

Progress with revision of
existing
Postgraduate
Diploma in
Family Medicine



Modules

Year 1	1	Competent Clinician	New
	2	Consultation	Existing
	3	Community-oriented Primary Care	
Year 2	4	Teaching and Learning	
	5	Chronic Disorders	
	6	Leadership and Clinical Governance	

Evidence-based Medicine

in the Competent Clinician module

- **Ask a structured EBM question regarding a clinical problem**
- Search effectively for the best evidence to answer this question
- Select an appropriate type of article from the results of this search
- **Critically appraise the medical literature including guidelines, review articles, and original studies.**
- **Explore how evidence-based medicine can be practically used in your context**

Consultation

- Describe the different styles of consultation
- Describe the structure of the consultation
- Describe the tasks that should be achieved in a consultation
- Describe the communication skills that can help achieve these tasks
- **Make a holistic assessment of a patient and express it as a 3-stage assessment**
- **Use a genogram as part of a consultation**
- **Describe the principles of motivational interviewing**
- **Describe the principles of breaking bad news**
- **Observe, reflect on and critique the consultation**
- **Demonstrate better consultation and communication skills**

Ethics

in the Consultation module

- Identify an ethical dilemma when it arises in your practice
- Articulate the dilemma using ethical terminology
- Apply a problem solving approach in which the law, ethical principles and theories, medical information, societal and institutional norms and personal value system are reflected
- Formulate possible solutions to the ethical dilemma
- Implement these solutions so that you **provide health care in an ethical, compassionate and responsible manner that reflects respect for the human rights of patients and colleagues.**

Family-oriented Primary Care in the Consultation module

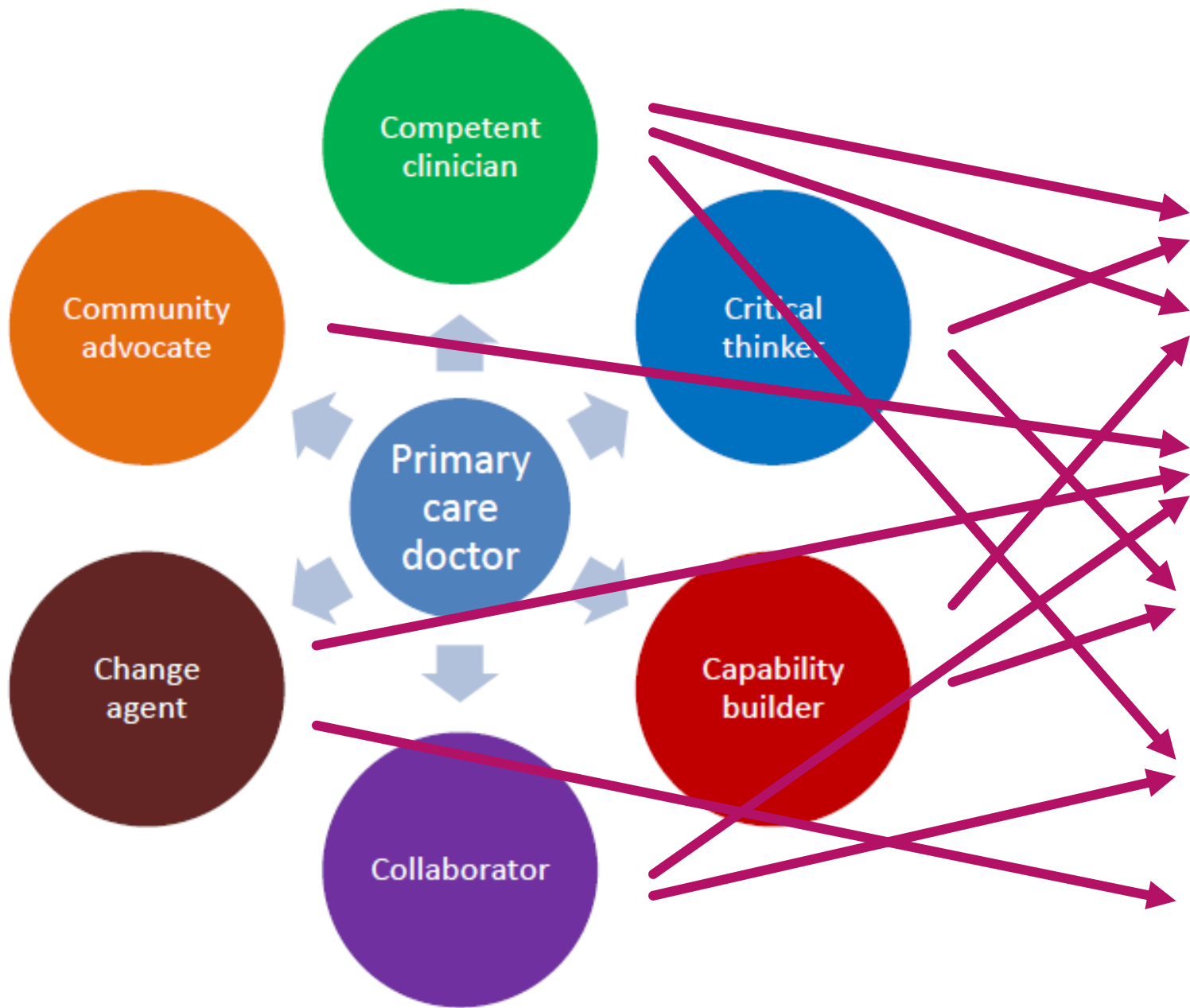
- Demonstrate an understanding of the human life-cycle and how this can be applied in practice
- **Demonstrate a family-orientated approach to primary care such as being able to identify aspects of the family that impact on the health of the individual and vice versa.**
- Develop confidence in engaging with families
- Develop your ability for reflection as a tool for self-awareness in order to be more effective in the doctor-patient relationship

Community-Oriented Primary Care

- **Describe the concept and steps of community-oriented primary care**
- **Define and characterize a community within which your practice is situated**
- **Prioritize the major health issues of that community**
- **Design an intervention that would address one of the high priority health issues**

Chronic Disorders

- **Organise Chronic care in your health district**
- **Implement an audit in your practice to understand baseline data for improving the quality of care for a chronic condition**
- **Describe current theories of disease prevention and health promotion and apply them to your own practice and health district in a systematic way**
- **Describe the principles of palliative care and issues of death and dying**



Competent Clinician

Consultation

Community-oriented
Primary Care

Teaching and
Learning

Chronic Disorders

Leadership and
Clinical Governance

Competent Clinician

- ▶ Run over 2 years
- ▶ Focus on ambulatory care
- ▶ Include elements of Evidence-based medicine
 - ▶ clinical questions, guidelines and critical reading

Consultation

- ▶ Consultation and communication skills
- ▶ Including elements of Ethics and Family-oriented Primary Care

Community-oriented Primary Care

- ▶ No change

Teaching and Learning

- ▶ Focus on Primary Care teams

Chronic Disorders

- ▶ Focussing on systems of care and Primary Care

Leadership and Clinical Governance

- ▶ Focus on audit, statistics/indicators, quality improvement
- ▶ Change agent

Assessment

- ▶ E-portfolio on our LMS = SunLearn
- ▶ National exit exam

To be done:

- ▶ Yearbook changes
- ▶ Create new module = competent clinician
- ▶ Adapt existing modules

- ▶ Consider
 - ▶ dropping NQF level to 8
 - ▶ Incorporation of 10% contact time for full subsidy purposes