

# Explore the **Western Cape**

**South Africa**



6<sup>th</sup> – 8<sup>th</sup> September 2017



**The 19<sup>th</sup> Diachronic Generative Syntax conference**  
**Stellenbosch University, South Africa**

# September in the Western Cape



## Whale watching in Hermanus

Annually, between roughly June and November, Southern Right whales migrate from the North to the coastal waters of South Africa to calve and nurse their young. The months of September and October are of the best months for whale watching and Hermanus is recognised as one of the best whale watching locations in the world!

[www.hermanus.whale-seekers.co.za](http://www.hermanus.whale-seekers.co.za)

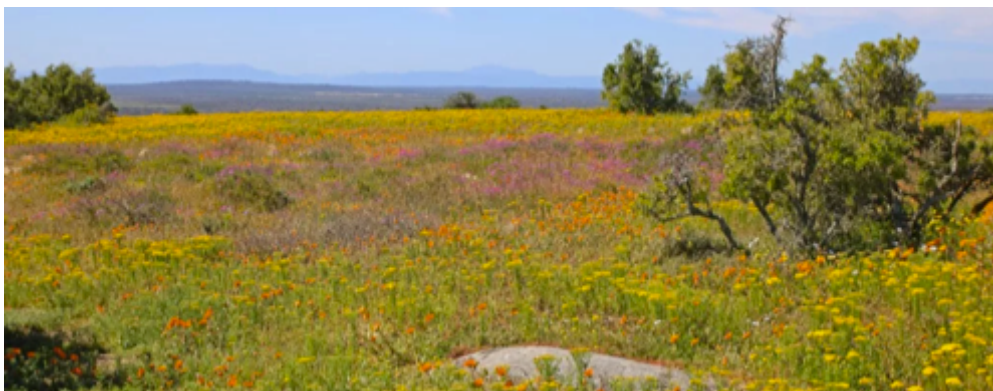
[www.hermanus.co.za](http://www.hermanus.co.za)

[www.hermanuswhalewatchers.co.za](http://www.hermanuswhalewatchers.co.za)

[www.whalewatchsa.com](http://www.whalewatchsa.com)

# West-Coast flower route

Between Langebaan (120km from Cape Town) and the Richtersveld (720km from Cape Town)



The West Coast wild flowers begin flowering in July; first in the North, then southwards around August/September. The West Coast National Park, Yzerfontein and Darling are the best places to view these beautiful flowers in September.

Recommended reserve for hiking and viewing the flowers: The Postberg Flower Reserve (situated in the West-Coast National Park, but only open in Spring).

**Postberg Reserve bookings open in June.**

Contact numbers: +27 (0)22 707-9902 or +27 (0)22 707-9903.

[www.sanparks.org](http://www.sanparks.org)





# Events in September

Forth-annual Street Food Festival: 2 – 3 September

[www.streetfoodfestival.co.za](http://www.streetfoodfestival.co.za)

Franshoek Uncorked Festival: 24 -25 September

[www.franshoekuncorked.co.za](http://www.franshoekuncorked.co.za)

Montpellier, Tulbagh - Bach, Bubbles and Brunch: 9 September

[www.montpellier.co.za](http://www.montpellier.co.za)

riette@montpellier.co.za

Annual Darling Flower Show: 14 – 17 September (TBC)

[www.darlingwildflowers.co.za](http://www.darlingwildflowers.co.za)

Table Mountain Challenge: 3 September

A 43km or 22km trail-running challenge on Cape Town's beautiful Table Mountain!

[www.energyevents.co.za/event/table-mountain-challenge-2017/](http://www.energyevents.co.za/event/table-mountain-challenge-2017/)

# Year-round recommendations

## Parks, gardens and reserves Cape Town

**Kirstenbosch Botanical Gardens:** botanical gardens/picnics/restaurants  
8am – 6pm / R55

**Table Mountain ( & Cableway):** hiking/view  
Open daily

**Rhodes Memorial:** hiking/restaurant  
9am-5pm – Free

**Silvermine Nature Reserve:** hiking/climbing/swimming/picnics  
[www.sanparks.org](http://www.sanparks.org)

**Sea Point Promenade:** swimming/running/picnics/outdoor gym  
Open daily – free

**Green Point Park:** indigenous garden/picnics/guided tours/playparks  
7am -7pm – free

**Lion's Head and Signal Hill:** hiking/view  
Open daily – free

**Cape Point Nature Reserve**  
[www.capepoint.co.za](http://www.capepoint.co.za)





# Some of our beaches



**Clifton**, Cape Town

**Boulders Beach**, Simons Town

**Muizenberg Beach**

**Camps Bay**, Cape Town

**Bloubergstrand**, Blouberg

**Noordhoek Beach**, Noordhoek

**Boulders Beach**, Simonstown

**Bikini Beach**, Gordon's Bay

**Diaz Beach**, Cape Point nature reserve



# Parks and reserves in the greater Western Cape



## Agulhas National Park

210km from Cape Town



## Bontebok National Park

240km from Cape Town



## Garden Route National Park

615km from Cape Town



## West Coast National Park

100km from Cape Town

[www.sanparks.org](http://www.sanparks.org)





## Activities in the Western Cape



For a list of Cape Town related activities, click on the link below:

<http://www.whatsonincapetown.com/post/recommended-activities-in-cape-town-quick-reference/>

Activities include: hot air ballooning, abseiling, shark cage diving, whale watching, kayaking, kite surfing, surfing, paragliding, boat trips, guided city running tours, penguin viewing and hiking to name a few!

## Further attractions in Cape Town and the Western Cape

- Robben Island:
- Victoria Alfred Waterfront:
- Two Oceans Aquarium:
- Iziko South African Museum:
- Bo-Kaap:
- Franschoek Wine Tram:
- City Sightseeing (Hop-on Hop-off)
- Helicopter tours

[www.robben-island.org.za](http://www.robben-island.org.za)

[www.waterfront.co.za](http://www.waterfront.co.za)

[www.aquarium.co.za](http://www.aquarium.co.za)

[www.iziko.org.za](http://www.iziko.org.za)

[www.bokaap-capetown.co.za](http://www.bokaap-capetown.co.za)

[www.winetramp.co.za](http://www.winetramp.co.za)

[www.citysightseeing.co.za](http://www.citysightseeing.co.za)

[www.nachelicopterscapetown.com](http://www.nachelicopterscapetown.com)



# Wildlife sanctuaries



SANCOB (SA Foundation for the Conservation of Coastal Birds)

<https://sancob.co.za/>

Drakenstein Lion Sanctuary and Chimp Haven

<http://lionrescue.org.za/>

MonkeyLand

<http://www.monkeyland.co.za/>

Eagle Encounters

<http://www.spier.co.za/visit/eagle-encounters>

Cheetah Outreach

[www.cheetah.co.za](http://www.cheetah.co.za)



# Things to do in Stellenbosch



Jonkershoek Nature Reserve

<http://www.capenature.co.za/reserves/jonkershoek-nature-reserve/>

Botanical Garden University of Stellenbosch

<http://www.sun.ac.za/english/entities/botanical-garden>

Stellenbrau Brewery Tour

<http://activitybridge.com/book?activityid=4224>

Stellenbosch Toy and Miniature Museum

[http://www.stelmus.co.za/toy\\_miniature\\_museum.htm](http://www.stelmus.co.za/toy_miniature_museum.htm)

Stellenbosch Village Museum

[http://www.stelmus.co.za/village\\_museum.htm](http://www.stelmus.co.za/village_museum.htm)

Assegaaibosch Nature Reserve

<http://www.capenature.co.za/reserves/assegaaibosch-nature-reserve/>

Coetzenburg Trail (running/hiking)

<https://tracks4africa.co.za/listings/item/w199743/stellenboschberg-hiking-trail/>



# Stellenbosch Wine Route



The Stellenbosch Wine Route is one of the Western Cape's top attractions!

[www.vinehopper.co.za](http://www.vinehopper.co.za)

[www.wineroute.co.za](http://www.wineroute.co.za)



## Safety in South Africa

When exploring any new destination, please be mindful of the fact that opportunistic crime is an unfortunate reality.

If you are fortunate enough to be able to enjoy one of South Africa's many hikes, it is best to do so with a guide. Be sure to take enough water with you as well as warm clothing – the higher you go, the more unreliable the weather becomes!



*South Africa*  
welcomes you!

**24/7  
ESSENTIAL  
CONTACT NUMBERS**

	Police	10111
	Emergency Services / Rescue From a Mobile Phone	10177 112
	Travel Doctor	0861 300 911
	Tourism Safety & Support Reporting	0861 874 911
	Road & Traffic Information / Reporting	084 3030 345
	Tourism & Travel Information	083 123 6789
	Telephone Directory	1023