Assessing the genetic component of non-communicable chronic diseases

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Common Chronic NCD's

PROBLEM = Majority of the disease burden



- SOLUTION = Personalized risk management
 - early detection of "modifiable" genetic contribution
 - AIM: Improve Quality of Life & reduce costs of care

THE CHALLENGE

Integrate genetics with other health disciplines in order to increase overall efficiency in diagnosis and clinical management



Examples from Africa

- HIV-Associated Nephropathy
- Breast carcinoma
- CVD / Metabolic syndrome / Diabetes mellitus
- Osteoarthrosis / Osteoporosis
- Vascular dementia / Alzheimer's disease

Key points

1. Research

- From single- to multi-gene disorders
- Genetic sub-typing of complex diseases

2. Education

- Educate the team
- Interdisciplinary approach

3. Service

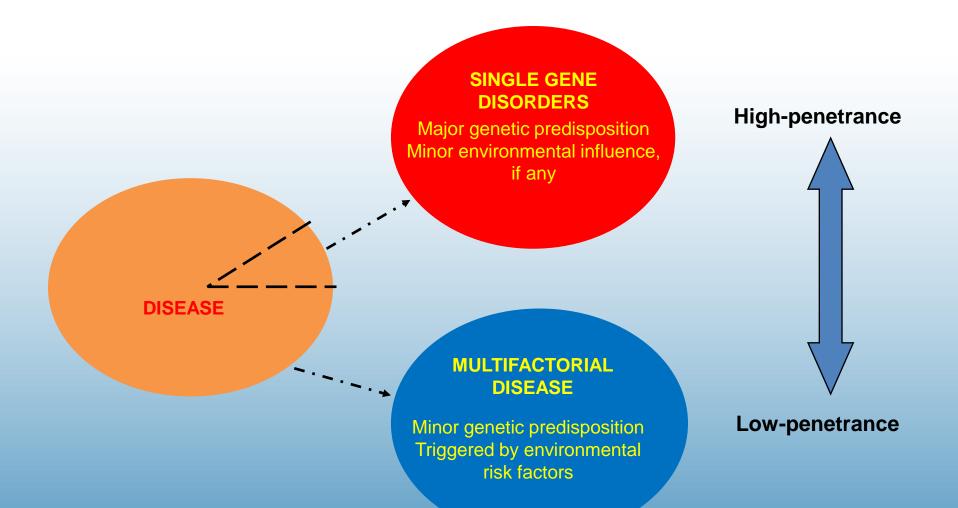
Shared platform for research and service delivery

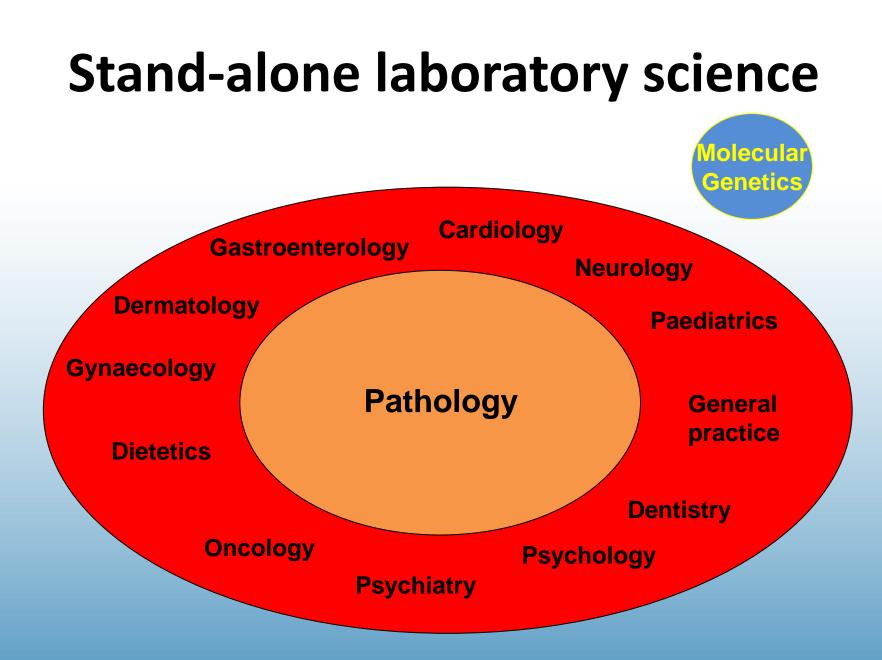
FUTURE FOCUS: Clinical sequencing (exome/whole genomes)

Research

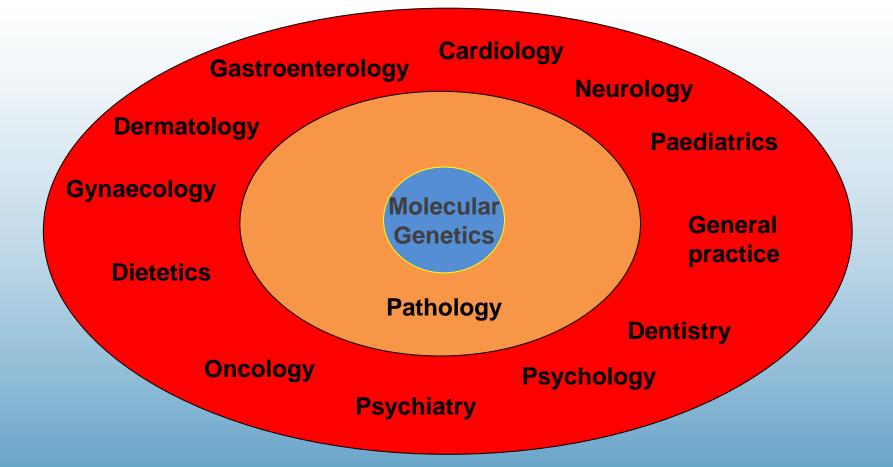
Establishing the Scientific Foundation

From single- to multi-gene disorders

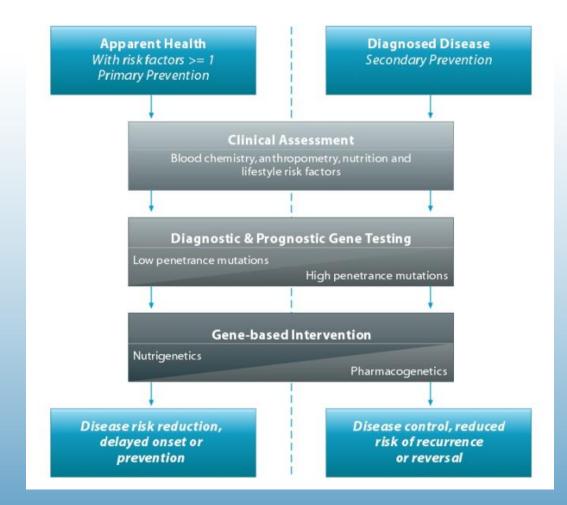




Genetic Knowledge Integration

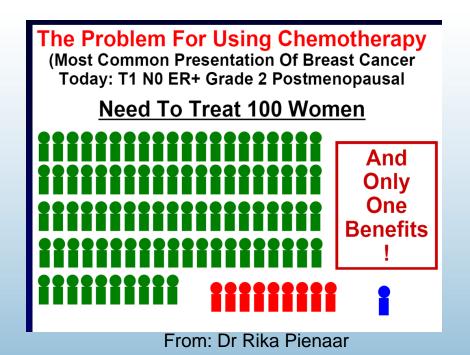


Pathology supported genetic testing



Population-based health recommendations apply in mutation-negative individuals, based on the clinical risk profile

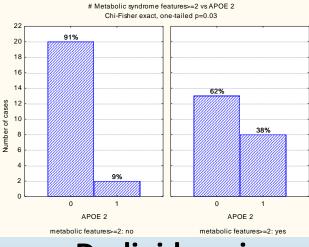
Anatomical Pathology Application



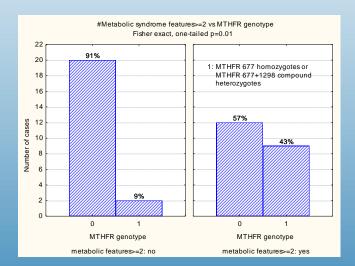
Only FDA Approved Multi-gene Breast Cancer Specific Prognostic Test: February 6, 2007



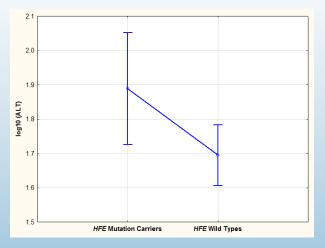
Chemical Pathology Application



Dyslipidaemia



Non-alcoholic fatty liver disease



From: Dr Corne Kruger & Leslie Fisher

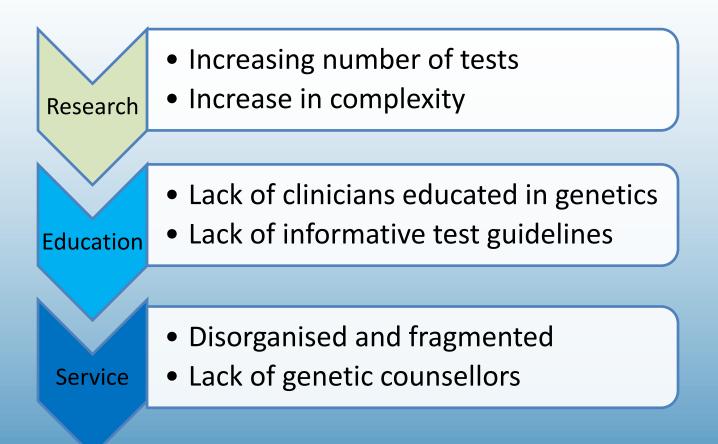
Methylation pathway: CVD and cancer risk

Education

Establishing the Clinical Interface

Problem statement

Transfer of genetic knowledge into clinical practice



Bridging the professional gap

CLINICIANS

- Indication: which genetic tests contribute to better healthcare?
- Application: how to apply test information in Dx & Rx?
 - Educational needs: what are the limitations of genetic testing?



SCIENTISTS

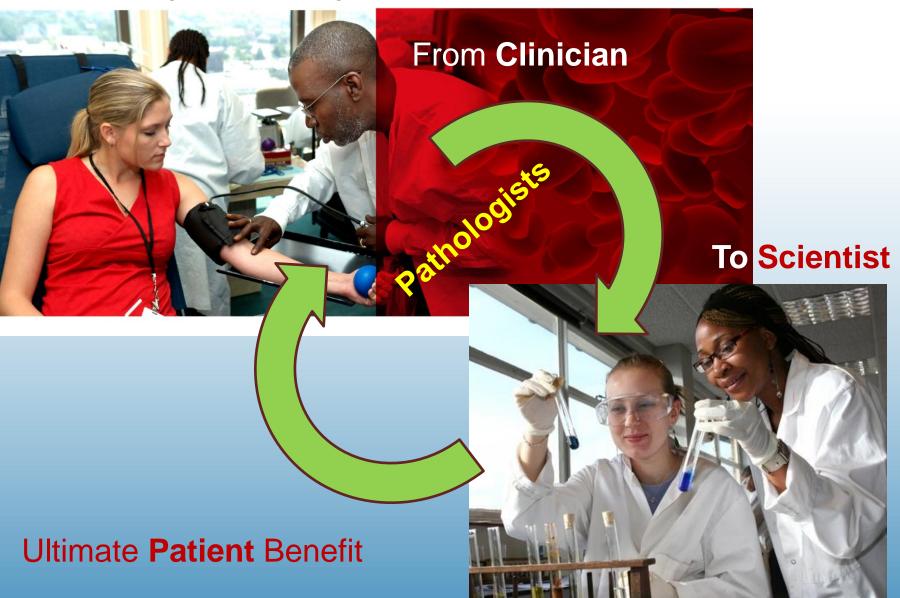
- Context: where do genetic tests add value?
- Clinical Information: what information has clinical relevance? (marketing)
 - Ongoing R & D: Continuing capacity to produce scientific knowledge

Needs analysis to guide the way forward

- Questionnaire-based survey
 - Educational tool
 - Resulted in a significant shift from past to future intended use of genetic testing
 - Comprehensive genetic testing preferred
 - Computer-based CDSS preferred
- Applied genetics
 - Integrative Medicine Course

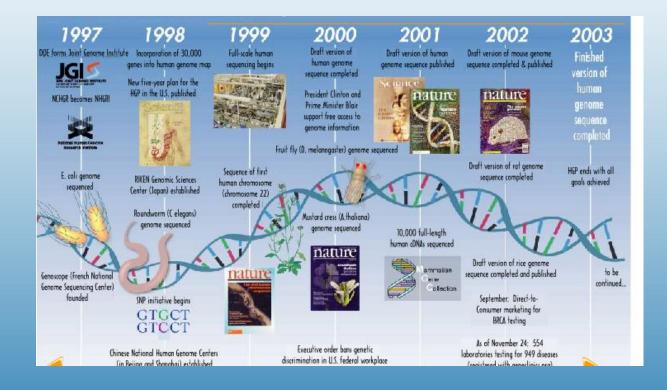
Service

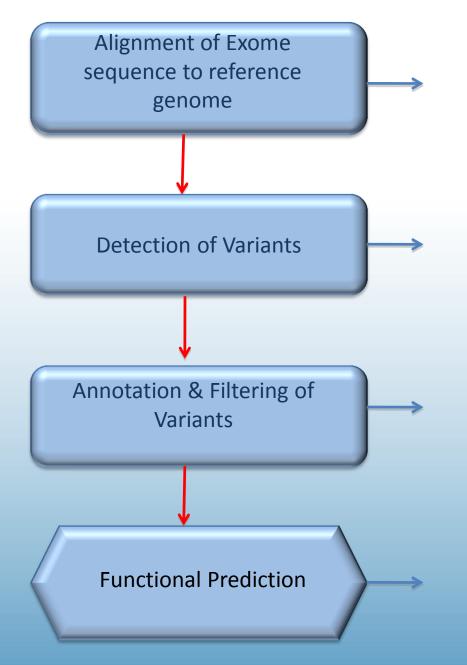
Clinical geneticists and genetic counsellors



Future focus: Exome/genome sequencing

Match disease diagnosis and therapeutic design with the genetic profile of the patient



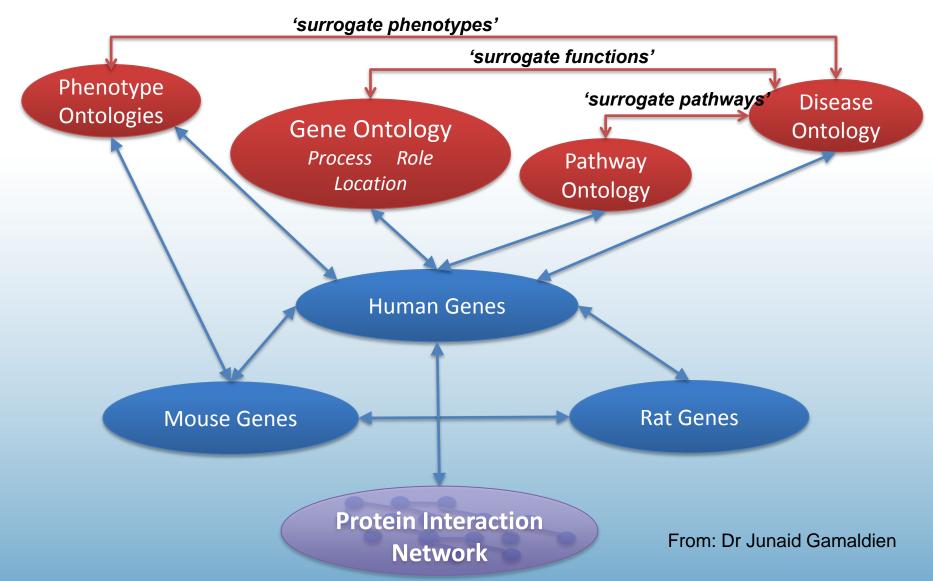


- Exome sequence > \pm 70 million reads, 100bp per read
- Alignment to Human Reference genome (3.2 billion bps)
- Total number of SNPs = 39316
- missense SNVs = 10800
- SNVs in splice sites = 40
- SNVs in coding synonymous = 11450
- SNVs near a gene = 158
- intergenic SNVs = 1745
- frameshift indels = 205
- indels in splice sites = 15
- indels near a gene = 21
- intergenic indels = 127

Prediction of Functional Variants using the **BORG**

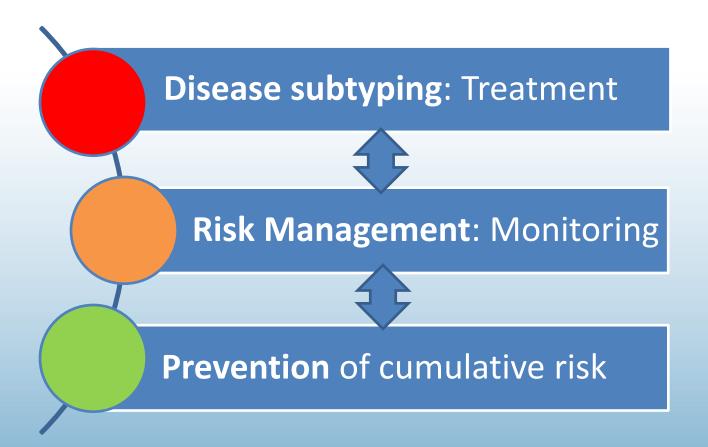
From: M Jalali, PhD student

The BioOntological Relationship Graph (B.O.R.G)



Models vast amounts of *existing* biomedical knowledge in a 'mind map' to uncover *novel* links between mutation(s) and disease

Gene-based intervention



Acknowledgements

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