

GLOBAL HEALTH WEBINAR SERIES

Professor Taryn Young, Head of the Department of Global Health at Stellenbosch University, cordially invites you to a webinar on the

Addressing malnutrition in hospitalised adults: a South African perspective

Hosted by the Division of Human Nutrition
Facilitated by Professor Renée Blaauw

Thursday, 14 November 2024, 13:00 – 14:30 SAST
via MS Teams

**1 CPD
point in
Level 1**

All are welcome!

[Join Here](#)



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**For queries contact Ms Chanelle Windvogel
on chaneller@sun.ac.za**

Addressing malnutrition in hospitalised adults: a South African perspective

Adult hospital malnutrition is prevalent in (South) African hospitals. If hospital malnutrition is recognised timeously and treated appropriately it can improve clinical outcome and reduce health care costs. In this webinar we will report on local practices, as well as briefly identify enablers and barriers to the adoption of strategies to address adult hospital malnutrition in Western Cape Province of South Africa. Results of a recent study on validation of diagnostic tools in the South African setting will be tabled with a view of discussing the applicability in the local context.



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Programme



13h00 – 13h20

Adult Hospital malnutrition: Why we need to act now.

Presented by Prof Renée Blaauw (Professor, Division of Human Nutrition, Department of Global Health, Stellenbosch University)



13h20 – 13h40

Barriers and enablers to the management of adult hospital malnutrition in the local setting.

Presented by Dr Janicke Visser (Senior lecturer, Division of Human Nutrition, Department of Global Health, Stellenbosch University)



13h40 – 14h00

Validation of diagnostic tools as surrogate anthropometric measurements for the local setting.

Presented by Dr Esmarie van Tonder (Lecturer, Department of Human Nutrition and Dietetics, of Health Sciences, Nelson Mandela University)

14h00 – 14:30

Q&A facilitated by Prof Renée Blaauw

