Campus Health Service: COVID-19

Protocols may change according to the current situation in South Africa

When do I self-isolate?

If you have:

travelled to a high risk country within the last 2 weeks (NICD List of Countries)
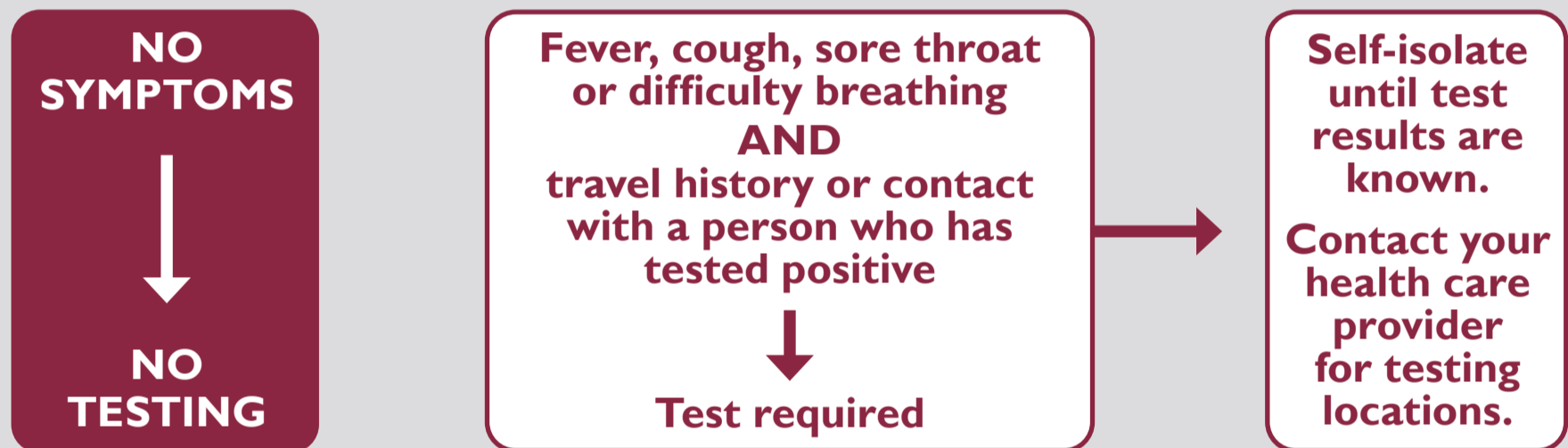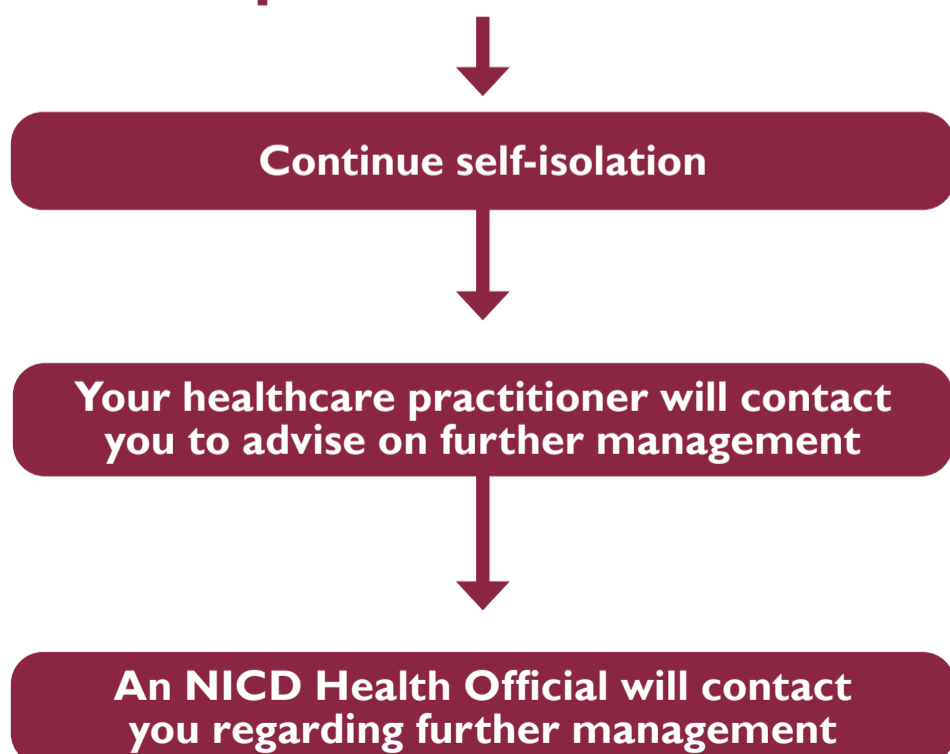
made contact with a confirmed COVID-19 patient

made contact with an individual who is being tested for COVID-19

Current NICD Testing Protocol

NO SYMPTOMS
↓
NO TESTING

Fever, cough, sore throat or difficulty breathing AND travel history or contact with a person who has tested positive
↓
Test required

→

Self-isolate until test results are known.

Contact your health care provider for testing locations.

Testing not done on request - a healthcare provider will determine if you meet criteria

What must I do if I have tested positive for COVID-19?

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Continue self-isolation

↓

Your healthcare practitioner will contact you to advise on further management

↓

An NICD Health Official will contact you regarding further management

Contact numbers

Campus Health Service:

Stellenbosch: **021 808 3494/6**

Tygerberg: **021 938 9590**

Emergency Number (after hours): **076 431 0305**

NICD WhatsApp Hotline: **0600 123 456 and say HI**

Provincial Hotline: **021 928 4102**

Mediclinic Hotline: **0860 240 024**

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