

Why Public Health?

Healthcare is multifactorial and public health is a critical area where the intersection of the socio-economic determinants of health can be truly appreciated and dealt with in its entirety. The broad field that is public health provides me with the opportunity to explore non-clinical areas of interest.

I am passionate about public health because I believe that in order to improve health outcomes and the field of healthcare as a whole, it is essential that resources are invested in the development of primary health care, health policy, education, health promotion as well as the next generation of leaders in Africa.



Personal Mission Statement

I am a vessel for Africa. I am a young woman who is passionate about the continent of Africa. I am fascinated by its' people, its' cultures, its' ideals, its' past, present and future. I desire to contribute to the transformation of this continent particularly in the area of healthcare and as such endeavour to grab hold of every opportunity that can contribute to shaping me into a valuable member of this continent of vast potential. I believe that health equity, strong policy as well as effective leadership and management are critical for a transformation of the healthcare sector and aspire to develop the competencies that will position me to be at the forefront of the much needed advancement of healthcare in Africa

Vanessa Dede Ogum Annan

Bachelor of Medicine and Surgery

Stellenbosch University

SOUTH AFRICA

Future Proofing Public Health



Areas of Interest:

Global health, Health Equity, Policy, Leadership and management in Health, Research, Education, Maternal and child health

Why Public Health?

I got exposed to the concept of Public Health in my first year in medical school in 2018 while actively being involved in a health campaign organised by the students' association at that time, and I completely fell in love with public health. Discovering new ways of bringing about health other than just prescribing drugs was such an epiphany for me. As a future physician, I am called to treat a patient wholly, this includes preventing reoccurrence of illnesses and occurrence of new ones. The previous statement is what changed my mind set about medicine.

I started volunteering with the NGO CHORDO (Community Health Outreach Research and development organisation) CAMEROON, which aims at fostering preventive health by being actively involved with local communities through sensitisation, organisation of free screenings and offering free services to the communities, after carrying out elaborate research on pressing infectious disease threats in those communities. I hail from a community where people can't get proper health care because of the unavailability of adequate health facilities and health personnel, so volunteering with CHORDO is a way of giving back to the community that helped me grow.



Personal Mission Statement

To make a positive difference through disease treatment, disease prevention and health promotion for a healthier and more productive society.

Wemeguella Yossa Karen Mayeva

Doctor of Medicine

Faculty of Health Sciences
University of Buea

CAMEROON

Future Proofing Public Health



Areas of Interest:

Global Health,
Health policy, Leadership and management in Health ,
Community Health,
Epidemiology

Why Public Health?

I struggled for quite a while to find my place in medicine. Public health was properly introduced to me during my 4th year. I was fascinated by how it required me to apply my problem solving and systems thinking skills. More than that, public health encourages creativity and innovation. There is so much space for new and different. I want to advance the use of technology in making health care more accessible and efficient. Instead of complaining about how things could be better, I want to contribute towards finding solutions.



Personal Mission Statement

Our continent and its people have great potential. This is the best time in human history to unearth it. I want to contribute towards evolving the social and health systems of Africa. This is a great undertaking. I aim to align myself with people and opportunities that will help me to achieve this. It is also important for me to have fun and enjoy the process of getting there. I am also interested to see how this undertaking will transform and expand me at a personal level.

Hlakanipha Tshalanga

Bachelor of Medicine and Surgery

Stellenbosch University

SOUTH AFRICA

Future Proofing Public Health



Areas of Interest:

Preventative Medicine
Community Health
Information Systems
Healthcare Technology
Sexual Health

Why Public Health?

Health is more than just the absence of disease, it is about analyzing the various spheres of human life and understanding how we as health care practitioners can act as catalysts to change a life beyond a consultation room.



Personal Mission Statement

I want to be a beacon of hope in the community I serve. As a doctor, I want to provide care for communities previously excluded from quality health care.

Toluwani Adeboye

**Bachelor of
Medicine and
Surgery**

Stellenbosch University

SOUTH AFRICA

Future Proofing Public Health



Areas of Interest:

Public Health
Global Health
Maternal and Infant health

Personal Mission Statement

Your circumstances do not define your outcome, this is a statement I repeat to myself daily.

Growing up in a third-world country, a lot of times we are prone to believe our environments determine our outcomes in life, but this is not the case for me. I am Nkenganyi Aka Elvira, a sixth-year medical student, in the Faculty of Health Sciences, University of Buea, and an aspiring Neurosurgeon.

I am the fourth born in a family of four siblings, and the only one who is science inclined. I have always been a zestful and self-driven individual with a passion and drive to create positive change and impact. I would love to describe myself as an outgoing and interactive person. love learning new things and being creative. My hobbies are singing, dancing, and calligraphy.

My dream to become a medical doctor started when I was 4 years old, and had to watch my mom suffer and endure so much pain following a ghastly motor accident which she survived but due to lack of funds could not afford proper medical care and surgery. In a health system such as that of my country where everything is paid out of pocket, the poor are always left wanting. With this realization, I promised myself to work hard enough not only for my family but also for everyone in need of medical care but cannot afford, to advocate for health equity and become a great doctor; to be a leader in the health field, contribute to the advancement in health not only in my country, Cameroon but Africa and why not the world at large. In this light, have taken part in some leadership roles from my high school days where I was the head of the student body and head of the leaders club. Presently in medical school, I have served in several positions and am presently the president of the Cameroon Medical Students Association. I dream of becoming part of the international team of medical student leaders in the near future and a transformational leader in the field of medicine, as I progress in my professional career.

I dream to be an advocate for global health and drive policies that enhance optimal health.

Why Public Health?

Public health is a field that takes focus from individual to groups, takes focus from treatment of diseases to including prevention and sustaining optimal health.

Nkenganyi Elvira Aka

Doctor of Medicine University of Buea

CAMEROON



Future Proofing Public Health

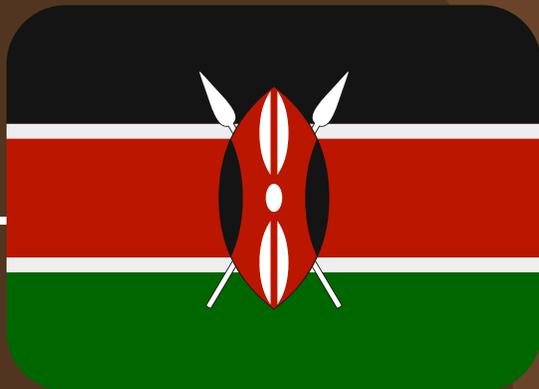


Areas of Interest:

- Global Health
- Health Equity
- Policy Making

Why Public Health?

The healthcare system is ravaged with inequalities. As a healthcare worker in leadership, it is vital to advocate for this marginalized groups. I use my voice to speak for those cannot use theirs.



Personal Mission Statement

To treat everyone I come across with love, compassion and kindness

Sheryl Nam

Bachelor of Medicine and Surgery

Moi University

KENYA

Future Proofing Public Health



Areas of Interest:

Sexual and Reproductive Health and Rights, Global Health, Health Education and Advocacy

Why Public Health?

Public health is a passion for me because I've experienced the consequences that come from a poor health care system through out the several community oriented initiatives I've organized.

I strongly believe that for an advancement to be made in health care, we need passionate young people in health to be involved in policy making and advocacy.

The Covid-19 pandemic came to prove that we have to promote the strengthening of our health care systems and nothing would make me happier than participating fully.



Personal Mission Statement

I am a Medical Doctor in view and Founder of CHORDO CAMEROON (Community Health

Outreach Research and Development Organization) a nongovernmental health organization focused on improving the primary health care system (PHS) through health outreaches, advocacy, research, and the training of the health workforce, especially Community Health Workers. I'm a multi Award-winning social entrepreneur and advocate with 5 years of experience in leadership, identifying resources that promote the health of marginalized and underserved persons and communities, also closing gaps that exist in community-oriented interventions.

Lebsy Petmia Lebaga

Doctor of Medicine

University of Buea

CAMEROON

Future Proofing Public Health



Areas of Interest

Global Health, health policy and management, maternal and child health, Epidemiology

Personal Mission Statement

I've been always passionate about health policies and strategic management, and from an early age, I recognized their potential for impactful change in my community. I love being involved in public health initiatives as they give me experience and confidence. I am pursuing to drive positive transformation in healthcare and contribute to the betterment of my community.

Why Public Health?

Public health is a dynamic field where innovation is constant, and it encourages participation and engagement in decision-making processes.

Alsarrah Ali Mohammed Omer

**Bachelor of Medicine and
Bachelor of Surgery**

Nile Valley University

SUDAN

Future Proofing Public Health



Areas of Interest:

Health policy and strategic planning



Why Public Health?

I am eager to further immerse myself in the field of public health, as it aligns perfectly with my goals and my community service work related to public health issues in Malawi. As a budding community nurse, I have effectively contributed to researching and implementing intervention policies aimed at providing the population with direct access to healthcare services through Red Cross Society healthcare programs. Additionally, I aspire to integrate healthcare concepts into the education of young women and men by raising health awareness through educational programs and conducting projects that foster a sense of responsibility for improved well-being. I believe that my ongoing participation in public health fellowships, programs, and training will continue to challenge and empower me to chart a clearer path for addressing public health inquiries and potentially laying the groundwork for addressing future global health challenges. This process will be facilitated by closing the existing knowledge gaps in my skill set as I work towards improving healthcare conditions in Malawi and Africa as a whole.



Personal Mission Statement

I am an open-minded student at Kamuzu University of Health Sciences in Malawi, deeply committed to the field of public health nursing. My career objective is to make a meaningful contribution to the promotion of healthy communities by excelling in public health nursing and leadership. I am particularly dedicated to addressing the healthcare disparities faced by racial and ethnic minorities in low and middle-income countries, who often experience disproportionately negative health outcomes.

Rabecca Lweya

**Bachelor of Science in
Community Health
Nursing**

**Kamuzu University of Health
Sciences**

MALAWI

Future Proofing Public Health



Areas of Interest:

Research and education in public health.

Why Public Health?

I am interested in public health because I believe that everyone has the right to live a healthy life. I am particularly passionate about sexual reproductive health and global health, as I believe that these are two areas where we can make a significant impact on the lives of millions of people.

believe that public health is the key to improving the overall health and well-being of a population. Public health interventions, such as vaccination programs and clean water initiatives, can save lives and prevent diseases.

Personal Mission Statement

I am a medical student and public health advocate with a passion for improving the health of my community and the world at large.

I am particularly interested in sexual reproductive health and global health, and I am eager to learn more and develop my skills in these fields.

I have gained valuable experience working on several public health projects, including medical camps in rural areas of Uganda. In these camps, I have provided medical care to underserved populations, including women and children, and educated people about public health issues, such as HIV/AIDS prevention and maternal health.

I am a hard worker and I am committed to making a positive impact on the world. I am confident that my skills and experience will be a valuable asset to this program, and I am excited to learn more about public health and global health.

Future Proofing Public Health



Ariho Lucky Rwabuturumba

**Bachelor of Medicine and
Bachelor of Surgery**

**Mbarara University of
Science and Technology**

UGANDA

Areas of Interest:

Sexual reproductive health,
Global Health, Community
health, Epidemiology



Why Public Health?

I am profoundly drawn to public health by a dedication born from personal tragedy and community need. Growing up in a disadvantaged Liberian community, the loss of my mother and a friend to maternal mortality propelled me to strive for change in healthcare disparities.

Founding the Girls Health Alliance was my initial step into advocating for the sexual and reproductive health rights of young women, a cause deeply important to me. It highlighted the significant impact of targeted public health efforts on individuals and communities, reinforcing my determination to make a lasting impact. Aspiring to be a medical professional, I acknowledge the critical gaps in healthcare access and education perpetuating maternal mortality and curable diseases in remote regions. Pursuing a Bachelor of Science Degree in Medicine and Surgery alongside public health education equips me to address these challenges comprehensively. Integrating public health into my medical education allows a holistic healthcare approach, aiding in building a more sustainable healthcare system.

Ultimately, I envision a world where every girl and woman has control over her health and future, free from preventable tragedies. Through relentless advocacy and high-quality healthcare initiatives, my goal is to eliminate maternal mortality and uplift underprivileged women's well-being in Liberia, propelling me toward a future where I actively contribute to a more equitable world in healthcare and beyond.

Personal Mission Statement

With unwavering dedication fueled by personal tragedy and communal necessity, I am fully devoted to reshaping the global public health landscape. My upbringing in a disadvantaged Liberian community, where I witnessed my mother's tragic loss and a friend's maternal mortality, ignited an unyielding determination to drive change. Founding the Girls Health Alliance marked my initial step towards advocating for the sexual and reproductive health rights of young women.

As an aspiring medical professional, I'm determined to bridge critical gaps in healthcare access and medical education. The scarcity of doctors exacerbates maternal mortality rates and preventable diseases in remote regions. Pursuing a Bachelor of Science Degree in Medicine and Surgery, alongside public health education, is my strategy to enhance my skills, knowledge, and leadership abilities. This journey will prepare me to further my work at the Girls Health Alliance and position me for higher leadership responsibilities.

I envision a world where every girl and woman possesses agency over her health and future, free from preventable tragedies. Through persistent advocacy and high-quality healthcare initiatives, I strive to eliminate maternal mortality and elevate the well-being of underprivileged women across Liberia. This mission propels me toward a future of fulfillment, where I contribute to a more equitable world in healthcare and beyond.

Future Proofing Public Health



Pauline Faith Gartoh

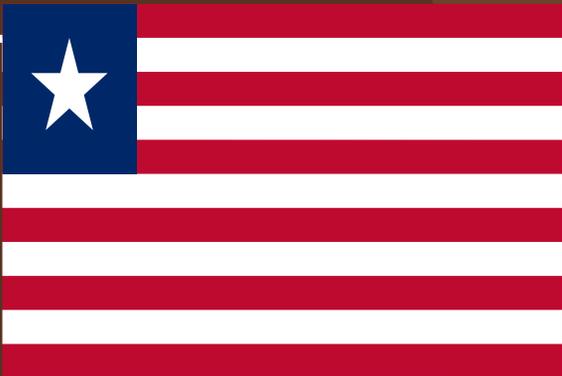
Bachelor of Medicine and Surgery

Mbarara University of Science and Technology

LIBERIA

Areas of Interest:

Gender & Sexual Reproductive Health and Rights, Mental Health, Research, and Health Care Policy and Management



Why Public Health?

I grew in a community seeing people suffering, dying due to inaccessibility to healthcare, my village suffered the loss of so many to common illnesses such as malaria. My personal mission is to do my best to avoid same occurring to other communities regardless of where they come from.



Personal Mission Statement

My personal mission is to get healthcare through advocacy and capacity building to a level where it is accessible to all and to inspire youths and young leaderd to engage actively in the better of the lives of everyone.

Atabong Ngongmenda George

**Faculty of Medicine and
Biomedical Science**

University of Yaoundé

CAMEROON

Future Proofing Public Health



Areas of Interest:

Health Promotion and
Community Health

Why Public Health?

In the hospital community, I treat individuals, but when it comes to public health, I have the opportunity to impact and influence entire communities. Here, I have the ability to make a positive difference in the lives of others.



Personal Mission Statement

Health is a priority and a right. As a final medical student from a country facing a health crisis due to an ongoing war, strongly believe in this sentence. And the current situation proves but an urgent need for adaptable healthcare challenge solutions. The health system in my community requires change, and I would like to be a part of this change.

Almthani Hamza Abdalrheem

**Bachelor of Medicine and
Bachelor of Surgery**

Nile Valley University

SUDAN

Future Proofing Public Health



Areas of Interest:

Global Health,
Disaster Management and
Humanitarian work

Why Public Health?

I would love to explore global health from a very different perspective and have a view of what it is like from other countries point of view and possibly working with several other organizations towards improving health globally .. I am so excited to learn about the different trends in public health, their effect on health, productivity and the economy of various countries and Africa as a whole.



Personal Mission Statement

I have always been interested in public health and This is a great opportunity to explore more ... I have a degree in human nutrition and dietetics I'm now pursuing a bachelors degree in nursing a combination of both will be great platform for public health and I look forward more opportunities like this including volunteering. Together we can make a great impact in the current global health system.

Temitope Frances Oladokun

**Bachelor of Nursing
Science**

**Afe Babalola University
Ado Ekiti**

NIGERIA

Future Proofing Public Health



Areas of Interest:

Childhood malnutrition and immunization, illnesses and economic output