. PLoS ONE 10(8):e0135358 (awarded the SEMDSA (Society for Endocrinology, Metabolism and Diabetes of South Africa) Award for the best original publication in the field of Endocrinology and Metabolism during 2015)

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