

Course code: 112079 NQF Level 08 120 credits HPCSA (CPD) accredited

#### **Programme content**

You must complete all five modules listed below.

- Introduction to Toxicology
- Poisoning Management and Prevention
- Poisoning with Non-drug Chemicals
- Poisoning with Pharmaceuticals
- Poisoning with Biological Toxins

**Programme Coordinator & Chair:** Ms Carine Marks BSc Pharm, Hons (Pharmacology); MSc (Toxicology), MPhil HPE Tel: (021) 938 9334 E-mail: carinem@sun.ac.za

**Co-Chair**: Mrs Arina Du Plessis BSC, MSc (Toxicology) Tel: (021) 938 9596 E-mail: <u>aced@sun.ac.za</u>

**Postgraduate Coordinator**: Mrs M Harck Tel: (021) 938 9296 E-mail: <u>mji@sun.ac.za</u>

Hybrid Learning Link: https://hybridlearning.sun.ac.za/pgdiptox/

Application Link: https://www.sun.ac.za/english/pgstudies

# **Information and Syllabus**

### 1. Introduction to the Faculty of Medicine and Health Sciences, Stellenbosch University

#### 1.1. Vision

The Faculty of Medicine and Health Sciences of Stellenbosch University is recognized as an indispensable leader in the field of health sciences in Africa and for the contribution, it makes internationally.

#### Mission

The Faculty of Medicine and Health Sciences of Stellenbosch University is committed to the goal of optimal health in Southern Africa by:

- Developing within a learning culture independent professionals who can make a worthwhile contribution to the community.
- Contributing to new knowledge in the field of health sciences by means of research relevant to Africa.
- Benefiting the broader community by means of participation and service.

### 2. Post Graduate Diploma in Medical Toxicology

**Medical Toxicology** is a field of medicine dedicated to the evaluation and treatment of poisoned and envenoming patients. It is a scientific area with a growing demand in academia as well as the private and public health sector.

There is an increasing interest of medical doctors, pharmacists and other healthcare providers to gain more knowledge in this field. This programme in toxicology would therefore cater for a training need for the country as a whole and for Africa in general. Currently there is a shortage of trained staff with knowledge of poisonings, especially of poisoning with chemicals that is unique to the African continent.

The proposed programme will provide an essential step in the training of scientists in Medical Toxicology and provide them with a higher academic qualification. Candidates completing the course will have the skills to assist in the diagnoses and management of patients exposed to poisonous chemicals. They will be able to work in medical facilities where they will be able to advise other health care professionals on the management of poisoned patients.

Given the critical shortage of toxicology experts, the health services of South Africa will tremendously benefit from the programme.

The course is in consistence with the HEQC's Programme Accreditation criteria and has been approved and re-accredited at all required levels within the university.

The programme will be presented in English.

### 2.1. Admission and selection requirements

- A bachelor's degree (e.g., MBChB, BPharm or BNurs) or another relevant qualification on at least NQF level 7, as approved by the Faculty of Medicine and Health Sciences, Stellenbosch University.
- If you are an international student who did not use English as medium of instruction for your undergraduate studies, you may be required to provide evidence of your oral and academic writing proficiency in English.

The program committee selects students based on their academic (achievements), motivation from employees and might include a short interview. There are no fixed number of students that are selected as it is subject to the teaching capacity.

### 2.2. Programme structure and contents

The programme embraces a period of 18 months designed to equip the trainee to work in the field of medical toxicology. After 18 months, all assessments should be completed, and the student will graduate at the next graduation ceremony.

### 2.2.1. Description of the program

Faculty: Health Sciences Department: Medicine Division: Clinical Pharmacology Type of program: Theoretical; Blended Learning (mostly on-line) NQF level: 8 Qualification type: PG Diploma Qualification specification: Toxicology

#### 2.2.2. Aims of the program

On completion of this programme successful candidates will be more proficient in the following:

- The early diagnosis and management of the poisoned patient.
- Identifying toxicology problems and solving these problems through taught methods.
- Understanding the importance of continued self-study and of staying abreast of new developments in the field of Medical Toxicology.
- Personal self-development with emphasis on insight, responsibility, accountability, continued learning, self-criticism, acceptance of criticism from others, and the ability to work independently at a high level.
- Critically review and interpret the literature relating to publications in toxicology.
- Understand the set-up, importance, and management of Poison Information Centres nationally and internationally.
- The ability to work in a team and to add value to the larger group through constructive collaboration and cooperation.
- Development of a holistic approach to problem solving within the context of respect and sensitivity for other people, the community, and the environment.
- Understanding the importance of toxicology in general, particularly to the community through the communication of knowledge and the transfer of relevant information.

Establish a smaller poison centre unit in his/her environment that will network with the National Poisons Centre of South Africa.

### 2.2.3. Duration of program

The programme extends over *18 months* and consists of two separate weeks of synchronost teaching. During  $1^{st}$  year this week will be online, and during  $2^{nd}$  year it will be a face to face meeting at Tygerberg Campus. The rest of the course will be assynchronost online. During the 18 months it is expected from the student to complete a 24-hour practical work placement.

Duration of the placement: 24 hours (8 x 4hr shifts)

Location of the placement: Poisons Centre or Trauma Unit

### 2.2.4 Estimated cost of the course (prices as in 2022)

| PARTICULARS OF CHARGES - STUDY FEES: |          |                 |  |
|--------------------------------------|----------|-----------------|--|
| NAME OF COURSE / SUBJECT             | CODE     | TUITION<br>FEES |  |
| Introduction to Toxicology           | 14182775 | 5380.00         |  |
| Poison Managem and Prevention        | 14183775 | 5380.00         |  |
| Poison with Non-drug Chemicals       | 14186775 | 5380.00         |  |
| Poisoning with Biological Tox        | 14187775 | 5380.00         |  |
| Poisoning with Pharmaceuticals       | 14185775 | 5380.00         |  |
|                                      | •        | R26900.00       |  |

### 2.2.4. Course Assessment - Module details

The module outline and contribution of the different components contributing to the final performance mark can be summarized as follows:

Completion of 2 years as a registered student for the PG Diploma in Toxicology. The final assessment will take place 18 months after enrollment and graduation at the end of the second year.

Each module will receive a mark out of 100. The final mark of the student will be calculated as follows:

- 1. Online quizzes = 13 % of final mark (taking place throughout the course)
- 2. Written assignments= 12% of final mark (taking place throughout the course)
- 3. Reflection on e-portfolio= 15 % of final mark (taking place throughout the course)
- 4. Written examination = 36 % of final mark (3hr examination on campus in February 2024)
- 5. Oral examination = 24 % of final mark (90 minutes on-line examination in June 2024)

The pass mark will be 50% for each module.

A mark of 75% will be required to pass with distinction. Students need to repeat only those modules where they have been unsuccessful.

#### What is communicated to students:

There will be a module framework for each module. This module framework will be loaded onto the online SUNLearn platform. This module framework will indicate to the students the following:

- Module name, credit value, NQF level
- Outcomes
- Division of work
- Prescribed material
- Types of assessment
- How the mark for the module is calculated
- Any other relevant information that the student will need.

## Module 1: Introduction to Toxicology 14182775

Contact time: 1 week in January 2022: Contact sessions via MS TEAMS platform. Thereafter - 3 hrs / week contact session x 12 weeks (36hr) (virtual) Compulsory - Theoretical - Credits: 24 Assessment:

#### Module 1 calculation of marks:

| Type of assessment        | Number of assessments   | Total module<br>mark |
|---------------------------|---|----------------------|
| Online quizzes            | Students must complete 12 quizzes and each quiz's point carries equal weight. | 20%                  |
| Written assignment        | 2 written tasks and each carries equal weight                                 | 20%                  |
| Reflection in e-portfolio | 12 reflections, 1 per week  | 10%                  |
| Written examination       | MCQ and short questions   | 50%                  |

## Module 2: Poisoning management and prevention 14183-775

Contact time: week January: contact sessions via MS TEAMS platform. thereafter - 3 hrs / week contact session x 12 weeks (36hr) (virtual) Compulsory – Theoretical - Credits: 24 Assessment:

#### Module 2 calculation of marks:

| Type of assessment        | Number of assessments   | Total module<br>mark |
|---------------------------|---|----------------------|
| Online quizzes            | Students must complete 12 quizzes and each.<br>quiz's point carries equal weight. | 20%                  |
| Written assignment        | 2 written tasks and each carries equal weight                                     | 20%                  |
| Reflection in e-portfolio | 12 reflections, 1 per week  | 10%                  |
| Written examination       | MCQ and short questions   | 50%                  |

## Module 3: Poisoning with Pharmaceuticals 14185775

Contact time: week January: contact sessions via MS TEAMS platform Thereafter - 3 hrs / week contact session x 12 weeks (36hr) virtual plus: practical workplace experience -16 hrs at a trauma unit or similar entity. Compulsory - Theoretical / practical - Credits: 24 Assessment:

### Module 3 calculation of marks

| Type of assessment        | Number of assessments   | Total<br>module<br>mark |
|---------------------------|---|-------------------------|
| Online quizzes            | Students must complete 12 quizzes and each quiz's point carries equal weight. | 20%                     |
| Written assignment        | 2 written tasks   | 20%                     |
| Reflection in e-portfolio | 1 reflection for the complete module  | 10%                     |
| Written examination       | MCQ and short questions   | 50%                     |

## Module 4: Poisoning with Non-drug Chemicals 14186775

Contact time: week January: contact sessions via MS TEAMS platform Thereafter - 3 hrs / week contact session x 12 weeks (36hr) virtual practical workplace experience 8 hrs at a trauma unit or similar entity Compulsory - Theoretical - practical - Credits: 24 Assessment:

#### Module 4 calculation of marks

| Type of assessment            | Number of assessments   | Total<br>module<br>mark |
|-------------------------------|---|-------------------------|
| Online quizzes                | Students must complete 12 quizzes and each quiz's point carries equal weight. | 20%                     |
| Written<br>assignment         | 2 written tasks   | 20%                     |
| Reflection in e-<br>portfolio | 1 reflection for the complete module  | 10%                     |
| Written<br>examination        | MCQ and short questions   | 50%                     |

## Module 5: Poisoning with Biological Toxins 14187775

Contact time: contact sessions in 2nd year (2023): face to face at Tygerberg campus Thereafter – 3 hrs / week contact session x 12 weeks (36hr) virtual practical workplace experience 8 hrs at a trauma unit or similar entity Compulsory - Theoretical / practical - Credits: 24 Assessment:

| Type of          | Number of assessments                                   | Total module |
|------------------|---|--------------|
| assessment       |   | mark         |
| Online quizzes   | Students must complete 12 quizzes and each quiz's point | 20%          |
| -                | carries equal weight.                                   |              |
| Written          | 1 written task  | 10%          |
| assignment       |   |              |
| Reflection/      | 1 reflection for the complete module                    | 30%          |
| assignment in e- |   |              |
| portfolio        |   |              |
| Oral Examination |   | 40%          |
|                  |   |              |

#### Module 5 calculation of marks

### 3. Division of Clinical Pharmacology, Faculty of Medicine and Health Sciences, Stellenbosch University

#### **3.1. Division of Clinical Pharmacology - overview**

The Division of Clinical Pharmacology is housed on the 7<sup>th</sup> floor of the Clinical Building at the Faculty of Medicine and Health Sciences, Tygerberg Campus, Stellenbosch University. Professor Eric Decloedt holds the position of Head of Department (HoD).

See the Division's web page for more detail:

http://www.sun.ac.za/english/faculty/healthsciences/Clinical%20Pharmacology/Pages/default. aspx

### **3.2.** Tygerberg Poison Information Centre (TPIC)

The TPIC is part of the Poison Information Helpline for the Western Cape that provides an 24 hour toxicology consultation service to health care professionals (at all levels), industry, and the lay public and is under the directorship of Mrs Carine Marks.

They provide expert advice on the following:

- The presentation and management of medicine-related overdoses and drugs of abuse
- General information on poisons
- General information on biological toxins, with special reference to poisonous and venomous creatures, poisonous plants, and micro-organisms

### 3.3. Postgraduate Office

Postgraduate office Tygerberg handles all postgraduate activities. They offer:

- academic information,
- arrange interaction between students,
- provide students with skills development opportunities (capacity building),
- provide advice related to research-related matters,
- provide information regarding bursaries and funding opportunities,
- assist new postgraduate students,
- promote interaction between divisions.

They provide a comprehensive one-stop service in terms of support and guidance to existing as well as prospective postgraduate students with specific focus on efficient administration, social wellbeing, skills development, and attention to all related academic matters in order to ensure the success of students.

### 3.4.

### 3.5. SUNLearn

Course material, quizzes and other relevant information will be made available on SUNLearn which is the university e-learning platform. Login details will be obtained upon registration. Your student number will become your email address of which all university-related matters will be communicated to you. E.g., <u>1234567@sun.ac.za</u>.

International Office Enquiries: Contact Ms Shanlynn Timm stimm@sun.ac.za

Student Fees: Contact Ms Lesanne Matthee for all fee-related enquiries <u>lm@sun.ac.za</u>

# PROGRAMME

(Scheduled timeslots and facilitators may be changed due to unforeseen circumstances)

| Week | Date                | Item/Module   | Facilitator            |
|------|---------------------|---|------------------------|
| 1    | 23 – 28 Jan 2023    | Lectures and workshop via MS TEAMS  | Ms CJ Marks            |
|      |                     | platform  | Ms A Du Plessis        |
| 2    | 29 Jan – 4 Feb 2023 | Environmental Toxicology  | Dr G Verdoorn          |
| 3    | 5 - 11 Feb 2023     | Environmental Toxicology  | Dr G Verdoorn          |
| 4    | 12 - 18 Feb 2023    | Risk Assessment   | Prof M Gulumian        |
| 5    | 19 - 25 Feb 2023    | Occupational and Nano Toxicology  | Prof M Gulumian        |
| 6    | 26 Feb – 4 Mar 2023 | Analytical Toxicology   | Dr T Kellerman         |
| 7    | 5 - 11 Mar 2023     | Forensic Toxicology   | Ms J Mader             |
| 8    | 12 – 18 Mar 2023    | Mechanism and pathology of drug toxicity  | Prof W Cordier         |
| 9    | 19 – 25 Mar 2023    | Dose response   | Prof W Cordier         |
| 10   | 26 Mar – 1 Apr 2023 | Basic principles of Pharmacodynamics and<br>Pharmacokinetics                        | Mrs S Dames            |
|      | 2 - 8 April         | HOLIDAY   |                        |
| 11   | 9 - 15 Apr 2023     | Drug-drug Interactions  | Dr R Van Rensburg      |
| 12   | 16 – 22 Apr 2023    | Poison Information Centres and International<br>Programme on Chemical Safety (IPCS) | Mrs C Marks            |
| 13   | 23 - 29 Apr 2023    | ABCs Resuscitation  | Dr Laverne Phillips    |
| 14   | 30 Apr – 6 May 2023 | Initial management and enhanced elimination   | Dr Laverne Phillips    |
| 15   | 7 – 13 May 2023     | Symptomatic and supportive care   | Dr Laverne Phillips    |
| 16   | 14 – 20 May 2023    | Toxidromes  | Ms J Jones             |
| 17   | 21 - 27 May 2023    | Antidotes   | Ms A Du Plessis        |
| 18   | 28 May – 3 Jun 2023 | Drugs of Abuse  | Ms C Marks             |
| 19   | 4 – 10 Jun 2023     | Toxicology laboratory and Drug screening  | Mrs A van der<br>Merwe |
| 20   | 11 - 17 Jun 2022    | Drug use in Pregnancy / Lactation and the Neonate                                   | Mrs S Dames            |

| 21 | 18 – 24 Jun 2023    | Childhood poisoning   | Dr K Balme                   |
|----|---------------------|---|------------------------------|
| 22 | 25 Jun – 1 Jul 2023 | Psychiatric evaluation for the poisoned patient                                     | Mr Colin Mitchell            |
| 23 | 2 – 8 Jul 2023      | The unknown poison including cyanide and arsenic poisoning                          | Dr G Muller                  |
| 24 | 9 - 15 Jul 2023     | Non-toxic exposures and multiple chemical sensitivity syndrome                      | Ms A Du Plessis              |
|    | 16 – 29 July 2023   | HOLIDAY   |                              |
| 25 | 30 Jul – 5 Aug 2023 | Complementary and alternative medicine  | Mr G Voigt                   |
| 26 | 6 - 12 Aug 2023     | Paracetamol   | Dr Pillay-Fuentes<br>Lorente |
| 27 | 13 – 19 Aug 2023    | Non-steroidal anti-inflammatory drugs and DMARDS                                    | Ms. C Marks                  |
| 28 | 20 - 26 Aug 2023    | Antidepressants and Lithium   | Dr C Banda                   |
| 29 | 27 Aug – 2 Sep 2023 | Neuroleptics  | Dr Pillay-Fuentes<br>Lorente |
| 30 | 3 - 9 Sep 2023      | Sedative hypnotics  | Dr C Stephen                 |
| 31 | 10 - 16 Sep 2023    | Anticonvulsants   | Dr H Gunter                  |
| 32 | 17 - 23 Sep2023     | Antihistamine, sympathomimetic (cold and flu meds)                                  | Mrs C Marks                  |
| 33 | 24 - 30 Sep 2023    | Theophylline / Bronchodilators  | Mrs C Marks                  |
| 34 | 1 - 7 Oct 2023      | Cardiovascular drugs  | Dr C Banda                   |
| 35 | 8 - 14 Oct 2023     | Antidiabetic drugs  | Mr G Voigt                   |
| 36 | 15 - 21 Oct 2023    | Antimicrobials (INH, ARV's)   | Dr Pillay-Fuentes<br>Lorente |
| 37 | 22 - 28 Oct 2023    | Irritants and Corrosives  | Dr K Balme                   |
| 38 | 29 Oct – 4 Nov 2023 | Chemicals that cause Methemoglobinemia<br>(Naphthalene, Nitrites and Nitrates etc.) | Dr Pillay-Fuentes<br>Lorente |
| 39 | 5 - 11 Nov 2023     | Toxic Alcohols  | Dr C Banda                   |
| 40 | 12 – 18 Nov 2023    | Hydrocarbons  | Dr K Balme                   |
| 41 | 19 - 25 Nov 2023    | Iron  | Dr R van Rensburg            |
| 42 | 26 Nov – 2 Dec 2023 | Carbon Monoxide   | Ms C Marks                   |

| 43 | 3- 9 Dec 2023       | Cholinesterase inhibitors                         | Dr R Van Rensburg             |
|----|---------------------|---|-------------------------------|
| 44 | 10 - 16 Dec 2023    | Herbicides  | Ms A Du Plessis               |
|    | 17 Dec – 6 Jan 2024 | HOLIDAY   |                               |
| 45 | 7 – 13 Jan 2024     | Rodenticides                                      | Dr C Stephen                  |
| 46 | 14 – 20 Jan 2024    | Amitraz, pyrethrins and pyrethroids.              | Dr J Veale                    |
| 47 | 21 – 27 Jan 2024    | Insect repellents (DEET) and attractants (AnTrap) | Ms A Du Plessis               |
| 48 | 28 Jan – 3 Feb 2024 | Lead and mercury poisoning                        | Dr C Stephen                  |
|    | 4 – 10 February     | Revision week                                     |                               |
| 49 | 12 Feb 2024         | EXAMINATION                                       | Ms C Marks<br>Ms A du Plessis |
| 49 | 12 – 17 Feb 2024    | Traditional face to face lectures                 | Ms C Marks<br>Ms A du Plessis |
|    | 18 – 24 February    | RECUPERATION                                      |                               |
| 50 | 25 Feb – 2 Mar 2024 | Scorpions   | Ms C Marks                    |
| 51 | 3 – 9 Mar 2024      | Cytotoxic snakes and hemotoxic snakes             | Ms C Marks                    |
| 52 | 10 – 16 Mar 2024    | Neurotoxic snakes and the Berg Adder              | Ms C Marks                    |
| 53 | 17 – 23 Mar 2024    | Neurotoxic spiders                                | Ms A Du Plessis               |
|    | 24 March – 6 April  | HOLIDAY   |                               |
| 54 | 7 - 13 Apr 2024     | Cytotoxic spiders                                 | Ms A Du Plessis               |
| 55 | 14 - 20 Apr 2024    | Marine envenomation                               | Ms C Marks                    |
| 56 | 21 - 27 Apr 2024    | Marine poisoning                                  | Ms C Marks                    |
| 57 | 28 Apr 4 May 2024   | Plant poisoning                                   | Mrs A Du Plessis              |
| 58 | 5 - 11 May 2024     | Mushroom Poisoning                                | Mr G Voigt                    |
| 59 | 12 - 18 May 2024    | Insects and Bee stings                            | Ms A Du Plessis               |
| 60 | 19 - 25 May 2024    | Rabies and tick bite                              | Dr E Mondleki                 |
|    |                     | <b>Revision</b> period                            | Ms C Marks                    |
|    | 2 June 2024         | ORALS   |                               |